



## **WELCOME TO PACIFIC MASTERS SWIMMING**

Thank you for participating in this sanctioned event hosted by Pacific Masters Swimming.

Our members include adult swimmers interested in fitness, competition and triathlons.

Your one-event registration is a great introduction to the fantastic program we offer and the fabulous people who are our members. Pacific Masters Swimming is the local administrative body of US Masters Swimming. As a full member you will be able to take advantage of benefits such as:

- Coached workouts at our over 150 teams from Fresno to the Oregon border and from northern California coastal communities to the Reno/Tahoe region.
- Excellent web sites (usms.org; pacificmasters.org; openwaterpacific.org; most clubs have web sites) that include results, newsletters, schedules, member only sections that include member participation forums and coach-written workouts directed to help you reach your personal goals.
- Electronic updates and newsletters
- Pool and Open Water competitions
- Clinic and workshops
- Like-minded swimmers and coaches who will help you reach your goals
- SWIMMER magazine, the bi-monthly swimming magazine of US Masters Swimming.

**It is easy to convert your one-event registration to a full membership.**

Just send a check for \$28 within 30 days of this event, along with your one-event proof of purchase, to:

Pacific Masters Swimming,  
380 La Vista Road, Walnut Creek, CA 94598  
925-944-4804  
administrator@pacificmasters.org

***Don't miss the remainder of our pool and open water events!***

To learn more about upcoming swims, check out Pacific Masters open water page, at <http://www.openwaterpacific.org/>