

Pacific Masters Swimming

2016 Pacific Masters Short Course Championships

Friday, Saturday, & Sunday, April 8, 9, & 10, 2016
Sanctioned by Pacific Master Swimming for USMS Inc., Sanction # 386-S011

Pool: Soda Aquatic Center, Campolindo High School. 25 yd x 50 meter outdoor heated pool. Eighteen lanes are available for competition. There will be 8 lanes for warm up and cool down. Locker rooms and additional restrooms are available.

Location: 300 Moraga Road, Moraga, CA 94556.

Directions: Drive to the City of Lafayette. From eastbound Hiway 24, take Central Lafayette (Oak Hill Rd.) Turn right on Oak Hill Ln. Turn left onto Mt. Diablo Blvd. Then turn right onto Moraga Blvd. From westbound Highway 24 take Central Lafayette/Moraga (EXIT 18) offramp. Turn right onto Deer Hill Rd. Take the first right onto 1st St. Turn right onto Mt. Diablo Blvd. and then left onto Moraga Blvd. Continue west on Moraga Rd. In approximately 2.3 miles 300 Moraga Rd. (Campolindo High School/Soda Aquatic Center) will be on your right.

Time: Friday: Check-in and warm-up at 8:00 a.m., meet starts at 9:00 a.m. with the combined 1650 heats on both courses. **Saturday and Sunday:** Check-in and warm-up at 7:00 a.m., meet starts at 8:30 a.m. with the women's heats on both courses.

Check-In: This is a Pre-Seeded meet. Swimmers are considered checked-in for all individual events with a distance of 200 yards and less. Online check-in will be available for the 1650 at <http://www.swimphone.com/mobile/meets/checkin.cfm?smid=7308> from 6:00 p.m. April 6 until 5:00 a.m. April 8. In person check-in deadlines are as follows:

Events 1 & 2 1650 free	8:30 a.m.	(Friday)
Event 7 Women's 400 IM	11:30 a.m.	(Friday)
Event 8 Men's 400 IM	12:00 p.m.	(Friday)
Event 11 Women's 500 free	8:00 a.m.	(Saturday)
Event 12 Men's 500 free	8:20 a.m.	(Saturday)
Events 55 & 56 1000 free	12:00 p.m.	(Sunday)

Relays: Deck entered on yellow relay cards. Fees for RELAYS are \$8.00 per relay. Swimmers may swim in either the gender or mixed relay of a particular type, but not both. Cards must show correct first and last names and correct age for each swimmer. Relay swimmers not participating in individual events *must enter online (no charge) and bring a copy of their entry confirmation to the meet.* Team relay tabs are acceptable with a blank check payable to Pacific Masters Swimming.

TWO OPTIONS FOR MEET ENTRY:

Option 1 – Online Meet Entry: (**deadline: midnight, Wednesday, March 30, 2016**). Enter at: https://www.clubassistant.com/club/meet_information.cfm?c=2037&smid=7038 to receive an immediate entry confirmation via email. The billing information email should be brought to the meet as proof of entry. This entry process will include a processing fee by Club Assistant and requires a credit card for payment. **The processing fee is included in the online entry fee.** Your credit card will be charged by “ClubAssistant.com Event Billing” for this meet. *Relay only swimmers must enter online (no charge) and bring a copy of their entry confirmation to the meet.*

Option 2 – Traditional Mailed: (Entries must be postmarked by 11:59 p.m. Friday, March 25, 2016 and received by 5:00 p.m. Monday March 28, 2016. Entries must be on a Consolidated Entry Form. Mail your form to the address below *with a copy of your 2016 USMS Card*, and check payable to Pacific Masters Swimming. (We suggest in order to confirm your entry you include a stamped envelope or post card.)

Address for Mailed Entries

Pacific Masters Swimming
41 Mayo Lane
Walnut Creek, CA 94597

Note: No late or deck entries will be accepted. No refunds will be made. No fax entries will be accepted. Incomplete entries cannot be processed and will be returned. The Meet Director is forbidden to accept late or incomplete entries!

Seeding: Enter Yard times for seeding purposes. Swimmers may enter no more than five individual events per day and a total of seven for the three days. Because this is a Championship meet NT (No Time) entries are **not** allowed. **All events will be seeded FASTEST to SLOWEST**

Entry Fees: \$18 for one event, \$38 for 2-4 events, and \$43 for 5-7 events.

Relay Entry Fees: \$8 for each relay. Relay entry fee is discounted to \$5 if submitted by 3 p.m. Friday, April 8.

Snack Bar: Available throughout the meet.

Scoring: Individual events: 21-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 and double for relays for each age group. *NOTE* Only two relay teams per club may score per age group of a relay.

Awards: Ribbons will be presented to first through tenth place. High point awards for each gender and age group. High-Point award winners have choice of an award or donating cost of award to USMS Swimming Saves Lives Foundation. Suitable awards will be given to the top teams in each Pacific Masters team size division.

Program: Available for \$5.00

Timing: Pacific Masters Swimming will be trying to recruit timers from local service organizations. If there is a shortfall in timers, clubs will be given responsibility for providing lane timers in proportion to the number of swimmers participating in the meet.

Head Referee: Rebecca Landre

Meet Director: Peter Guadagni, peterguadagni@gmail.com

Schedule of Events: (*Odd = Women, Even = Men*)

FRIDAY, APRIL 8; Starts 9:00 a.m.

1-2	1650 freestyle – Women & Men combined*
3-5	800 freestyle relay (women, men, mixed)
7-8	400 I.M
9-10	200 freestyle

SATURDAY, APRIL 9; Starts 8:30 a.m.

11-12	500 freestyle
13-14	50 backstroke
15-16	200 breaststroke
17-18	100 butterfly
19-21	200 medley relay (women, men, mixed)
23-24	200 IM
25-26	200 backstroke
27-28	50 fly
29-31	400 freestyle relay (women, men, mixed)

SUNDAY, APRIL 10; Starts 8:30 a.m.

33-34	100 freestyle
35-36	50 breaststroke
37-38	200 butterfly
39-40	100 backstroke
41-43	200 freestyle relay (women, men, mixed)
45-46	100 IM
47-48	50 freestyle
49-50	100 breaststroke
51-53	400 medley relay (women, men, mixed)
55-56	1000 freestyle – Women & Men combined*

*Note: The last heat of the 1650 and 1000 Free will be swum in the first available course where all other heats have been completed. Women & Men events will be combined.