

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Women 18-24 50 LC Meter Freestyle

PAC: 26.75 # 8/8/2015 Caitlin DeNise

NATL: 26.22 \$ 7/26/2009 KARA DENBY

Name	Age	Team	Seed Time	Finals Time	Points
1 Conlon, Kali L	23	San Ramon Valley Aquatics Mast-38	27.61	28.21	21
2 Siegel, Kathryn I	24	University of San Francisco Ma-38	32.00	29.47	19
3 Furbershaw, Josie	24	Menlo Masters-38	32.00	30.34	18

Women 18-24 100 LC Meter Freestyle

PAC: 57.05 # 6/30/2016 Elizabeth Pelton

NATL: 57.90 \$ 8/14/2014 RACHAEL BURNETT

1 Conlon, Kali L	23	San Ramon Valley Aquatics Mast-38	59.88	1:03.12	21
2 Furbershaw, Josie	24	Menlo Masters-38	1:10.00	1:07.62	19
3 Lane, Julia	24	University of San Francisco Ma-38	1:02.00	1:09.59	18
4 Vidano, Laura	21	University of San Francisco Ma-38	1:10.00	1:12.54	17

Women 18-24 400 LC Meter Freestyle

PAC: 4:29.57 # 12/31/2012 Luane Rowe

NATL: 4:16.72 \$ 7/5/2003 JULIA STOWERS

1 Furbershaw, Josie	24	Menlo Masters-38	5:55.00	5:29.22	21
			1:16.39	2:42.05 (1:25.66)	
				4:06.42 (1:24.37)	
				5:29.22 (1:22.80)	
2 Vidano, Laura	21	University of San Francisco Ma-38	5:45.00	5:42.11	19
			1:17.64	2:46.49 (1:28.85)	
				4:17.04 (1:30.55)	
				5:42.11 (1:25.07)	

Women 18-24 800 LC Meter Freestyle

PAC: 9:11.32 # 8/7/2013 Luane Rowe

NATL: 9:11.32 \$ 8/9/2013 LUANE ROWE

1 Siegel, Kathryn I	24	University of San Francisco Ma-38	12:00.00	11:20.31	21
			1:21.69	2:48.30 (1:26.61)	
				4:15.68 (1:27.38)	
				5:43.37 (1:27.69)	
			7:10.73 (1:27.36)	8:36.69 (1:25.96)	
				9:59.85 (1:23.16)	
				11:20.31 (1:20.46)	

Women 18-24 1500 LC Meter Freestyle

PAC: 17:22.39 # 12/31/2012 Luane Rowe

NATL: 17:22.39 \$ 7/5/2012 LUANE ROWE

1 Brown, Marissa D	24	Uc38-38	18:00.00	19:12.84	21
			1:09.59	2:23.01 (1:13.42)	
				3:38.42 (1:15.41)	
				4:55.59 (1:17.17)	
			6:13.44 (1:17.85)	7:31.16 (1:17.72)	
				8:49.04 (1:17.88)	
				10:07.48 (1:18.44)	
			11:26.84 (1:19.36)	12:45.26 (1:18.42)	
				14:03.50 (1:18.24)	
				15:21.88 (1:18.38)	
			16:39.11 (1:17.23)	17:57.08 (1:17.97)	
				19:12.84 (1:15.76)	
2 Schafle, Kathleen	20	Uc38-38	30:33.00	20:39.08	19
			1:12.47	2:33.05 (1:20.58)	
				3:56.12 (1:23.07)	
				5:20.12 (1:24.00)	
			6:44.43 (1:24.31)	8:08.59 (1:24.16)	
				9:33.42 (1:24.83)	
				10:57.50 (1:24.08)	
			12:22.26 (1:24.76)	13:46.81 (1:24.55)	
				15:10.77 (1:23.96)	
				16:35.41 (1:24.64)	
			17:59.56 (1:24.15)	19:22.96 (1:23.40)	
				20:39.08 (1:16.12)	
3 Batiza, Amaya M	23	Tri Valley Masters-38	19:30.00	21:04.65	18
			1:18.06	2:40.85 (1:22.79)	
				4:04.68 (1:23.83)	
				5:29.39 (1:24.71)	
			6:55.27 (1:25.88)	8:21.64 (1:26.37)	
				9:47.15 (1:25.51)	
				11:12.86 (1:25.71)	
			12:38.42 (1:25.56)	14:03.89 (1:25.47)	
				15:28.96 (1:25.07)	
				16:54.21 (1:25.25)	
			18:18.68 (1:24.47)	19:42.30 (1:23.62)	
				21:04.65 (1:22.35)	

Women 18-24 50 LC Meter Backstroke

PAC: 31.41 # 7/11/2010 Fiona O'Donnell-M

NATL: 30.84 \$ 8/5/2011 EMILE EWING

1 Conlon, Kali L	23	San Ramon Valley Aquatics Mast-38	30.99	31.48	21
2 Siegel, Kathryn I	24	University of San Francisco Ma-38	35.00	33.63	19
3 Furbershaw, Josie	24	Menlo Masters-38	36.00	36.59	18

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

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Women 18-24 100 LC Meter Backstroke

PAC: 1:01.73 # 6/27/2016 Elizabeth Pelton

NATL: 1:04.67 \$ 7/20/2012 JENNY VON JOUANNE

1	Conlon, Kali L	23	San Ramon Valley Aquatics Mast-38	1:07.79	1:11.34	21
2	Crow, Vivian A	21	Davis Aquatic Masters-38	1:15.15	1:16.18	19
3	Vidano, Laura	21	University of San Francisco Ma-38	1:12.00	1:21.61	18
4	Furbershaw, Josie	24	Menlo Masters-38	1:30.00	1:24.03	17
5	Lane, Julia	24	University of San Francisco Ma-38	1:25.00	1:24.11	16

Women 18-24 200 LC Meter Backstroke

PAC: 2:15.69 # 7/1/2016 Elizabeth Pelton

NATL: 2:19.70 \$ 8/20/2000 S SCHWEITZER

1	Siegel, Kathryn I	24	University of San Francisco Ma-38	3:00.00	2:52.47	21
				1:24.84	2:52.47 (1:27.63)	

Women 18-24 50 LC Meter Breaststroke

PAC: 36.01 # 12/31/1988 Liz Scheetz

NATL: 32.92 \$ 8/1/2015 LAUREN GREENBERG

1	Lane, Julia	24	University of San Francisco Ma-38	33.00	41.16	21
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Women 18-24 200 LC Meter Breaststroke

PAC: 2:44.25 # 12/31/2006 Laura M Davis

NATL: 2:36.61 \$ 7/19/2009 MARISSA CLAPP

1	Lane, Julia	24	University of San Francisco Ma-38	2:20.00	3:26.59	21
				1:36.45	3:26.59 (1:50.14)	

Women 18-24 50 LC Meter Butterfly

PAC: 28.62 # 12/31/2009 Meg Gill

NATL: 28.62 \$ 7/12/2009 MEG GILL

1	Conlon, Kali L	23	San Ramon Valley Aquatics Mast-38	29.99	29.59	21
2	Crow, Vivian A	21	Davis Aquatic Masters-38	33.33	31.69	19
3	Vidano, Laura	21	University of San Francisco Ma-38	34.00	32.62	18
4	Furbershaw, Josie	24	Menlo Masters-38	38.00	32.85	17
5	Lane, Julia	24	University of San Francisco Ma-38	35.00	35.83	16
---	Sudarma, Tiffany C	24	The Olympic Club-38	29.00	DQ	

Women 18-24 100 LC Meter Butterfly

PAC: 1:01.04 # 7/6/2008 Laura M Davis

NATL: 1:01.04 \$ 6/29/2008 LAURA DAVIS

1	Siegel, Kathryn I	24	University of San Francisco Ma-38	1:15.00	1:09.97	21
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Women 25-29 50 LC Meter Freestyle

PAC: 26.64 # 8/9/2015 Marie A Ballenger

NATL: 24.83 \$ 8/10/2014 MADISON KENNEDY

1	Dove, Jeanette	26	University of San Francisco Ma-38	30.20	28.17	21
2	Petrakis, Danae	26	University of San Francisco Ma-38	28.84	29.08	19
3	Petrakis, Kristina	29	University of San Francisco Ma-38	30.28	29.36	18
4	Deer, LillyBelle K	25	Davis Aquatic Masters-38	30.83	30.24	17
5	Hwang, Jenn	26	Walnut Creek Masters-38	30.29	31.25	16
6	Peoples, Katie	26	Walnut Creek Masters-38	40.00	33.10	15
7	Hosking, Paige E	26	University of San Francisco Ma-38	40.00	33.35	14
8	Greer, Fiona M	25	East Bay Bat Rays Masters-38	33.00	35.08	13

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 25-29 100 LC Meter Freestyle**

PAC: 58.34 # 12/31/1989 Sara Shand

NATL: 54.72 \$ 8/6/2014 MADISON KENNEDY

1	Petrakis, Danae	26	University of San Francisco Ma-38	1:04.70	1:04.79	21
2	Hwang, Jenn	26	Walnut Creek Masters-38	1:08.23	1:11.09	19

Women 25-29 200 LC Meter Freestyle

PAC: 2:07.11 # 12/31/1989 Sara Shand

NATL: 2:02.06 \$ 12/2/1995 SHEILA TAORMINA

1	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	2:24.42	2:17.93	21
	1:06.53		2:17.93 (1:11.40)			

Women 25-29 200 LC Meter Freestyle

PAC: 2:07.11 # 12/31/1989 Sara Shand

NATL: 2:02.06 \$ 12/2/1995 SHEILA TAORMINA

2	Hwang, Jenn	26	Walnut Creek Masters-38	NT	2:46.59	
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Women 25-29 400 LC Meter Freestyle

PAC: 4:27.53 # 12/31/1989 Sara Shand

NATL: 4:13.03 \$ 12/2/1995 SHEILA TAORMINA

1	Arnold, Allison A	26	The Olympic Club-38	4:45.00	4:49.80	21
	1:08.99		2:22.20 (1:13.21)	3:36.12 (1:13.92)	4:49.80 (1:13.68)	
2	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	4:56.90	4:54.02	19
	1:09.85		2:24.38 (1:14.53)	3:40.02 (1:15.64)	4:54.02 (1:14.00)	
3	Hwang, Jenn	26	Walnut Creek Masters-38	6:00.75	6:06.63	18
	1:14.37		2:46.59 (1:32.22)	4:29.32 (1:42.73)	6:06.63 (1:37.31)	
4	Torres, Erika	25	University of San Francisco Ma-38	5:58.00	6:09.26	17
	1:22.39		2:55.54 (1:33.15)	4:32.17 (1:36.63)	6:09.26 (1:37.09)	

Women 25-29 800 LC Meter Freestyle

PAC: 9:18.43 # 12/31/1989 Sara Shand

NATL: 8:47.44 \$ 7/19/2001 RACHEL KOMISARZ

1	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	10:35.14	10:13.70	21
	1:12.34		2:29.82 (1:17.48)	3:47.88 (1:18.06)	5:06.03 (1:18.15)	
	6:23.79 (1:17.76)		7:41.23 (1:17.44)	8:58.98 (1:17.75)	10:13.70 (1:14.72)	
2	Deer, LillyBelle K	25	Davis Aquatic Masters-38	10:30.00	10:48.07	19
	1:16.16		2:37.55 (1:21.39)	3:59.31 (1:21.76)	5:20.91 (1:21.60)	
	6:43.16 (1:22.25)		8:05.03 (1:21.87)	9:26.59 (1:21.56)	10:48.07 (1:21.48)	
3	Mohn, Jennifer L	27	Davis Aquatic Masters-38	11:11.23	11:20.54	18
	1:21.64		2:49.21 (1:27.57)	4:16.05 (1:26.84)	5:43.33 (1:27.28)	
	7:10.39 (1:27.06)		8:36.31 (1:25.92)	9:59.24 (1:22.93)	11:20.54 (1:21.30)	
4	Chu, Christine	25	University of San Francisco Ma-38	13:30.00	12:13.91	17
	1:21.46		2:52.26 (1:30.80)	4:25.20 (1:32.94)	6:00.08 (1:34.88)	
	7:35.13 (1:35.05)		9:09.85 (1:34.72)	10:43.59 (1:33.74)	12:13.91 (1:30.32)	
5	Petrakis, Kristina	29	University of San Francisco Ma-38	12:23.34	12:23.39	16
	1:26.99		3:00.05 (1:33.06)	4:34.86 (1:34.81)	6:10.44 (1:35.58)	
	7:45.16 (1:34.72)		9:18.95 (1:33.79)	10:52.28 (1:33.33)	12:23.39 (1:31.11)	
6	Hosking, Paige E	26	University of San Francisco Ma-38	11:00.00	12:26.50	15
	1:24.48		2:58.25 (1:33.77)	4:34.13 (1:35.88)	6:10.47 (1:36.34)	
	7:46.64 (1:36.17)		9:21.61 (1:34.97)	10:55.25 (1:33.64)	12:26.50 (1:31.25)	
7	Torres, Erika	25	University of San Francisco Ma-38	14:30.00	12:35.43	14
	1:24.04		2:57.62 (1:33.58)	4:33.52 (1:35.90)	6:10.41 (1:36.89)	
	7:48.38 (1:37.97)		9:26.18 (1:37.80)	11:02.75 (1:36.57)	12:35.43 (1:32.68)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 25-29 1500 LC Meter Freestyle****PAC: 17:41.64 # 12/31/2004 Linda Gallo****NATL: 16:39.77 \$ 7/19/2001 RACHEL KOMISARZ**

1	Petrakis, Danae	26	University of San Francisco Ma-38	20:51.36	21:10.54	21
	1:14.72	2:35.71 (1:20.99)	3:58.60 (1:22.89)	5:23.11 (1:24.51)		
	6:46.91 (1:23.80)	8:10.95 (1:24.04)	9:35.67 (1:24.72)	11:02.18 (1:26.51)		
	12:29.90 (1:27.72)	13:56.08 (1:26.18)	15:22.98 (1:26.90)	16:51.38 (1:28.40)		
	18:18.76 (1:27.38)	19:45.11 (1:26.35)	21:10.54 (1:25.43)			
2	Teasdale-Schafle, Corinne	26	Walnut Creek Masters-38	22:00.00	21:34.71	19
	1:18.22	2:42.69 (1:24.47)	4:09.85 (1:27.16)	5:37.05 (1:27.20)		
	7:04.63 (1:27.58)	8:31.56 (1:26.93)	9:59.11 (1:27.55)	11:26.66 (1:27.55)		
	12:53.23 (1:26.57)	14:20.17 (1:26.94)	15:47.60 (1:27.43)	17:15.65 (1:28.05)		
	18:44.63 (1:28.98)	20:11.95 (1:27.32)	21:34.71 (1:22.76)			
3	Petrakis, Kristina	29	University of San Francisco Ma-38	24:01.20	22:21.38	18
	1:21.97	2:50.79 (1:28.82)	4:20.18 (1:29.39)	5:49.80 (1:29.62)		
	7:20.28 (1:30.48)	8:51.29 (1:31.01)	10:20.55 (1:29.26)	11:51.55 (1:31.00)		
	13:21.95 (1:30.40)	14:53.73 (1:31.78)	16:25.33 (1:31.60)	17:55.52 (1:30.19)		
	19:26.35 (1:30.83)	20:55.61 (1:29.26)	22:21.38 (1:25.77)			
4	Mohn, Jennifer L	27	Davis Aquatic Masters-38	21:15.91	22:42.33	17
	1:22.23	2:51.41 (1:29.18)	4:20.49 (1:29.08)	5:48.92 (1:28.43)		
	7:18.71 (1:29.79)	8:49.25 (1:30.54)	10:21.94 (1:32.69)	11:53.83 (1:31.89)		
	13:26.21 (1:32.38)	14:58.44 (1:32.23)	16:31.76 (1:33.32)	18:04.32 (1:32.56)		
	19:37.48 (1:33.16)	21:10.53 (1:33.05)	22:42.33 (1:31.80)			

Women 25-29 50 LC Meter Backstroke**PAC: 31.10 # 4/24/2017 Anna K Senko****NATL: 29.15 \$ 8/8/2014 MADISON KENNEDY**

1	Dove, Jeanette	26	University of San Francisco Ma-38	33.80	32.15	21
2	Pedote, Elyssa	25	The Olympic Club-38	34.68	34.77	19
3	Olson, Christine A	28	The Olympic Club-38	34.50	37.57	18
4	Torres, Erika	25	University of San Francisco Ma-38	36.00	37.88	17
5	Behm, Meredith	27	University of San Francisco Ma-38	50.00	38.31	16
6	Peoples, Katie	26	Walnut Creek Masters-38	50.00	39.46	15
7	Greer, Fiona M	25	East Bay Bat Rays Masters-38	38.50	41.27	14
8	Harris, Meghan E	27	University of San Francisco Ma-38	50.00	44.19	13

Women 25-29 100 LC Meter Backstroke**PAC: 1:06.85 # 4/23/2017 Anna K Senko****NATL: 1:06.44 \$ 7/31/2011 KELLY HARRIGAN**

1	Schallert, Lia	28	University of San Francisco Ma-38	1:19.58	1:18.63	21
2	Arnold, Allison A	26	The Olympic Club-38	1:25.00	1:20.88	19
3	Torres, Erika	25	University of San Francisco Ma-38	1:23.00	1:24.90	18
4	Mohn, Jennifer L	27	Davis Aquatic Masters-38	1:25.46	1:33.04	17

Women 25-29 200 LC Meter Backstroke**PAC: 2:26.62 # 12/31/1994 Martie McKinney****NATL: 2:19.97 \$ 8/20/1989 D GRANER-GALLAS**

1	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	2:47.78	2:43.14	21
	1:19.86	2:43.14 (1:23.28)				
2	Schallert, Lia	28	University of San Francisco Ma-38	2:45.47	2:43.32	19
	1:18.88	2:43.32 (1:24.44)				
3	Deer, LillyBelle K	25	Davis Aquatic Masters-38	2:56.16	2:58.55	18
	1:27.14	2:58.55 (1:31.41)				
4	Torres, Erika	25	University of San Francisco Ma-38	3:07.00	3:04.24	17
	1:28.49	3:04.24 (1:35.75)				

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Women 25-29 50 LC Meter Breaststroke

PAC: 33.39 # 8/17/2014 Marie A Ballenger

NATL: 30.82 \$ 6/27/2016 KATIE MEILI

1	Petrakis, Danae	26	University of San Francisco Ma-38	37.38	35.23	21
2	Petrakis, Kristina	29	University of San Francisco Ma-38	41.21	39.14	19
3	Dove, Jeanette	26	University of San Francisco Ma-38	42.01	40.27	18
4	Chu, Christine	25	University of San Francisco Ma-38	41.00	41.17	17
5	Hwang, Jenn	26	Walnut Creek Masters-38	39.67	41.43	16
6	Mohn, Jennifer L	27	Davis Aquatic Masters-38	44.21	46.63	15
7	Greer, Fiona M	25	East Bay Bat Rays Masters-38	42.00	47.15	14

Women 25-29 100 LC Meter Breaststroke

PAC: 1:15.48 # 12/31/2002 Helen Salcedo

NATL: 1:06.07 \$ 6/28/2016 KATIE MEILI

1	Petrakis, Danae	26	University of San Francisco Ma-38	1:15.12	1:17.80	21
2	Olson, Christine A	28	The Olympic Club-38	1:19.52	1:20.39	19
3	Schallert, Lia	28	University of San Francisco Ma-38	1:30.36	1:23.11	18
4	Chu, Christine	25	University of San Francisco Ma-38	1:32.00	1:30.05	17
5	Hwang, Jenn	26	Walnut Creek Masters-38	1:28.55	1:34.86	16
6	Mohn, Jennifer L	27	Davis Aquatic Masters-38	1:37.91	1:39.63	15
7	Hosking, Paige E	26	University of San Francisco Ma-38	1:40.00	1:41.43	14

Women 25-29 200 LC Meter Breaststroke

PAC: 2:44.76 # 4/27/2017 Christine A Olson

NATL: 2:29.90 \$ 6/26/2013 JUSTINE MUELLER

1	Arnold, Allison A	26	The Olympic Club-38	2:55.00	2:55.98	21
	1:24.71		2:55.98 (1:31.27)			
2	Schallert, Lia	28	University of San Francisco Ma-38	3:05.00	3:00.82	19
	1:27.19		3:00.82 (1:33.63)			
3	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	3:15.23	3:08.45	18
	1:33.98		3:08.45 (1:34.47)			
4	Chu, Christine	25	University of San Francisco Ma-38	3:20.00	3:19.25	17
	1:34.69		3:19.25 (1:44.56)			
5	Mohn, Jennifer L	27	Davis Aquatic Masters-38	3:24.15	3:30.19	16
	1:43.19		3:30.19 (1:47.00)			

Women 25-29 50 LC Meter Butterfly

PAC: 28.82 # 12/31/1992 Anna Pettis-Scott

NATL: 27.37 \$ 6/28/2017 HANNAH SAIZ

1	Petrakis, Danae	26	University of San Francisco Ma-38	29.84	30.64	21
2	Petrakis, Kristina	29	University of San Francisco Ma-38	33.74	31.46	19
3	Dove, Jeanette	26	University of San Francisco Ma-38	34.00	31.71	18
4	Arnold, Allison A	26	The Olympic Club-38	38.00	33.18	17
5	Hwang, Jenn	26	Walnut Creek Masters-38	34.42	34.57	16
6	Torres, Erika	25	University of San Francisco Ma-38	38.00	36.42	15

Women 25-29 100 LC Meter Butterfly

PAC: 1:04.47 # 7/26/2015 Katie C Kastes

NATL: 59.74 \$ 8/4/2017 HANNAH SAIZ

1	Petrakis, Danae	26	University of San Francisco Ma-38	1:06.98	1:09.40	21
2	Pedote, Elyssa	25	The Olympic Club-38	1:11.06	1:12.05	19
3	Schallert, Lia	28	University of San Francisco Ma-38	1:14.66	1:15.61	18
4	Chu, Christine	25	University of San Francisco Ma-38	1:23.00	1:20.71	17
5	Deer, LillyBelle K	25	Davis Aquatic Masters-38	1:24.83	1:24.21	16

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****(Women 25-29 100 LC Meter Butterfly)**

6	Harris, Meghan E	27	University of San Francisco Ma-38	1:40.00	1:32.35	15
7	Behm, Meredith	27	University of San Francisco Ma-38	1:40.00	1:37.90	14

Women 25-29 200 LC Meter Butterfly

PAC: 2:24.36 # 12/31/1989 Sara Shand

NATL: 2:10.83 \$ 6/27/2017 HANNAH SAIZ

1	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	2:59.21	2:51.39	21
	1:19.16		2:51.39 (1:32.23)			

Women 25-29 200 LC Meter IM

PAC: 2:21.98 # 12/31/2005 Allison Wagner

NATL: 2:14.03 \$ 6/29/2013 JUSTINE MUELLER

1	Arnold, Allison A	26	The Olympic Club-38	2:40.00	2:37.74	21
	1:17.09		2:37.74 (1:20.65)			
2	Schallert, Lia	28	University of San Francisco Ma-38	2:50.25	2:43.50	19
	1:19.56		2:43.50 (1:23.94)			
3	Chu, Christine	25	University of San Francisco Ma-38	3:00.00	2:55.80	18
	1:24.76		2:55.80 (1:31.04)			
4	Hwang, Jenn	26	Walnut Creek Masters-38	2:58.28	2:58.41	17
	1:25.07		2:58.41 (1:33.34)			

Women 25-29 400 LC Meter IM

PAC: 5:06.34 # 12/31/1989 Sara Shand

NATL: 5:06.34 \$ 7/30/1989 SARA SHAND

1	Gaudinier, Lindsay E	29	Walnut Creek Masters-38	5:45.87	5:35.01	21
	1:15.80		2:43.78 (1:27.98) 4:22.20 (1:38.42) 5:35.01 (1:12.81)			
2	Chu, Christine	25	University of San Francisco Ma-38	6:30.00	6:21.13	19
	1:22.09		3:01.09 (1:39.00) 4:46.56 (1:45.47) 6:21.13 (1:34.57)			
3	Mohn, Jennifer L	27	Davis Aquatic Masters-38	6:30.56	6:22.81	18
	1:36.27		3:11.27 (1:35.00) 4:58.17 (1:46.90) 6:22.81 (1:24.64)			

Women 30-34 50 LC Meter Freestyle

PAC: 26.16 # 6/18/2016 Marie A Ballenger

NATL: 25.57 \$ 8/8/2009 ERIKA ERNDL

1	Arnold, Malisa	32	University of San Francisco Ma-38	30.00	31.78	21
2	Greer, Margaret R	30	East Bay Bat Rays Masters-38	31.80	31.90	19
3	Stewart, Heather	31	University of San Francisco Ma-38	32.09	32.99	18
4	Alwon-Mount, Georgia	33	University of San Francisco Ma-38	35.00	33.99	17
5	Arnold, Sarina	30	University of San Francisco Ma-38	40.00	35.72	16

Women 30-34 100 LC Meter Freestyle

PAC: 59.76 # 4/16/2016 Marie A Ballenger

NATL: 54.59 \$ 8/5/2009 ERIKA ERNDL

1	Greer, Margaret R	30	East Bay Bat Rays Masters-38	1:10.50	1:11.17	21
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Women 30-34 200 LC Meter Freestyle

PAC: 2:10.99 # 6/18/1994 Susan Porter

NATL: 1:58.92 \$ 8/7/2009 ERIKA ERNDL

1	Rogers, Rebecca C	33	Walnut Creek Masters-38	2:35.30	2:26.84	21
	1:10.74		2:26.84 (1:16.10)			

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Sanction #: 388-S011

Results

Women 30-34 800 LC Meter Freestyle

PAC: 9:07.46 # 12/31/2009 Heidi S George

NATL: 8:46.22 \$ 5/30/2010 DAWN HECKMAN

1	Radecke-Noble, Jennifer D	34	Tri Valley Masters-38	12:00.00	11:51.09	21
	1:27.48	2:58.55 (1:31.07)	4:30.22 (1:31.67)	6:00.81 (1:30.59)		
	7:31.80 (1:30.99)	9:01.26 (1:29.46)	10:27.44 (1:26.18)	11:51.09 (1:23.65)		
2	Arnold, Malisa	32	University of San Francisco Ma-38	14:00.00	11:57.35	19
	1:20.49	2:48.09 (1:27.60)	4:18.15 (1:30.06)	5:49.66 (1:31.51)		
	7:21.84 (1:32.18)	8:54.93 (1:33.09)	10:27.62 (1:32.69)	11:57.35 (1:29.73)		
3	Alwon-Mount, Georgia	33	University of San Francisco Ma-38	12:00.00	12:39.08	18
	1:25.31	2:58.81 (1:33.50)	4:34.83 (1:36.02)	6:11.81 (1:36.98)		
	7:50.40 (1:38.59)	9:28.97 (1:38.57)	11:06.73 (1:37.76)	12:39.08 (1:32.35)		
4	Arnold, Sarina	30	University of San Francisco Ma-38	15:00.00	13:15.60	17
	1:31.61	3:11.93 (1:40.32)	4:53.88 (1:41.95)	6:36.11 (1:42.23)		
	8:17.33 (1:41.22)	9:59.19 (1:41.86)	11:39.77 (1:40.58)	13:15.60 (1:35.83)		

Women 30-34 1500 LC Meter Freestyle

PAC: 17:11.25 # 12/31/2009 Heidi S George

NATL: 17:07.54 \$ 4/25/2010 DAWN HECKMAN

1	McQuade, Stephanie M	31	Manatee Aquatic Masters Inc-38	20:55.00	20:50.10	21
	1:20.55	2:44.90 (1:24.35)	4:08.39 (1:23.49)	5:32.24 (1:23.85)		
	6:56.11 (1:23.87)	8:19.51 (1:23.40)	9:43.08 (1:23.57)	11:06.23 (1:23.15)		
	12:29.85 (1:23.62)	13:53.51 (1:23.66)	15:17.22 (1:23.71)	16:40.44 (1:23.22)		
	18:04.04 (1:23.60)	19:27.51 (1:23.47)	20:50.10 (1:22.59)			
2	Thomas, Alexandra J	30	Walnut Creek Masters-38	23:40.00	23:23.84	19
	1:24.64	2:54.67 (1:30.03)	4:26.76 (1:32.09)	6:00.08 (1:33.32)		
	7:34.94 (1:34.86)	9:09.30 (1:34.36)	10:45.51 (1:36.21)	12:22.09 (1:36.58)		
	13:59.83 (1:37.74)	15:36.60 (1:36.77)	17:13.45 (1:36.85)	18:48.09 (1:34.64)		
	20:21.88 (1:33.79)	21:54.75 (1:32.87)	23:23.84 (1:29.09)			
3	Alwon-Mount, Georgia	33	University of San Francisco Ma-38	25:00.00	24:55.26	18
	1:33.62	3:10.81 (1:37.19)	4:49.88 (1:39.07)	6:29.04 (1:39.16)		
	8:08.06 (1:39.02)	9:48.27 (1:40.21)	11:28.91 (1:40.64)	13:10.25 (1:41.34)		
	14:51.57 (1:41.32)	16:33.19 (1:41.62)	18:15.81 (1:42.62)	19:58.79 (1:42.98)		
	21:40.68 (1:41.89)	23:19.09 (1:38.41)	24:55.26 (1:36.17)			

Women 30-34 50 LC Meter Backstroke

PAC: 32.21 # 12/31/1986 Kathy Neill

NATL: 28.57 \$ 7/8/2012 NORIKO INADA

1	Greer, Margaret R	30	East Bay Bat Rays Masters-38	37.50	36.54	21
2	Alwon-Mount, Georgia	33	University of San Francisco Ma-38	45.00	39.20	19
3	Arnold, Malisa	32	University of San Francisco Ma-38	35.00	40.72	18
4	Arnold, Sarina	30	University of San Francisco Ma-38	49.00	43.32	17

Women 30-34 100 LC Meter Backstroke

PAC: 1:03.78 # 12/31/2009 Sarabeth Metzger

NATL: 1:01.78 \$ 8/6/2011 NORIKO INADA

1	Martinez-Canton, Cristina L	34	Davis Aquatic Masters-38	1:45.00	1:34.52	21
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Women 30-34 200 LC Meter Backstroke

PAC: 2:17.61 # 12/31/2009 Sarabeth Metzger

NATL: 2:17.61 \$ 8/6/2009 SARABETH METZGER

1	Alwon-Mount, Georgia	33	University of San Francisco Ma-38	4:00.00	3:07.67	21
	1:32.03	3:07.67 (1:35.64)				
2	Arnold, Sarina	30	University of San Francisco Ma-38	3:25.00	3:16.09	19
	1:35.70	3:16.09 (1:40.39)				

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PAC: 34.99 # 8/19/2016 Kathleen E McGraw

NATL: 33.20 \$ 8/15/2008 KATIE MCCLELLAND

1	Martinez-Canton, Cristina L	34	Davis Aquatic Masters-38	50.00	47.25	21
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Women 30-34 100 LC Meter Breaststroke

PAC: 1:16.71 # 8/5/2017 Katy Houston

NATL: 1:13.29 \$ 8/16/2008 KATIE MCCLELLAND

1	Arnold, Malisa	32	University of San Francisco Ma-38	1:28.00	1:29.85	21
2	Arnold, Sarina	30	University of San Francisco Ma-38	1:50.00	1:43.72	19

Women 30-34 50 LC Meter Butterfly

PAC: 29.86 # 12/31/2009 Sarabeth Metzger

NATL: 27.48 \$ 6/7/2008 MARTINA MORAVCOVA

1	Martinez-Canton, Cristina L	34	Davis Aquatic Masters-38	37.15	38.89	21
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Women 30-34 100 LC Meter Butterfly

PAC: 1:04.67 # 12/31/2009 Sarabeth Metzger

NATL: 58.81 \$ 6/7/2008 MARTINA MORAVCOVA

1	Stewart, Heather	31	University of San Francisco Ma-38	1:21.91	1:29.24	21
2	Alwon-Mount, Georgia	33	University of San Francisco Ma-38	2:50.00	1:38.72	19

Women 30-34 400 LC Meter IM

PAC: 5:13.97 # 12/31/1994 Susan Porter

NATL: 4:47.06 \$ 6/29/2008 ERIKA ERNDL

1	Houston, Katy	31	The Olympic Club-38	5:49.00	5:32.33	21
	1:17.51	2:41.51 (1:24.00)	4:15.16 (1:33.65)	5:32.33 (1:17.17)		
2	Rogers, Rebecca C	33	Walnut Creek Masters-38	6:15.30	5:48.61	19
	1:17.38	2:47.97 (1:30.59)	4:30.37 (1:42.40)	5:48.61 (1:18.24)		

Women 35-39 50 LC Meter Freestyle

PAC: 26.89 # 12/31/1993 Sandy Neilson-Bel

NATL: 25.52 \$ 6/29/2013 ERIKA ERNDL

1	Carlstrom, Erin	35	Santa Rosa Masters-38	31.00	29.90	21
2	Tiernan, Heather	35	Walnut Creek Masters-38	32.64	32.11	19
3	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	32.80	32.49	18
4	Flecker, Donita L	36	Sebastopol Masters Aquatic Clu-38	42.00	35.12	17

Women 35-39 100 LC Meter Freestyle

PAC: 1:00.31 # 12/31/2002 Lauren K Welting

NATL: 55.17 \$ 6/25/2013 ERIKA ERNDL

1	Lawrence, Laura A	38	Walnut Creek Masters-38	1:08.32	1:05.33	21
2	Carlstrom, Erin	35	Santa Rosa Masters-38	1:15.00	1:05.75	19
3	Tiernan, Heather	35	Walnut Creek Masters-38	1:09.72	1:09.56	18
4	Reilly, Marley O	36	Marcia's Enthusiastic Masters-38	1:19.08	1:17.71	17
5	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	1:22.49	1:20.84	16
6	Flecker, Donita L	36	Sebastopol Masters Aquatic Clu-38	1:30.00	1:23.95	15
7	Klensch, Sabine A	38	Albany Armada Aquatic Masters-38	1:40.00	1:31.48	14

Women 35-39 200 LC Meter Freestyle

PAC: 2:10.28 # 12/31/1999 Jill S Hernandez

NATL: 2:00.04 \$ 6/26/2013 ERIKA ERNDL

1	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	2:47.09	2:39.20	21
	1:16.02	2:39.20 (1:23.18)				

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Women 35-39 200 LC Meter Freestyle

PAC: 2:10.28 # 12/31/1999 Jill S Hernandez

NATL: 2:00.04 \$ 6/26/2013 ERIKA ERNDL

1	Lawrence, Laura A	38	Walnut Creek Masters-38	NT	2:30.11
3	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	NT	3:14.41

Women 35-39 400 LC Meter Freestyle

PAC: 4:37.34 # 12/31/1999 Jill S Hernandez

NATL: 4:16.19 \$ 6/1/2012 DAWN HECKMAN

1	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	6:40.53	6:27.87	21
	1:34.22	3:14.41 (1:40.19)	4:53.56 (1:39.15)	6:27.87 (1:34.31)		
2	Reilly, Marley O	36	Marcia's Enthusiastic Masters-38	7:17.00	6:48.69	19
	1:32.03	3:15.33 (1:43.30)	5:03.39 (1:48.06)	6:48.69 (1:45.30)		

Women 35-39 800 LC Meter Freestyle

PAC: 9:29.55 # 12/31/1999 Jill S Hernandez

NATL: 8:47.28 \$ 6/3/2012 DAWN HECKMAN

1	Abbott, Bridget	37	Walnut Creek Masters-38	15:00.00	14:46.65	21
	1:42.37	3:33.87 (1:51.50)	5:26.32 (1:52.45)	7:19.82 (1:53.50)		
	9:12.35 (1:52.53)	11:05.30 (1:52.95)	12:58.72 (1:53.42)	14:46.65 (1:47.93)		

Women 35-39 1500 LC Meter Freestyle

PAC: 17:17.22 # 8/6/2015 Heidi S George

NATL: 17:17.22 \$ 8/6/2015 HEIDI GEORGE

1	Lawrence, Laura A	38	Walnut Creek Masters-38	22:00.00	21:17.84	21
	1:18.45	2:41.30 (1:22.85)	4:04.43 (1:23.13)	5:28.14 (1:23.71)		
	6:52.73 (1:24.59)	8:18.64 (1:25.91)	9:45.08 (1:26.44)	11:11.28 (1:26.20)		
	12:37.93 (1:26.65)	14:04.78 (1:26.85)	15:31.47 (1:26.69)	16:58.14 (1:26.67)		
	18:25.44 (1:27.30)	19:52.57 (1:27.13)	21:17.84 (1:25.27)			
2	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	22:51.51	22:36.71	19
	1:23.86	2:54.44 (1:30.58)	4:26.35 (1:31.91)	5:58.32 (1:31.97)		
	7:29.79 (1:31.47)	9:02.92 (1:33.13)	10:34.58 (1:31.66)	12:06.07 (1:31.49)		
	13:37.75 (1:31.68)	15:07.71 (1:29.96)	16:38.56 (1:30.85)	18:08.95 (1:30.39)		
	19:39.89 (1:30.94)	21:10.49 (1:30.60)	22:36.71 (1:26.22)			
3	Sitzmann, Amy K	38	Tri Valley Masters-38	22:35.11	22:47.88	18
	1:24.64	2:55.18 (1:30.54)	4:25.58 (1:30.40)	5:56.07 (1:30.49)		
	7:27.65 (1:31.58)	8:58.49 (1:30.84)	10:29.05 (1:30.56)	11:59.90 (1:30.85)		
	13:30.85 (1:30.95)	15:02.88 (1:32.03)	16:36.22 (1:33.34)	18:09.99 (1:33.77)		
	19:43.39 (1:33.40)	21:16.30 (1:32.91)	22:47.88 (1:31.58)			

Women 35-39 50 LC Meter Backstroke

PAC: 31.71 # 12/31/2008 Jody Smith

NATL: 28.63 \$ 8/18/2016 NORIKO INADA

1	Watanabe, Naoko	36	The Olympic Club-38	36.36	32.86	21
2	Tiernan, Heather	35	Walnut Creek Masters-38	37.83	38.58	19
3	Rueda, Marcela	36	Santa Rosa Masters-38	42.37	41.53	18
4	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	41.23	41.61	17
5	Flecker, Donita L	36	Sebastopol Masters Aquatic Clu-38	45.00	44.26	16

Women 35-39 100 LC Meter Backstroke

PAC: 1:06.91 # 12/31/2008 Jody Smith

NATL: 1:01.75 \$ 8/19/2017 NORIKO INADA

1	Tiernan, Heather	35	Walnut Creek Masters-38	NT	1:21.73
2	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	NT	1:34.33

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1	Lawrence, Laura A	38	Walnut Creek Masters-38	1:25.00	1:18.22	21
2	Tiernan, Heather	35	Walnut Creek Masters-38	1:24.00	1:21.41	19
3	Rueda, Marcela	36	Santa Rosa Masters-38	1:26.35	1:24.73	18
4	Flecker, Donita L	36	Sebastopol Masters Aquatic Clu-38	1:40.00	1:35.46	17
5	Klensch, Sabine A	38	Albany Armada Aquatic Masters-38	1:45.00	1:47.53	16

Women 35-39 200 LC Meter Backstroke**PAC: 2:22.07 # 12/31/2008 Jody Smith****NATL: 2:18.20 \$ 8/10/1997 K PIPES-NEILSEN**

1	Watanabe, Naoko	36	The Olympic Club-38	3:00.88	2:33.81	21
	1:15.11		2:33.81 (1:18.70)			
2	Tiernan, Heather	35	Walnut Creek Masters-38	2:59.66	2:52.88	19
	1:26.21		2:52.88 (1:26.67)			
3	Lawrence, Laura A	38	Walnut Creek Masters-38	3:00.00	2:55.01	18
	1:27.93		2:55.01 (1:27.08)			
4	Rueda, Marcela	36	Santa Rosa Masters-38	3:14.01	2:59.04	17
	1:28.12		2:59.04 (1:30.92)			
5	Flecker, Donita L	36	Sebastopol Masters Aquatic Clu-38	3:45.00	3:32.87	16
	1:43.78		3:32.87 (1:49.09)			

Women 35-39 50 LC Meter Breaststroke**PAC: 32.86 # 8/7/2013 Katie Glenn****NATL: 32.86 \$ 8/9/2013 KATIE GLENN**

1	Rueda, Marcela	36	Santa Rosa Masters-38	41.37	40.17	21
2	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	43.60	42.69	19
3	Reilly, Marley O	36	Marcia's Enthusiastic Masters-38	42.94	46.14	18

Women 35-39 100 LC Meter Breaststroke**PAC: 1:12.34 # 8/7/2013 Katie Glenn****NATL: 1:12.30 \$ 5/27/2012 CYNTHIA LEWIS**

1	Rueda, Marcela	36	Santa Rosa Masters-38	1:30.82	1:28.79	21
2	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	1:34.67	1:33.23	19

Women 35-39 100 LC Meter Breaststroke**PAC: 1:12.34 # 8/7/2013 Katie Glenn****NATL: 1:12.30 \$ 5/27/2012 CYNTHIA LEWIS**

1	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	NT	1:42.71	
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Women 35-39 200 LC Meter Breaststroke**PAC: 2:39.78 # 8/7/2013 Katie Glenn****NATL: 2:39.78 \$ 8/10/2013 KATIE GLENN**

1	Rueda, Marcela	36	Santa Rosa Masters-38	3:15.83	3:10.80	21
	1:30.50		3:10.80 (1:40.30)			
2	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	3:34.34	3:28.63	19
	1:42.71		3:28.63 (1:45.92)			
3	Klensch, Sabine A	38	Albany Armada Aquatic Masters-38	3:55.00	3:58.75	18
	1:53.23		3:58.75 (2:05.52)			
4	Reilly, Marley O	36	Marcia's Enthusiastic Masters-38	3:44.72	4:02.93	17
	1:55.32		4:02.93 (2:07.61)			

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Results

Women 35-39 50 LC Meter Butterfly

PAC: 29.79 # 12/31/1989 Laura B Val

NATL: 27.46 \$ 8/5/2014 NORIKO INADA

1	Carlstrom, Erin	35	Santa Rosa Masters-38	35.00	32.71	21
2	Reilly, Marley O	36	Marcia's Enthusiastic Masters-38	41.22	41.96	19

Women 35-39 100 LC Meter Butterfly

PAC: 1:06.19 # 12/31/1989 Laura B Val

NATL: 59.52 \$ 6/27/2013 ERIKA ERNDL

1	Watanabe, Naoko	36	The Olympic Club-38	1:20.08	1:09.06	21
2	Carlstrom, Erin	35	Santa Rosa Masters-38	1:25.00	1:12.51	19
3	Lawrence, Laura A	38	Walnut Creek Masters-38	1:20.00	1:15.61	18
4	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	1:20.20	1:22.05	17

Women 35-39 200 LC Meter IM

PAC: 2:29.30 # 12/31/1989 Jill S Hernandez

NATL: 2:22.42 \$ 7/19/1997 K PIPES-NEILSEN

1	Lawrence, Laura A	38	Walnut Creek Masters-38	3:00.00	2:43.04	21
				1:18.06	2:43.04 (1:24.98)	
2	Carlstrom, Erin	35	Santa Rosa Masters-38	2:45.00	2:44.30	19
				1:16.77	2:44.30 (1:27.53)	
3	Tiernan, Heather	35	Walnut Creek Masters-38	2:54.93	2:48.74	18
				1:19.87	2:48.74 (1:28.87)	
4	Rueda, Marcela	36	Santa Rosa Masters-38	3:00.62	2:54.68	17
				1:26.05	2:54.68 (1:28.63)	
5	Flynn, Elizabeth A	39	Marcia's Enthusiastic Masters-38	3:30.00	3:14.74	16
				1:36.82	3:14.74 (1:37.92)	

Women 35-39 400 LC Meter IM

PAC: 5:18.43 # 12/31/1989 Jill S Hernandez

NATL: 5:02.67 \$ 8/15/1998 K PIPES-NEILSEN

1	Lawrence, Laura A	38	Walnut Creek Masters-38	6:30.00	5:58.01	21
				1:20.17	2:55.69 (1:35.52)	
					4:39.45 (1:43.76)	
					5:58.01 (1:18.56)	
2	Tiernan, Heather	35	Walnut Creek Masters-38	6:40.00	6:00.47	19
				1:22.36	2:52.94 (1:30.58)	
					4:38.04 (1:45.10)	
					6:00.47 (1:22.43)	
3	Nehrebecki, Helene	38	Rocklin Aquatics Masters-38	6:38.79	6:32.46	18
				3:17.22 ()	5:05.46 (1:48.24)	
					6:32.46 (1:27.00)	

Women 40-44 50 LC Meter Freestyle

PAC: 28.05 # 12/31/1992 Laura B Val

NATL: 24.25 \$ 7/6/2008 DARA TORRES

1	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	32.33	31.67	21
2	Smith, Angela R	44	San Ramon Valley Aquatics Mast-38	32.00	32.35	19
3	Johnson, Michelle	42	San Ramon Valley Aquatics Mast-38	32.30	32.45	18
4	Stoner, Stephanie	43	University of San Francisco Ma-38	38.00	33.03	17
5	Belluomini, Melanie C	41	Davis Aquatic Masters-38	34.10	33.47	16
6	Chow, Jackie I	40	Davis Aquatic Masters-38	36.99	33.79	15
7	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	36.00	35.96	14
8	Nishimoto, Amber D	40	University of San Francisco Ma-38	40.00	36.38	13
9	Darling, Colleen M	44	Walnut Creek Masters-38	36.72	38.58	12

Women 40-44 100 LC Meter Freestyle

PAC: 1:00.68 # 7/24/2016 Katie Glenn

NATL: 53.78 \$ 7/4/2008 DARA TORRES

1	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	NT	1:09.61	
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2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 40-44 100 LC Meter Freestyle****PAC: 1:00.68 # 7/24/2016 Katie Glenn****NATL: 53.78 \$ 7/4/2008 DARA TORRES**

1	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	1:10.03	1:09.38	21
2	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	1:18.26	1:25.31	19
3	Maze, Ghislaine	44	University of San Francisco Ma-38	1:27.88	1:27.30	18

Women 40-44 200 LC Meter Freestyle**PAC: 2:10.47 # 8/18/2016 Katie Glenn****NATL: 2:09.00 \$ 5/25/2003 K PIPES-NEILSEN**

1	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	2:26.73	2:27.12	21
				1:10.55	2:27.12 (1:16.57)	
2	Romero, Mary	42	Sierra Marlins Masters-38	2:31.01	2:27.26	19
				1:12.14	2:27.26 (1:15.12)	
3	Nishimoto, Amber D	40	University of San Francisco Ma-38	3:15.00	2:53.42	18
				1:25.48	2:53.42 (1:27.94)	
4	Tilds, Katrina	41	University of San Francisco Ma-38	3:45.00	3:09.75	17
				1:33.78	3:09.75 (1:35.97)	
5	Bohnel Buch, Suzanne	43	University of San Francisco Ma-38	3:15.00	3:29.91	16
				1:38.90	3:29.91 (1:51.01)	

Women 40-44 400 LC Meter Freestyle**PAC: 4:34.33 # 12/31/2006 Susan H Preston****NATL: 4:22.87 \$ 8/13/2011 JANET EVANS**

1	Keeler, Susan E	40	Stanford Masters Swimming-38	5:10.00	5:06.13	21
				1:14.76	2:32.96 (1:18.20)	
					3:50.85 (1:17.89)	
					5:06.13 (1:15.28)	
2	Romero, Mary	42	Sierra Marlins Masters-38	5:20.00	5:08.66	19
				1:15.03	2:33.51 (1:18.48)	
					3:52.17 (1:18.66)	
					5:08.66 (1:16.49)	
3	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	5:08.40	5:08.99	18
				1:14.26	2:32.47 (1:18.21)	
					3:50.72 (1:18.25)	
					5:08.99 (1:18.27)	
4	Maze, Ghislaine	44	University of San Francisco Ma-38	6:46.85	7:05.21	17
				1:36.98	3:27.43 (1:50.45)	
					5:19.00 (1:51.57)	
					7:05.21 (1:46.21)	

Women 40-44 800 LC Meter Freestyle**PAC: 9:25.95 # 12/31/2006 Susan H Preston****NATL: 8:59.06 \$ 6/11/2011 JANET EVANS**

1	Keeler, Susan E	40	Stanford Masters Swimming-38	11:01.28	10:30.36	21
				1:15.41	2:35.15 (1:19.74)	
					3:54.63 (1:19.48)	
					5:14.37 (1:19.74)	
				6:34.05 (1:19.68)	7:53.66 (1:19.61)	
					9:12.91 (1:19.25)	
					10:30.36 (1:17.45)	
2	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	10:32.47	10:32.89	19
				1:13.62	3:50.57 ()	
					9:14.02 ()	
					10:32.89 (1:18.87)	
3	Maze, Ghislaine	44	University of San Francisco Ma-38	13:44.26	14:07.07	18
				1:37.62	3:24.51 (1:46.89)	
					5:12.95 (1:48.44)	
					7:01.87 (1:48.92)	
				8:49.73 (1:47.86)	10:38.66 (1:48.93)	
					12:26.80 (1:48.14)	
					14:07.07 (1:40.27)	
4	Bohnel Buch, Suzanne	43	University of San Francisco Ma-38	15:00.00	15:33.42	17
				1:42.80	3:37.35 (1:54.55)	
					5:34.66 (1:57.31)	
					7:34.37 (1:59.71)	
				9:35.07 (2:00.70)	11:35.62 (2:00.55)	
					13:35.55 (1:59.93)	
					15:33.42 (1:57.87)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 40-44 1500 LC Meter Freestyle****PAC: 17:29.43 # 6/30/2017 Heidi S George****NATL: 17:17.59 \$ 4/30/2017 HEIDI GEORGE**

1	Romero, Mary	42	Sierra Marlins Masters-38	22:00.00	20:14.54	21
	1:16.80	2:37.13 (1:20.33)	3:58.46 (1:21.33)	5:20.04 (1:21.58)		
	6:41.11 (1:21.07)	8:02.47 (1:21.36)	9:23.51 (1:21.04)	10:44.78 (1:21.27)		
	12:05.68 (1:20.90)	13:26.80 (1:21.12)	14:47.69 (1:20.89)	16:09.46 (1:21.77)		
	17:31.82 (1:22.36)	18:53.39 (1:21.57)	20:14.54 (1:21.15)			
2	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	20:15.86	20:15.98	19
	1:14.32	2:37.22 (1:22.90)	3:57.14 (1:19.92)	5:18.76 (1:21.62)		
	6:40.44 (1:21.68)	8:01.97 (1:21.53)	9:24.40 (1:22.43)	10:46.57 (1:22.17)		
	12:08.18 (1:21.61)	13:30.21 (1:22.03)	14:51.60 (1:21.39)	16:13.81 (1:22.21)		
	17:35.58 (1:21.77)	18:57.22 (1:21.64)	20:15.98 (1:18.76)			
3	Keeler, Susan E	40	Stanford Masters Swimming-38	19:45.00	20:31.50	18
	1:17.20	2:38.77 (1:21.57)	4:00.72 (1:21.95)	5:22.20 (1:21.48)		
	6:43.91 (1:21.71)	8:05.90 (1:21.99)	9:27.86 (1:21.96)	10:50.55 (1:22.69)		
	12:13.23 (1:22.68)	13:36.59 (1:23.36)	14:59.13 (1:22.54)	16:21.82 (1:22.69)		
	17:45.37 (1:23.55)	19:08.73 (1:23.36)	20:31.50 (1:22.77)			
4	Pearson, Loren	43	Tri Valley Masters-38	30:00.00	26:18.87	17
	1:37.36	3:23.45 (1:46.09)	5:10.63 (1:47.18)	6:57.36 (1:46.73)		
	8:43.43 (1:46.07)	10:29.65 (1:46.22)	12:15.01 (1:45.36)	14:01.17 (1:46.16)		
	15:46.45 (1:45.28)	17:32.43 (1:45.98)	19:18.89 (1:46.46)	21:05.64 (1:46.75)		
	22:52.27 (1:46.63)	24:38.28 (1:46.01)	26:18.87 (1:40.59)			
5	Maze, Ghislaine	44	University of San Francisco Ma-38	26:17.91	27:02.77	16
	1:38.14	3:25.51 (1:47.37)	5:15.17 (1:49.66)	7:05.25 (1:50.08)		
	8:55.80 (1:50.55)	10:46.61 (1:50.81)	12:36.91 (1:50.30)	14:26.60 (1:49.69)		
	16:16.05 (1:49.45)	18:04.37 (1:48.32)	19:54.02 (1:49.65)	21:42.99 (1:48.97)		
	22:23.67 (40.68)	23:08.72 (45.05)	27:02.77 (3:54.05)			
6	Parrish, Ariel	43	University of San Francisco Ma-38	30:00.00	29:52.27	15
	1:51.28	3:48.09 (1:56.81)	5:47.79 (1:59.70)	7:46.74 (1:58.95)		
	9:46.46 (1:59.72)	11:45.97 (1:59.51)	13:46.10 (2:00.13)	15:46.52 (2:00.42)		
	17:48.17 (2:01.65)	19:49.59 (2:01.42)	21:51.27 (2:01.68)	23:51.94 (2:00.67)		
	25:53.53 (2:01.59)	27:54.05 (2:00.52)	29:52.27 (1:58.22)			

Women 40-44 50 LC Meter Backstroke**PAC: 31.63 # 12/31/2009 Jody Smith****NATL: 31.38 \$ 8/8/2015 ERIKA BRAUN**

1	Johnson, Michelle	42	San Ramon Valley Aquatics Mast-38	37.00	40.72	21
2	Chow, Jackie I	40	Davis Aquatic Masters-38	42.99	41.24	19
3	Stoner, Stephanie	43	University of San Francisco Ma-38	48.00	42.29	18
4	Smith, Angela R	44	San Ramon Valley Aquatics Mast-38	41.50	42.36	17

Women 40-44 100 LC Meter Backstroke**PAC: 1:07.21 # 12/31/2009 Jody Smith****NATL: 1:07.21 \$ 8/7/2009 JODY SMITH**

1	Keeler, Susan E	40	Stanford Masters Swimming-38	1:20.09	1:22.27	21
2	Romero, Mary	42	Sierra Marlins Masters-38	1:20.00	1:23.43	19

Women 40-44 200 LC Meter Backstroke**PAC: 2:23.18 # 12/31/2009 Jody Smith****NATL: 2:23.18 \$ 8/6/2009 JODY SMITH**

1	Chow, Jackie I	40	Davis Aquatic Masters-38	3:26.99	3:20.75	21
	1:37.78	3:20.75 (1:42.97)				
2	Stoner, Stephanie	43	University of San Francisco Ma-38	3:26.00	3:23.66	19
	1:40.13	3:23.66 (1:43.53)				

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(Women 40-44 200 LC Meter Backstroke)

3	Nishimoto, Amber D	40	University of San Francisco Ma-38	3:45.00	3:24.85	18
	1:41.70		3:24.85 (1:43.15)			
4	Bohnel Buch, Suzanne	43	University of San Francisco Ma-38	3:45.00	4:03.21	17
	1:57.68		4:03.21 (2:05.53)			

Women 40-44 50 LC Meter Breaststroke

PAC: 32.47 # 8/19/2016 Katie Glenn

NATL: 32.47 \$ 8/19/2016 KATIE GLENN

1	Smith, Angela R	44	San Ramon Valley Aquatics Mast-38	45.00	44.68	21
2	Maze, Ghislaine	44	University of San Francisco Ma-38	46.99	47.51	19
3	Darling, Colleen M	44	Walnut Creek Masters-38	54.59	50.14	18

Women 40-44 100 LC Meter Breaststroke

PAC: 1:13.57 # 8/18/2016 Katie Glenn

NATL: 1:12.12 \$ 6/30/2008 S VON DER LIPPE

1	Nishimoto, Amber D	40	University of San Francisco Ma-38	1:45.00	1:37.19	21
2	Smith, Angela R	44	San Ramon Valley Aquatics Mast-38	1:35.00	1:39.70	19
3	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	1:56.00	1:51.20	18
4	Darling, Colleen M	44	Walnut Creek Masters-38	1:57.73	1:55.30	17

Women 40-44 200 LC Meter Breaststroke

PAC: 2:47.92 # 7/24/2016 Katie Glenn

NATL: 2:38.44 \$ 8/9/2006 S VON DER LIPPE

1	Romero, Mary	42	Sierra Marlins Masters-38	3:05.86	3:08.72	21
	1:33.13		3:08.72 (1:35.59)			

Women 40-44 50 LC Meter Butterfly

PAC: 29.89 # 12/31/1994 Laura B Val

NATL: 28.36 \$ 6/8/2013 ERIKA BRAUN

1	Belluomini, Melanie C	41	Davis Aquatic Masters-38	34.40	34.06	21
2	Smith, Angela R	44	San Ramon Valley Aquatics Mast-38	34.50	34.94	19
3	Darling, Colleen M	44	Walnut Creek Masters-38	45.57	40.11	18
4	Maze, Ghislaine	44	University of San Francisco Ma-38	43.91	41.95	17
5	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	43.00	42.39	16

Women 40-44 100 LC Meter Butterfly

PAC: 1:06.27 # 12/31/1992 Laura B Val

NATL: 1:02.47 \$ 6/29/2008 S VON DER LIPPE

1	Belluomini, Melanie C	41	Davis Aquatic Masters-38	1:21.50	1:20.94	21
2	Nishimoto, Amber D	40	University of San Francisco Ma-38	2:00.00	1:31.04	19
3	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	1:43.00	1:41.37	18
4	Maze, Ghislaine	44	University of San Francisco Ma-38	1:45.59	1:41.54	17

Women 40-44 200 LC Meter Butterfly

PAC: 2:25.15 # 12/31/2006 Susan H Preston

NATL: 2:24.77 \$ 8/17/2003 K PIPES-NEILSEN

1	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	3:30.00	3:52.13	21
	1:52.95		3:52.13 (1:59.18)			

Women 40-44 200 LC Meter IM

PAC: 2:30.96 # 12/31/2000 Jill S Hernandez

NATL: 2:25.03 \$ 8/5/2007 S VON DER LIPPE

1	Romero, Mary	42	Sierra Marlins Masters-38	2:48.45	2:49.04	21
	1:21.41		2:49.04 (1:27.63)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****(Women 40-44 200 LC Meter IM)**

2	Maidenberg, Eve G	42	Manatee Aquatic Masters Inc-38	2:54.73	2:59.02	19
	1:26.94		2:59.02 (1:32.08)			
3	Smith, Angela R	44	San Ramon Valley Aquatics Mast-38	3:05.00	3:05.50	18
	1:25.23		3:05.50 (1:40.27)			
4	Belluomini, Melanie C	41	Davis Aquatic Masters-38	3:12.00	3:16.91	17
	1:31.52		3:16.91 (1:45.39)			
5	Ongerth, Ann Michelle	44	Walnut Creek Masters-38	3:31.00	3:29.62	16
	1:43.11		3:29.62 (1:46.51)			

Women 40-44 400 LC Meter IM**PAC: 5:21.32 # 12/31/2000 Jill S Hernandez****NATL: 5:09.83 \$ 8/1/2004 K PIPES-NEILSEN**

1	Romero, Mary	42	Sierra Marlins Masters-38	5:59.49	5:57.59	21
	1:22.78		2:57.17 (1:34.39)	4:37.68 (1:40.51)	5:57.59 (1:19.91)	
2	Nishimoto, Amber D	40	University of San Francisco Ma-38	7:15.00	6:56.85	19
	1:36.51		3:29.35 (1:52.84)	5:20.19 (1:50.84)	6:56.85 (1:36.66)	
3	Tilds, Katrina	41	University of San Francisco Ma-38	10:00.00	8:09.40	18
	2:03.84		4:13.33 (2:09.49)	6:25.63 (2:12.30)	8:09.40 (1:43.77)	
4	Bohnel Buch, Suzanne	43	University of San Francisco Ma-38	8:00.00	8:25.46	17
	1:56.33		4:10.85 (2:14.52)	6:29.02 (2:18.17)	8:25.46 (1:56.44)	

Women 45-49 50 LC Meter Freestyle**PAC: 28.56 # 12/31/2006 Suzanne M Heim-Bo****NATL: 27.09 \$ 8/5/2017 THOMAS\BRAUN**

1	Jeong, Michelle	49	University of San Francisco Ma-38	42.00	37.78	21
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Women 45-49 100 LC Meter Freestyle**PAC: 1:02.11 # 12/31/2003 Suzanne M Heim-Bo****NATL: 57.40 \$ 8/8/2015 MELANIE THOMAS**

1	Wiesmann, Nicky C	48	University of San Francisco Ma-38	1:15.00	1:11.83	21
2	Tannehill, Aimee A	45	Davis Aquatic Masters-38	1:30.00	1:18.61	19
3	Espinosa, Rebecca	48	Marcia's Enthusiastic Masters-38	1:59.00	1:53.15	18

Women 45-49 400 LC Meter Freestyle**PAC: 4:39.20 # 12/31/2003 Suzanne M Heim-Bo****NATL: 4:35.84 \$ 9/6/2008 K PIPES-NEILSEN**

1	Hertzer, Cynthia J	49	Santa Cruz Masters Aquatics-38	5:25.00	5:27.24	21
	1:19.33		2:42.66 (1:23.33)	4:06.72 (1:24.06)	5:27.24 (1:20.52)	
2	Tannehill, Aimee A	45	Davis Aquatic Masters-38	6:15.00	6:02.98	19
	1:27.79		2:59.64 (1:31.85)	4:31.34 (1:31.70)	6:02.98 (1:31.64)	
3	Espinosa, Rebecca	48	Marcia's Enthusiastic Masters-38	9:00.00	9:08.86	18
	2:10.57		4:30.56 (2:19.99)	6:52.33 (2:21.77)	9:08.86 (2:16.53)	

Women 45-49 800 LC Meter Freestyle**PAC: 9:24.53 # 12/31/2003 Suzanne M Heim-Bo****NATL: 9:24.11 \$ 8/5/2007 K PIPES-NEILSEN**

1	Tannehill, Aimee A	45	Davis Aquatic Masters-38	12:15.00	12:27.29	21
	1:28.26		3:02.85 (1:34.59)	4:37.85 (1:35.00)	6:13.13 (1:35.28)	
	7:47.89 (1:34.76)		9:22.99 (1:35.10)	10:57.61 (1:34.62)	12:27.29 (1:29.68)	
2	Espinosa, Rebecca	48	Marcia's Enthusiastic Masters-38	20:00.00	18:38.12	19
	2:07.75		4:27.26 (2:19.51)	6:48.25 (2:20.99)	9:08.80 (2:20.55)	
	11:30.97 (2:22.17)		13:52.09 (2:21.12)	16:17.61 (2:25.52)	18:38.12 (2:20.51)	

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Women 45-49 1500 LC Meter Freestyle

PAC: 17:55.83 # 12/31/2003 Suzanne M Heim-Bo

NATL: 17:55.83 \$ 8/17/2003 S HEIM-BOWEN

1	Tannehill, Aimee A	45	Davis Aquatic Masters-38	26:00.00	24:05.31	21
	1:32.92	3:10.58 (1:37.66)	4:49.03 (1:38.45)	6:28.17 (1:39.14)		
	8:05.46 (1:37.29)	9:42.98 (1:37.52)	11:19.49 (1:36.51)	12:55.28 (1:35.79)		
	14:31.56 (1:36.28)	16:07.46 (1:35.90)	17:42.93 (1:35.47)	19:19.26 (1:36.33)		
	20:55.12 (1:35.86)	22:30.88 (1:35.76)	24:05.31 (1:34.43)			

Women 45-49 50 LC Meter Backstroke

PAC: 32.93 # 12/31/1997 Laura B Val

NATL: 31.71 \$ 7/7/2012 JENKINS\REYNOLDS\

1	Tannehill, Aimee A	45	Davis Aquatic Masters-38	48.00	41.40	21
2	Siu, Kelly	46	Walnut Creek Masters-38	1:09.00	1:03.09	19
3	Espinosa, Rebecca	48	Marcia's Enthusiastic Masters-38	1:12.72	1:03.53	18

Women 45-49 100 LC Meter Backstroke

PAC: 1:11.34 # 12/31/2009 Lisa A Ward

NATL: 1:08.11 \$ 5/24/2009 K PIPES-NEILSEN

1	Wiesmann, Nicky C	48	University of San Francisco Ma-38	1:10.00	1:26.03	21
2	Tannehill, Aimee A	45	Davis Aquatic Masters-38	1:40.00	1:29.72	19

Women 45-49 200 LC Meter Backstroke

PAC: 2:31.93 # 12/31/2009 Lisa A Ward

NATL: 2:26.06 \$ 5/22/2009 K PIPES-NEILSEN

1	Tannehill, Aimee A	45	Davis Aquatic Masters-38	3:23.63	3:12.34	21
	1:36.22	3:12.34 (1:36.12)				
2	Espinosa, Rebecca	48	Marcia's Enthusiastic Masters-38	9:00.00	5:07.73	19
	2:27.18	5:07.73 (2:40.55)				

Women 45-49 200 LC Meter Breaststroke

PAC: 2:59.80 # 12/31/2009 Lisa A Ward

NATL: 2:45.20 \$ 8/5/2007 CAROLINE KRATTLI

1	Hertzer, Cynthia J	49	Santa Cruz Masters Aquatics-38	3:20.00	3:19.67	21
	1:37.98	3:19.67 (1:41.69)				

Women 45-49 50 LC Meter Butterfly

PAC: 30.01 # 12/31/2009 Lisa A Ward

NATL: 28.40 \$ 8/5/2017 ERIKA BRAUN

1	Wiesmann, Nicky C	48	University of San Francisco Ma-38	38.00	36.64	21
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Women 45-49 200 LC Meter Butterfly

PAC: 2:31.37 # 12/31/1998 Laura B Val

NATL: 2:24.34 \$ 6/20/2009 K PIPES-NEILSEN

1	Hertzer, Cynthia J	49	Santa Cruz Masters Aquatics-38	3:10.00	3:23.62	21
	1:35.68	3:23.62 (1:47.94)				

Women 45-49 200 LC Meter IM

PAC: 2:32.46 # 12/31/2005 Jill S Hernandez

NATL: 2:27.57 \$ 8/16/2008 K PIPES-NEILSEN

1	Hertzer, Cynthia J	49	Santa Cruz Masters Aquatics-38	2:59.00	2:59.86	21
	1:29.42	2:59.86 (1:30.44)				
2	Wiesmann, Nicky C	48	University of San Francisco Ma-38	2:55.00	3:09.85	19
	1:26.25	3:09.85 (1:43.60)				

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 50-54 50 LC Meter Freestyle****PAC: 28.22 # 12/31/2001 Laura B Val****NATL: 28.17 \$ 7/9/2016 FALL WILLEBOORDSE**

1	Quick, Sarah E	54	North Bay Aquatics-38	30.25	29.87	21
2	Welting, Lauren K	53	The Olympic Club-38	31.72	31.20	19
3	Boone, Danielle	53	Walnut Creek Masters-38	32.48	32.12	18
4	Houts, Jennifer	53	Rolling Hills Mud Sharks-38	34.02	32.88	17
5	Juson, Justine	50	University of San Francisco Ma-38	40.00	35.89	16
6	Squyer, Michelle P	50	University of San Francisco Ma-38	1:00.00	49.47	15

Women 50-54 100 LC Meter Freestyle**PAC: 1:01.13 # 12/31/2001 Laura B Val****NATL: 1:01.13 \$ 8/19/2001 LAURA VAL**

1	Quick, Sarah E	54	North Bay Aquatics-38	1:06.36	1:05.17	21
2	Curtin, Janice A	51	Sierra Marlins Masters-38	1:09.22	1:07.67	19
3	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	1:10.20	1:11.38	18
4	Boone, Danielle	53	Walnut Creek Masters-38	1:14.44	1:11.54	17
5	Houts, Jennifer	53	Rolling Hills Mud Sharks-38	1:19.10	1:13.41	16
6	Harris, Karen C	52	Richmond Plunge Masters-38	1:21.46	1:21.80	15
7	Cannon, Lindsey A	52	Walnut Creek Masters-38	1:22.90	1:25.09	14
8	Cooper, Carla	51	University of San Francisco Ma-38	1:30.00	1:25.49	13
9	Chachkin, Myra	50	Manatee Aquatic Masters Inc-38	1:32.00	1:45.67	12
10	Macleod, Pascale	54	University of San Francisco Ma-38	4:00.00	1:52.68	11
11	Squyer, Michelle P	50	University of San Francisco Ma-38	2:00.00	1:53.13	10

Women 50-54 200 LC Meter Freestyle**PAC: 2:13.18 # 8/7/2013 Jill S Hernandez****NATL: 2:13.18 \$ 8/8/2013 JILL HERNANDEZ**

1	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	NT	2:50.86	
2	Perry, Rebecca R	54	Manatee Aquatic Masters Inc-38	NT	3:07.77	

Women 50-54 200 LC Meter Freestyle**PAC: 2:13.18 # 8/7/2013 Jill S Hernandez****NATL: 2:13.18 \$ 8/8/2013 JILL HERNANDEZ**

1	Ward, Lisa A	54	Walnut Creek Masters-38	2:33.00	2:29.59	21
				1:13.86	2:29.59 (1:15.73)	
2	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	2:33.00	2:31.34	19
				1:14.58	2:31.34 (1:16.76)	
3	Jones, Sara H	50	Santa Rosa Masters-38	2:39.58	2:37.41	18
				1:15.97	2:37.41 (1:21.44)	
4	Boone, Danielle	53	Walnut Creek Masters-38	2:41.32	2:38.85	17
				1:16.04	2:38.85 (1:22.81)	
5	Couch, Stephanie D	54	Menlo Masters-38	2:45.25	2:42.44	16
				1:19.60	2:42.44 (1:22.84)	
6	Harris, Karen C	52	Richmond Plunge Masters-38	2:59.01	3:01.69	15
				1:27.41	3:01.69 (1:34.28)	
7	Cannon, Lindsey A	52	Walnut Creek Masters-38	3:06.34	3:11.07	14
				1:33.85	3:11.07 (1:37.22)	
8	Juson, Justine	50	University of San Francisco Ma-38	3:30.00	3:12.25	13

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 50-54 400 LC Meter Freestyle****PAC: 4:40.66 # 8/7/2013 Jill S Hernandez****NATL: 4:40.66 \$ 8/11/2013 JILL HERNANDEZ**

1	Curtin, Janice A	51	Sierra Marlins Masters-38	5:18.24	5:09.15	21
	1:15.24	2:33.17 (1:17.93)	3:51.68 (1:18.51)	5:09.15 (1:17.47)		
2	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	5:17.40	5:16.75	19
	1:18.65	2:40.18 (1:21.53)	3:59.86 (1:19.68)	5:16.75 (1:16.89)		
3	Ward, Lisa A	54	Walnut Creek Masters-38	5:40.00	5:23.11	18
	1:17.00	2:39.01 (1:22.01)	4:01.48 (1:22.47)	5:23.11 (1:21.63)		
4	Boone, Danielle	53	Walnut Creek Masters-38	5:55.55	5:40.07	17
	1:21.01	2:48.13 (1:27.12)	4:16.12 (1:27.99)	5:40.07 (1:23.95)		
5	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	5:48.07	5:57.54	16
	1:26.74	2:58.48 (1:31.74)	4:28.34 (1:29.86)	5:57.54 (1:29.20)		
6	Squyer, Michelle P	50	University of San Francisco Ma-38	8:15.00	8:04.87	15
	1:58.19	4:02.17 (2:03.98)	6:05.74 (2:03.57)	8:04.87 (1:59.13)		
7	Asta, Lisa M	53	Walnut Creek Masters-38	8:24.00	9:06.46	14
	2:13.15	4:33.40 (2:20.25)	6:52.50 (2:19.10)	9:06.46 (2:13.96)		

Women 50-54 400 LC Meter Freestyle**PAC: 4:40.66 # 8/7/2013 Jill S Hernandez****NATL: 4:40.66 \$ 8/11/2013 JILL HERNANDEZ**

1	Ward, Lisa A	54	Walnut Creek Masters-38	NT	5:34.71
2	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	NT	5:55.58
3	Cook, Amy M	54	Walnut Creek Masters-38	NT	6:03.52
4	Boone, Danielle	53	Walnut Creek Masters-38	NT	6:04.82
5	Perry, Rebecca R	54	Manatee Aquatic Masters Inc-38	NT	6:19.06
6	Phalen, Jennifer R	54	Davis Aquatic Masters-38	NT	6:32.28

Women 50-54 800 LC Meter Freestyle**PAC: 9:34.12 # 7/23/2016 Susan H Preston****NATL: 9:34.12 \$ 7/23/2016 SUSAN PRESTON**

1	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	NT	10:52.90
2	Ward, Lisa A	54	Walnut Creek Masters-38	NT	11:21.59
3	Boone, Danielle	53	Walnut Creek Masters-38	NT	12:08.63
4	Cook, Amy M	54	Walnut Creek Masters-38	NT	12:09.23
5	Perry, Rebecca R	54	Manatee Aquatic Masters Inc-38	NT	12:34.90

Women 50-54 800 LC Meter Freestyle**PAC: 9:34.12 # 7/23/2016 Susan H Preston****NATL: 9:34.12 \$ 7/23/2016 SUSAN PRESTON**

1	Couch, Stephanie D	54	Menlo Masters-38	11:33.43	11:17.12	21
	1:21.32	2:47.14 (1:25.82)	4:12.50 (1:25.36)	5:38.55 (1:26.05)		
	7:03.98 (1:25.43)	8:29.27 (1:25.29)	9:54.26 (1:24.99)	11:17.12 (1:22.86)		
2	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	11:52.00	11:55.58	19
	1:25.78	2:56.05 (1:30.27)	4:25.47 (1:29.42)	5:55.58 (1:30.11)		
	7:26.56 (1:30.98)	8:57.57 (1:31.01)	10:27.52 (1:29.95)	11:55.58 (1:28.06)		
3	Phalen, Jennifer R	54	Davis Aquatic Masters-38	13:15.64	13:08.61	18
	1:33.25	3:13.40 (1:40.15)	4:53.25 (1:39.85)	6:32.28 (1:39.03)		
	8:12.05 (1:39.77)	9:53.27 (1:41.22)	11:31.71 (1:38.44)	13:08.61 (1:36.90)		
4	Juson, Justine	50	University of San Francisco Ma-38	13:15.00	13:34.94	17
			4:59.32 ()			
	8:27.62 ()	10:11.47 (1:43.85)	11:56.43 (1:44.96)	13:34.94 (1:38.51)		

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(Women 50-54 800 LC Meter Freestyle)

5	Squyer, Michelle P	50	University of San Francisco Ma-38	22:00.00	16:16.75	16
	1:56.95	3:58.93 (2:01.98)	6:00.22 (2:01.29)	8:02.99 (2:02.77)		
	10:07.29 (2:04.30)	12:12.28 (2:04.99)	14:15.75 (2:03.47)	16:16.75 (2:01.00)		
6	Asta, Lisa M	53	Walnut Creek Masters-38	16:47.00	19:11.30	15
	2:15.81	4:41.38 (2:25.57)	7:07.53 (2:26.15)	9:35.71 (2:28.18)		
	12:02.16 (2:26.45)	14:28.78 (2:26.62)	16:53.13 (2:24.35)	19:11.30 (2:18.17)		

Women 50-54 1500 LC Meter Freestyle

PAC: 18:32.76 # 12/31/2008 Suzanne M Heim-Bo

NATL: 18:32.76 \$ 8/14/2008 S HEIM-BOWEN

1	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	20:45.00	20:19.09	21
	1:17.84	2:41.59 (1:23.75)	4:04.14 (1:22.55)	5:26.11 (1:21.97)		
	6:48.89 (1:22.78)	8:10.73 (1:21.84)	9:31.91 (1:21.18)	10:52.90 (1:20.99)		
	12:14.81 (1:21.91)	13:35.67 (1:20.86)	14:56.75 (1:21.08)	16:18.18 (1:21.43)		
	17:39.45 (1:21.27)	19:00.50 (1:21.05)	20:19.09 (1:18.59)			
2	Curtin, Janice A	51	Sierra Marlins Masters-38	21:16.08	20:33.80	19
	1:18.31	2:39.04 (1:20.73)	4:01.39 (1:22.35)	5:23.38 (1:21.99)		
	6:45.49 (1:22.11)	8:07.75 (1:22.26)	9:29.96 (1:22.21)	10:52.39 (1:22.43)		
	12:15.52 (1:23.13)	13:38.88 (1:23.36)	15:01.75 (1:22.87)	16:25.05 (1:23.30)		
	17:48.13 (1:23.08)	19:11.75 (1:23.62)	20:33.80 (1:22.05)			
3	Ward, Lisa A	54	Walnut Creek Masters-38	22:00.00	21:26.35	18
	1:18.25	2:42.96 (1:24.71)	4:08.48 (1:25.52)	5:34.71 (1:26.23)		
	7:01.42 (1:26.71)	8:27.86 (1:26.44)	9:54.68 (1:26.82)	11:21.59 (1:26.91)		
	12:48.89 (1:27.30)	14:15.17 (1:26.28)	15:42.43 (1:27.26)	17:09.60 (1:27.17)		
	18:36.55 (1:26.95)	20:02.87 (1:26.32)	21:26.35 (1:23.48)			
4	Couch, Stephanie D	54	Menlo Masters-38	21:44.79	21:28.20	17
	1:21.37	2:47.16 (1:25.79)	4:13.07 (1:25.91)	5:39.99 (1:26.92)		
	7:06.88 (1:26.89)	8:33.98 (1:27.10)	10:01.03 (1:27.05)	11:27.74 (1:26.71)		
	12:54.70 (1:26.96)	14:20.94 (1:26.24)	15:46.81 (1:25.87)	17:12.79 (1:25.98)		
	18:38.80 (1:26.01)	20:04.26 (1:25.46)	21:28.20 (1:23.94)			
5	Boone, Danielle	53	Walnut Creek Masters-38	23:55.00	22:31.88	16
	1:27.86	3:00.43 (1:32.57)	4:32.82 (1:32.39)	6:04.82 (1:32.00)		
	7:36.56 (1:31.74)	9:07.99 (1:31.43)	10:38.95 (1:30.96)	12:08.63 (1:29.68)		
	13:38.74 (1:30.11)	15:08.93 (1:30.19)	16:38.99 (1:30.06)	18:08.15 (1:29.16)		
	19:37.93 (1:29.78)	21:06.71 (1:28.78)	22:31.88 (1:25.17)			
6	Cook, Amy M	54	Walnut Creek Masters-38	23:30.01	22:44.57	15
	1:26.42	2:58.71 (1:32.29)	4:31.21 (1:32.50)	6:03.52 (1:32.31)		
	7:35.09 (1:31.57)	9:06.34 (1:31.25)	10:37.95 (1:31.61)	12:09.23 (1:31.28)		
	13:39.46 (1:30.23)	15:09.48 (1:30.02)	16:40.46 (1:30.98)	18:10.99 (1:30.53)		
	19:43.30 (1:32.31)	21:14.97 (1:31.67)	22:44.57 (1:29.60)			
7	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	22:55.00	23:09.51	14
	1:30.28	3:04.13 (1:33.85)	4:38.25 (1:34.12)	6:11.14 (1:32.89)		
	7:44.69 (1:33.55)	9:17.51 (1:32.82)	10:50.51 (1:33.00)	12:22.78 (1:32.27)		
	13:55.19 (1:32.41)	15:27.69 (1:32.50)	17:00.05 (1:32.36)	18:33.35 (1:33.30)		
	20:06.65 (1:33.30)	21:39.18 (1:32.53)	23:09.51 (1:30.33)			
8	Perry, Rebecca R	54	Manatee Aquatic Masters Inc-38	24:31.00	23:14.87	13
	1:31.46	3:07.77 (1:36.31)	4:43.55 (1:35.78)	6:19.06 (1:35.51)		
	7:54.02 (1:34.96)	9:27.21 (1:33.19)	11:01.10 (1:33.89)	12:34.90 (1:33.80)		
	14:07.59 (1:32.69)	15:40.00 (1:32.41)	17:12.07 (1:32.07)	18:43.86 (1:31.79)		
	20:14.91 (1:31.05)	21:45.55 (1:30.64)	23:14.87 (1:29.32)			

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(Women 50-54 1500 LC Meter Freestyle)

9	Ask, Julie A	50	University of San Francisco Ma-38	27:00.00	24:33.27	12
	1:32.85	3:11.08 (1:38.23)	4:49.44 (1:38.36)	6:28.39 (1:38.95)		
	8:06.54 (1:38.15)	9:45.00 (1:38.46)	11:23.43 (1:38.43)	13:02.53 (1:39.10)		
	14:41.71 (1:39.18)	16:21.41 (1:39.70)	18:00.56 (1:39.15)	19:39.41 (1:38.85)		
	21:18.40 (1:38.99)	22:57.44 (1:39.04)	24:33.27 (1:35.83)			
10	Phalen, Jennifer R	54	Davis Aquatic Masters-38	24:45.64	25:17.26	11
	1:32.39	3:10.87 (1:38.48)	4:51.17 (1:40.30)	6:32.01 (1:40.84)		
	8:14.24 (1:42.23)	9:56.04 (1:41.80)	11:38.31 (1:42.27)	13:22.89 (1:44.58)		
	15:05.64 (1:42.75)	16:50.58 (1:44.94)	18:32.37 (1:41.79)	20:15.45 (1:43.08)		
	21:57.18 (1:41.73)	23:39.26 (1:42.08)	25:17.26 (1:38.00)			
11	Harris, Karen C	52	Richmond Plunge Masters-38	24:50.74	26:50.94	10
	1:34.46	3:15.83 (1:41.37)	5:00.54 (1:44.71)	6:48.06 (1:47.52)		
	8:38.54 (1:50.48)	10:28.10 (1:49.56)	12:17.59 (1:49.49)	14:08.18 (1:50.59)		
	15:58.42 (1:50.24)	17:49.14 (1:50.72)	19:39.54 (1:50.40)	21:29.51 (1:49.97)		
	23:20.02 (1:50.51)	25:09.29 (1:49.27)	26:50.94 (1:41.65)			
12	Asta, Lisa M	53	Walnut Creek Masters-38	29:59.59	37:57.96	9
	2:21.06	4:47.61 (2:26.55)	7:18.08 (2:30.47)	9:49.92 (2:31.84)		
	12:23.37 (2:33.45)	14:56.05 (2:32.68)	17:27.85 (2:31.80)	20:04.93 (2:37.08)		
	22:39.86 (2:34.93)	25:16.71 (2:36.85)	27:52.83 (2:36.12)	30:29.16 (2:36.33)		
	33:02.79 (2:33.63)	35:33.89 (2:31.10)	37:57.96 (2:24.07)			

Women 50-54 50 LC Meter Backstroke

PAC: 33.45 # 12/31/2009 Bonnie M Bilich

NATL: 32.41 \$ 6/22/2013 LESLIE LIVINGSTON

1	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	36.40	36.27	21
2	Welting, Lauren K	53	The Olympic Club-38	36.97	36.40	19
3	Juson, Justine	50	University of San Francisco Ma-38	44.00	41.23	18
4	Jones, Sara H	50	Santa Rosa Masters-38	39.24	41.24	17
5	Houts, Jennifer	53	Rolling Hills Mud Sharks-38	44.23	42.81	16
6	Harris, Karen C	52	Richmond Plunge Masters-38	46.60	46.06	15
7	Squyer, Michelle P	50	University of San Francisco Ma-38	1:00.00	1:08.74	14

Women 50-54 100 LC Meter Backstroke

PAC: 1:13.76 # 12/31/2009 Bonnie M Bilich

NATL: 1:09.28 \$ 8/8/2014 ELLEN REYNOLDS

1	Ward, Lisa A	54	Walnut Creek Masters-38	1:22.00	1:16.28	21
2	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	1:20.80	1:21.93	19
3	Welting, Lauren K	53	The Olympic Club-38	1:20.00	1:23.43	18
4	Jones, Sara H	50	Santa Rosa Masters-38	1:25.02	1:23.94	17
5	Garforth, Emma	50	Davis Aquatic Masters-38	1:23.07	1:25.32	16
6	Harris, Karen C	52	Richmond Plunge Masters-38	1:42.21	1:47.42	15

Women 50-54 100 LC Meter Backstroke

PAC: 1:13.76 # 12/31/2009 Bonnie M Bilich

NATL: 1:09.28 \$ 8/8/2014 ELLEN REYNOLDS

1	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	NT	1:21.44	
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Women 50-54 200 LC Meter Backstroke

PAC: 2:39.40 # 12/31/2009 Bonnie M Bilich

NATL: 2:26.64 \$ 8/4/2014 ELLEN REYNOLDS

1	Ward, Lisa A	54	Walnut Creek Masters-38	2:50.00	2:44.91	21
	1:20.73	2:44.91 (1:24.18)				

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2	Jones, Sara H	50	Santa Rosa Masters-38	2:59.71	2:55.23	19
	1:26.22	2:55.23 (1:29.01)				
3	Cox, Juliet E	50	Manatee Aquatic Masters Inc-38	2:56.90	2:57.97	18
	1:28.11	2:57.97 (1:29.86)				
4	Couch, Stephanie D	54	Menlo Masters-38	3:02.65	3:02.49	17
	1:29.70	3:02.49 (1:32.79)				
5	Garforth, Emma	50	Davis Aquatic Masters-38	3:02.58	3:07.90	16
	1:32.47	3:07.90 (1:35.43)				
6	Asta, Lisa M	53	Walnut Creek Masters-38	4:48.87	4:35.36	15
	2:15.11	4:35.36 (2:20.25)				

Women 50-54 50 LC Meter Breaststroke**PAC: 37.95 # 12/31/2006 Leianne S Critten****NATL: 37.31 \$ 8/19/2016 KRATTLI\TRACY**

1	Garforth, Emma	50	Davis Aquatic Masters-38	41.40	41.89	21
2	Jones, Sara H	50	Santa Rosa Masters-38	46.64	43.73	19
3	Houts, Jennifer	53	Rolling Hills Mud Sharks-38	48.01	46.30	18
4	Crow, Joan A	54	Davis Aquatic Masters-38	50.45	48.00	17
5	Phalen, Jennifer R	54	Davis Aquatic Masters-38	47.80	48.53	16
6	Cooper, Carla	51	University of San Francisco Ma-38	45.00	49.60	15
7	Cannon, Lindsey A	52	Walnut Creek Masters-38	48.84	50.39	14
8	Macleod, Pascale	54	University of San Francisco Ma-38	2:00.00	59.15	13

Women 50-54 100 LC Meter Breaststroke**PAC: 1:24.61 # 8/8/2013 Sharon M Weiss****NATL: 1:22.23 \$ 8/4/2014 CORRIN POPPS**

1	Welting, Lauren K	53	The Olympic Club-38	1:30.19	1:30.39	21
2	Ward, Lisa A	54	Walnut Creek Masters-38	1:35.00	1:32.27	19
3	Garforth, Emma	50	Davis Aquatic Masters-38	1:30.81	1:32.29	18
4	Juson, Justine	50	University of San Francisco Ma-38	1:35.00	1:41.67	17
5	Phalen, Jennifer R	54	Davis Aquatic Masters-38	1:43.50	1:41.71	16
6	Couch, Stephanie D	54	Menlo Masters-38	1:46.54	1:47.36	15
7	Andrews, Elizabeth	54	University of San Francisco Ma-38	2:30.00	1:55.72	14

Women 50-54 200 LC Meter Breaststroke**PAC: 3:05.00 # 8/10/2013 Sharon M Weiss****NATL: 2:54.00 \$ 8/6/2016 ELLEN REYNOLDS**

1	Garforth, Emma	50	Davis Aquatic Masters-38	3:14.75	3:18.34	21
	1:36.25	3:18.34 (1:42.09)				
2	Phalen, Jennifer R	54	Davis Aquatic Masters-38	3:42.64	3:38.46	19
	1:47.96	3:38.46 (1:50.50)				
3	Cooper, Carla	51	University of San Francisco Ma-38	3:43.63	3:43.54	18
	1:45.85	3:43.54 (1:57.69)				
4	Juson, Justine	50	University of San Francisco Ma-38	4:10.00	3:45.11	17
	1:51.14	3:45.11 (1:53.97)				
5	Macleod, Pascale	54	University of San Francisco Ma-38	8:00.00	4:27.75	16
	2:08.58	4:27.75 (2:19.17)				

Women 50-54 50 LC Meter Butterfly**PAC: 30.72 # 12/31/2001 Laura B Val****NATL: 29.82 \$ 7/24/2016 SUSAN WILLIAMS**

1	Quick, Sarah E	54	North Bay Aquatics-38	33.06	33.03	21
2	Welting, Lauren K	53	The Olympic Club-38	33.21	33.64	19

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(Women 50-54 50 LC Meter Butterfly)

3	Curtin, Janice A	51	Sierra Marlins Masters-38	36.13	35.10	18
4	Boone, Danielle	53	Walnut Creek Masters-38	38.56	35.67	17
5	Houts, Jennifer	53	Rolling Hills Mud Sharks-38	39.90	37.03	16
6	Cannon, Lindsey A	52	Walnut Creek Masters-38	40.66	40.06	15

Women 50-54 100 LC Meter Butterfly

PAC: 1:07.80 # 12/31/2011 Jill S Hernandez

NATL: 1:07.80 \$ 8/13/2011 JILL HERNANDEZ

1	Welting, Laureen K	53	The Olympic Club-38	1:17.24	1:17.53	21
2	Quick, Sarah E	54	North Bay Aquatics-38	1:19.06	1:17.84	19
3	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	1:24.00	1:28.16	18
4	Couch, Stephanie D	54	Menlo Masters-38	1:29.53	1:30.54	17
5	Phalen, Jennifer R	54	Davis Aquatic Masters-38	1:48.78	1:51.19	16

Women 50-54 200 LC Meter Butterfly

PAC: 2:31.55 # 12/31/2001 Laura B Val

NATL: 2:31.55 \$ 8/18/2001 LAURA VAL

1	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	3:11.10	3:15.36	21
				1:33.41	3:15.36 (1:41.95)	
2	Asta, Lisa M	53	Walnut Creek Masters-38	5:21.22	5:08.46	19
				2:27.45	5:08.46 (2:41.01)	

Women 50-54 200 LC Meter IM

PAC: 2:36.05 # 7/24/2016 Susan H Preston

NATL: 2:31.02 \$ 8/7/2016 ELLEN REYNOLDS

1	Ward, Lisa A	54	Walnut Creek Masters-38	2:52.00	2:46.39	21
				1:18.69	2:46.39 (1:27.70)	
2	Curtin, Janice A	51	Sierra Marlins Masters-38	2:55.74	2:53.64	19
				1:21.08	2:53.64 (1:32.56)	
3	Jones, Sara H	50	Santa Rosa Masters-38	2:58.77	2:58.55	18
				1:27.61	2:58.55 (1:30.94)	
4	Garforth, Emma	50	Davis Aquatic Masters-38	2:54.18	2:59.24	17
				1:28.96	2:59.24 (1:30.28)	
5	Welting, Laureen K	53	The Olympic Club-38	2:50.00	3:01.69	16
				1:24.12	3:01.69 (1:37.57)	
6	Cannon, Lindsey A	52	Walnut Creek Masters-38	3:34.09	3:31.61	15
				1:41.38	3:31.61 (1:50.23)	
7	Juson, Justine	50	University of San Francisco Ma-38	4:00.00	3:33.20	14
				1:47.26	3:33.20 (1:45.94)	
8	Phalen, Jennifer R	54	Davis Aquatic Masters-38	3:39.64	3:36.17	13
				1:51.21	3:36.17 (1:44.96)	
9	Asta, Lisa M	53	Walnut Creek Masters-38	4:50.46	4:40.10	12
				2:19.35	4:40.10 (2:20.75)	

Women 50-54 400 LC Meter IM

PAC: 5:30.32 # 8/10/2013 Jill S Hernandez

NATL: 5:20.68 \$ 8/5/2014 ELLEN REYNOLDS

1	Jones, Sara H	50	Santa Rosa Masters-38	6:12.80	6:11.03	21
				1:31.42	3:05.75 (1:34.33)	
					4:49.86 (1:44.11)	
					6:11.03 (1:21.17)	
2	Couch, Stephanie D	54	Menlo Masters-38	6:35.49	6:24.02	19
				1:30.64	3:05.12 (1:34.48)	
					4:59.64 (1:54.52)	
					6:24.02 (1:24.38)	
3	Garforth, Emma	50	Davis Aquatic Masters-38	6:19.79	6:24.29	18
				1:32.90	3:12.67 (1:39.77)	
					4:56.78 (1:44.11)	
					6:24.29 (1:27.51)	

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4	Shu, Vicki	50	Marcia's Enthusiastic Masters-38	6:45.00	6:52.76	17
	1:29.97	3:18.48 (1:48.51)	5:22.73 (2:04.25)	6:52.76 (1:30.03)		
5	Cannon, Lindsey A	52	Walnut Creek Masters-38	7:41.50	7:32.50	16
	1:46.33	3:46.01 (1:59.68)	5:49.97 (2:03.96)	7:32.50 (1:42.53)		
6	Asta, Lisa M	53	Walnut Creek Masters-38	10:26.92	9:51.54	15
	2:24.63	4:52.24 (2:27.61)	7:34.50 (2:42.26)	9:51.54 (2:17.04)		

Women 55-59 50 LC Meter Freestyle**PAC: 28.69 # 12/31/2008 Laura B Val****NATL: 28.69 \$ 7/16/2017 VAL\PIPES**

1	Joyce, Martha	58	Tamalpais Aquatic Masters-38	32.00	30.31	21
2	Taylor, Catherine W	55	Walnut Creek Masters-38	35.71	34.88	19
3	Aho, Kirsti M	59	University of San Francisco Ma-38	1:20.00	58.72	18

Women 55-59 100 LC Meter Freestyle**PAC: 1:02.02 # 12/31/2007 Laura B Val****NATL: 1:02.02 \$ 8/13/2007 VAL\VAL**

1	Focha, Teresa M	57	Modesto Area Aquatic Club-38	NT	1:46.47	
2	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	NT	2:00.84	

Women 55-59 100 LC Meter Freestyle**PAC: 1:02.02 # 12/31/2007 Laura B Val****NATL: 1:02.02 \$ 8/13/2007 VAL\VAL**

1	Joyce, Martha	58	Tamalpais Aquatic Masters-38	1:09.00	1:08.70	21
2	Matena, Jana	56	Menlo Masters-38	1:17.43	1:08.83	19
3	Dodd, Dina	55	Northern Sierra Masters Swimmi-38	1:16.00	1:17.17	18
4	Dibley, Allison M	56	Walnut Creek Masters-38	1:31.77	1:29.77	17

Women 55-59 200 LC Meter Freestyle**PAC: 2:16.28 # 12/31/2009 Laura B Val****NATL: 2:16.28 \$ 8/6/2009 LAURA VAL**

1	Focha, Teresa M	57	Modesto Area Aquatic Club-38	NT	3:40.76	
2	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	NT	4:12.17	

Women 55-59 200 LC Meter Freestyle**PAC: 2:16.28 # 12/31/2009 Laura B Val****NATL: 2:16.28 \$ 8/6/2009 LAURA VAL**

1	Curran, Margee M	57	Walnut Creek Masters-38	2:30.70	2:26.60	21
	1:11.78	2:26.60 (1:14.82)				
2	Taylor, Catherine W	55	Walnut Creek Masters-38	3:06.57	2:54.22	19
	1:26.60	2:54.22 (1:27.62)				
3	McNamara, Kathleen A	58	University of San Francisco Ma-38	2:58.00	2:55.47	18
	1:25.42	2:55.47 (1:30.05)				
4	Focha, Teresa M	57	Modesto Area Aquatic Club-38	3:38.84	3:41.80	17
	1:46.04	3:41.80 (1:55.76)				
5	Aho, Kirsti M	59	University of San Francisco Ma-38	5:00.00	4:55.12	16
	2:23.22	4:55.12 (2:31.90)				

Women 55-59 400 LC Meter Freestyle**PAC: 4:46.69 # 7/26/2015 Jill S Hernandez****NATL: 4:46.69 \$ 7/26/2015 JILL HERNANDEZ**

1	Focha, Teresa M	57	Modesto Area Aquatic Club-38	NT	7:33.26	
2	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	NT	8:31.33	

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1	Curran, Margee M	57	Walnut Creek Masters-38	5:17.00	5:09.18	21
	1:13.82	2:34.77 (1:20.95)	3:52.63 (1:17.86)	5:09.18 (1:16.55)		
2	Matena, Jana	56	Menlo Masters-38	5:35.32	5:26.38	19
	1:17.88	2:41.81 (1:23.93)	4:05.39 (1:23.58)	5:26.38 (1:20.99)		
3	Dodd, Dina	55	Northern Sierra Masters Swimmi-38	6:26.00	6:29.75	18
	1:28.19	3:08.41 (1:40.22)	4:49.80 (1:41.39)	6:29.75 (1:39.95)		

Women 55-59 800 LC Meter Freestyle**PAC: 9:46.56 # 7/26/2015 Jill S Hernandez****NATL: 9:46.56 \$ 7/25/2015 JILL HERNANDEZ**

1	Curran, Margee M	57	Walnut Creek Masters-38	10:27.00	10:32.29	21
	1:14.92	2:34.21 (1:19.29)	3:56.36 (1:22.15)	5:16.07 (1:19.71)		
	6:34.61 (1:18.54)	7:53.77 (1:19.16)	9:16.30 (1:22.53)	10:32.29 (1:15.99)		
2	Dibley, Allison M	56	Walnut Creek Masters-38	15:34.21	15:00.83	19
	1:42.30	3:37.19 (1:54.89)	5:32.75 (1:55.56)	7:26.73 (1:53.98)		
	9:22.52 (1:55.79)	11:17.22 (1:54.70)	13:12.11 (1:54.89)	15:00.83 (1:48.72)		
3	Focha, Teresa M	57	Modesto Area Aquatic Club-38	16:00.00	15:22.28	18
	1:47.12	3:40.76 (1:53.64)	5:36.27 (1:55.51)	7:33.26 (1:56.99)		
	9:31.26 (1:58.00)	11:28.56 (1:57.30)	13:26.30 (1:57.74)	15:22.28 (1:55.98)		
4	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	17:00.00	17:10.24	17
	2:00.84	4:12.17 (2:11.33)	6:22.00 (2:09.83)	8:31.33 (2:09.33)		
	10:41.29 (2:09.96)	12:52.36 (2:11.07)	15:02.42 (2:10.06)	17:10.24 (2:07.82)		

Women 55-59 1500 LC Meter Freestyle**PAC: 19:14.70 # 12/31/2007 Laura B Val****NATL: 19:14.70 \$ 7/8/2007 LAURA VAL**

1	Curran, Margee M	57	Walnut Creek Masters-38	20:27.00	20:20.13	21
	1:16.08	2:40.71 (1:24.63)	4:04.58 (1:23.87)	5:27.80 (1:23.22)		
	6:50.80 (1:23.00)	8:11.91 (1:21.11)	9:32.46 (1:20.55)	10:54.26 (1:21.80)		
	12:16.03 (1:21.77)	13:37.56 (1:21.53)	14:58.79 (1:21.23)	16:19.99 (1:21.20)		
	17:41.72 (1:21.73)	19:01.16 (1:19.44)	20:20.13 (1:18.97)			
2	McNamara, Kathleen A	58	University of San Francisco Ma-38	27:00.00	25:50.73	19
	1:34.67	3:16.07 (1:41.40)	5:00.17 (1:44.10)	6:44.32 (1:44.15)		
	8:28.67 (1:44.35)	10:12.38 (1:43.71)	11:56.70 (1:44.32)	13:41.37 (1:44.67)		
	15:25.12 (1:43.75)	17:09.07 (1:43.95)	18:54.21 (1:45.14)	20:38.72 (1:44.51)		
	22:23.20 (1:44.48)	24:07.65 (1:44.45)	25:50.73 (1:43.08)			
3	Echenique, Michelle M	58	University of San Francisco Ma-38	26:30.10	28:08.05	18
	1:38.79	3:27.27 (1:48.48)	5:16.65 (1:49.38)	7:06.56 (1:49.91)		
	8:59.82 (1:53.26)	10:50.02 (1:50.20)	12:46.65 (1:56.63)	14:36.30 (1:49.65)		
	16:29.05 (1:52.75)	18:27.62 (1:58.57)	20:25.17 (1:57.55)	22:17.87 (1:52.70)		
	24:18.10 (2:00.23)	26:15.57 (1:57.47)	28:08.05 (1:52.48)			
4	Schafle, Laura	57	Uc38-38	34:00.00	28:31.22	17
	1:41.53	3:31.99 (1:50.46)	5:25.12 (1:53.13)	7:18.35 (1:53.23)		
	9:14.24 (1:55.89)	11:10.18 (1:55.94)	13:05.72 (1:55.54)	15:02.77 (1:57.05)		
	16:59.96 (1:57.19)	18:55.26 (1:55.30)	20:52.00 (1:56.74)	22:47.15 (1:55.15)		
	24:42.33 (1:55.18)	26:37.98 (1:55.65)	28:31.22 (1:53.24)			
5	Focha, Teresa M	57	Modesto Area Aquatic Club-38	31:00.00	29:25.08	16
	1:46.47	3:41.63 (1:55.16)	5:38.27 (1:56.64)	7:35.73 (1:57.46)		
	9:32.56 (1:56.83)	11:30.38 (1:57.82)	13:28.23 (1:57.85)	15:26.31 (1:58.08)		
	17:25.28 (1:58.97)	19:24.28 (1:59.00)	21:24.24 (1:59.96)	23:23.97 (1:59.73)		
	25:24.70 (2:00.73)	27:25.34 (2:00.64)	29:25.08 (1:59.74)			

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(Women 55-59 1500 LC Meter Freestyle)

6	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	33:00.00	34:27.09	15
	2:15.08	4:26.93 (2:11.85)	6:42.19 (2:15.26)	8:57.91 (2:15.72)		
	11:17.08 (2:19.17)	13:36.35 (2:19.27)	15:53.75 (2:17.40)	18:13.01 (2:19.26)		
	20:33.65 (2:20.64)	22:52.44 (2:18.79)	25:10.09 (2:17.65)	27:29.53 (2:19.44)		
	29:49.60 (2:20.07)	32:08.17 (2:18.57)	34:27.09 (2:18.92)			

Women 55-59 50 LC Meter Backstroke

PAC: 33.75 # 12/31/2010 Laura B Val

NATL: 32.36 \$ 7/15/2017 KARLYN PIPES

1	Walts, Merrie E	58	Santa Rosa Masters-38	36.22	37.64	21
2	Russell, Jane E	55	Davis Aquatic Masters-38	38.83	39.15	19
3	McNamara, Kathleen A	58	University of San Francisco Ma-38	37.70	39.79	18
4	Dibley, Allison M	56	Walnut Creek Masters-38	56.11	53.52	17
5	Aho, Kirsti M	59	University of San Francisco Ma-38	1:45.00	1:17.05	16

Women 55-59 100 LC Meter Backstroke

PAC: 1:12.45 # 7/16/2017 Bonnie M Bilich

NATL: 1:11.23 \$ 7/9/2017 KARLYN PIPES

1	Russell, Jane E	55	Davis Aquatic Masters-38	1:23.06	1:24.62	21
2	Walts, Merrie E	58	Santa Rosa Masters-38	1:19.74	1:25.01	19
3	McNamara, Kathleen A	58	University of San Francisco Ma-38	1:23.99	1:33.20	18
4	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	1:57.76	2:04.04	17

Women 55-59 200 LC Meter Backstroke

PAC: 2:40.84 # 7/15/2017 Bonnie M Bilich

NATL: 2:37.77 \$ 7/16/2017 KARLYN PIPES

1	Walts, Merrie E	58	Santa Rosa Masters-38	2:57.82	2:54.01	21
	1:25.40	2:54.01 (1:28.61)				
2	Russell, Jane E	55	Davis Aquatic Masters-38	3:02.31	3:08.17	19
	1:33.14	3:08.17 (1:35.03)				
3	McNamara, Kathleen A	58	University of San Francisco Ma-38	3:10.87	3:13.25	18
	1:34.28	3:13.25 (1:38.97)				
4	Focha, Teresa M	57	Modesto Area Aquatic Club-38	4:24.12	4:25.38	17
	2:11.24	4:25.38 (2:14.14)				

Women 55-59 50 LC Meter Breaststroke

PAC: 41.31 # 7/16/2017 Jana Matena

NATL: 37.13 \$ 7/16/2017 CAROLINE KRATTLI

1	Walts, Merrie E	58	Santa Rosa Masters-38	41.96	42.72	21
2	Matena, Jana	56	Menlo Masters-38	49.41	42.98	19
3	Dodd, Dina	55	Northern Sierra Masters Swimmi-38	45.00	45.52	18
4	Taylor, Catherine W	55	Walnut Creek Masters-38	47.56	47.18	17
5	Hodges, Jennifer A	57	Modesto Area Aquatic Club-38	50.95	50.82	16

Women 55-59 100 LC Meter Breaststroke

PAC: 1:31.56 # 8/9/2014 Barbara C Wheeler

NATL: 1:21.21 \$ 7/15/2017 CAROLINE KRATTLI

1	Taylor, Catherine W	55	Walnut Creek Masters-38	1:47.78	1:45.77	21
2	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	2:07.15	2:04.66	19
3	Dibley, Allison M	56	Walnut Creek Masters-38	2:03.55	2:12.22	18
4	Focha, Teresa M	57	Modesto Area Aquatic Club-38	2:30.00	2:17.70	17

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1	Walts, Merrie E	58	Santa Rosa Masters-38	3:20.21	3:20.11 #	21
	1:38.55	3:20.11 (1:41.56)				
2	Dodd, Dina	55	Northern Sierra Masters Swimmi-38	3:50.00	3:46.27	19
	1:48.65	3:46.27 (1:57.62)				
3	Taylor, Catherine W	55	Walnut Creek Masters-38	3:51.35	3:53.76	18
	1:56.25	3:53.76 (1:57.51)				
4	Hodges, Jennifer A	57	Modesto Area Aquatic Club-38	3:51.43	3:58.01	17
	1:56.52	3:58.01 (2:01.49)				
5	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	4:24.85	4:21.96	16
	2:10.01	4:21.96 (2:11.95)				
6	Dibley, Allison M	56	Walnut Creek Masters-38	4:34.91	5:03.33	15
	2:26.80	5:03.33 (2:36.53)				

Women 55-59 50 LC Meter Butterfly**PAC: 31.42 # 12/31/2009 Laura B Val****NATL: 30.52 \$ 7/10/2016 LESLIE LIVINGSTON**

1	Joyce, Martha	58	Tamalpais Aquatic Masters-38	34.90	33.69	21
2	Russell, Jane E	55	Davis Aquatic Masters-38	34.80	34.89	19
3	Matena, Jana	56	Menlo Masters-38	45.00	37.47	18

Women 55-59 100 LC Meter Butterfly**PAC: 1:09.47 # 12/31/2009 Laura B Val****NATL: 1:09.47 \$ 8/9/2009 LAURA VAL**

1	Russell, Jane E	55	Davis Aquatic Masters-38	1:18.58	1:22.11	21
2	Joyce, Martha	58	Tamalpais Aquatic Masters-38	1:26.00	1:25.32	19
3	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	2:05.66	1:57.59	18
4	Focha, Teresa M	57	Modesto Area Aquatic Club-38	2:01.00	2:04.59	17

Women 55-59 200 LC Meter Butterfly**PAC: 2:41.51 # 12/31/2007 Laura B Val****NATL: 2:41.51 \$ 7/8/2007 LAURA VAL**

1	Russell, Jane E	55	Davis Aquatic Masters-38	3:04.15	3:11.40	21
	1:30.33	3:11.40 (1:41.07)				
2	McNamara, Kathleen A	58	University of San Francisco Ma-38	4:00.00	3:55.79	19
	1:53.49	3:55.79 (2:02.30)				

Women 55-59 200 LC Meter IM**PAC: 2:38.74 # 7/26/2015 Jill S Hernandez****NATL: 2:38.74 \$ 7/26/2015 JILL HERNANDEZ**

1	Walts, Merrie E	58	Santa Rosa Masters-38	2:55.97	2:54.08	21
	1:22.72	2:54.08 (1:31.36)				
2	Taylor, Catherine W	55	Walnut Creek Masters-38	3:36.86	3:24.69	19
	1:43.22	3:24.69 (1:41.47)				
3	Hodges, Jennifer A	57	Modesto Area Aquatic Club-38	3:43.41	3:45.74	18
	1:55.52	3:45.74 (1:50.22)				
4	Dibley, Allison M	56	Walnut Creek Masters-38	4:16.65	4:31.36	17
	2:12.66	4:31.36 (2:18.70)				

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Women 55-59 400 LC Meter IM

PAC: 5:49.40 # 12/31/2009 Laura B Val

NATL: 5:49.40 \$ 7/10/2009 LAURA VAL

1	Walts, Merrie E	58	Santa Rosa Masters-38	6:15.03	6:18.10	21
	1:29.46	3:04.89 (1:35.43)	4:53.51 (1:48.62)	6:18.10 (1:24.59)		
2	Russell, Jane E	55	Davis Aquatic Masters-38	6:21.83	6:31.81	19
	1:26.36	3:07.50 (1:41.14)	5:04.04 (1:56.54)	6:31.81 (1:27.77)		
3	McNamara, Kathleen A	58	University of San Francisco Ma-38	7:11.02	7:14.42	18
	1:49.66	3:35.94 (1:46.28)	5:39.70 (2:03.76)	7:14.42 (1:34.72)		
4	Focha, Teresa M	57	Modesto Area Aquatic Club-38	8:41.78	8:44.91	17
	1:59.18	4:17.10 (2:17.92)	6:49.36 (2:32.26)	8:44.91 (1:55.55)		
5	Carroll, Leah A	57	Albany Armada Aquatic Masters-38	9:05.52	9:02.40	16
	2:03.90	4:15.95 (2:12.05)	6:37.50 (2:21.55)	9:02.40 (2:24.90)		

Women 60-64 50 LC Meter Freestyle

PAC: 29.31 # 12/31/2011 Laura B Val

NATL: 29.31 \$ 8/6/2011 LAURA VAL

1	Wheeler, Barbara C	61	Tamalpais Aquatic Masters-38	35.00	32.94	21
2	Rafkin, Louise	60	Marcia's Enthusiastic Masters-38	34.00	33.19	19
3	Ogilvie, Carol M	63	University of San Francisco Ma-38	36.50	34.96	18
4	Sprouse, Cecily	62	Davis Aquatic Masters-38	35.52	37.56	17
5	Newacheck, Pamela K	63	Walnut Creek Masters-38	39.07	37.68	16
6	Nip, Carol J	61	Albany Armada Aquatic Masters-38	46.00	42.41	15

Women 60-64 100 LC Meter Freestyle

PAC: 1:03.83 # 12/31/2011 Laura B Val

NATL: 1:03.83 \$ 8/5/2011 LAURA VAL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	1:07.00	1:09.03	21
2	Boyer, Karen L	62	Peninsula Community Center Mas-38	1:21.49	1:22.21	19
3	Sprouse, Cecily	62	Davis Aquatic Masters-38	1:23.04	1:24.33	18

Women 60-64 200 LC Meter Freestyle

PAC: 2:21.48 # 12/31/2012 Laura B Val

NATL: 2:21.48 \$ 6/12/2012 LAURA VAL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	2:28.00	2:28.34	21
	1:10.97	2:28.34 (1:17.37)				
2	Neville, Cathy V	61	San Diego Swim Masters-44	2:45.26	2:52.25	19
	1:22.52	2:52.25 (1:29.73)				
3	Ogilvie, Carol M	63	University of San Francisco Ma-38	2:59.00	2:54.41	18
	1:25.12	2:54.41 (1:29.29)				

Women 60-64 400 LC Meter Freestyle

PAC: 4:59.82 # 12/31/2012 Laura B Val

NATL: 4:59.82 \$ 8/12/2012 LAURA VAL

1	Neville, Cathy V	61	San Diego Swim Masters-44	NT	6:02.36	
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Women 60-64 400 LC Meter Freestyle

PAC: 4:59.82 # 12/31/2012 Laura B Val

NATL: 4:59.82 \$ 8/12/2012 LAURA VAL

1	Boyer, Karen L	62	Peninsula Community Center Mas-38	6:17.87	6:25.68	21
	1:28.02	3:07.64 (1:39.62)	4:48.72 (1:41.08)	6:25.68 (1:36.96)		
2	Quinn, Phyllis E	63	The Olympic Club-38	6:21.78	6:28.38	19
	1:31.56	3:11.95 (1:40.39)	4:51.10 (1:39.15)	6:28.38 (1:37.28)		
3	Chu, Regina L	61	Davis Athletic Club-38	9:45.00	9:41.52	18
	2:20.65	4:50.89 (2:30.24)	7:18.66 (2:27.77)	9:41.52 (2:22.86)		

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Women 60-64 800 LC Meter Freestyle

PAC: 10:27.71 # 12/31/2011 Laura B Val

NATL: 10:27.71 \$ 7/8/2011 LAURA VAL

1	Neville, Cathy V	61	San Diego Swim Masters-44	12:16.45	12:18.86	21
	1:23.54	2:54.98 (1:31.44)	4:28.68 (1:33.70)	6:02.36 (1:33.68)		
	7:35.71 (1:33.35)	9:10.82 (1:35.11)	10:45.83 (1:35.01)	12:18.86 (1:33.03)		
2	Quinn, Phyllis E	63	The Olympic Club-38	13:00.00	13:25.17	19
	1:36.29	3:19.17 (1:42.88)	5:01.28 (1:42.11)	6:43.21 (1:41.93)		
	8:24.32 (1:41.11)	10:05.51 (1:41.19)	11:46.58 (1:41.07)	13:25.17 (1:38.59)		

Women 60-64 1500 LC Meter Freestyle

PAC: 19:52.85 # 12/31/2011 Laura B Val

NATL: 19:52.85 \$ 7/8/2011 LAURA VAL

1	Helmrich, Susan P	63	Streamliners-38	22:20.10	22:52.17	21
	1:24.79	2:56.81 (1:32.02)	4:28.55 (1:31.74)	6:01.16 (1:32.61)		
	7:34.10 (1:32.94)	9:05.94 (1:31.84)	10:38.59 (1:32.65)	12:11.27 (1:32.68)		
	13:44.16 (1:32.89)	15:16.48 (1:32.32)	16:48.80 (1:32.32)	18:21.31 (1:32.51)		
	19:52.72 (1:31.41)	21:23.19 (1:30.47)	22:52.17 (1:28.98)			
2	Klatzkin, Amy	62	University of San Francisco Ma-38	26:30.00	24:33.56	19
	1:35.55	3:15.11 (1:39.56)	4:53.38 (1:38.27)	6:31.04 (1:37.66)		
	8:09.44 (1:38.40)	9:46.84 (1:37.40)	11:24.74 (1:37.90)	13:02.95 (1:38.21)		
	14:42.33 (1:39.38)	16:21.13 (1:38.80)	17:59.81 (1:38.68)	19:38.95 (1:39.14)		
	21:18.16 (1:39.21)	22:57.74 (1:39.58)	24:33.56 (1:35.82)			
3	Boyer, Karen L	62	Peninsula Community Center Mas-38	24:06.04	24:50.05	18
	1:30.99	3:10.09 (1:39.10)	4:49.24 (1:39.15)	6:28.46 (1:39.22)		
	8:08.02 (1:39.56)	9:47.21 (1:39.19)	11:27.74 (1:40.53)	13:07.99 (1:40.25)		
	14:48.28 (1:40.29)	16:28.95 (1:40.67)	18:10.18 (1:41.23)	19:51.71 (1:41.53)		
	21:33.49 (1:41.78)	23:14.93 (1:41.44)	24:50.05 (1:35.12)			
4	Quinn, Phyllis E	63	The Olympic Club-38	24:16.12	25:20.47	17
	1:36.39	3:17.30 (1:40.91)	4:58.17 (1:40.87)	6:40.01 (1:41.84)		
	8:22.98 (1:42.97)	10:05.18 (1:42.20)	11:46.72 (1:41.54)	13:28.95 (1:42.23)		
	15:09.99 (1:41.04)	16:52.82 (1:42.83)	18:34.82 (1:42.00)	20:17.81 (1:42.99)		
	21:59.64 (1:41.83)	23:42.12 (1:42.48)	25:20.47 (1:38.35)			
5	Podolinsky, Elizabeth	60	University of San Francisco Ma-38	40:00.00	36:11.57	16
	2:17.69	4:45.79 (2:28.10)	7:14.55 (2:28.76)	9:41.64 (2:27.09)		
	12:08.72 (2:27.08)	14:33.96 (2:25.24)	17:00.82 (2:26.86)	19:29.39 (2:28.57)		
	21:55.32 (2:25.93)	24:18.05 (2:22.73)	26:44.20 (2:26.15)	29:08.02 (2:23.82)		
	31:31.40 (2:23.38)	33:53.37 (2:21.97)	36:11.57 (2:18.20)			

Women 60-64 50 LC Meter Backstroke

PAC: 33.86 # 8/9/2015 Laura B Val

NATL: 33.86 \$ 8/9/2015 LAURA VAL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	34.73	34.74	21
2	Sprouse, Cecily	62	Davis Aquatic Masters-38	46.29	49.53	19
3	Nip, Carol J	61	Albany Armada Aquatic Masters-38	56.00	51.70	18

Women 60-64 100 LC Meter Backstroke

PAC: 1:14.76 # 8/9/2015 Laura B Val

NATL: 1:14.76 \$ 8/9/2015 LAURA VAL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	1:14.00	1:14.50 #	21
2	Boyer, Karen L	62	Peninsula Community Center Mas-38	1:37.13	1:38.32	19
3	Johnson, Marta	63	Walnut Creek Masters-38	2:05.00	1:53.83	18
4	Chu, Regina L	61	Davis Athletic Club-38	2:25.00	2:15.97	17

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Women 60-64 200 LC Meter Backstroke

PAC: 2:44.38 # 7/12/2013 Laura B Val

NATL: 2:44.38 \$ 7/13/2013 LAURA VAL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	2:42.00	2:42.42 #	21
	1:18.74		2:42.42 (1:23.68)			
2	Quinn, Phyllis E	63	The Olympic Club-38	3:29.99	3:35.00	19
	1:46.41		3:35.00 (1:48.59)			
3	Chu, Regina L	61	Davis Athletic Club-38	4:50.00	5:46.92	18
	2:23.23		5:46.92 (3:23.69)			

Women 60-64 50 LC Meter Breaststroke

PAC: 42.80 # 8/20/2017 Barbara C Wheeler

NATL: 39.02 \$ 8/19/2016 BETH ESTEL

1	Wheeler, Barbara C	61	Tamalpais Aquatic Masters-38	43.00	42.57 #	21
2	Jakobi, Jessica	60	Tamalpais Aquatic Masters-38	50.00	44.62	19
3	Sprouse, Cecily	62	Davis Aquatic Masters-38	45.60	48.11	18
4	Gill, Kathy	64	Davis Aquatic Masters-38	52.39	55.14	17

Women 60-64 100 LC Meter Breaststroke

PAC: 1:33.71 # 8/20/2017 Barbara C Wheeler

NATL: 1:27.24 \$ 8/18/2016 BETH ESTEL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	1:30.00	1:29.39 #	21
2	Wheeler, Barbara C	61	Tamalpais Aquatic Masters-38	1:35.00	1:35.95	19
3	Fox-Yoder, Kimberly	62	Walnut Creek Masters-38	1:45.00	1:42.87	18
4	Sprouse, Cecily	62	Davis Aquatic Masters-38	1:44.84	1:48.42	17
5	Ogilvie, Carol M	63	University of San Francisco Ma-38	1:55.00	1:50.86	16
6	Nip, Carol J	61	Albany Armada Aquatic Masters-38	2:00.00	1:58.24	15
7	Gill, Kathy	64	Davis Aquatic Masters-38	2:00.00	2:04.55	14
8	Chu, Regina L	61	Davis Athletic Club-38	2:35.00	2:37.12	13

Women 60-64 200 LC Meter Breaststroke

PAC: 3:30.17 # 8/20/2017 Barbara C Wheeler

NATL: 3:08.07 \$ 6/29/2014 LO KNAPP

1	Wheeler, Barbara C	61	Tamalpais Aquatic Masters-38	3:35.00	3:30.29	21
	1:43.97		3:30.29 (1:46.32)			
2	Boyer, Karen L	62	Peninsula Community Center Mas-38	3:47.69	3:53.89	19
	1:49.79		3:53.89 (2:04.10)			
3	Sprouse, Cecily	62	Davis Aquatic Masters-38	3:56.18	3:56.69	18
	1:57.63		3:56.69 (1:59.06)			

Women 60-64 50 LC Meter Butterfly

PAC: 32.27 # 12/31/2012 Laura B Val

NATL: 32.27 \$ 7/8/2012 LAURA VAL

1	Boyer, Karen L	62	Peninsula Community Center Mas-38	41.87	39.65	21
2	Neville, Cathy V	61	San Diego Swim Masters-44	40.05	39.70	19
3	Gill, Kathy	64	Davis Aquatic Masters-38	48.38	48.90	18
4	Palmer, Teddy	64	Manatee Aquatic Masters Inc-38	50.73	56.47	17
5	Nip, Carol J	61	Albany Armada Aquatic Masters-38	55.00	56.58	16

Women 60-64 100 LC Meter Butterfly

PAC: 1:12.06 # 12/31/2011 Laura B Val

NATL: 1:12.06 \$ 8/4/2011 LAURA VAL

1	Rafkin, Louise	60	Marcia's Enthusiastic Masters-38	1:32.00	1:31.83	21
2	Neville, Cathy V	61	San Diego Swim Masters-44	1:40.97	1:37.41	19

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3	Ogilvie, Carol M	63	University of San Francisco Ma-38	1:42.00	1:41.89	18
4	Gill, Kathy	64	Davis Aquatic Masters-38	1:55.00	2:00.54	17

Women 60-64 200 LC Meter Butterfly

PAC: 2:41.03 # 12/31/2011 Laura B Val

NATL: 2:41.03 \$ 8/6/2011 LAURA VAL

1	Neville, Cathy V	61	San Diego Swim Masters-44	3:45.38	3:42.11	21
	1:45.61		3:42.11 (1:56.50)			
2	Rafkin, Louise	60	Marcia's Enthusiastic Masters-38	3:40.00	3:50.19	19
	1:47.81		3:50.19 (2:02.38)			
3	Quinn, Phyllis E	63	The Olympic Club-38	4:17.64	4:25.43	18
	2:11.52		4:25.43 (2:13.91)			

Women 60-64 200 LC Meter IM

PAC: 2:47.99 # 7/12/2013 Laura B Val

NATL: 2:47.99 \$ 7/14/2013 LAURA VAL

1	Bilich, Bonnie M	60	Walnut Creek Masters-38	2:48.00	2:51.28	21
	1:19.85		2:51.28 (1:31.43)			
2	Wheeler, Barbara C	61	Tamalpais Aquatic Masters-38	3:12.00	3:11.05	19
	1:33.44		3:11.05 (1:37.61)			
3	Rafkin, Louise	60	Marcia's Enthusiastic Masters-38	3:15.00	3:15.91	18
	1:30.62		3:15.91 (1:45.29)			
4	Quinn, Phyllis E	63	The Olympic Club-38	3:32.00	3:32.69	17
	1:44.87		3:32.69 (1:47.82)			
5	Nip, Carol J	61	Albany Armada Aquatic Masters-38	4:00.00	4:01.14	16
	2:00.23		4:01.14 (2:00.91)			
6	Johnson, Marta	63	Walnut Creek Masters-38	4:20.00	4:07.70	15
	2:08.00		4:07.70 (1:59.70)			

Women 60-64 400 LC Meter IM

PAC: 5:56.27 # 12/31/2011 Laura B Val

NATL: 5:56.27 \$ 7/8/2011 LAURA VAL

1	Rafkin, Louise	60	Marcia's Enthusiastic Masters-38	7:07.00	7:07.44	21
	1:33.15		3:27.36 (1:54.21)	5:29.70 (2:02.34)	7:07.44 (1:37.74)	
2	Ogilvie, Carol M	63	University of San Francisco Ma-38	7:25.00	7:09.81	19
	1:41.91		3:37.27 (1:55.36)	5:38.56 (2:01.29)	7:09.81 (1:31.25)	
3	Neville, Cathy V	61	San Diego Swim Masters-44	7:30.17	7:13.22	18
	1:40.46		3:34.98 (1:54.52)	5:43.95 (2:08.97)	7:13.22 (1:29.27)	
4	Quinn, Phyllis E	63	The Olympic Club-38	7:22.21	7:39.72	17
	2:00.96		3:54.48 (1:53.52)	6:02.20 (2:07.72)	7:39.72 (1:37.52)	
5	Sprouse, Cecily	62	Davis Aquatic Masters-38	9:30.15	7:50.36	16
	1:46.94		3:59.09 (2:12.15)	6:09.12 (2:10.03)	7:50.36 (1:41.24)	

Women 65-69 50 LC Meter Freestyle

PAC: 29.92 # 8/21/2016 Laura B Val

NATL: 29.92 \$ 8/19/2016 LAURA VAL

1	Val, Laura B	67	Tamalpais Aquatic Masters-38	32.00	30.74	21
2	Hepworth, Linda	65	Rolling Hills Mud Sharks-38	36.78	36.85	19
3	Cohn, Darcy C	67	University of San Francisco Ma-38	55.00	46.84	18
4	Rothrock, Gretchen A	69	Walnut Creek Masters-38	44.32	47.85	17
5	Short, Laura J	69	University of San Francisco Ma-38	1:30.00	50.36	16
6	Stanton, Susan G	66	Manatee Aquatic Masters Inc-38	49.00	51.26	15

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1	Hepworth, Linda	65	Rolling Hills Mud Sharks-38	1:25.09	1:25.82	21
2	Stanton, Susan G	66	Manatee Aquatic Masters Inc-38	1:59.00	1:55.10	19
3	Cohn, Darcy C	67	University of San Francisco Ma-38	2:05.00	1:58.42	18
4	Niccolls, Dorothy J	65	University of San Francisco Ma-38	3:00.00	2:13.52	17

Women 65-69 200 LC Meter Freestyle**PAC: 2:25.29 # 8/18/2016 Laura B Val****NATL: 2:25.29 \$ 8/18/2016 LAURA VAL**

1	Guthrie, Sally K	68	Sierra Marlins Masters-38	2:58.68	2:57.12	21
	1:26.19		2:57.12 (1:30.93)			
2	Dunn, Audrey J	65	University of San Francisco Ma-38	3:49.92	3:50.59	19
	1:53.69		3:50.59 (1:56.90)			
3	Kloos, Michelle D	68	Walnut Creek Masters-38	4:31.00	3:58.20	18
	1:57.36		3:58.20 (2:00.84)			
4	Cohn, Darcy C	67	University of San Francisco Ma-38	4:25.00	4:15.77	17
	2:02.69		4:15.77 (2:13.08)			
5	Short, Laura J	69	University of San Francisco Ma-38	6:00.00	4:29.49	16
	2:15.78		4:29.49 (2:13.71)			

Women 65-69 400 LC Meter Freestyle**PAC: 5:20.83 # 7/16/2017 Laura B Val****NATL: 5:20.83 \$ 7/15/2017 LAURA VAL**

1	Val, Laura B	67	Tamalpais Aquatic Masters-38	5:35.00	5:18.04#	21
	1:13.22		2:34.22 (1:21.00)	3:56.15 (1:21.93)	5:18.04 (1:21.89)	
2	Zlotoff, Mara J	66	Quick Silver Swimming-38	6:54.93	7:00.64	19
	1:41.27		3:30.11 (1:48.84)	5:15.80 (1:45.69)	7:00.64 (1:44.84)	
3	Dunn, Audrey J	65	University of San Francisco Ma-38	7:36.35	7:46.19	18
	1:54.73		3:53.30 (1:58.57)	5:51.90 (1:58.60)	7:46.19 (1:54.29)	
4	Kloos, Michelle D	68	Walnut Creek Masters-38	9:00.00	8:25.55	17
	2:00.24		4:09.52 (2:09.28)	8:25.55 (4:16.03)		
5	Niccolls, Dorothy J	65	University of San Francisco Ma-38	12:00.00	9:50.59	16
	2:15.72		4:48.02 (2:32.30)	7:22.40 (2:34.38)	9:50.59 (2:28.19)	

Women 65-69 800 LC Meter Freestyle**PAC: 10:49.60 # 7/16/2017 Laura B Val****NATL: 10:49.60 \$ 7/15/2017 LAURA VAL**

1	Zlotoff, Mara J	66	Quick Silver Swimming-38	13:59.70	14:07.25	21
	1:43.44		3:30.19 (1:46.75)	5:15.33 (1:45.14)	7:03.66 (1:48.33)	
	8:50.86 (1:47.20)		10:37.68 (1:46.82)	12:23.93 (1:46.25)	14:07.25 (1:43.32)	
2	Dunn, Audrey J	65	University of San Francisco Ma-38	15:45.27	15:58.20	19
	1:55.40		3:55.23 (1:59.83)	5:55.76 (2:00.53)	7:55.43 (1:59.67)	
	9:56.23 (2:00.80)		11:57.53 (2:01.30)	13:58.80 (2:01.27)	15:58.20 (1:59.40)	
3	Kloos, Michelle D	68	Walnut Creek Masters-38	19:00.00	17:17.31	18
	2:01.14		4:11.62 (2:10.48)	6:23.45 (2:11.83)	8:34.93 (2:11.48)	
	10:46.76 (2:11.83)		12:58.55 (2:11.79)	15:10.10 (2:11.55)	17:17.31 (2:07.21)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 65-69 1500 LC Meter Freestyle****PAC: 21:00.15 # 7/24/2016 Laura B Val****NATL: 21:00.15 \$ 7/22/2016 LAURA VAL**

1	Guthrie, Sally K	68	Sierra Marlins Masters-38	24:40.82	24:22.95	21
	1:31.75	3:08.98 (1:37.23)	4:46.52 (1:37.54)	6:23.74 (1:37.22)		
	8:01.63 (1:37.89)	9:39.11 (1:37.48)	11:15.73 (1:36.62)	12:53.47 (1:37.74)		
	14:30.94 (1:37.47)	16:10.36 (1:39.42)	17:49.77 (1:39.41)	19:29.22 (1:39.45)		
	21:07.61 (1:38.39)	22:46.90 (1:39.29)	24:22.95 (1:36.05)			
2	Zlotoff, Mara J	66	Quick Silver Swimming-38	26:10.25	27:08.34	19
	1:43.47	3:32.23 (1:48.76)	5:20.18 (1:47.95)	7:09.89 (1:49.71)		
	8:59.30 (1:49.41)	10:48.95 (1:49.65)	12:39.37 (1:50.42)	14:28.33 (1:48.96)		
	16:18.38 (1:50.05)	18:06.01 (1:47.63)	19:55.33 (1:49.32)	21:43.58 (1:48.25)		
	23:32.61 (1:49.03)	25:22.45 (1:49.84)	27:08.34 (1:45.89)			
3	Dunn, Audrey J	65	University of San Francisco Ma-38	31:00.00	30:58.88	18
	1:55.51	3:55.39 (1:59.88)	5:58.27 (2:02.88)	8:01.87 (2:03.60)		
	10:05.19 (2:03.32)	12:09.15 (2:03.96)	14:12.40 (2:03.25)	16:17.45 (2:05.05)		
	18:23.40 (2:05.95)	20:30.30 (2:06.90)	22:37.25 (2:06.95)	24:44.26 (2:07.01)		
	26:50.30 (2:06.04)	28:54.81 (2:04.51)	30:58.88 (2:04.07)			
4	Kloos, Michelle D	68	Walnut Creek Masters-38	38:00.00	32:57.13	17
	1:59.48	4:12.01 (2:12.53)	6:23.83 (2:11.82)	8:36.35 (2:12.52)		
	10:50.94 (2:14.59)	13:04.60 (2:13.66)	15:16.74 (2:12.14)	17:32.00 (2:15.26)		
	19:44.70 (2:12.70)	21:56.33 (2:11.63)	24:09.64 (2:13.31)	26:22.03 (2:12.39)		
	28:36.74 (2:14.71)	30:49.79 (2:13.05)	32:57.13 (2:07.34)			
5	Cohn, Darcy C	67	University of San Francisco Ma-38	35:00.00	34:05.96	16
	2:09.19	4:24.02 (2:14.83)	6:41.04 (2:17.02)	8:58.96 (2:17.92)		
	11:16.80 (2:17.84)	13:34.39 (2:17.59)	15:52.70 (2:18.31)	18:09.78 (2:17.08)		
	20:25.18 (2:15.40)	22:42.44 (2:17.26)	24:59.42 (2:16.98)	27:16.93 (2:17.51)		
	29:35.08 (2:18.15)	31:52.87 (2:17.79)	34:05.96 (2:13.09)			
6	McTackett, Jenny L	66	University of San Francisco Ma-38	40:00.00	35:37.24	15
	2:04.11	4:13.73 (2:09.62)	6:26.68 (2:12.95)	8:37.95 (2:11.27)		
	10:50.78 (2:12.83)	13:06.12 (2:15.34)	15:19.92 (2:13.80)	17:34.23 (2:14.31)		
	19:51.83 (2:17.60)	22:06.60 (2:14.77)	24:21.28 (2:14.68)	26:38.32 (2:17.04)		
	28:55.59 (2:17.27)	31:13.16 (2:17.57)	35:37.24 (4:24.08)			
7	Niccolls, Dorothy J	65	University of San Francisco Ma-38	38:00.00	38:52.43	14
	2:22.33	4:56.74 (2:34.41)	7:32.77 (2:36.03)	10:10.93 (2:38.16)		
	12:45.60 (2:34.67)	15:20.87 (2:35.27)	17:56.44 (2:35.57)	20:30.05 (2:33.61)		
	23:06.83 (2:36.78)	25:44.14 (2:37.31)	28:22.45 (2:38.31)	31:01.92 (2:39.47)		
	33:42.75 (2:40.83)	36:21.57 (2:38.82)	38:52.43 (2:30.86)			

Women 65-69 50 LC Meter Backstroke**PAC: 34.46 # 8/20/2017 Laura B Val****NATL: 34.46 \$ 8/20/2017 LAURA VAL**

1	Hepworth, Linda	65	Rolling Hills Mud Sharks-38	45.68	46.19	21
2	Cohn, Darcy C	67	University of San Francisco Ma-38	1:10.00	1:01.94	19
3	Rothrock, Gretchen A	69	Walnut Creek Masters-38	1:10.00	1:03.50	18
4	Short, Laura J	69	University of San Francisco Ma-38	1:45.00	1:05.46	17

Women 65-69 100 LC Meter Backstroke**PAC: 1:15.66 # 8/20/2017 Laura B Val****NATL: 1:15.66 \$ 8/19/2017 LAURA VAL**

1	Hepworth, Linda	65	Rolling Hills Mud Sharks-38	1:38.25	1:43.20	21
2	Dunn, Audrey J	65	University of San Francisco Ma-38	2:30.00	2:18.66	19
3	Niccolls, Dorothy J	65	University of San Francisco Ma-38	4:45.00	2:34.71	18
4	Short, Laura J	69	University of San Francisco Ma-38	4:00.00	2:50.46	17

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Women 65-69 200 LC Meter Backstroke

PAC: 2:49.39 # 8/21/2016 Laura B Val

NATL: 2:49.39 \$ 8/21/2016 LAURA VAL

1	Val, Laura B	67	Tamalpais Aquatic Masters-38	3:10.00	2:51.89	21
	1:22.64	2:51.89 (1:29.25)				
2	Hepworth, Linda	65	Rolling Hills Mud Sharks-38	3:30.34	3:30.00	19
	1:42.81	3:30.00 (1:47.19)				
3	Guthrie, Sally K	68	Sierra Marlins Masters-38	3:38.84	3:40.74	18
	1:47.33	3:40.74 (1:53.41)				
4	Dunn, Audrey J	65	University of San Francisco Ma-38	4:40.00	4:45.45	17
	2:25.88	4:45.45 (2:19.57)				

Women 65-69 50 LC Meter Breaststroke

PAC: 43.95 # 12/31/2009 Daniela Barnea

NATL: 41.93 \$ 8/19/2016 DOT MUNGER

1	Val, Laura B	67	Tamalpais Aquatic Masters-38	46.00	44.67	21
2	Short, Laura J	69	University of San Francisco Ma-38	1:30.00	1:13.37	19

Women 65-69 100 LC Meter Breaststroke

PAC: 1:40.69 # 12/31/2009 Daniela Barnea

NATL: 1:34.48 \$ 6/3/2018 CHARLOTTE DAVIS

1	Kloos, Michelle D	68	Walnut Creek Masters-38	2:12.00	2:19.09	21
---	Short, Laura J	69	University of San Francisco Ma-38	3:16.00	DQ	

Women 65-69 200 LC Meter Breaststroke

PAC: 3:32.45 # 12/31/2009 Daniela Barnea

NATL: 3:26.98 \$ 8/28/2005 JOANN LEILICH

1	Dunn, Audrey J	65	University of San Francisco Ma-38	5:00.00	5:03.51	21
	2:33.50	5:03.51 (2:30.01)				
2	Short, Laura J	69	University of San Francisco Ma-38	6:00.00	5:29.70	19
	2:43.71	5:29.70 (2:45.99)				
---	Niccolls, Dorothy J	65	University of San Francisco Ma-38	10:00.00	DQ	
	2:48.39	DQ (2:51.45)				

Women 65-69 50 LC Meter Butterfly

PAC: 33.68 # 8/3/2017 Laura B Val

NATL: 33.66 \$ 8/21/2016 CHARLOTTE DAVIS

1	Val, Laura B	67	Tamalpais Aquatic Masters-38	34.50	33.34\$	21
2	Hepworth, Linda	65	Rolling Hills Mud Sharks-38	46.13	46.46	19
3	Stanton, Susan G	66	Manatee Aquatic Masters Inc-38	1:05.00	59.35	18
4	Cohn, Darcy C	67	University of San Francisco Ma-38	1:10.00	1:06.46	17

Women 65-69 100 LC Meter Butterfly

PAC: 1:13.70 # 8/18/2016 Laura B Val

NATL: 1:13.70 \$ 8/18/2016 LAURA VAL

1	Val, Laura B	67	Tamalpais Aquatic Masters-38	1:20.00	1:15.48	21
2	Guthrie, Sally K	68	Sierra Marlins Masters-38	1:40.03	1:41.97	19
3	Stanton, Susan G	66	Manatee Aquatic Masters Inc-38	2:25.00	2:16.68	18

Women 65-69 200 LC Meter Butterfly

PAC: 3:29.68 # 12/31/2009 Daniela Barnea

NATL: 3:17.58 \$ 6/17/2017 S LOFTUS-CHARLEY

1	Guthrie, Sally K	68	Sierra Marlins Masters-38	3:47.63	3:51.81	21
	1:46.61	3:51.81 (2:05.20)				

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 65-69 200 LC Meter IM****PAC: 2:54.16 # 7/24/2016 Laura B Val****NATL: 2:54.16 \$ 7/24/2016 LAURA VAL**

1	Guthrie, Sally K	68	Sierra Marlins Masters-38	3:34.75	3:32.45	21
	1:42.48		3:32.45 (1:49.97)			
2	Cohn, Darcy C	67	University of San Francisco Ma-38	6:00.00	5:09.50	19
	2:37.93		5:09.50 (2:31.57)			

Women 65-69 400 LC Meter IM**PAC: 7:13.98 # 12/31/2009 Daniela Barnea****NATL: 6:28.60 \$ 8/18/2016 CHARLOTTE DAVIS**

1	Guthrie, Sally K	68	Sierra Marlins Masters-38	7:30.64	7:31.82	21
	1:47.11		3:47.00 (1:59.89) 5:57.79 (2:10.79) 7:31.82 (1:34.03)			

Women 70-74 50 LC Meter Freestyle**PAC: 34.45 # 8/20/2017 Ruth Y Shaps****NATL: 33.02 \$ 8/5/2017 DIANN UUSTAL**

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	35.00	34.52	21
2	Boettler, Lori D	72	Walnut Creek Masters-38	43.19	41.16	19
3	Tevis, Maggie H	70	Rolling Hills Mud Sharks-38	41.60	44.47	18
4	Caso, Susie A	72	Manatee Aquatic Masters Inc-38	46.60	47.35	17
5	Hornof, Kristine T	71	Davis Aquatic Masters-38	43.86	48.96	16
6	Thursby, Nancy L	71	Walnut Creek Masters-38	55.07	51.93	15
7	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	50.94	53.87	14
8	Chaitkin, Lauren E	74	University of San Francisco Ma-38	59.00	56.25	13

Women 70-74 100 LC Meter Freestyle**PAC: 1:17.96 # 7/16/2017 Ruth Y Shaps****NATL: 1:15.30 \$ 8/4/2017 UUSTAL\UUSTAL**

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	1:18.00	1:20.66	21
2	Boettler, Lori D	72	Walnut Creek Masters-38	1:38.60	1:36.52	19
3	Hornof, Kristine T	71	Davis Aquatic Masters-38	2:00.00	1:46.42	18
4	Coholan, Annette M	70	Rolling Hills Mud Sharks-38	1:41.00	1:46.84	17
5	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	2:01.13	2:00.46	16
6	Thursby, Nancy L	71	Walnut Creek Masters-38	2:07.74	2:03.67	15
7	Hewitt, Susan	70	University of San Francisco Ma-38	3:00.00	2:06.46	14

Women 70-74 200 LC Meter Freestyle**PAC: 2:55.91 # 7/15/2017 Ruth Y Shaps****NATL: 2:46.63 \$ 8/27/2016 DIANN UUSTAL**

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	2:58.00	2:57.83	21
	1:24.63		2:57.83 (1:33.20)			
2	Coholan, Annette M	70	Rolling Hills Mud Sharks-38	3:40.93	3:37.67	19
	1:47.04		3:37.67 (1:50.63)			
3	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	4:19.65	4:19.29	18
	2:03.95		4:19.29 (2:15.34)			
4	Chaitkin, Lauren E	74	University of San Francisco Ma-38	4:40.00	4:32.54	17
	2:13.77		4:32.54 (2:18.77)			

Women 70-74 400 LC Meter Freestyle**PAC: 6:36.90 # 12/31/1999 Gail Roper****NATL: 6:06.39 \$ 8/20/2016 CAROLYN BOAK**

1	Coholan, Annette M	70	Rolling Hills Mud Sharks-38	7:25.87	7:45.44	21
	1:51.19		3:50.19 (1:59.00) 5:50.27 (2:00.08) 7:45.44 (1:55.17)			

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(Women 70-74 400 LC Meter Freestyle)

2	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	9:42.61	9:11.70	19
	2:12.47	4:33.88 (2:21.41)	6:55.27 (2:21.39)	9:11.70 (2:16.43)		

Women 70-74 800 LC Meter Freestyle

PAC: 13:54.25 # 8/20/2017 Linda R Shoenberg

NATL: 12:35.14 \$ 8/15/2004 LAVELLE STOINOFF

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	NT	13:10.11 #	
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Women 70-74 1500 LC Meter Freestyle

PAC: 26:42.94 # 12/31/2002 Gail Roper

NATL: 24:24.13 \$ 7/13/2003 LAVELLE STOINOFF

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	27:30.00	25:01.08 #	21
	1:30.71	3:11.03 (1:40.32)	4:50.61 (1:39.58)	6:29.96 (1:39.35)		
	8:09.11 (1:39.15)	9:49.26 (1:40.15)	11:29.47 (1:40.21)	13:10.11 (1:40.64)		
	14:50.08 (1:39.97)	16:34.75 (1:44.67)	18:16.03 (1:41.28)	19:58.02 (1:41.99)		
	21:39.10 (1:41.08)	23:21.07 (1:41.97)	25:01.08 (1:40.01)			
2	Coholan, Annette M	70	Rolling Hills Mud Sharks-38	29:40.62	29:59.10	19
	1:50.51	3:47.30 (1:56.79)	5:45.60 (1:58.30)	7:43.43 (1:57.83)		
	9:41.80 (1:58.37)	11:41.75 (1:59.95)	13:41.70 (1:59.95)	15:42.83 (2:01.13)		
	17:43.86 (2:01.03)	19:46.15 (2:02.29)	21:48.18 (2:02.03)	23:51.80 (2:03.62)		
	25:55.83 (2:04.03)	27:59.33 (2:03.50)	29:59.10 (1:59.77)			
3	Tevis, Maggie H	70	Rolling Hills Mud Sharks-38	29:03.83	30:32.51	18
	1:53.63	3:57.06 (2:03.43)	5:59.57 (2:02.51)	8:02.01 (2:02.44)		
	10:04.01 (2:02.00)	12:06.41 (2:02.40)	14:11.25 (2:04.84)	16:14.69 (2:03.44)		
	18:17.18 (2:02.49)	20:21.02 (2:03.84)	22:22.70 (2:01.68)	24:24.11 (2:01.41)		
	26:26.54 (2:02.43)	28:29.70 (2:03.16)	30:32.51 (2:02.81)			
---	Chaitkin, Lauren E	74	University of San Francisco Ma-38	36:00.00	DQ	
	2:14.84	4:39.90 (2:25.06)	7:09.14 (2:29.24)	9:49.32 (2:40.18)		
	12:32.38 (2:43.06)	15:05.90 (2:33.52)	17:41.94 (2:36.04)	20:15.99 (2:34.05)		
	22:53.38 (2:37.39)	25:28.97 (2:35.59)	28:17.77 (2:48.80)			

Women 70-74 50 LC Meter Backstroke

PAC: 42.94 # 8/20/2017 Ruth Y Shaps

NATL: 39.11 \$ 8/4/2017 DIANN UUSTAL

1	Tevis, Maggie H	70	Rolling Hills Mud Sharks-38	50.95	54.87	21
2	Ewing, Nancy H	71	Albany Armada Aquatic Masters-38	1:30.00	56.84	19
3	Chaitkin, Lauren E	74	University of San Francisco Ma-38	1:05.00	1:04.01	18
4	Thursby, Nancy L	71	Walnut Creek Masters-38	1:10.17	1:10.80	17
5	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	1:10.22	1:19.18	16

Women 70-74 100 LC Meter Backstroke

PAC: 1:44.72 # 12/31/2006 Ann Kay

NATL: 1:25.54 \$ 8/6/2017 DIANN UUSTAL

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	1:47.00	1:40.48 #	21
2	Tevis, Maggie H	70	Rolling Hills Mud Sharks-38	1:57.34	2:03.27	19
3	Hornof, Kristine T	71	Davis Aquatic Masters-38	2:00.00	2:10.95	18
4	Chaitkin, Lauren E	74	University of San Francisco Ma-38	2:25.00	2:26.13	17
5	Hewitt, Susan	70	University of San Francisco Ma-38	3:00.00	2:36.29	16

Women 70-74 200 LC Meter Backstroke

PAC: 3:47.59 # 12/31/2006 Ann Kay

NATL: 3:14.66 \$ 8/5/2017 DIANN UUSTAL

1	Chaitkin, Lauren E	74	University of San Francisco Ma-38	5:20.00	5:02.59	21
	2:28.25	5:02.59 (2:34.34)				

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Women 70-74 50 LC Meter Breaststroke

PAC: 47.11 # 8/8/2015

Daniela Barnea

NATL: 45.13 \$ 7/9/2016

MARGOT PETTIJOHN

1	Caso, Susie A	72	Manatee Aquatic Masters Inc-38	58.66	59.51	21
2	Hornof, Kristine T	71	Davis Aquatic Masters-38	52.77	1:00.41	19
3	Coholan, Annette M	70	Rolling Hills Mud Sharks-38	58.61	1:01.91	18
4	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	1:05.15	1:11.08	17
5	Thursby, Nancy L	71	Walnut Creek Masters-38	1:07.64	1:11.67	16

Women 70-74 100 LC Meter Breaststroke

PAC: 1:43.02 # 8/9/2014

Daniela Barnea

NATL: 1:38.78 \$ 7/18/2009

JOANN LEILICH

1	Caso, Susie A	72	Manatee Aquatic Masters Inc-38	2:07.29	2:13.93	21
2	Hornof, Kristine T	71	Davis Aquatic Masters-38	2:10.91	2:18.45	19
3	Ewing, Nancy H	71	Albany Armada Aquatic Masters-38	5:00.00	2:22.70	18
4	Thursby, Nancy L	71	Walnut Creek Masters-38	2:42.80	2:41.01	17
5	Iwamoto, Mizuho	70	Davis Aquatic Masters-38	2:37.44	2:43.73	16

Women 70-74 200 LC Meter Breaststroke

PAC: 3:46.33 # 8/8/2015

Daniela Barnea

NATL: 3:34.49 \$ 8/20/2011

JOANN LEILICH

1	Caso, Susie A	72	Manatee Aquatic Masters Inc-38	4:45.11	4:49.54	21
				2:17.73	4:49.54 (2:31.81)	
2	Coholan, Annette M	70	Rolling Hills Mud Sharks-38	4:36.00	4:49.95	19
				2:18.12	4:49.95 (2:31.83)	

Women 70-74 50 LC Meter Butterfly

PAC: 40.00 # 8/20/2017

Ruth Y Shaps

NATL: 35.02 \$ 8/5/2017

DIANN UUSTAL

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	41.00	43.31	21
2	Boettler, Lori D	72	Walnut Creek Masters-38	51.11	49.29	19
3	Tevis, Maggie H	70	Rolling Hills Mud Sharks-38	53.41	58.92	18
4	Chaitkin, Lauren E	74	University of San Francisco Ma-38	1:05.00	1:10.61	17
5	Hewitt, Susan	70	University of San Francisco Ma-38	4:00.00	1:15.67	16

Women 70-74 100 LC Meter Butterfly

PAC: 1:44.98 # 6/29/2014

Daniela Barnea

NATL: 1:35.09 \$ 7/10/2016

MARGOT PETTIJOHN

1	Shaps, Ruth Y	71	Manatee Aquatic Masters Inc-38	1:45.00	1:53.87	21
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Women 75-79 50 LC Meter Freestyle

PAC: 39.79 # 8/20/2017

Nancy J Ridout

NATL: 36.87 \$ 8/15/2005

GAIL ROPER

1	Ridout, Nancy J	76	Tamalpais Aquatic Masters-38	41.50	39.61 #	21
2	Mc Partland, Peg K	76	Manatee Aquatic Masters Inc-38	45.00	45.52	19
3	Westergaard, Leslie M	75	Davis Aquatic Masters-38	51.58	53.77	18

Women 75-79 100 LC Meter Freestyle

PAC: 1:33.25 # 12/31/1998

Margery Meyer

NATL: 1:26.36 \$ 7/31/2005

GAIL ROPER

1	Ridout, Nancy J	76	Tamalpais Aquatic Masters-38	1:38.00	1:39.15	21
2	Mc Partland, Peg K	76	Manatee Aquatic Masters Inc-38	1:44.00	1:43.43	19
3	Westergaard, Leslie M	75	Davis Aquatic Masters-38	1:49.26	1:53.98	18
4	Ackerman, Dolly J	77	Walnut Creek Masters-38	1:44.23	2:07.75	17

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1	Ridout, Nancy J	76	Tamalpais Aquatic Masters-38	3:45.00	3:43.07	21
	1:48.76	3:43.07 (1:54.31)				
2	Westergaard, Leslie M	75	Davis Aquatic Masters-38	4:10.29	4:08.18	19
	1:56.20	4:08.18 (2:11.98)				

Women 75-79 1500 LC Meter Freestyle**PAC: 28:38.34 # 12/31/1998 Margery Meyer****NATL: 27:09.75 \$ 8/17/2003 JEAN TROY**

1	Long, Anne B	76	University of San Francisco Ma-38	35:30.00	32:00.68	21
	2:01.69	4:09.59 (2:07.90)	6:17.30 (2:07.71)	8:26.10 (2:08.80)		
	10:34.65 (2:08.55)	12:43.52 (2:08.87)	14:54.31 (2:10.79)	17:02.64 (2:08.33)		
	19:10.74 (2:08.10)	21:19.67 (2:08.93)	23:29.44 (2:09.77)	25:38.79 (2:09.35)		
	27:48.94 (2:10.15)	29:57.38 (2:08.44)	32:00.68 (2:03.30)			
2	Westergaard, Leslie M	75	Davis Aquatic Masters-38	33:35.00	33:30.89	19
	2:04.44	4:18.65 (2:14.21)	6:30.47 (2:11.82)	8:46.01 (2:15.54)		
	11:00.99 (2:14.98)	13:15.10 (2:14.11)	15:28.55 (2:13.45)	17:41.74 (2:13.19)		
	19:58.03 (2:16.29)	22:12.28 (2:14.25)	24:27.33 (2:15.05)	26:43.59 (2:16.26)		
	28:59.55 (2:15.96)	31:14.67 (2:15.12)	33:30.89 (2:16.22)			
3	Ackerman, Dolly J	77	Walnut Creek Masters-38	39:00.00	39:18.34	18
	2:33.24	5:15.32 (2:42.08)	7:59.12 (2:43.80)	10:43.08 (2:43.96)		
	13:25.21 (2:42.13)	16:05.65 (2:40.44)	18:43.13 (2:37.48)	21:23.55 (2:40.42)		
	24:05.06 (2:41.51)	26:44.67 (2:39.61)	29:24.95 (2:40.28)	32:04.06 (2:39.11)		
	34:42.76 (2:38.70)	37:23.62 (2:40.86)	39:18.34 (1:54.72)			

Women 75-79 50 LC Meter Backstroke**PAC: 49.98 # 12/31/1999 Margery Meyer****NATL: 44.43 \$ 8/23/1999 DORIS STEADMAN**

1	Mc Partland, Peg K	76	Manatee Aquatic Masters Inc-38	52.90	54.79	21
2	Westergaard, Leslie M	75	Davis Aquatic Masters-38	52.25	56.04	19
3	Ackerman, Dolly J	77	Walnut Creek Masters-38	1:05.00	1:09.02	18
4	Norris, Roswita D	76	Davis Aquatic Masters-38	1:28.37	1:14.52	17

Women 75-79 100 LC Meter Backstroke**PAC: 1:55.08 # 12/31/2008 Ann M Hirsch****NATL: 1:39.06 \$ 8/23/1999 DORIS STEADMAN**

1	Westergaard, Leslie M	75	Davis Aquatic Masters-38	1:53.51	1:57.73	21
2	Mc Partland, Peg K	76	Manatee Aquatic Masters Inc-38	2:02.00	2:00.00	19
3	Ackerman, Dolly J	77	Walnut Creek Masters-38	2:08.35	2:32.02	18
4	Norris, Roswita D	76	Davis Aquatic Masters-38	2:40.97	2:36.71	17

Women 75-79 200 LC Meter Backstroke**PAC: 4:08.98 # 12/31/2006 Ann M Hirsch****NATL: 3:39.41 \$ 8/23/1999 DORIS STEADMAN**

1	Westergaard, Leslie M	75	Davis Aquatic Masters-38	4:05.81	4:08.72 #	21
	2:02.70	4:08.72 (2:06.02)				
2	Norris, Roswita D	76	Davis Aquatic Masters-38	5:20.05	5:11.76	19
	2:37.00	5:11.76 (2:34.76)				
3	Ackerman, Dolly J	77	Walnut Creek Masters-38	4:38.14	5:18.29	18
4	Morton, Judith L	79	Walnut Creek Masters-38	5:35.00	5:34.98	17
	2:42.05	5:34.98 (2:52.93)				

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Women 75-79 50 LC Meter Breaststroke

PAC: 51.55 # 12/31/2008 Ann M Hirsch

NATL: 47.10 \$ 7/19/2014 JOANN LEILICH

1	Norris, Roswita D	76	Davis Aquatic Masters-38	1:37.87	1:27.97	21
2	Morton, Judith L	79	Walnut Creek Masters-38	1:40.00	1:39.17	19

Women 75-79 100 LC Meter Breaststroke

PAC: 1:50.28 # 12/31/2006 Ann M Hirsch

NATL: 1:42.18 \$ 8/15/2014 JOANN LEILICH

1	Norris, Roswita D	76	Davis Aquatic Masters-38	2:45.78	2:51.25	21
2	Morton, Judith L	79	Walnut Creek Masters-38	3:55.00	3:51.33	19

Women 75-79 200 LC Meter Breaststroke

PAC: 3:59.30 # 12/31/2006 Ann M Hirsch

NATL: 3:40.84 \$ 7/19/2014 JOANN LEILICH

1	Norris, Roswita D	76	Davis Aquatic Masters-38	5:31.42	5:48.89	21
				2:56.99	5:48.89 (2:51.90)	
2	Morton, Judith L	79	Walnut Creek Masters-38	7:56.00	8:05.76	19
				3:59.92	8:05.76 (4:05.84)	

Women 75-79 50 LC Meter Butterfly

PAC: 50.37 # 4/25/2008 Barbara F Calliso

NATL: 44.95 \$ 8/1/2004 GAIL ROPER

1	Mc Partland, Peg K	76	Manatee Aquatic Masters Inc-38	1:00.00	59.84	21
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Women 75-79 100 LC Meter Butterfly

PAC: 1:58.90 # 12/31/2004 Ann M Hirsch

NATL: 1:52.12 \$ 8/6/2014 MARY ANN CASE

1	Morton, Judith L	79	Walnut Creek Masters-38	3:45.00	4:18.53	21
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Women 75-79 200 LC Meter Butterfly

PAC: 4:29.94 # 12/31/2006 Ann M Hirsch

NATL: 4:10.69 \$ 6/24/2001 JUNE KRAUSER

1	Morton, Judith L	79	Walnut Creek Masters-38	7:49.00	8:34.34	21
				4:09.86	8:34.34 (4:24.48)	

Women 75-79 200 LC Meter IM

PAC: 3:57.16 # 12/31/2008 Ann M Hirsch

NATL: 3:48.34 \$ 6/22/2014 JOANN LEILICH

1	Norris, Roswita D	76	Davis Aquatic Masters-38	6:05.02	5:58.54	21
				3:06.31	5:58.54 (2:52.23)	
2	Morton, Judith L	79	Walnut Creek Masters-38	6:48.00	6:43.76	19
				3:18.38	6:43.76 (3:25.38)	

Women 80-84 50 LC Meter Freestyle

PAC: 42.29 # 12/31/2002 Margery Meyer

NATL: 38.64 \$ 3/7/2009 GAIL ROPER

1	Munn, Susan L	80	Davis Aquatic Masters-38	50.00	50.15	21
2	Kay, Ann	84	Menlo Masters-38	1:05.00	54.14	19
3	Hagiwara, Tanako	80	University of San Francisco Ma-38	1:30.00	1:04.35	18
4	Robben, Barbara	84	Marcia's Enthusiastic Masters-38	1:10.00	1:06.67	17

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Women 80-84 100 LC Meter Freestyle

PAC: 1:37.78 # 12/31/2002 Margery Meyer

NATL: 1:27.55 \$ 3/7/2009 GAIL ROPER

1	Munn, Susan L	80	Davis Aquatic Masters-38	2:00.00	1:53.81	21
2	Hagiwara, Tanako	80	University of San Francisco Ma-38	3:15.00	2:26.29	19

Women 80-84 200 LC Meter Freestyle

PAC: 3:37.14 # 12/31/2003 Margery Meyer

NATL: 3:27.26 \$ 6/10/2007 JEAN TROY

1	Munn, Susan L	80	Davis Aquatic Masters-38	4:05.00	3:58.05	21
				1:53.75	3:58.05 (2:04.30)	
2	Hagiwara, Tanako	80	University of San Francisco Ma-38	7:30.00	4:58.45	19
				2:28.75	4:58.45 (2:29.70)	
3	Robben, Barbara	84	Marcia's Enthusiastic Masters-38	6:00.00	5:32.50	18
				2:40.19	5:32.50 (2:52.31)	

Women 80-84 400 LC Meter Freestyle

PAC: 7:38.37 # 12/31/2002 Margery Meyer

NATL: 7:24.53 \$ 6/10/2007 JEAN TROY

1	Robben, Barbara	84	Marcia's Enthusiastic Masters-38	NT	11:47.79	
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Women 80-84 400 LC Meter Freestyle

PAC: 7:38.37 # 12/31/2002 Margery Meyer

NATL: 7:24.53 \$ 6/10/2007 JEAN TROY

1	Munn, Susan L	80	Davis Aquatic Masters-38	7:55.00	9:04.40	21
				2:05.03	4:25.48 (2:20.45)	
					6:45.89 (2:20.41)	
					9:04.40 (2:18.51)	
2	Hagiwara, Tanako	80	University of San Francisco Ma-38	14:00.00	10:32.77	19
				2:32.66	5:13.89 (2:41.23)	
					7:55.91 (2:42.02)	
					10:32.77 (2:36.86)	

Women 80-84 800 LC Meter Freestyle

PAC: 15:21.62 # 12/31/2003 Margery Meyer

NATL: 15:12.94 \$ 7/15/2007 JEAN TROY

1	Hagiwara, Tanako	80	University of San Francisco Ma-38	28:00.00	20:49.90	21
				2:30.97	5:07.12 (2:36.15)	
					7:43.59 (2:36.47)	
					10:21.47 (2:37.88)	
					13:00.02 (2:38.55)	
					15:37.79 (2:37.77)	
					18:16.09 (2:38.30)	
					20:49.90 (2:33.81)	
2	Robben, Barbara	84	Marcia's Enthusiastic Masters-38	23:00.00	24:24.04	19
				2:39.04	5:38.53 (2:59.49)	
					8:41.26 (3:02.73)	
					11:47.79 (3:06.53)	
					14:54.88 (3:07.09)	
					18:04.31 (3:09.43)	
					21:15.88 (3:11.57)	
					24:24.04 (3:08.16)	

Women 80-84 1500 LC Meter Freestyle

PAC: 29:35.03 # 12/31/2002 Margery Meyer

NATL: 29:04.81 \$ 7/15/2007 JEAN TROY

1	Hagiwara, Tanako	80	University of San Francisco Ma-38	45:00.00	39:38.23	21
				2:30.41	5:04.62 (2:34.21)	
					7:39.47 (2:34.85)	
					10:17.85 (2:38.38)	
					12:54.14 (2:36.29)	
					15:31.94 (2:37.80)	
					18:11.65 (2:39.71)	
					20:50.62 (2:38.97)	
					23:29.45 (2:38.83)	
					26:10.61 (2:41.16)	
					28:51.02 (2:40.41)	
					31:32.55 (2:41.53)	
					34:15.28 (2:42.73)	
					36:58.69 (2:43.41)	
					39:38.23 (2:39.54)	

Women 80-84 50 LC Meter Backstroke

PAC: 49.40 # 8/18/2002 Margery Meyer

NATL: 46.39 \$ 3/29/2002 BUNNY CEDERLUND

1	Munn, Susan L	80	Davis Aquatic Masters-38	1:05.00	1:04.31	21
2	Hagiwara, Tanako	80	University of San Francisco Ma-38	2:15.00	1:34.96	19
---	Fasbender, Alice J	80	Oregon Masters-37	1:40.00	DQ	

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Women 80-84 100 LC Meter Backstroke

PAC: 2:01.67 # 12/31/1999 Marjorie Sharpe

NATL: 1:47.29 \$ 8/7/2009 BETTY LORENZI

1	Munn, Susan L	80	Davis Aquatic Masters-38	2:10.00	2:22.73	21
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Women 80-84 200 LC Meter Backstroke

PAC: 4:18.32 # 7/23/2016 Miek Mc Cubbin

NATL: 3:53.12 \$ 3/13/2010 BETTY LORENZI

1	Munn, Susan L	80	Davis Aquatic Masters-38	4:55.00	4:48.39	21
				2:22.33	4:48.39 (2:26.06)	

Women 85-89 50 LC Meter Freestyle

PAC: 46.72 # 12/31/2009 Margery Meyer

NATL: 44.97 \$ 7/15/2012 JEAN TROY

1	Callison, Barbara F	85	Rinconada Masters-38	1:00.00	55.92	21
2	Barry, Marty	86	Rolling Hills Mud Sharks-38	1:30.90	1:20.17	19

Women 85-89 100 LC Meter Freestyle

PAC: 1:48.02 # 12/31/2007 Margery Meyer

NATL: 1:43.68 \$ 6/9/2012 JEAN TROY

1	Callison, Barbara F	85	Rinconada Masters-38	2:10.00	2:15.91	21
2	Hirsch, Ann M	87	Walnut Creek Masters-38	2:30.00	2:36.37	19
3	Barry, Marty	86	Rolling Hills Mud Sharks-38	3:39.25	3:11.97	18

Women 85-89 400 LC Meter Freestyle

PAC: 8:14.05 # 12/31/2007 Margery Meyer

NATL: 8:06.04 \$ 7/15/2012 JEAN TROY

1	Callison, Barbara F	85	Rinconada Masters-38	10:00.00	10:33.21	21
				2:21.40	5:03.82 (2:42.42)	
				7:47.41 (2:43.59)	10:33.21 (2:45.80)	

Women 85-89 50 LC Meter Backstroke

PAC: 58.34 # 12/31/2008 Margery Meyer

NATL: 51.81 \$ 7/7/2012 BETTY LORENZI

1	Hirsch, Ann M	87	Walnut Creek Masters-38	1:20.00	1:13.14	21
2	Barry, Marty	86	Rolling Hills Mud Sharks-38	1:30.90	1:23.49	19

Women 85-89 100 LC Meter Backstroke

PAC: 2:15.50 # 12/31/2002 Marjorie Sharpe

NATL: 1:53.28 \$ 3/10/2012 BETTY LORENZI

1	Callison, Barbara F	85	Rinconada Masters-38	2:20.00	2:26.50	21
2	Hirsch, Ann M	87	Walnut Creek Masters-38	2:30.00	2:42.00	19
3	Barry, Marty	86	Rolling Hills Mud Sharks-38	3:39.25	3:13.82	18

Women 85-89 200 LC Meter Backstroke

PAC: 4:44.76 # 12/31/2002 Marjorie Sharpe

NATL: 4:01.09 \$ 3/9/2013 BETTY LORENZI

1	Hirsch, Ann M	87	Walnut Creek Masters-38	5:20.00	5:48.29	21
				2:50.85	5:48.29 (2:57.44)	

Women 85-89 50 LC Meter Breaststroke

PAC: 1:03.35 # 8/19/2016 Ann M Hirsch

NATL: 1:01.45 \$ 7/19/2014 NAN BOHL

1	Hirsch, Ann M	87	Walnut Creek Masters-38	1:20.00	1:15.94	21
2	Callison, Barbara F	85	Rinconada Masters-38	1:12.00	1:16.06	19

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Women 85-89 100 LC Meter Breaststroke

PAC: 2:25.44 # 7/23/2016 Ann M Hirsch

NATL: 2:20.49 \$ 7/12/2014 NAN BOHL

1	Callison, Barbara F	85	Rinconada Masters-38	2:37.00	2:36.68	21
2	Hirsch, Ann M	87	Walnut Creek Masters-38	2:25.00	2:53.43	19

Women 85-89 200 LC Meter Breaststroke

PAC: 5:04.17 # 8/6/2016 Ann M Hirsch

NATL: 5:04.17 \$ 8/6/2016 ANN HIRSCH

1	Hirsch, Ann M	87	Walnut Creek Masters-38	5:20.00	6:00.10	21
				2:59.63	6:00.10 (3:00.47)	

Women 85-89 50 LC Meter Butterfly

PAC: 1:11.58 # 12/31/1999 Jean Durston

NATL: 1:01.94 \$ 6/7/2009 LOIS KIVI NOCHMAN

1	Callison, Barbara F	85	Rinconada Masters-38	1:09.00	1:14.87	21
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Women 90-94 50 LC Meter Freestyle

PAC: 1:02.78 # 12/31/2006 Audrey H Etienne

NATL: 52.09 \$ 6/11/2017 JEAN TROY

1	Damele, Yvonne	90	Menlo Masters-38	1:35.74	1:44.17	21
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Men 18-24 50 LC Meter Freestyle

PAC: 23.62 # 8/3/2017 Alex Ngan

NATL: 21.78 \$ 7/1/2012 JOSH SCHNEIDER

1	Carpenter, Weston	22	Walnut Creek Masters-38	25.30	24.77	21
2	Seeburger, William	24	San Mateo Masters-38	30.50	27.16	19
3	Mercurio, Thomas	24	Rolling Hills Mud Sharks-38	26.50	27.93	18
4	Vu, Erin K	24	University of San Francisco Ma-38	35.00	28.17	17
5	Castro Abrams, Kenneth	23	Rolling Hills Mud Sharks-38	25.00	29.30	16

Men 18-24 100 LC Meter Freestyle

PAC: 53.35 # 8/7/2013 Kevin Ferguson

NATL: 49.37 \$ 6/28/2012 JOSH SCHNEIDER

1	Seeburger, William	24	San Mateo Masters-38	1:08.00	1:00.96	21
2	Munoz, Kyle R	20	University of San Francisco Ma-38	1:10.00	1:02.87	19
3	Vu, Erin K	24	University of San Francisco Ma-38	1:00.00	1:03.80	18
4	Castro Abrams, Kenneth	23	Rolling Hills Mud Sharks-38	56.00	1:03.97	17

Men 18-24 200 LC Meter Freestyle

PAC: 1:56.99 # 12/31/1989 Tony Batis

NATL: 1:52.74 \$ 8/16/1998 JOE TRISTAN

1	Munoz, Kyle R	20	University of San Francisco Ma-38	3:30.00	2:27.89	21
				1:10.92	2:27.89 (1:16.97)	
2	Liberman, David	24	University of San Francisco Ma-38	2:40.00	2:42.51	19
				1:17.74	2:42.51 (1:24.77)	

Men 18-24 800 LC Meter Freestyle

PAC: 8:47.65 # 12/31/1995 Brad Winsor

NATL: 8:44.80 \$ 8/6/2015 RYAN ROSENBAUM

1	Vu, Erin K	24	University of San Francisco Ma-38	12:00.00	11:37.88	21
				1:16.52	2:43.77 (1:27.25)	
				7:10.99 (1:29.19)	8:42.60 (1:31.61)	
					4:11.99 (1:28.22)	
					5:41.80 (1:29.81)	
					10:13.22 (1:30.62)	
					11:37.88 (1:24.66)	

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(Men 18-24 800 LC Meter Freestyle)

2	Kassianik, Paul	19	University of San Francisco Ma-38	14:00.00	12:42.29	19
	1:29.59	3:07.16 (1:37.57)	4:47.30 (1:40.14)	6:27.38 (1:40.08)		
	8:08.34 (1:40.96)	9:48.28 (1:39.94)	11:19.60 (1:31.32)	12:42.29 (1:22.69)		
3	Liberman, David	24	University of San Francisco Ma-38	12:00.00	13:39.97	18

Men 18-24 1500 LC Meter Freestyle

PAC: 17:12.53 # 12/31/1995 Brad Winsor

NATL: 16:58.37 \$ 8/7/2013 JACOB JEZEK

1	Proctor, Benjamin	21	Tri Valley Masters-38	20:30.00	21:44.83	21
	1:14.68	2:38.55 (1:23.87)	4:06.42 (1:27.87)	5:34.94 (1:28.52)		
	7:03.29 (1:28.35)	8:31.98 (1:28.69)	10:00.74 (1:28.76)	11:29.15 (1:28.41)		
	12:57.82 (1:28.67)	14:26.39 (1:28.57)	15:55.30 (1:28.91)	17:23.96 (1:28.66)		
	18:51.63 (1:27.67)	20:19.83 (1:28.20)	21:44.83 (1:25.00)			
2	Munoz, Kyle R	20	University of San Francisco Ma-38	26:00.00	22:58.96	19
	1:18.44	2:46.60 (1:28.16)	4:15.71 (1:29.11)	5:47.41 (1:31.70)		
	7:21.60 (1:34.19)	8:56.10 (1:34.50)	10:31.23 (1:35.13)	12:06.34 (1:35.11)		
	13:41.77 (1:35.43)	15:17.12 (1:35.35)	16:54.21 (1:37.09)	18:28.76 (1:34.55)		
	20:03.92 (1:35.16)	21:34.68 (1:30.76)	22:58.96 (1:24.28)			
---	Sridhar, Danush	19	Tri Valley Masters-38	20:30.00	DQ	
	1:16.64	2:42.65 (1:26.01)	4:10.78 (1:28.13)	5:39.63 (1:28.85)		
	7:09.30 (1:29.67)	8:38.17 (1:28.87)	10:08.69 (1:30.52)	11:38.08 (1:29.39)		
	13:09.12 (1:31.04)	14:38.77 (1:29.65)	16:12.24 (1:33.47)			

Men 18-24 50 LC Meter Backstroke

PAC: 27.51 # 12/31/2008 John McCallen

NATL: 26.91 \$ 8/15/2005 DAVE ROLLINS

1	Carpenter, Weston	22	Walnut Creek Masters-38	28.64	30.47	21
2	Castro Abrams, Kenneth	23	Rolling Hills Mud Sharks-38	30.00	31.64	19
3	Seeburger, William	24	San Mateo Masters-38	43.00	33.87	18
4	Mercurio, Thomas	24	Rolling Hills Mud Sharks-38	32.00	34.05	17
5	Kassianik, Paul	19	University of San Francisco Ma-38	31.65	35.10	16
6	Vu, Erin K	24	University of San Francisco Ma-38	40.00	39.05	15

Men 18-24 100 LC Meter Backstroke

PAC: 1:00.39 # 8/7/2013 Wilfred R Garcia

NATL: 53.61 \$ 6/27/2012 EUGENE GODSOE

1	Castro Abrams, Kenneth	23	Rolling Hills Mud Sharks-38	1:10.00	1:08.41	21
2	Seeburger, William	24	San Mateo Masters-38	1:16.68	1:14.04	19
3	Kassianik, Paul	19	University of San Francisco Ma-38	1:13.45	1:18.66	18

Men 18-24 200 LC Meter Backstroke

PAC: 2:18.61 # 12/31/2004 Matt Roper

NATL: 2:08.63 \$ 8/11/2010 VICENTE ANDRADE

1	Kassianik, Paul	19	University of San Francisco Ma-38	2:20.00	2:59.09	21
	1:28.98	2:59.09 (1:30.11)				

Men 18-24 50 LC Meter Breaststroke

PAC: 30.60 # 12/31/2008 Rick Eddy

NATL: 28.87 \$ 8/15/2005 DAVE ROLLINS

1	Mercurio, Thomas	24	Rolling Hills Mud Sharks-38	32.50	32.91	21
2	Liberman, David	24	University of San Francisco Ma-38	37.00	38.28	19
3	Seeburger, William	24	San Mateo Masters-38	51.00	38.30	18
4	Vu, Erin K	24	University of San Francisco Ma-38	45.00	44.49	17

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Men 18-24 100 LC Meter Breaststroke

PAC: 1:03.35 # 12/31/2012 BJ Johnson

NATL: 1:00.68 \$ 8/25/2016 JACOB MONTAGUE

1	Mercurio, Thomas	24	Rolling Hills Mud Sharks-38	1:15.00	1:15.89	21
2	Seeburger, William	24	San Mateo Masters-38	1:42.00	1:24.04	19
3	Liberman, David	24	University of San Francisco Ma-38	1:37.00	1:29.85	18

Men 18-24 200 LC Meter Breaststroke

PAC: 2:18.83 # 11/17/2011 BJ Johnson

NATL: 2:11.10 \$ 6/29/2012 ELLIOT KEEFER

1	Liberman, David	24	University of San Francisco Ma-38	3:10.00	3:25.48	21
				1:35.77	3:25.48 (1:49.71)	

Men 18-24 50 LC Meter Butterfly

PAC: 24.20 # 8/10/2014 Thomas A Shields

NATL: 24.20 \$ 8/8/2014 THOMAS SHIELDS

1	Vu, Erin K	24	University of San Francisco Ma-38	40.00	29.82	21
2	Munoz, Kyle R	20	University of San Francisco Ma-38	35.00	31.61	19
3	Seeburger, William	24	San Mateo Masters-38	47.00	32.25	18

Men 18-24 100 LC Meter Butterfly

PAC: 51.29 # 8/17/2014 Thomas A Shields

NATL: 51.29 \$ 8/8/2014 THOMAS SHIELDS

1	Vu, Erin K	24	University of San Francisco Ma-38	1:15.00	1:13.44	21
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Men 18-24 200 LC Meter IM

PAC: 2:01.72 # 6/30/2016 Adam J Hinshaw

NATL: 2:05.80 \$ 6/30/2016 JACOB MONTAGUE

1	Mercurio, Thomas	24	Rolling Hills Mud Sharks-38	2:40.00	2:33.94	21
				1:13.91	2:33.94 (1:20.03)	
2	Castro Abrams, Kenneth	23	Rolling Hills Mud Sharks-38	2:35.00	2:35.15	19
				1:07.75	2:35.15 (1:27.40)	
3	Munoz, Kyle R	20	University of San Francisco Ma-38	3:50.00	2:44.29	18
				1:16.55	2:44.29 (1:27.74)	
4	Kassianik, Paul	19	University of San Francisco Ma-38	3:30.00	2:56.66	17
				1:16.59	2:56.66 (1:40.07)	
5	Liberman, David	24	University of San Francisco Ma-38	2:49.00	2:56.84	16
				1:21.64	2:56.84 (1:35.20)	

Men 18-24 400 LC Meter IM

PAC: 4:48.56 # 12/31/1992 Greg Mackem

NATL: 4:44.53 \$ 8/21/2010 PETER GALAN

1	Munoz, Kyle R	20	University of San Francisco Ma-38	6:10.00	6:14.17	21
2	Liberman, David	24	University of San Francisco Ma-38	6:45.00	6:57.41	19
				1:26.48	3:16.18 (1:49.70)	
				5:15.57 (1:59.39)	6:57.41 (1:41.84)	

Men 25-29 50 LC Meter Freestyle

PAC: 21.69 # 8/10/2014 Nathan Adrian

NATL: 21.69 \$ 8/10/2014 NATHAN ADRIAN

1	Davis, Cole W	26	The Olympic Club-38	24.10	24.90	21
2	Blumberg, Marc A	25	Davis Aquatic Masters-38	26.43	26.20	19
3	Greer, George	28	East Bay Bat Rays Masters-38	28.10	26.24	18
4	Koo, Derek	25	San Mateo Masters-38	26.50	26.43	17
5	Stepinski, Jan D	27	Stanford Masters Swimming-38	28.40	26.99	16
6	Talmadge, Matthew S	29	The Olympic Club-38	26.37	27.51	15

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7	Leber, Nathan	26	University of San Francisco Ma-38	35.00	28.92	14
8	Brady, James	26	University of San Francisco Ma-38	32.50	28.94	13
9	Green, Zachary Y	29	Mountain View Masters-38	36.00	32.30	12

Men 25-29 100 LC Meter Freestyle

PAC: 47.96 # 7/1/2017 Nathan Adrian

NATL: 47.96 \$ 6/27/2017 NATHAN ADRIAN

1	Greer, George	28	East Bay Bat Rays Masters-38	1:00.50	57.84	21
2	Leber, Nathan	26	University of San Francisco Ma-38	1:00.00	1:02.48	19
3	Brady, James	26	University of San Francisco Ma-38	1:14.50	1:03.37	18

Men 25-29 200 LC Meter Freestyle

PAC: 1:50.69 # 6/25/2013 Alex Wold

NATL: 1:50.69 \$ 6/26/2013 ALEX WOLD

1	Lung, Leo	28	University of San Francisco Ma-38	2:45.00	2:31.87	21
				1:12.94	2:31.87 (1:18.93)	
2	Green, Zachary Y	29	Mountain View Masters-38	3:20.00	2:49.32	19
				1:19.36	2:49.32 (1:29.96)	

Men 25-29 400 LC Meter Freestyle

PAC: 3:55.01 # 6/28/2013 Alex Wold

NATL: 3:55.01 \$ 6/28/2013 ALEX WOLD

1	Stepinski, Jan D	27	Stanford Masters Swimming-38	4:44.00	4:32.57	21
				1:02.51	2:11.60 (1:09.09)	
					3:22.21 (1:10.61)	
					4:32.57 (1:10.36)	

Men 25-29 800 LC Meter Freestyle

PAC: 8:35.91 # 12/31/1994 Chip L Hobson

NATL: 8:24.67 \$ 6/29/1997 ALEX KOSTICH

1	Stepinski, Jan D	27	Stanford Masters Swimming-38	9:30.00	9:23.40	21
				1:04.46	2:15.24 (1:10.78)	
					3:26.87 (1:11.63)	
					4:39.22 (1:12.35)	
				5:51.64 (1:12.42)	7:03.86 (1:12.22)	
					8:15.55 (1:11.69)	
					9:23.40 (1:07.85)	
2	Blumberg, Marc A	25	Davis Aquatic Masters-38	9:20.00	9:39.86	19
				1:07.92	2:20.20 (1:12.28)	
					3:33.15 (1:12.95)	
					4:47.05 (1:13.90)	
				6:00.92 (1:13.87)	7:14.82 (1:13.90)	
					8:27.76 (1:12.94)	
					9:39.86 (1:12.10)	
3	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	10:36.22	11:14.87	18
				1:16.36	2:40.79 (1:24.43)	
					4:07.15 (1:26.36)	
					5:35.74 (1:28.59)	
				7:02.69 (1:26.95)	8:28.98 (1:26.29)	
					9:54.43 (1:25.45)	
					11:14.87 (1:20.44)	
4	Lung, Leo	28	University of San Francisco Ma-38	15:30.00	12:14.07	17
				1:29.81	3:01.33 (1:31.52)	
					4:33.09 (1:31.76)	
					6:06.37 (1:33.28)	
				7:39.21 (1:32.84)	9:12.80 (1:33.59)	
					10:45.99 (1:33.19)	
					12:14.07 (1:28.08)	

Men 25-29 1500 LC Meter Freestyle

PAC: 16:28.69 # 12/31/1987 Cameron D Reid

NATL: 16:13.89 \$ 8/10/1997 ALEX KOSTICH

1	Offutt, Bryan T	26	The Olympic Club-38	17:30.00	17:49.54	21
				1:06.14	2:15.76 (1:09.62)	
					3:27.27 (1:11.51)	
					4:38.56 (1:11.29)	
				5:49.72 (1:11.16)	7:01.41 (1:11.69)	
					8:13.08 (1:11.67)	
					9:24.93 (1:11.85)	
				10:36.73 (1:11.80)	11:49.52 (1:12.79)	
					13:02.44 (1:12.92)	
					14:15.97 (1:13.53)	
				15:29.61 (1:13.64)	16:41.07 (1:11.46)	
					17:49.54 (1:08.47)	

Men 25-29 50 LC Meter Backstroke

PAC: 27.34 # 4/24/2017 Andrew Saeta

NATL: 26.05 \$ 5/22/2011 ADAM MANIA

1	Hurko, Matt	27	The Olympic Club-38	27.73	29.37	21
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2	Hinshaw, Benjamin S	27	The Olympic Club-38	32.00	29.70	19
3	Davis, Cole W	26	The Olympic Club-38	31.68	31.40	18
4	Koo, Derek	25	San Mateo Masters-38	32.99	31.58	17
5	Leber, Nathan	26	University of San Francisco Ma-38	40.00	34.02	16
6	Brady, James	26	University of San Francisco Ma-38	37.23	35.89	15
7	Green, Zachary Y	29	Mountain View Masters-38	37.00	38.06	14

Men 25-29 100 LC Meter Backstroke**PAC: 1:00.02 # 8/20/2016 Benjamin S Hinsha****NATL: 55.15 \$ 8/3/2011 ADAM MANIA**

1	Leber, Nathan	26	University of San Francisco Ma-38	1:15.00	1:12.49	21
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Men 25-29 200 LC Meter Backstroke**PAC: 2:12.40 # 7/15/2017 Peter R Kline****NATL: 2:03.61 \$ 6/24/2017 HAYES JOHNSON**

1	Offutt, Bryan T	26	The Olympic Club-38	2:15.00	2:18.93	21
				1:09.08	2:18.93 (1:09.85)	
2	Leber, Nathan	26	University of San Francisco Ma-38	2:45.00	2:41.52	19
				1:20.08	2:41.52 (1:21.44)	
3	Green, Zachary Y	29	Mountain View Masters-38	3:40.00	3:05.11	18
				1:28.56	3:05.11 (1:36.55)	

Men 25-29 50 LC Meter Breaststroke**PAC: 28.70 # 4/26/2017 Colin B Babcock****NATL: 27.96 \$ 8/4/2011 MARK GANGLOFF**

1	Lung, Leo	28	University of San Francisco Ma-38	43.00	36.05	21
2	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	39.08	38.33	19

Men 25-29 100 LC Meter Breaststroke**PAC: 1:00.68 # 6/25/2013 BJ Johnson****NATL: 1:00.68 \$ 6/28/2013 BJ JOHNSON**

1	Korman, Matt D	26	The Olympic Club-38	1:03.00	1:06.81	21
2	Koo, Derek	25	San Mateo Masters-38	1:16.99	1:13.80	19
3	Talmadge, Matthew S	29	The Olympic Club-38	1:08.97	1:14.31	18
4	Blumberg, Marc A	25	Davis Aquatic Masters-38	1:19.68	1:17.43	17
5	Lung, Leo	28	University of San Francisco Ma-38	1:30.00	1:23.30	16
6	Green, Zachary Y	29	Mountain View Masters-38	1:25.00	1:26.08	15
7	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	1:28.56	1:27.67	14

Men 25-29 200 LC Meter Breaststroke**PAC: 2:10.09 # 6/25/2013 BJ Johnson****NATL: 2:10.09 \$ 6/26/2013 BJ JOHNSON**

1	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	3:10.80	3:10.31	21
				1:31.92	3:10.31 (1:38.39)	
2	Lung, Leo	28	University of San Francisco Ma-38	3:50.00	3:13.78	19
				1:30.61	3:13.78 (1:43.17)	

Men 25-29 50 LC Meter Butterfly**PAC: 23.90 # 7/1/2017 Thomas A Shields****NATL: 23.71 \$ 8/16/2008 KOHEI KAWAMOTO**

1	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	29.00	30.15	21
2	Brady, James	26	University of San Francisco Ma-38	36.50	31.75	19
3	Leber, Nathan	26	University of San Francisco Ma-38	40.00	31.90	18

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1	Offutt, Bryan T	26	The Olympic Club-38	1:00.00	1:00.20	21
2	Blumberg, Marc A	25	Davis Aquatic Masters-38	1:02.37	1:00.30	19
3	Hurko, Matt	27	The Olympic Club-38	56.98	1:00.98	18
4	Hinshaw, Benjamin S	27	The Olympic Club-38	1:05.00	1:01.17	17
5	Korman, Matt D	26	The Olympic Club-38	58.88	1:02.44	16
6	Davis, Cole W	26	The Olympic Club-38	1:03.56	1:05.68	15
7	Talmadge, Matthew S	29	The Olympic Club-38	1:03.55	1:06.23	14
8	Brady, James	26	University of San Francisco Ma-38	1:24.00	1:11.24	13
9	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	1:10.07	1:11.73	12
10	Green, Zachary Y	29	Mountain View Masters-38	1:40.00	1:24.40	11

Men 25-29 200 LC Meter Butterfly**PAC: 1:55.81 # 6/29/2016 Thomas A Shields****NATL: 1:55.81 \$ 6/29/2016 THOMAS SHIELDS**

1	Thomas, Michael R	26	Tamalpais Aquatic Masters-38	2:55.92	2:56.72	21
				1:26.55	2:56.72 (1:30.17)	

Men 25-29 200 LC Meter IM**PAC: 2:07.67 # 4/22/2017 Colin B Babcock****NATL: 2:04.40 \$ 7/14/2013 ADAM RITTER**

1	Offutt, Bryan T	26	The Olympic Club-38	2:15.00	2:14.85	21
				1:03.49	2:14.85 (1:11.36)	
2	Stepinski, Jan D	27	Stanford Masters Swimming-38	2:40.00	2:28.33	19
				1:10.20	2:28.33 (1:18.13)	
3	Leber, Nathan	26	University of San Francisco Ma-38	2:45.00	2:43.56	18
				1:14.99	2:43.56 (1:28.57)	
4	Lung, Leo	28	University of San Francisco Ma-38	3:15.00	2:55.58	17
				1:24.94	2:55.58 (1:30.64)	

Men 25-29 400 LC Meter IM**PAC: 4:20.83 # 6/25/2013 Alex Wold****NATL: 4:20.83 \$ 6/27/2013 ALEX WOLD**

1	Offutt, Bryan T	26	The Olympic Club-38	4:50.00	4:49.27	21
2	Green, Zachary Y	29	Mountain View Masters-38	6:35.00	6:08.73	19
				1:22.35	3:00.66 (1:38.31)	
					4:41.40 (1:40.74)	
					6:08.73 (1:27.33)	
---	Lung, Leo	28	University of San Francisco Ma-38	7:30.00	DQ	
				1:21.62	3:15.03 (1:53.41)	
					5:09.87 (1:54.84)	
					DQ (1:39.83)	

Men 30-34 50 LC Meter Freestyle**PAC: 21.55 # 8/10/2014 Anthony L Ervin****NATL: 21.55 \$ 8/10/2014 ANTHONY ERVIN**

1	Godbe, Andrew E	30	Temescal Aquatic Masters-38	26.00	24.80	21
2	Vizcarra, Nathan	31	University of San Francisco Ma-38	25.37	25.86	19
3	Barrett, Maxwell E	30	Life Time Swim Pacific-38	26.00	26.07	18
4	Iwamoto, Satori	32	Davis Aquatic Masters-38	27.12	26.35	17
5	Docken, Steffen S	30	Davis Aquatic Masters-38	28.50	29.01	16
6	Berry, Raymond	31	University of San Francisco Ma-38	27.00	29.85	15

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Men 30-34 100 LC Meter Freestyle

PAC: 48.71 # 8/6/2014 Anthony L Ervin

NATL: 48.71 \$ 8/6/2014 ANTHONY ERVIN

1	Barrett, Maxwell E	30	Life Time Swim Pacific-38	55.00	56.76	21
2	Docken, Steffen S	30	Davis Aquatic Masters-38	1:05.93	1:06.87	19
3	Berry, Raymond	31	University of San Francisco Ma-38	1:05.00	1:10.49	18

Men 30-34 200 LC Meter Freestyle

PAC: 1:57.42 # 12/31/2002 Erik Hochstein

NATL: 1:49.34 \$ 8/7/2014 DARIAN TOWNSEND

1	Iwamoto, Satori	32	Davis Aquatic Masters-38	2:15.71	2:12.02	21
	1:03.24		2:12.02 (1:08.78)			
2	Berry, Raymond	31	University of San Francisco Ma-38	2:40.00	2:47.07	19
	1:15.93		2:47.07 (1:31.14)			

Men 30-34 400 LC Meter Freestyle

PAC: 4:13.54 # 12/31/1993 Tom Fristoe

NATL: 3:58.12 \$ 7/23/2016 DARIAN TOWNSEND

1	Lentz, Graham	34	The Olympic Club-38	4:50.50	5:01.52	21
	1:10.19		2:26.05 (1:15.86) 3:43.31 (1:17.26) 5:01.52 (1:18.21)			
2	Law, David	33	Manatee Aquatic Masters Inc-38	5:10.75	5:14.78	19
	1:14.55		2:33.75 (1:19.20) 3:53.61 (1:19.86) 5:14.78 (1:21.17)			
3	Momont, David	30	Uc38-38	6:02.00	5:55.38	18
	1:18.48		2:49.15 (1:30.67) 4:23.20 (1:34.05) 5:55.38 (1:32.18)			
4	Swafford, David	33	Club Hot Tub-38	6:30.00	6:32.78	17

Men 30-34 800 LC Meter Freestyle

PAC: 8:51.23 # 12/31/1992 Jeff Stiling

NATL: 8:40.19 \$ 11/14/1993 ROWDY GAINES

1	Law, David	33	Manatee Aquatic Masters Inc-38	10:55.95	11:09.60	21
	1:14.86		2:37.38 (1:22.52) 4:01.18 (1:23.80) 5:26.29 (1:25.11)			
	6:52.34 (1:26.05)		8:18.60 (1:26.26) 9:45.30 (1:26.70) 11:09.60 (1:24.30)			
2	Momont, David	30	Uc38-38	12:15.00	12:08.85	19
	1:21.56		2:51.51 (1:29.95) 4:23.81 (1:32.30) 5:58.23 (1:34.42)			
	7:32.14 (1:33.91)		9:05.88 (1:33.74) 10:39.24 (1:33.36) 12:08.85 (1:29.61)			

Men 30-34 1500 LC Meter Freestyle

PAC: 17:10.80 # 12/31/1982 Randy Williams

NATL: 16:36.06 \$ 8/22/1993 BOBBY PATTEN

1	Newman, Keenan	33	University of San Francisco Ma-38	18:00.00	17:47.51	21
	1:05.26		2:14.78 (1:09.52) 3:26.76 (1:11.98) 4:38.98 (1:12.22)			
	5:50.05 (1:11.07)		7:01.82 (1:11.77) 8:13.99 (1:12.17) 9:25.78 (1:11.79)			
	10:37.32 (1:11.54)		11:48.35 (1:11.03) 12:58.24 (1:09.89) 14:10.37 (1:12.13)			
	15:23.34 (1:12.97)		16:36.25 (1:12.91) 17:47.51 (1:11.26)			
2	Law, David	33	Manatee Aquatic Masters Inc-38	20:37.90	20:56.35	19
	1:14.43		2:35.49 (1:21.06) 3:57.11 (1:21.62) 5:20.46 (1:23.35)			
	6:44.22 (1:23.76)		8:09.00 (1:24.78) 9:34.15 (1:25.15) 11:00.20 (1:26.05)			
	12:26.16 (1:25.96)		13:52.41 (1:26.25) 15:17.37 (1:24.96) 16:42.75 (1:25.38)			
	18:08.39 (1:25.64)		19:34.00 (1:25.61) 20:56.35 (1:22.35)			
3	Momont, David	30	Uc38-38	23:52.00	23:21.42	18
	1:27.07		2:59.65 (1:32.58) 4:33.82 (1:34.17) 6:08.59 (1:34.77)			
	7:42.69 (1:34.10)		9:16.46 (1:33.77) 10:50.02 (1:33.56) 12:24.03 (1:34.01)			
	13:58.37 (1:34.34)		15:32.14 (1:33.77) 17:07.43 (1:35.29) 18:42.42 (1:34.99)			
	20:17.55 (1:35.13)		21:51.49 (1:33.94) 23:21.42 (1:29.93)			

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PAC: 27.26 # 12/31/1994 Sean Murphy

NATL: 24.67 \$ 6/29/2017 MATT GREVERS

1	Vizcarra, Nathan	31	University of San Francisco Ma-38	32.00	30.39	21
2	Barrett, Maxwell E	30	Life Time Swim Pacific-38	32.00	31.55	19
3	Docken, Steffen S	30	Davis Aquatic Masters-38	35.59	35.94	18
4	Law, David	33	Manatee Aquatic Masters Inc-38	39.97	38.44	17
5	Berry, Raymond	31	University of San Francisco Ma-38	38.00	41.56	16

Men 30-34 100 LC Meter Backstroke

PAC: 58.66 # 12/31/1994 Sean Murphy

NATL: 52.71 \$ 6/30/2017 MATT GREVERS

1	Iwamoto, Satori	32	Davis Aquatic Masters-38	1:13.35	1:10.41	21
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Men 30-34 200 LC Meter Backstroke

PAC: 2:05.62 # 12/31/1994 Sean Murphy

NATL: 2:05.62 \$ 7/9/1994 SEAN MURPHY

1	Gouvea, Arthur	30	University of San Francisco Ma-38	2:33.43	2:32.57	21
				1:14.94	2:32.57 (1:17.63)	
2	Iwamoto, Satori	32	Davis Aquatic Masters-38	2:35.01	2:34.84	19
				1:15.52	2:34.84 (1:19.32)	
3	Docken, Steffen S	30	Davis Aquatic Masters-38	2:41.61	2:56.15	18
				1:26.75	2:56.15 (1:29.40)	

Men 30-34 50 LC Meter Breaststroke

PAC: 29.25 # 12/31/2012 Gary N Marshall

NATL: 27.73 \$ 6/27/2016 MARCUS TITUS

1	Lentz, Graham	34	The Olympic Club-38	31.42	32.56	21
2	Law, David	33	Manatee Aquatic Masters Inc-38	35.70	36.80	19
3	Berry, Raymond	31	University of San Francisco Ma-38	37.00	39.02	18

Men 30-34 100 LC Meter Breaststroke

PAC: 1:03.59 # 8/7/2013 Gary N Marshall

NATL: 1:00.19 \$ 6/26/2016 MARCUS TITUS

1	Godbe, Andrew E	30	Temescal Aquatic Masters-38	1:15.00	1:08.90	21
2	Gouvea, Arthur	30	University of San Francisco Ma-38	1:30.00	1:17.87	19
3	Law, David	33	Manatee Aquatic Masters Inc-38	1:20.70	1:22.93	18
4	Berry, Raymond	31	University of San Francisco Ma-38	1:30.00	1:28.07	17

Men 30-34 200 LC Meter Breaststroke

PAC: 2:18.04 # 12/31/2012 Gary N Marshall

NATL: 2:18.04 \$ 7/7/2012 GARY MARSHALL

1	Lentz, Graham	34	The Olympic Club-38	2:50.00	2:46.89	21
				1:20.05	2:46.89 (1:26.84)	
2	Law, David	33	Manatee Aquatic Masters Inc-38	2:59.20	3:10.00	19
				1:29.13	3:10.00 (1:40.87)	
3	Berry, Raymond	31	University of San Francisco Ma-38	3:00.00	3:21.80	18
				1:31.87	3:21.80 (1:49.93)	

Men 30-34 50 LC Meter Butterfly

PAC: 25.31 # 12/31/1988 Mike Bottom

NATL: 23.26 \$ 7/13/2013 ROLAND SCHOEMAN

1	Lentz, Graham	34	The Olympic Club-38	30.15	28.68	21
2	Barrett, Maxwell E	30	Life Time Swim Pacific-38	30.00	29.01	19

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Men 30-34 100 LC Meter Butterfly

PAC: 55.49 # 7/6/2008 Erik L Scalise

NATL: 53.36 \$ 8/8/2014 DARIAN TOWNSEND

1	Vizcarra, Nathan	31	University of San Francisco Ma-38	1:04.91	1:04.25	21
2	Iwamoto, Satori	32	Davis Aquatic Masters-38	1:13.00	1:07.66	19
3	Docken, Steffen S	30	Davis Aquatic Masters-38	1:03.65	1:11.52	18

Men 30-34 200 LC Meter Butterfly

PAC: 2:09.37 # 12/31/1994 Sean Murphy

NATL: 2:03.76 \$ 8/12/2010 MATT HAUPT

1	Docken, Steffen S	30	Davis Aquatic Masters-38	2:45.30	2:55.40	21
				1:21.78	2:55.40 (1:33.62)	

Men 30-34 200 LC Meter IM

PAC: 2:09.69 # 12/31/1991 David Lundberg

NATL: 1:59.24 \$ 8/6/2017 RYAN LOCHTE

1	Lentz, Graham	34	The Olympic Club-38	2:22.43	2:30.09	21
				1:10.34	2:30.09 (1:19.75)	
2	Iwamoto, Satori	32	Davis Aquatic Masters-38	2:36.36	2:33.21	19
				1:10.59	2:33.21 (1:22.62)	

Men 30-34 400 LC Meter IM

PAC: 4:40.22 # 12/31/1994 Sean Murphy

NATL: 4:20.81 \$ 7/23/2016 DARIAN TOWNSEND

1	Iwamoto, Satori	32	Davis Aquatic Masters-38	5:39.04	5:30.08	21
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Men 35-39 50 LC Meter Freestyle

PAC: 23.95 # 8/7/2013 Mike Pyle

NATL: 23.35 \$ 6/30/2012 BRIAN JACOBSON

1	Samotyj, John	37	University of San Francisco Ma-38	26.77	25.41	21
2	Volcansek, Ales	35	Uc38-38	25.99	25.74	19
3	Fuzellier, Matthieu	38	University of San Francisco Ma-38	26.00	26.88	18
*4	Tevis, Nick	36	Rolling Hills Mud Sharks-38	35.00	28.61	16.50
*4	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	27.30	28.61	16.50
6	Waterson, Kevin	39	Davis Aquatic Masters-38	30.20	31.23	15
7	Song, James C	35	Marcia's Enthusiastic Masters-38	32.12	31.34	14
8	Kolb, Vladyslav	37	Albany Armada Aquatic Masters-38	34.00	33.36	13
9	Lim, Hubert	37	University of San Francisco Ma-38	35.00	33.63	12

Men 35-39 100 LC Meter Freestyle

PAC: 53.51 # 6/30/2017 Tamas Kerekjarto

NATL: 51.49 \$ 7/16/1995 ROWDY GAINES

1	Samotyj, John	37	University of San Francisco Ma-38	58.00	56.28	21
2	Fuzellier, Matthieu	38	University of San Francisco Ma-38	1:00.00	1:01.39	19
3	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	59.50	1:02.08	18
4	Castano-Aguado, Ignacio	38	Davis Aquatic Masters-38	1:08.63	1:10.30	17
5	Song, James C	35	Marcia's Enthusiastic Masters-38	1:11.63	1:10.33	16

Men 35-39 200 LC Meter Freestyle

PAC: 1:59.99 # 12/31/2008 Michael McWhorter

NATL: 1:52.84 \$ 8/6/2006 VLAD PYSHNENKO

1	Kerekjarto, Tamas	39	Club Hot Tub-38	1:57.09	1:59.43 #	21
				56.45	1:59.43 (1:02.98)	
2	Tiernan, Robert M	35	Walnut Creek Masters-38	2:09.51	2:07.37	19
				1:03.28	2:07.37 (1:04.09)	

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(Men 35-39 200 LC Meter Freestyle)

3	Samotyj, John	37	University of San Francisco Ma-38	2:16.98	2:10.02	18
	1:03.92		2:10.02 (1:06.10)			
4	Song, James C	35	Marcia's Enthusiastic Masters-38	2:39.85	2:34.60	17
	1:14.65		2:34.60 (1:19.95)			

Men 35-39 200 LC Meter Freestyle

PAC: 1:59.99 # 12/31/2008 Michael McWhorter

NATL: 1:52.84 \$ 8/6/2006 VLAD PYSHNENKO

1	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	NT	2:19.35	
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Men 35-39 400 LC Meter Freestyle

PAC: 4:16.20 # 12/31/2000 Dan Veatch

NATL: 4:07.64 \$ 7/16/1995 ROWDY GAINES

1	Kerekjarto, Tamas	39	Club Hot Tub-38	4:15.20	4:21.77	21
	1:01.47		2:07.50 (1:06.03)	3:15.07 (1:07.57)	4:21.77 (1:06.70)	
2	Tiernan, Robert M	35	Walnut Creek Masters-38	4:32.73	4:34.78	19
	1:07.80		2:17.82 (1:10.02)	3:27.43 (1:09.61)	4:34.78 (1:07.35)	
3	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	5:02.00	5:07.49	18
	1:14.70		2:33.98 (1:19.28)	3:52.00 (1:18.02)	5:07.49 (1:15.49)	
4	Perrone, Paul J	36	Club Hot Tub-38	6:00.00	7:17.52	17
	1:36.06		3:30.63 (1:54.57)	5:24.91 (1:54.28)	7:17.52 (1:52.61)	

Men 35-39 400 LC Meter Freestyle

PAC: 4:16.20 # 12/31/2000 Dan Veatch

NATL: 4:07.64 \$ 7/16/1995 ROWDY GAINES

1	Song, James C	35	Marcia's Enthusiastic Masters-38	NT	6:08.14	
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Men 35-39 800 LC Meter Freestyle

PAC: 8:56.10 # 12/31/2003 Dan Veatch

NATL: 8:38.73 \$ 11/12/1995 ROWDY GAINES

1	Tiernan, Robert M	35	Walnut Creek Masters-38	9:45.00	9:32.35	21
	1:08.62		2:19.97 (1:11.35)	3:30.82 (1:10.85)	4:42.58 (1:11.76)	
	5:55.36 (1:12.78)		7:08.21 (1:12.85)	8:20.74 (1:12.53)	9:32.35 (1:11.61)	

Men 35-39 800 LC Meter Freestyle

PAC: 8:56.10 # 12/31/2003 Dan Veatch

NATL: 8:38.73 \$ 11/12/1995 ROWDY GAINES

1	Song, James C	35	Marcia's Enthusiastic Masters-38	NT	12:12.51	
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Men 35-39 1500 LC Meter Freestyle

PAC: 16:59.46 # 12/31/2001 Dan Veatch

NATL: 16:32.72 \$ 8/14/2008 CHRISTOPHER DERKS

1	Nonaka, Andy J	39	Walnut Creek Masters-38	18:30.00	17:59.35	21
	1:07.96		2:19.38 (1:11.42)	3:31.52 (1:12.14)	4:43.89 (1:12.37)	
	5:56.74 (1:12.85)		7:08.26 (1:11.52)	8:20.79 (1:12.53)	9:33.73 (1:12.94)	
	10:46.47 (1:12.74)		11:59.03 (1:12.56)	13:11.76 (1:12.73)	14:24.33 (1:12.57)	
	15:36.93 (1:12.60)		16:49.35 (1:12.42)	17:59.35 (1:10.00)		
2	Roper, Matt	37	Davis Aquatic Masters-38	19:03.88	19:23.55	19
	1:12.88		2:32.81 (1:19.93)	3:52.95 (1:20.14)	5:12.82 (1:19.87)	
	6:32.15 (1:19.33)		7:50.97 (1:18.82)	9:09.76 (1:18.79)	10:27.38 (1:17.62)	
	11:44.56 (1:17.18)		13:01.62 (1:17.06)	14:18.96 (1:17.34)	15:36.31 (1:17.35)	
	16:52.39 (1:16.08)		18:08.45 (1:16.06)	19:23.55 (1:15.10)		

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(Men 35-39 1500 LC Meter Freestyle)

3	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	20:00.00	21:14.64	18
	1:16.02	2:36.57 (1:20.55)	3:59.21 (1:22.64)	5:21.95 (1:22.74)		
	6:46.26 (1:24.31)	8:12.67 (1:26.41)	9:39.52 (1:26.85)	11:05.71 (1:26.19)		
	12:31.88 (1:26.17)	13:58.29 (1:26.41)	15:26.26 (1:27.97)	16:53.90 (1:27.64)		
	18:21.49 (1:27.59)	19:49.07 (1:27.58)	21:14.64 (1:25.57)			
4	Song, James C	35	Marcia's Enthusiastic Masters-38	22:36.88	22:26.70	17
	1:30.09	3:02.81 (1:32.72)	4:35.21 (1:32.40)	6:08.14 (1:32.93)		
	7:40.54 (1:32.40)	9:12.37 (1:31.83)	10:42.81 (1:30.44)	12:12.51 (1:29.70)		
	13:41.87 (1:29.36)	15:11.49 (1:29.62)	16:39.13 (1:27.64)	18:06.37 (1:27.24)		
	19:34.97 (1:28.60)	21:02.57 (1:27.60)	22:26.70 (1:24.13)			

Men 35-39 50 LC Meter Backstroke

PAC: 27.68 # 12/31/2006 Rick Gould

NATL: 27.03 \$ 8/8/2009 EDILSON SILVA

1	Marshall, Matthew T	36	The Olympic Club-38	28.00	28.15	21
2	Fuzellier, Matthieu	38	University of San Francisco Ma-38	30.00	31.14	19
3	Volcansek, Ales	35	Uc38-38	29.99	31.25	18
4	Tiernan, Robert M	35	Walnut Creek Masters-38	33.00	31.54	17
5	Wang, Timothy J	35	The Olympic Club-38	31.31	31.92	16
6	Waterson, Kevin	39	Davis Aquatic Masters-38	36.00	38.03	15
---	Lim, Hubert	37	University of San Francisco Ma-38	46.00	DQ	

Men 35-39 100 LC Meter Backstroke

PAC: 1:00.00 # 12/31/2006 Rick Gould

NATL: 59.18 \$ 8/10/2006 MICHAEL ROSS

1	Tiernan, Robert M	35	Walnut Creek Masters-38	1:06.03	1:06.66	21
2	Fuzellier, Matthieu	38	University of San Francisco Ma-38	1:04.00	1:07.87	19
3	Waterson, Kevin	39	Davis Aquatic Masters-38	1:18.18	1:23.53	18
4	Castano-Aguado, Ignacio	38	Davis Aquatic Masters-38	1:25.00	1:32.30	17

Men 35-39 200 LC Meter Backstroke

PAC: 2:09.26 # 12/31/2000 Dan Veatch

NATL: 2:07.16 \$ 7/29/2001 RON KARNAUGH

1	Tiernan, Robert M	35	Walnut Creek Masters-38	2:24.19	2:27.05	21
	1:13.08	2:27.05 (1:13.97)				

Men 35-39 50 LC Meter Breaststroke

PAC: 30.47 # 12/31/1998 David Lundberg

NATL: 28.53 \$ 5/25/2009 JEFF COMMINGS

1	Volcansek, Ales	35	Uc38-38	33.99	36.20	21
2	Song, James C	35	Marcia's Enthusiastic Masters-38	38.12	38.41	19
3	Castano-Aguado, Ignacio	38	Davis Aquatic Masters-38	39.93	40.15	18
4	Tevis, Nick	36	Rolling Hills Mud Sharks-38	43.00	41.54	17
5	Waterson, Kevin	39	Davis Aquatic Masters-38	41.50	41.88	16

Men 35-39 100 LC Meter Breaststroke

PAC: 1:07.52 # 12/31/1998 David Lundberg

NATL: 1:03.76 \$ 7/14/2013 JEFF COMMINGS

1	Song, James C	35	Marcia's Enthusiastic Masters-38	1:22.60	1:23.12	21
2	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	1:25.00	1:28.48	19
3	Waterson, Kevin	39	Davis Aquatic Masters-38	1:30.77	1:31.60	18

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1	Song, James C	35	Marcia's Enthusiastic Masters-38	2:59.99	2:59.85	21
	1:27.82			2:59.85 (1:32.03)		
2	Waterson, Kevin	39	Davis Aquatic Masters-38	3:15.87	3:24.95	19
	1:38.78			3:24.95 (1:46.17)		
3	Castano-Aguado, Ignacio	38	Davis Aquatic Masters-38	3:10.00	3:32.97	18
	1:38.94			3:32.97 (1:54.03)		

Men 35-39 50 LC Meter Butterfly**PAC: 25.77 # 6/29/2014 Adam M Conway****NATL: 24.14 \$ 8/15/2015 KOHEI KAWAMOTO**

1	Samotyj, John	37	University of San Francisco Ma-38	30.00	27.05	21
2	Volcansek, Ales	35	Uc38-38	26.99	28.03	19
3	Dunlap, Ryan	36	Manatee Aquatic Masters Inc-38	31.50	31.34	18
4	Tevis, Nick	36	Rolling Hills Mud Sharks-38	40.00	32.80	17
5	Waterson, Kevin	39	Davis Aquatic Masters-38	35.34	35.12	16
6	Kolb, Vladyslav	37	Albany Armada Aquatic Masters-38	34.00	35.84	15

Men 35-39 100 LC Meter Butterfly**PAC: 56.21 # 7/15/2017 Tamas Kerekjarto****NATL: 54.02 \$ 8/17/2017 KOHEI KAWAMOTO**

1	Kerekjarto, Tamas	39	Club Hot Tub-38	56.43	56.63	21
2	Samotyj, John	37	University of San Francisco Ma-38	1:05.00	1:02.77	19
3	Kolb, Vladyslav	37	Albany Armada Aquatic Masters-38	1:15.00	1:23.69	18
---	Fuzellier, Matthieu	38	University of San Francisco Ma-38	1:04.00	DQ	
---	Wang, Timothy J	35	The Olympic Club-38	1:04.07	DQ	

Men 35-39 200 LC Meter IM**PAC: 2:14.87 # 12/31/2009 Derek Guffey****NATL: 2:05.64 \$ 12/7/2002 RONALD KARNAUGH**

1	Tiernan, Robert M	35	Walnut Creek Masters-38	2:40.00	2:29.77	21
	1:10.47			2:29.77 (1:19.30)		
2	Castano-Aguado, Ignacio	38	Davis Aquatic Masters-38	3:15.00	3:10.92	19
	1:31.38			3:10.92 (1:39.54)		

Men 35-39 400 LC Meter IM**PAC: 4:45.47 # 12/31/2009 Derek Guffey****NATL: 4:34.10 \$ 7/29/2001 RON KARNAUGH**

1	Lemke, Zebron J	38	Walnut Creek Masters-38	5:55.00	5:37.77	21
2	Daene, Markus	39	Tri Valley Masters-38	6:07.00	6:03.78	19

Men 40-44 50 LC Meter Freestyle**PAC: 24.14 # 12/31/2003 David E Boatwright****NATL: 23.31 \$ 8/13/2014 BRIAN JACOBSON**

1	Nisenbaum, Adam	41	Manatee Aquatic Masters Inc-38	26.42	26.58	21
2	Flakoll, Jonathan D	44	Walnut Creek Masters-38	27.50	27.65	19
3	Lungren, Matthew	40	Stanford Masters Swimming-38	31.88	28.75	18
4	Bentley, Orin W	41	Temescal Aquatic Masters-38	28.60	29.91	17
5	Mustiazza, Oleg	40	San Mateo Masters-38	31.16	30.50	16
6	Manipis, William	42	Cal Maritime Academy Masters-38	32.00	30.89	15

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1	Solberg, Sean	40	Richmond Plunge Masters-38	1:09.95	1:08.23	21
2	Manipis, William	42	Cal Maritime Academy Masters-38	1:15.00	1:10.71	19
3	Mustiazza, Oleg	40	San Mateo Masters-38	1:11.73	1:11.53	18
4	Bucy, John S	40	University of San Francisco Ma-38	1:20.00	1:13.84	17

Men 40-44 200 LC Meter Freestyle**PAC: 2:01.15 # 12/31/2003 David E Boatwright****NATL: 1:53.65 \$ 8/2/2010 VLAD PYSHNENKO**

1	Flakoll, Jonathan D	44	Walnut Creek Masters-38	2:10.00	2:19.66	21
	1:04.27		2:19.66 (1:15.39)			
2	Renko, John R	44	University of San Francisco Ma-38	2:27.34	2:22.70	19
	1:09.90		2:22.70 (1:12.80)			
3	Bucy, John S	40	University of San Francisco Ma-38	3:00.00	2:56.11	18
	1:26.30		2:56.11 (1:29.81)			

Men 40-44 400 LC Meter Freestyle**PAC: 4:16.50 # 12/31/2010 Alex Kostich****NATL: 4:06.74 \$ 7/24/2009 ERIK HOCHSTEIN**

1	Bentley, Orin W	41	Temescal Aquatic Masters-38	5:00.00	5:33.88	21
	1:19.30		2:44.44 (1:25.14)	4:10.62 (1:26.18)	5:33.88 (1:23.26)	

Men 40-44 800 LC Meter Freestyle**PAC: 8:37.81 # 12/31/2010 Alex Kostich****NATL: 8:37.81 \$ 7/25/2010 ALEX KOSTICH**

1	Donlon, Kevin H	40	University of San Francisco Ma-38	10:28.28	10:58.94	21
	1:14.18		2:33.32 (1:19.14)	3:57.50 (1:24.18)	5:21.86 (1:24.36)	
	6:45.97 (1:24.11)		8:10.37 (1:24.40)	9:36.01 (1:25.64)	10:58.94 (1:22.93)	
2	Solberg, Sean	40	Richmond Plunge Masters-38	12:10.00	11:30.26	19
	1:21.12		2:48.04 (1:26.92)	4:15.76 (1:27.72)	5:43.92 (1:28.16)	
	7:10.74 (1:26.82)		8:37.53 (1:26.79)	10:04.06 (1:26.53)	11:30.26 (1:26.20)	
3	Bentley, Orin W	41	Temescal Aquatic Masters-38	10:55.00	11:36.50	18
	1:19.76		2:44.56 (1:24.80)	4:12.27 (1:27.71)	5:41.12 (1:28.85)	
	7:10.36 (1:29.24)		8:40.41 (1:30.05)	10:10.26 (1:29.85)	11:36.50 (1:26.24)	

Men 40-44 1500 LC Meter Freestyle**PAC: 16:36.91 # 12/31/2010 Alex Kostich****NATL: 16:36.91 \$ 7/23/2010 ALEX KOSTICH**

1	Flakoll, Jonathan D	44	Walnut Creek Masters-38	21:00.00	20:06.12	21
	1:12.93		2:32.10 (1:19.17)	3:51.33 (1:19.23)	5:11.20 (1:19.87)	
	6:30.60 (1:19.40)		7:49.99 (1:19.39)	9:09.81 (1:19.82)	10:30.61 (1:20.80)	
	11:52.01 (1:21.40)		13:13.72 (1:21.71)	14:35.65 (1:21.93)	15:58.39 (1:22.74)	
	17:22.04 (1:23.65)		18:45.41 (1:23.37)	20:06.12 (1:20.71)		
2	Renko, John R	44	University of San Francisco Ma-38	20:11.65	20:44.75	19
	1:13.35		2:34.44 (1:21.09)	3:57.06 (1:22.62)	5:20.99 (1:23.93)	
	6:46.02 (1:25.03)		8:11.44 (1:25.42)	9:35.64 (1:24.20)	10:59.80 (1:24.16)	
	12:24.24 (1:24.44)		13:47.99 (1:23.75)	15:12.29 (1:24.30)	16:36.27 (1:23.98)	
	18:00.14 (1:23.87)		19:23.49 (1:23.35)	20:44.75 (1:21.26)		
3	Bentley, Orin W	41	Temescal Aquatic Masters-38	21:00.00	22:06.96	18
	1:17.29		2:44.06 (1:26.77)	4:12.55 (1:28.49)	5:41.11 (1:28.56)	
	7:10.49 (1:29.38)		8:39.66 (1:29.17)	10:08.32 (1:28.66)	11:37.42 (1:29.10)	
	13:07.79 (1:30.37)		14:37.74 (1:29.95)	16:08.02 (1:30.28)	17:38.30 (1:30.28)	
	19:09.52 (1:31.22)		20:40.75 (1:31.23)	22:06.96 (1:26.21)		

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Men 40-44 50 LC Meter Backstroke

PAC: 28.59 # 12/31/2006 Sean Murphy

NATL: 27.47 \$ 8/23/2008 MICHAEL ROSS

1	Lungren, Matthew	40	Stanford Masters Swimming-38	35.88	33.95	21
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Men 40-44 100 LC Meter Backstroke

PAC: 1:00.95 # 12/31/2006 Sean Murphy

NATL: 59.08 \$ 8/7/2009 MICHAEL ROSS

1	Solberg, Sean	40	Richmond Plunge Masters-38	1:28.55	1:28.93	21
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Men 40-44 50 LC Meter Butterfly

PAC: 26.41 # 12/31/2012 Greg Tull

NATL: 25.11 \$ 6/9/2018 JAMES ZENYUH

1	Lungren, Matthew	40	Stanford Masters Swimming-38	31.88	30.06	21
2	Matsumura, Naoki	41	Santa Clara Swim Club Masters-38	30.16	31.72	19
3	Bucy, John S	40	University of San Francisco Ma-38	40.00	34.42	18
4	Manipis, William	42	Cal Maritime Academy Masters-38	37.00	34.63	17

Men 40-44 100 LC Meter Butterfly

PAC: 1:00.72 # 12/31/2005 Roger Brisbane

NATL: 56.43 \$ 8/23/2008 MICHAEL ROSS

1	Nisenbaum, Adam	41	Manatee Aquatic Masters Inc-38	1:08.22	1:09.42	21
2	Flakoll, Jonathan D	44	Walnut Creek Masters-38	1:06.00	1:10.45	19
3	Bentley, Orin W	41	Temescal Aquatic Masters-38	1:11.99	1:19.73	18
4	Manipis, William	42	Cal Maritime Academy Masters-38	1:25.00	1:29.17	17

Men 40-44 200 LC Meter IM

PAC: 2:19.31 # 12/31/2006 Stephen M Smith

NATL: 2:13.71 \$ 7/23/2016 JEFF COMMINGS

1	Lungren, Matthew	40	Stanford Masters Swimming-38	2:40.88	2:41.42	21
				1:11.47	2:41.42 (1:29.95)	
2	Bentley, Orin W	41	Temescal Aquatic Masters-38	2:40.55	2:54.86	19
				1:19.73	2:54.86 (1:35.13)	

Men 40-44 400 LC Meter IM

PAC: 4:56.57 # 8/7/2013 David A Sway

NATL: 4:49.42 \$ 8/15/2005 DENNIS BAKER

1	Renko, John R	44	University of San Francisco Ma-38	5:54.49	5:44.35	21
2	Bucy, John S	40	University of San Francisco Ma-38	8:00.00	7:29.03	19
				1:41.67	3:41.87 (2:00.20)	
					5:45.50 (2:03.63)	
					7:29.03 (1:43.53)	

Men 45-49 50 LC Meter Freestyle

PAC: 24.69 # 8/7/2013 Greg Tull

NATL: 24.29 \$ 8/10/2006 PAUL SMITH

1	Boden, Alexander M	45	Manatee Aquatic Masters Inc-38	26.00	25.58	21
2	Banbury, James S	49	Uc38-38	28.22	27.07	19
3	Adwere-Boamah, Kwame	47	Stanford Masters Swimming-38	28.39	28.15	18
4	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	28.64	29.23	17
5	Erickson, Douglas B	46	Rolling Hills Mud Sharks-38	30.00	29.88	16
6	Fields, Eric	49	Uc38-38	30.36	31.05	15
7	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	35.76	34.85	14

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1	Sway, David A	45	Walnut Creek Masters-38	59.88	59.31	21
2	Banbury, James S	49	Uc38-38	1:02.66	1:00.82	19
3	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	1:01.37	1:02.51	18
4	Adwore-Boamah, Kwame	47	Stanford Masters Swimming-38	1:04.73	1:05.65	17
5	Fields, Eric	49	Uc38-38	1:08.98	1:10.49	16
6	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	1:17.81	1:18.47	15
7	El-Awady, Khalid A	48	University of San Francisco Ma-38	1:35.00	1:33.54	14

Men 45-49 100 LC Meter Freestyle**PAC: 54.83 # 12/31/2006 David E Boatwright****NATL: 53.77 \$ 8/7/2016 NICOLAS GRANGER**

1	Jegers, Daniel	48	Marcia's Enthusiastic Masters-38	NT	1:06.38	
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Men 45-49 200 LC Meter Freestyle**PAC: 2:03.71 # 12/31/1996 Tim Broderick****NATL: 1:57.89 \$ 8/6/2009 KEITH SWITZER**

*1	Jegers, Daniel	48	Marcia's Enthusiastic Masters-38	NT	2:29.06	
*1	Hertzer, Keith	45	Marcia's Enthusiastic Masters-38	NT	2:39.40	

Men 45-49 200 LC Meter Freestyle**PAC: 2:03.71 # 12/31/1996 Tim Broderick****NATL: 1:57.89 \$ 8/6/2009 KEITH SWITZER**

1	Sway, David A	45	Walnut Creek Masters-38	2:07.67	2:09.97	21
				1:03.07	2:09.97 (1:06.90)	
2	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	2:59.27	2:57.92	19
				1:27.18	2:57.92 (1:30.74)	

Men 45-49 400 LC Meter Freestyle**PAC: 4:23.49 # 12/31/2005 George F Tidmarsh****NATL: 4:09.20 \$ 7/19/2008 DENNIS BAKER**

1	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	4:52.89	4:53.98	21
				1:11.43	2:25.36 (1:13.93)	
					3:39.76 (1:14.40)	
					4:53.98 (1:14.22)	
2	Hertzer, Keith	45	Marcia's Enthusiastic Masters-38	5:25.00	5:27.16	19
				1:15.83	2:39.40 (1:23.57)	
					4:03.43 (1:24.03)	
					5:27.16 (1:23.73)	
3	Fields, Eric	49	Uc38-38	7:00.00	6:06.57	18
				1:28.73	3:04.50 (1:35.77)	
					4:40.97 (1:36.47)	
					6:06.57 (1:25.60)	
4	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	6:21.17	6:22.00	17
				1:29.54	3:07.51 (1:37.97)	
					4:45.84 (1:38.33)	
					6:22.00 (1:36.16)	
5	El-Awady, Khalid A	48	University of San Francisco Ma-38	7:30.00	7:37.19	16
				1:52.44	3:51.63 (1:59.19)	
					5:49.84 (1:58.21)	
					7:37.19 (1:47.35)	

Men 45-49 800 LC Meter Freestyle**PAC: 9:07.99 # 12/31/2006 George F Tidmarsh****NATL: 8:51.98 \$ 8/9/2010 JEFF ERWIN**

1	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	9:58.88	10:17.07	21
				1:13.63	2:30.31 (1:16.68)	
					3:48.41 (1:18.10)	
					5:06.66 (1:18.25)	
					6:24.99 (1:18.33)	
					7:42.87 (1:17.88)	
					9:00.57 (1:17.70)	
					10:17.07 (1:16.50)	
2	Hertzer, Keith	45	Marcia's Enthusiastic Masters-38	11:05.50	11:49.86	19
				1:24.29	2:55.46 (1:31.17)	
					4:26.65 (1:31.19)	
					5:58.71 (1:32.06)	
					7:27.91 (1:29.20)	
					8:57.12 (1:29.21)	
					10:25.19 (1:28.07)	
					11:49.86 (1:24.67)	

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(Men 45-49 800 LC Meter Freestyle)

3	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	13:25.85	13:24.40	18
	1:34.79	3:16.11 (1:41.32)	4:58.81 (1:42.70)	6:42.33 (1:43.52)		
	8:24.78 (1:42.45)	10:07.87 (1:43.09)	11:48.89 (1:41.02)	13:24.40 (1:35.51)		

Men 45-49 1500 LC Meter Freestyle

PAC: 17:10.90 # 12/31/2005 George F Tidmarsh

NATL: 16:38.81 \$ 8/10/2009 JEFF ERWIN

1	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	19:45.00	20:01.39	21
	1:16.15	2:34.90 (1:18.75)	3:54.16 (1:19.26)	5:14.14 (1:19.98)		
	6:34.15 (1:20.01)	7:54.56 (1:20.41)	9:15.11 (1:20.55)	10:35.89 (1:20.78)		
	11:56.50 (1:20.61)	13:16.88 (1:20.38)	14:37.33 (1:20.45)	15:58.74 (1:21.41)		
	17:19.85 (1:21.11)	18:41.00 (1:21.15)	20:01.39 (1:20.39)			
2	Grisso, Mike	48	University of San Francisco Ma-38	22:30.00	22:25.80	19
	1:23.11	2:53.52 (1:30.41)	4:23.95 (1:30.43)	5:55.10 (1:31.15)		
	7:26.85 (1:31.75)	8:58.19 (1:31.34)	10:29.09 (1:30.90)	11:58.72 (1:29.63)		
	13:28.72 (1:30.00)	14:58.84 (1:30.12)	16:29.03 (1:30.19)	17:59.40 (1:30.37)		
	19:29.90 (1:30.50)	20:59.92 (1:30.02)	22:25.80 (1:25.88)			
3	Morgan, Preston L	46	Davis Aquatic Masters-38	24:00.00	22:36.70	18
	1:20.53	2:49.46 (1:28.93)	4:20.15 (1:30.69)	5:51.89 (1:31.74)		
	7:23.58 (1:31.69)	8:56.25 (1:32.67)	10:28.10 (1:31.85)	11:59.56 (1:31.46)		
	15:02.91 (3:03.35)	16:35.52 (1:32.61)	18:08.42 (1:32.90)	19:40.68 (1:32.26)		
	21:10.65 (1:29.97)	22:36.70 (1:26.05)				
4	Arias, Bernard	49	University of San Francisco Ma-38	24:35.65	25:33.11	17
	1:31.64	3:10.13 (1:38.49)	4:50.53 (1:40.40)	6:32.90 (1:42.37)		
	8:16.17 (1:43.27)	9:59.83 (1:43.66)	11:43.42 (1:43.59)	13:27.03 (1:43.61)		
	15:10.87 (1:43.84)	16:55.17 (1:44.30)	18:40.69 (1:45.52)	20:24.69 (1:44.00)		
	22:07.70 (1:43.01)	23:51.97 (1:44.27)	25:33.11 (1:41.14)			

Men 45-49 50 LC Meter Backstroke

PAC: 29.22 # 12/31/2008 John Ends

NATL: 28.05 \$ 6/7/2008 STEVE WOOD

1	Banbury, James S	49	Uc38-38	35.61	33.40	21
2	Adwere-Boamah, Kwame	47	Stanford Masters Swimming-38	34.72	34.93	19

Men 45-49 100 LC Meter Backstroke

PAC: 1:01.40 # 5/10/2015 Rick Gould

NATL: 1:00.13 \$ 6/8/2008 STEVE WOOD

1	Adwere-Boamah, Kwame	47	Stanford Masters Swimming-38	1:14.16	1:14.21	21
2	Fields, Eric	49	Uc38-38	2:00.00	1:33.96	19
3	El-Awady, Khalid A	48	University of San Francisco Ma-38	2:00.00	2:00.54	18

Men 45-49 200 LC Meter Backstroke

PAC: 2:18.66 # 12/31/2008 John A Engs

NATL: 2:13.37 \$ 8/12/2012 RICH SAEGER

1	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	2:43.86	2:53.31	21
	1:25.77	2:53.31 (1:27.54)				
2	Mai, Ping	48	University of San Francisco Ma-38	10:00.00	4:20.77	19
	2:10.64	4:20.77 (2:10.13)				

Men 45-49 50 LC Meter Breaststroke

PAC: 32.48 # 12/31/1994 Robert Strand

NATL: 30.10 \$ 8/20/2017 BALEKA\BALEKA

1	Banbury, James S	49	Uc38-38	38.48	37.79	21
2	Hertzer, Keith	45	Marcia's Enthusiastic Masters-38	39.00	38.71	19

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(Men 45-49 50 LC Meter Breaststroke)

3	Mc Bride, Patrick F	49	University of San Francisco Ma-38	38.50	39.19	18
4	Erickson, Douglas B	46	Rolling Hills Mud Sharks-38	35.00	39.45	17
5	Fields, Eric	49	Uc38-38	45.45	43.49	16
6	Rolando, Franco	47	University of San Francisco Ma-38	1:00.00	47.36	15

Men 45-49 100 LC Meter BreaststrokePAC: 1:12.83 # 12/31/2001 **Spencer Eldred**NATL: 1:05.08 \$ 5/25/2018 **STEVE WEST**

1	Hertzner, Keith	45	Marcia's Enthusiastic Masters-38	1:26.00	1:27.25	21
2	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	1:41.05	1:40.93	19

Men 45-49 200 LC Meter BreaststrokePAC: 2:35.26 # 6/29/2014 **Sergey Mariniuk**NATL: 2:22.46 \$ 5/28/2017 **STEVE WEST**

1	Mc Bride, Patrick F	49	University of San Francisco Ma-38	3:06.50	3:04.53	21
	1:28.04		3:04.53 (1:36.49)			
2	Hertzner, Keith	45	Marcia's Enthusiastic Masters-38	3:13.50	3:18.67	19
	1:34.93		3:18.67 (1:43.74)			
3	Fields, Eric	49	Uc38-38	3:00.00	3:35.91	18
	1:40.43		3:35.91 (1:55.48)			
4	Lehnert, Ahren E	45	Marcia's Enthusiastic Masters-38	3:43.19	3:41.02	17
	1:47.26		3:41.02 (1:53.76)			
5	Rolando, Franco	47	University of San Francisco Ma-38	4:15.00	4:03.49	16
	1:53.95		4:03.49 (2:09.54)			
6	Mai, Ping	48	University of San Francisco Ma-38	4:15.00	4:09.59	15
	1:52.06		4:09.59 (2:17.53)			

Men 45-49 50 LC Meter ButterflyPAC: 26.40 # 8/7/2013 **Greg Tull**NATL: 25.65 \$ 7/8/2012 **NICHOLAS DECKER**

1	Banbury, James S	49	Uc38-38	30.83	28.98	21
2	Mc Bride, Patrick F	49	University of San Francisco Ma-38	32.25	33.12	19
3	Erickson, Douglas B	46	Rolling Hills Mud Sharks-38	32.00	34.54	18
4	Hertzner, Keith	45	Marcia's Enthusiastic Masters-38	35.00	35.17	17
5	Mai, Ping	48	University of San Francisco Ma-38	1:10.00	45.95	16
6	Rolando, Franco	47	University of San Francisco Ma-38	1:00.00	51.63	15

Men 45-49 100 LC Meter ButterflyPAC: 59.64 # 12/31/2008 **John A Engs**NATL: 56.42 \$ 8/4/2002 **PAUL CARTER**

1	Banbury, James S	49	Uc38-38	1:11.01	1:09.17	21
2	Hertzner, Keith	45	Marcia's Enthusiastic Masters-38	1:25.00	1:26.34	19
3	Mai, Ping	48	University of San Francisco Ma-38	2:15.00	1:57.34	18

Men 45-49 200 LC Meter ButterflyPAC: 2:18.80 # 6/9/2004 **Barton S Wells**NATL: 2:04.07 \$ 7/19/2008 **DENNIS BAKER**

1	Mc Bride, Patrick F	49	University of San Francisco Ma-38	2:54.50	3:17.42	21
	1:22.28		3:17.42 (1:55.14)			
2	Mai, Ping	48	University of San Francisco Ma-38	5:30.00	4:49.57	19
	2:17.26		4:49.57 (2:32.31)			

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PAC: 2:16.21 # 6/29/2014 Sergey Mariniuk

NATL: 2:10.09 \$ 8/7/2016 NICOLAS GRANGER

1	Banbury, James S	49	Uc38-38	3:00.00	2:38.96	21
	1:14.46	2:38.96 (1:24.50)				
2	Fahlen, Mark T	47	Modesto Area Aquatic Club-38	2:40.47	2:42.77	19
	1:19.86	2:42.77 (1:22.91)				
3	Seeley, Victor A	45	Swim Fremont Glenmoor Gardens-38	2:58.00	2:48.49	18
	1:20.77	2:48.49 (1:27.72)				
4	Rolando, Franco	47	University of San Francisco Ma-38	4:15.00	4:05.87	17

Men 45-49 400 LC Meter IM

PAC: 4:55.26 # 6/29/2014 Sergey Mariniuk

NATL: 4:46.41 \$ 8/5/2016 NICOLAS GRANGER

1	Mc Bride, Patrick F	49	University of San Francisco Ma-38	6:24.50	6:08.54	21
	1:19.56	3:04.43 (1:44.87)	4:43.28 (1:38.85)	6:08.54 (1:25.26)		
2	Mai, Ping	48	University of San Francisco Ma-38	10:00.00	8:30.37	19
	2:04.82	4:28.86 (2:24.04)	6:39.97 (2:11.11)	8:30.37 (1:50.40)		

Men 50-54 50 LC Meter Freestyle

PAC: 25.57 # 12/31/2008 Paul V Carter

NATL: 24.58 \$ 8/9/2009 ROWDY GAINES

1	Krovetz, Ted	52	Davis Aquatic Masters-38	29.76	30.48	21
2	Potter, Donald R	53	Walnut Creek Masters-38	34.00	31.58	19
3	Carter, Paul A	50	Walnut Creek Masters-38	33.55	33.53	18
4	Wu, Long	53	San Francisco Tsunami Masters-38	41.10	38.74	17
5	Robinson, John S	53	University of San Francisco Ma-38	1:00.00	40.60	16
6	Makani, Gautam	52	Orinda Aquatic Masters-38	39.00	40.93	15

Men 50-54 100 LC Meter Freestyle

PAC: 55.93 # 12/31/2012 David E Boatwright

NATL: 54.18 \$ 8/4/2017 NICOLAS GRANGER

1	Hamilton, Rick	51	Manatee Aquatic Masters Inc-38	NT	1:10.88	
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Men 50-54 100 LC Meter Freestyle

PAC: 55.93 # 12/31/2012 David E Boatwright

NATL: 54.18 \$ 8/4/2017 NICOLAS GRANGER

1	Krovetz, Ted	52	Davis Aquatic Masters-38	1:05.58	1:07.93	21
2	Potter, Donald R	53	Walnut Creek Masters-38	1:22.00	1:12.22	19
3	Abegg, Michael L	53	Illinois Masters-21	1:35.00	1:39.65	18

Men 50-54 200 LC Meter Freestyle

PAC: 2:05.68 # 7/12/2013 Darren D Phalen

NATL: 2:00.34 \$ 8/13/2007 DAN STEPHENSON

1	Krovetz, Ted	52	Davis Aquatic Masters-38	2:23.71	2:25.74	21
	1:11.87	2:25.74 (1:13.87)				
2	Carter, Paul A	50	Walnut Creek Masters-38	2:49.65	2:45.65	19
	1:18.43	2:45.65 (1:27.22)				

Men 50-54 200 LC Meter Freestyle

PAC: 2:05.68 # 7/12/2013 Darren D Phalen

NATL: 2:00.34 \$ 8/13/2007 DAN STEPHENSON

1	Hamilton, Rick	51	Manatee Aquatic Masters Inc-38	NT	2:27.62	
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Men 50-54 400 LC Meter Freestyle

PAC: 4:24.57 # 8/7/2013 Darren D Phalen

NATL: 4:15.93 \$ 8/4/2017 NICOLAS GRANGER

1	Hamilton, Rick	51	Manatee Aquatic Masters Inc-38	NT	5:07.25
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Men 50-54 400 LC Meter Freestyle

PAC: 4:24.57 # 8/7/2013 Darren D Phalen

NATL: 4:15.93 \$ 8/4/2017 NICOLAS GRANGER

1	Krovetz, Ted	52	Davis Aquatic Masters-38	5:04.62	5:12.78	21
	1:15.19	2:35.32 (1:20.13)	3:55.01 (1:19.69)	5:12.78 (1:17.77)		
2	Stahl, Stephen A	53	Walnut Creek Masters-38	5:23.41	5:23.08	19
	1:18.42	2:40.92 (1:22.50)	4:03.59 (1:22.67)	5:23.08 (1:19.49)		
3	Paris, Lorenzo	52	University of San Francisco Ma-38	5:53.08	5:48.36	18
	1:18.00	2:45.14 (1:27.14)	4:15.86 (1:30.72)	5:48.36 (1:32.50)		
4	McMillan, Bret M	51	Mountain View Masters-38	7:30.00	7:19.13	17
	1:46.14	3:38.39 (1:52.25)	5:32.26 (1:53.87)	7:19.13 (1:46.87)		

Men 50-54 800 LC Meter Freestyle

PAC: 9:24.93 # 12/31/2006 Sandy MacDonald

NATL: 8:56.31 \$ 8/3/2014 RICARDO VALDIVIA

1	Krovetz, Ted	52	Davis Aquatic Masters-38	10:51.52	10:46.00	21
	1:19.33	2:42.41 (1:23.08)	4:04.84 (1:22.43)	5:26.96 (1:22.12)		
	6:48.02 (1:21.06)	8:09.73 (1:21.71)	9:29.35 (1:19.62)	10:46.00 (1:16.65)		
2	Stahl, Stephen A	53	Walnut Creek Masters-38	11:30.86	11:18.67	19
	1:21.01	2:47.63 (1:26.62)	4:14.30 (1:26.67)	5:40.65 (1:26.35)		
	7:07.20 (1:26.55)	8:33.36 (1:26.16)	9:59.08 (1:25.72)	11:18.67 (1:19.59)		
3	Makani, Gautam	52	Orinda Aquatic Masters-38	14:32.00	14:35.53	18
	1:39.92	3:31.17 (1:51.25)	5:23.22 (1:52.05)	7:14.91 (1:51.69)		
	9:07.06 (1:52.15)	10:59.35 (1:52.29)	12:49.67 (1:50.32)	14:35.53 (1:45.86)		
4	McMillan, Bret M	51	Mountain View Masters-38	15:00.00	15:10.06	17
	1:48.24	3:42.88 (1:54.64)	5:41.14 (1:58.26)	7:38.89 (1:57.75)		
	9:33.81 (1:54.92)	11:25.01 (1:51.20)	13:18.37 (1:53.36)	15:10.06 (1:51.69)		
5	Robinson, John S	53	University of San Francisco Ma-38	18:00.00	17:38.37	16
	2:00.05	4:15.56 (2:15.51)	6:32.25 (2:16.69)	8:47.96 (2:15.71)		
	11:03.11 (2:15.15)	13:16.89 (2:13.78)	15:32.10 (2:15.21)	17:38.37 (2:06.27)		

Men 50-54 800 LC Meter Freestyle

PAC: 9:24.93 # 12/31/2006 Sandy MacDonald

NATL: 8:56.31 \$ 8/3/2014 RICARDO VALDIVIA

1	de Boisblanc, Michael W	50	Walnut Creek Masters-38	NT	9:56.86
2	Hamilton, Rick	51	Manatee Aquatic Masters Inc-38	NT	10:30.51

Men 50-54 1500 LC Meter Freestyle

PAC: 17:50.94 # 8/2/2017 Barton S Wells

NATL: 17:08.33 \$ 8/20/2000 JIM MC CONICA

1	de Boisblanc, Michael W	50	Walnut Creek Masters-38	20:15.00	18:44.22	21
	1:09.35	2:22.46 (1:13.11)	3:37.14 (1:14.68)	4:52.37 (1:15.23)		
	6:08.21 (1:15.84)	7:24.47 (1:16.26)	8:40.83 (1:16.36)	9:56.86 (1:16.03)		
	11:13.26 (1:16.40)	12:28.60 (1:15.34)	13:43.83 (1:15.23)	14:59.85 (1:16.02)		
	16:15.14 (1:15.29)	17:30.93 (1:15.79)	18:44.22 (1:13.29)			
2	Hamilton, Rick	51	Manatee Aquatic Masters Inc-38	20:15.00	19:50.84	19
	1:10.88	2:27.62 (1:16.74)	3:47.11 (1:19.49)	5:07.25 (1:20.14)		
	6:28.14 (1:20.89)	7:48.88 (1:20.74)	9:09.89 (1:21.01)	10:30.51 (1:20.62)		
	11:51.14 (1:20.63)	13:11.98 (1:20.84)	14:32.74 (1:20.76)	15:53.06 (1:20.32)		
	17:13.40 (1:20.34)	18:33.34 (1:19.94)	19:50.84 (1:17.50)			

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3	Craven, Rob	53	Manatee Aquatic Masters Inc-38	23:10.00	22:38.23	18
	1:26.43	2:59.06 (1:32.63)	4:30.95 (1:31.89)	6:02.45 (1:31.50)		
	7:33.25 (1:30.80)	9:03.87 (1:30.62)	10:34.94 (1:31.07)	12:05.90 (1:30.96)		
	13:36.86 (1:30.96)	15:07.66 (1:30.80)	16:39.14 (1:31.48)	18:10.42 (1:31.28)		
	19:42.12 (1:31.70)	21:12.37 (1:30.25)	22:38.23 (1:25.86)			
4	Paris, Lorenzo	52	University of San Francisco Ma-38	22:33.16	23:00.38	17
	1:24.76	2:54.92 (1:30.16)	4:25.98 (1:31.06)	5:57.00 (1:31.02)		
	7:28.34 (1:31.34)	8:59.88 (1:31.54)	10:30.91 (1:31.03)	12:01.92 (1:31.01)		
	13:34.18 (1:32.26)	15:07.39 (1:33.21)	16:41.34 (1:33.95)	18:16.65 (1:35.31)		
	19:52.39 (1:35.74)	21:28.27 (1:35.88)	23:00.38 (1:32.11)			
5	Lopez, David	52	Marcia's Enthusiastic Masters-38	23:42.93	24:42.42	16
	1:32.37	3:10.45 (1:38.08)	4:49.21 (1:38.76)	6:26.95 (1:37.74)		
	8:05.40 (1:38.45)	9:44.72 (1:39.32)	11:23.56 (1:38.84)	13:00.40 (1:36.84)		
	14:38.86 (1:38.46)	16:16.84 (1:37.98)	17:55.82 (1:38.98)	19:38.11 (1:42.29)		
	21:19.37 (1:41.26)	23:02.06 (1:42.69)	24:42.42 (1:40.36)			
6	Loyet, Scott	52	Orinda Aquatic Masters-38	27:01.00	25:39.70	15
	1:32.04	3:12.67 (1:40.63)	4:54.49 (1:41.82)	6:38.57 (1:44.08)		
	8:24.60 (1:46.03)	10:08.98 (1:44.38)	11:52.71 (1:43.73)	13:36.85 (1:44.14)		
	15:21.83 (1:44.98)	17:06.03 (1:44.20)	18:49.89 (1:43.86)	20:33.51 (1:43.62)		
	22:16.65 (1:43.14)	23:58.96 (1:42.31)	25:39.70 (1:40.74)			
7	Makani, Gautam	52	Orinda Aquatic Masters-38	27:00.00	27:53.23	14
	1:40.63	3:30.05 (1:49.42)	5:21.51 (1:51.46)	7:14.70 (1:53.19)		
	9:06.95 (1:52.25)	11:01.00 (1:54.05)	12:54.83 (1:53.83)	14:46.92 (1:52.09)		
	16:39.58 (1:52.66)	18:32.75 (1:53.17)	20:25.66 (1:52.91)	22:19.84 (1:54.18)		
	24:13.49 (1:53.65)	26:06.23 (1:52.74)	27:53.23 (1:47.00)			
8	McMillan, Bret M	51	Mountain View Masters-38	28:36.00	29:05.39	13
	1:50.44	3:46.81 (1:56.37)	5:42.08 (1:55.27)	7:39.47 (1:57.39)		
	9:35.97 (1:56.50)	11:33.02 (1:57.05)	13:31.10 (1:58.08)	15:27.98 (1:56.88)		
	17:25.28 (1:57.30)	19:21.88 (1:56.60)	21:18.03 (1:56.15)	23:15.62 (1:57.59)		
	25:17.14 (2:01.52)	27:15.85 (1:58.71)	29:05.39 (1:49.54)			

Men 50-54 50 LC Meter Backstroke

PAC: 30.38 # 4/24/2017 Anthony R Mosse
 NATL: 28.60 \$ 8/5/2011 STEVE WOOD

1	Gould, Rick	50	Stanford Masters Swimming-38	29.00	28.58\$	21
2	Potter, Donald R	53	Walnut Creek Masters-38	55.00	45.98	19
3	Makani, Gautam	52	Orinda Aquatic Masters-38	1:00.00	1:00.67	18

Men 50-54 100 LC Meter Backstroke

PAC: 1:04.63 # 7/16/2017 Rick M Hamilton
 NATL: 1:01.57 \$ 8/6/2017 NICOLAS GRANGER

1	Gould, Rick	50	Stanford Masters Swimming-38	1:02.00	1:02.17 #	21
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Men 50-54 200 LC Meter Backstroke

PAC: 2:23.16 # 8/7/2013 Darren D Phalen
 NATL: 2:14.53 \$ 8/5/2017 NICOLAS GRANGER

1	Gould, Rick	50	Stanford Masters Swimming-38	2:17.50	2:16.79 #	21
	1:07.52	2:16.79 (1:09.27)				
2	Stahl, Stephen A	53	Walnut Creek Masters-38	2:55.55	2:53.17	19
	1:25.47	2:53.17 (1:27.70)				
3	Robinson, John S	53	University of San Francisco Ma-38	4:30.00	4:51.58	18
	2:22.14	4:51.58 (2:29.44)				

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Men 50-54 50 LC Meter Breaststroke

PAC: 30.97 # 12/31/2009 Gary L Patterson

NATL: 30.48 \$ 8/9/2013 DAVID GUTHRIE

1	Wu, Long	53	San Francisco Tsunami Masters-38	42.00	40.49	21
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Men 50-54 100 LC Meter Breaststroke

PAC: 1:09.36 # 12/31/2009 Gary L Patterson

NATL: 1:06.98 \$ 8/15/2014 DAVID GUTHRIE

1	McAdam, Samuel T	53	Davis Aquatic Masters-38	1:20.64	1:22.58	21
2	Wu, Long	53	San Francisco Tsunami Masters-38	1:39.22	1:33.43	19
3	Carter, Paul A	50	Walnut Creek Masters-38	1:42.30	1:38.62	18
4	Makani, Gautam	52	Orinda Aquatic Masters-38	1:45.00	1:46.37	17
5	Robinson, John S	53	University of San Francisco Ma-38	2:15.00	1:54.30	16
6	McMillan, Bret M	51	Mountain View Masters-38	2:00.00	2:05.86	15

Men 50-54 200 LC Meter Breaststroke

PAC: 2:40.57 # 12/31/1996 Robert Strand

NATL: 2:27.91 \$ 7/31/2013 DAVID GUTHRIE

1	Stahl, Stephen A	53	Walnut Creek Masters-38	3:07.77	3:13.97	21
				1:34.84	3:13.97 (1:39.13)	
2	Wu, Long	53	San Francisco Tsunami Masters-38	3:36.49	3:29.48	19
				1:41.66	3:29.48 (1:47.82)	
3	McMillan, Bret M	51	Mountain View Masters-38	4:00.00	4:38.60	18
				2:18.53	4:38.60 (2:20.07)	

Men 50-54 50 LC Meter Butterfly

PAC: 25.88 # 12/31/2008 Paul V Carter

NATL: 25.88 \$ 8/16/2008 PAUL CARTER

1	Krovetz, Ted	52	Davis Aquatic Masters-38	32.39	33.78	21
2	Paris, Lorenzo	52	University of San Francisco Ma-38	37.15	38.17	19

Men 50-54 100 LC Meter Butterfly

PAC: 57.23 # 12/31/2008 Paul V Carter

NATL: 57.23 \$ 8/15/2008 PAUL CARTER

1	Makani, Gautam	52	Orinda Aquatic Masters-38	2:05.00	2:24.86	21
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Men 50-54 200 LC Meter IM

PAC: 2:19.45 # 8/7/2013 Darren D Phalen

NATL: 2:11.15 \$ 8/6/2017 NICOLAS GRANGER

1	Krovetz, Ted	52	Davis Aquatic Masters-38	2:51.76	2:52.28	21
				1:21.53	2:52.28 (1:30.75)	
2	Paris, Lorenzo	52	University of San Francisco Ma-38	3:13.51	3:22.61	19
				1:29.59	3:22.61 (1:53.02)	

Men 55-59 50 LC Meter Freestyle

PAC: 25.87 # 8/3/2016 David E Boatwright

NATL: 25.01 \$ 6/7/2009 JACK GROSELLE

1	Wilson, Kurt E	59	Santa Cruz Masters Aquatics-38	27.49	27.03	21
2	Boatwright, David	57	Walnut Creek Masters-38	26.50	27.07	19
3	Boone, Jon	55	Walnut Creek Masters-38	27.99	27.21	18
4	Nootbaar, Tom T	55	Walnut Creek Masters-38	28.99	28.52	17
5	Tittle, Kenneth W	55	Walnut Creek Masters-38	27.27	28.60	16
6	Remmert, Greg A	56	Walnut Creek Masters-38	28.50	28.62	15
7	Keating, Kevin	55	Sebastopol Masters Aquatic Clu-38	28.50	29.41	14
8	Clabaugh, Rene J	59	Santa Clara Swim Club Masters-38	30.49	30.24	13

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9	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	31.22	31.10	12
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Men 55-59 100 LC Meter Freestyle

PAC:	56.96	#	7/16/2017	David E Boatwright
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NATL:	56.07	\$	7/10/2015	STEVE WOOD
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1	Boone, Jon	55	Walnut Creek Masters-38	1:03.63	1:00.33	21
2	Nootbaar, Tom T	55	Walnut Creek Masters-38	1:02.99	1:00.48	19
3	Boatwright, David	57	Walnut Creek Masters-38	58.00	1:00.66	18
4	Keating, Kevin	55	Sebastopol Masters Aquatic Clu-38	1:05.00	1:04.41	17
5	Wygant, Matthew D	57	Los Gatos Masters-38	1:06.00	1:07.74	16
6	Clabaugh, Rene J	59	Santa Clara Swim Club Masters-38	1:04.11	1:09.50	15
7	King, Ian E	56	Walnut Creek Masters-38	1:10.34	1:09.69	14
8	Kennedy, Jeff M	55	University of San Francisco Ma-38	1:10.00	1:12.19	13
9	Campbell, Chris	57	Mountain View Masters-38	1:14.00	1:16.29	12

Men 55-59 200 LC Meter Freestyle

PAC:	2:05.88	#	8/3/2016	David E Boatwright
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NATL:	2:04.01	\$	7/26/2009	MICHAEL MANN
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1	Boatwright, David	57	Walnut Creek Masters-38	2:10.00	2:12.15	21
	1:03.01		2:12.15 (1:09.14)			
2	Nootbaar, Tom T	55	Walnut Creek Masters-38	2:19.99	2:14.30	19
	1:04.72		2:14.30 (1:09.58)			
3	Boone, Jon	55	Walnut Creek Masters-38	2:25.63	2:17.82	18
	1:05.03		2:17.82 (1:12.79)			
4	Clabaugh, Rene J	59	Santa Clara Swim Club Masters-38	2:25.88	2:29.81	17
	1:12.42		2:29.81 (1:17.39)			
5	Gregor, Eugene C	58	University of San Francisco Ma-38	2:33.00	2:34.04	16
	1:13.60		2:34.04 (1:20.44)			
6	Wygant, Matthew D	57	Los Gatos Masters-38	2:40.00	2:38.15	15
	1:13.93		2:38.15 (1:24.22)			
7	Campbell, Chris	57	Mountain View Masters-38	2:45.00	2:54.36	14
	1:23.55		2:54.36 (1:30.81)			

Men 55-59 400 LC Meter Freestyle

PAC:	4:36.62	#	7/24/2016	David E Boatwright
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NATL:	4:22.49	\$	7/25/2009	MICHAEL MANN
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1	Jaegers, Al	56	Arizona Masters Swim Club Inc-48	4:55.00	5:06.74	21
	1:11.25		2:28.34 (1:17.09)	3:47.22 (1:18.88)	5:06.74 (1:19.52)	
2	Boone, Jon	55	Walnut Creek Masters-38	5:15.63	5:07.22	19
	1:14.85		2:36.29 (1:21.44)	3:55.43 (1:19.14)	5:07.22 (1:11.79)	
3	King, Ian E	56	Walnut Creek Masters-38	5:29.75	5:37.72	18
	1:17.84		2:43.72 (1:25.88)	4:10.98 (1:27.26)	5:37.72 (1:26.74)	
4	Kennedy, Jeff M	55	University of San Francisco Ma-38	5:50.00	5:40.40	17
	1:15.86		2:42.99 (1:27.13)	4:12.17 (1:29.18)	5:40.40 (1:28.23)	
5	Campbell, Chris	57	Mountain View Masters-38	6:02.00	6:17.08	16
	1:28.55		3:04.18 (1:35.63)	4:41.50 (1:37.32)	6:17.08 (1:35.58)	
6	Gendreau, David P	58	University of San Francisco Ma-38	10:00.00	8:50.01	15
	1:56.83		4:19.52 (2:22.69)	6:43.17 (2:23.65)	8:50.01 (2:06.84)	

Men 55-59 400 LC Meter Freestyle

PAC:	4:36.62	#	7/24/2016	David E Boatwright
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NATL:	4:22.49	\$	7/25/2009	MICHAEL MANN
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1	Boone, Jon	55	Walnut Creek Masters-38	NT	5:30.74	
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(Men 55-59 400 LC Meter Freestyle)

2	Cook, Doug J	55	Walnut Creek Masters-38	NT	5:37.05
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Men 55-59 800 LC Meter Freestyle

PAC: 9:40.68 # 12/31/2003 R Tod Spieker

NATL: 9:00.09 \$ 7/24/2009 MICHAEL MANN

1	Gregor, Eugene C	58	University of San Francisco Ma-38	12:15.00	12:07.59	21
	1:25.37	2:58.32 (1:32.95)	4:31.10 (1:32.78)	6:04.21 (1:33.11)		
	7:36.05 (1:31.84)	9:08.19 (1:32.14)	10:39.49 (1:31.30)	12:07.59 (1:28.10)		
2	Campbell, Chris	57	Mountain View Masters-38	12:50.00	13:06.59	19
	1:32.61	3:10.87 (1:38.26)	4:50.50 (1:39.63)	6:29.86 (1:39.36)		
	8:09.97 (1:40.11)	9:49.70 (1:39.73)	11:28.62 (1:38.92)	13:06.59 (1:37.97)		

Men 55-59 800 LC Meter Freestyle

PAC: 9:40.68 # 12/31/2003 R Tod Spieker

NATL: 9:00.09 \$ 7/24/2009 MICHAEL MANN

1	Boone, Jon	55	Walnut Creek Masters-38	NT	11:10.50
2	Cook, Doug J	55	Walnut Creek Masters-38	NT	11:26.66

Men 55-59 1500 LC Meter Freestyle

PAC: 18:34.42 # 7/24/2016 David E Boatwright

NATL: 17:22.61 \$ 8/10/2009 MICHAEL MANN

1	Nootbaar, Tom T	55	Walnut Creek Masters-38	21:29.99	19:57.27	21
	1:16.26	2:38.16 (1:21.90)	4:01.41 (1:23.25)	5:23.88 (1:22.47)		
	6:46.01 (1:22.13)	8:08.30 (1:22.29)	9:29.72 (1:21.42)	10:50.55 (1:20.83)		
	12:11.18 (1:20.63)	13:30.28 (1:19.10)	14:49.78 (1:19.50)	16:07.81 (1:18.03)		
	17:25.47 (1:17.66)	18:41.70 (1:16.23)	19:57.27 (1:15.57)			
2	Boone, Jon	55	Walnut Creek Masters-38	21:40.69	21:06.25	19
	1:19.11	2:43.93 (1:24.82)	4:06.94 (1:23.01)	5:30.74 (1:23.80)		
	6:55.64 (1:24.90)	8:20.28 (1:24.64)	9:45.18 (1:24.90)	11:10.50 (1:25.32)		
	12:36.00 (1:25.50)	14:02.05 (1:26.05)	15:28.39 (1:26.34)	16:54.50 (1:26.11)		
	18:20.29 (1:25.79)	19:45.36 (1:25.07)	21:06.25 (1:20.89)			
3	Cook, Doug J	55	Walnut Creek Masters-38	22:00.82	22:28.12	18
	1:21.58	2:52.72 (1:31.14)	4:23.58 (1:30.86)	5:54.04 (1:30.46)		
	7:24.67 (1:30.63)	8:54.29 (1:29.62)	10:25.74 (1:31.45)	11:57.74 (1:32.00)		
	13:29.48 (1:31.74)	15:00.27 (1:30.79)	16:31.61 (1:31.34)	18:02.61 (1:31.00)		
	19:33.21 (1:30.60)	21:02.29 (1:29.08)	22:28.12 (1:25.83)			
4	Gregor, Eugene C	58	University of San Francisco Ma-38	22:15.00	22:30.17	17
	1:21.27	2:50.25 (1:28.98)	4:19.69 (1:29.44)	5:49.57 (1:29.88)		
	7:18.92 (1:29.35)	8:49.19 (1:30.27)	10:20.70 (1:31.51)	11:52.59 (1:31.89)		
	13:24.73 (1:32.14)	14:57.15 (1:32.42)	16:29.27 (1:32.12)	18:02.06 (1:32.79)		
	19:34.20 (1:32.14)	21:04.79 (1:30.59)	22:30.17 (1:25.38)			
5	Kennedy, Jeff M	55	University of San Francisco Ma-38	24:00.00	22:31.85	16
	1:22.01	2:51.24 (1:29.23)	4:21.38 (1:30.14)	5:52.00 (1:30.62)		
	7:23.03 (1:31.03)	8:53.08 (1:30.05)	10:24.00 (1:30.92)	11:54.94 (1:30.94)		
	13:26.16 (1:31.22)	14:56.87 (1:30.71)	16:28.29 (1:31.42)	17:59.82 (1:31.53)		
	19:31.36 (1:31.54)	21:02.78 (1:31.42)	22:31.85 (1:29.07)			
6	Campbell, Chris	57	Mountain View Masters-38	23:35.00	24:29.01	15
	1:31.44	3:09.50 (1:38.06)	4:47.24 (1:37.74)	6:25.44 (1:38.20)		
	8:04.03 (1:38.59)	9:42.41 (1:38.38)	11:21.04 (1:38.63)	12:58.29 (1:37.25)		
	14:36.44 (1:38.15)	16:14.37 (1:37.93)	17:52.41 (1:38.04)	19:30.79 (1:38.38)		
	21:11.09 (1:40.30)	22:49.56 (1:38.47)	24:29.01 (1:39.45)			

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7	Ettinger, Yoseph	59	University of San Francisco Ma-38	24:30.00	24:30.24	14
	1:35.54	3:16.28 (1:40.74)	4:55.02 (1:38.74)	6:33.87 (1:38.85)		
	8:12.52 (1:38.65)	9:50.29 (1:37.77)	11:28.04 (1:37.75)	13:05.88 (1:37.84)		
	14:44.22 (1:38.34)	16:22.21 (1:37.99)	17:59.28 (1:37.07)	19:37.10 (1:37.82)		
	21:15.54 (1:38.44)	22:54.54 (1:39.00)	24:30.24 (1:35.70)			
8	Robinson, Darrell	56	University of San Francisco Ma-38	35:00.00	35:24.24	13
	1:57.55	4:13.73 (2:16.18)	6:35.26 (2:21.53)	8:56.95 (2:21.69)		
	11:22.49 (2:25.54)	13:49.34 (2:26.85)	16:15.18 (2:25.84)	18:44.18 (2:29.00)		
	21:05.01 (2:20.83)	23:30.31 (2:25.30)	25:51.22 (2:20.91)	28:19.86 (2:28.64)		
	30:51.08 (2:31.22)	33:13.70 (2:22.62)	35:24.24 (2:10.54)			

Men 55-59 50 LC Meter Backstroke

PAC: 31.71 # 12/31/2000 Tim A Birnie

NATL: 29.03 \$ 8/20/2016 STEVE WOOD

1	Riblet, Jean-Philippe M	55	Santa Rosa Masters-38	30.70	31.18 #	21
2	Taylor, Ron A	58	Richmond Plunge Masters-38	33.44	34.75	19
3	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	38.87	39.17	18
4	Campbell, Chris	57	Mountain View Masters-38	44.00	45.59	17

Men 55-59 100 LC Meter Backstroke

PAC: 1:09.27 # 12/31/2000 Tim A Birnie

NATL: 1:03.50 \$ 6/21/2015 STEVE WOOD

1	Riblet, Jean-Philippe M	55	Santa Rosa Masters-38	1:05.50	1:10.68	21
2	Taylor, Ron A	58	Richmond Plunge Masters-38	1:14.49	1:15.81	19
3	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	1:25.21	1:23.64	18
4	Kennedy, Jeff M	55	University of San Francisco Ma-38	1:25.00	1:24.18	17
5	King, Ian E	56	Walnut Creek Masters-38	1:26.61	1:28.39	16

Men 55-59 200 LC Meter Backstroke

PAC: 2:27.49 # 12/31/2008 Fred Ferroggiaro

NATL: 2:22.68 \$ 8/7/2015 CRAIG PETERSEN

1	Gregor, Eugene C	58	University of San Francisco Ma-38	2:56.00	2:59.82	21
	1:27.86	2:59.82 (1:31.96)				
2	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	3:02.38	3:03.23	19
	1:32.04	3:03.23 (1:31.19)				
3	King, Ian E	56	Walnut Creek Masters-38	3:03.00	3:13.58	18
	1:37.25	3:13.58 (1:36.33)				

Men 55-59 50 LC Meter Breaststroke

PAC: 33.32 # 12/31/2002 Robert Strand

NATL: 30.56 \$ 8/6/2017 DAVID GUTHRIE

1	Miller, Tim	55	Stanford Masters Swimming-38	34.77	35.52	21
2	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	38.09	36.62	19
3	Ewing, Jack	58	University of San Francisco Ma-38	40.13	40.10	18

Men 55-59 100 LC Meter Breaststroke

PAC: 1:14.80 # 12/31/2001 Robert Strand

NATL: 1:07.97 \$ 7/31/2015 DAVID GUTHRIE

1	Miller, Tim	55	Stanford Masters Swimming-38	1:17.49	1:18.56	21
2	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	1:26.01	1:24.12	19
3	Nootbaar, Tom T	55	Walnut Creek Masters-38	1:29.99	1:27.19	18
4	Taylor, Ron A	58	Richmond Plunge Masters-38	1:30.09	1:28.88	17
5	Gregor, Eugene C	58	University of San Francisco Ma-38	1:27.00	1:30.74	16

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1	Miller, Tim	55	Stanford Masters Swimming-38	2:54.37	2:54.60	21
	1:25.64		2:54.60 (1:28.96)			
2	Laudenslager, Greg L	57	Rolling Hills Mud Sharks-38	3:10.83	3:10.10	19
	1:33.82		3:10.10 (1:36.28)			
3	Nootbaar, Tom T	55	Walnut Creek Masters-38	3:14.99	3:11.81	18
	1:35.99		3:11.81 (1:35.82)			
4	Ewing, Jack	58	University of San Francisco Ma-38	3:14.16	3:22.19	17
	1:35.43		3:22.19 (1:46.76)			

Men 55-59 50 LC Meter Butterfly**PAC: 27.31 # 12/31/2012 Paul V Carter****NATL: 26.86 \$ 8/6/2009 GARY HALL**

1	Harvill, Tom	57	Wildcat Alumni Masters-38	29.00	28.67	21
2	Boone, Jon	55	Walnut Creek Masters-38	30.23	29.10	19
3	Tittle, Kenneth W	55	Walnut Creek Masters-38	28.89	29.54	18
4	Keating, Kevin	55	Sebastopol Masters Aquatic Clu-38	29.70	30.00	17
5	Riblet, Jean-Philippe M	55	Santa Rosa Masters-38	30.24	30.82	16
6	Clabaugh, Rene J	59	Santa Clara Swim Club Masters-38	31.14	30.83	15
7	Taylor, Ron A	58	Richmond Plunge Masters-38	30.84	30.92	14
8	Jaegers, Al	56	Arizona Masters Swim Club Inc-48	31.50	31.76	13
9	Wygant, Matthew D	57	Los Gatos Masters-38	34.00	34.56	12
10	Kennedy, Jeff M	55	University of San Francisco Ma-38	35.00	34.64	11

Men 55-59 100 LC Meter Butterfly**PAC: 1:00.56 # 12/31/2012 Paul V Carter****NATL: 1:00.56 \$ 8/11/2012 PAUL CARTER**

1	Tittle, Kenneth W	55	Walnut Creek Masters-38	1:05.55	1:06.36	21
2	Riblet, Jean-Philippe M	55	Santa Rosa Masters-38	1:04.41	1:06.91	19
3	Boone, Jon	55	Walnut Creek Masters-38	1:09.99	1:10.47	18
4	Keating, Kevin	55	Sebastopol Masters Aquatic Clu-38	1:09.00	1:10.86	17
5	Clabaugh, Rene J	59	Santa Clara Swim Club Masters-38	1:10.93	1:16.41	16
6	King, Ian E	56	Walnut Creek Masters-38	1:20.18	1:22.45	15
7	Gregor, Eugene C	58	University of San Francisco Ma-38	1:20.00	1:26.85	14

Men 55-59 200 LC Meter Butterfly**PAC: 2:34.89 # 12/31/2012 Kerry L O'Brien****NATL: 2:18.37 \$ 8/4/2017 DAVID SIMS**

1	Tittle, Kenneth W	55	Walnut Creek Masters-38	2:42.43	2:54.29	21
	1:20.15		2:54.29 (1:34.14)			

Men 55-59 200 LC Meter IM**PAC: 2:27.18 # 12/31/2012 Paul V Carter****NATL: 2:20.83 \$ 8/9/2009 MICHAEL MANN**

1	Riblet, Jean-Philippe M	55	Santa Rosa Masters-38	2:26.00	2:32.73	21
	1:10.40		2:32.73 (1:22.33)			
2	Nootbaar, Tom T	55	Walnut Creek Masters-38	2:44.99	2:43.87	19
	1:19.05		2:43.87 (1:24.82)			
3	Clabaugh, Rene J	59	Santa Clara Swim Club Masters-38	2:44.64	2:57.99	18
	1:26.12		2:57.99 (1:31.87)			
4	Kennedy, Jeff M	55	University of San Francisco Ma-38	3:00.00	2:59.44	17
	1:24.83		2:59.44 (1:34.61)			

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(Men 55-59 200 LC Meter IM)

5	Campbell, Chris	57	Mountain View Masters-38	3:20.00	3:33.43	16
	1:43.96		3:33.43 (1:49.47)			

Men 55-59 400 LC Meter IM

PAC: 5:30.36 # 12/30/2009 Jim Clemmons

NATL: 5:04.07 \$ 7/26/2009 MICHAEL MANN

1	Gregor, Eugene C	58	University of San Francisco Ma-38	6:20.00	6:34.32	21
	1:23.82		3:05.66 (1:41.84)	5:02.40 (1:56.74)	6:34.32 (1:31.92)	

Men 60-64 50 LC Meter Freestyle

PAC: 26.92 # 8/9/2014 Steve Baxter

NATL: 25.23 \$ 8/10/2006 RICHARD ABRAHAMS

1	Druz, Loren	62	Walnut Creek Masters-38	27.50	27.93	21
2	Patocchi, Robert J	62	Cal Maritime Academy Masters-38	29.00	28.67	19
3	Spellberg, Geoff	62	Tamalpais Aquatic Masters-38	29.30	29.61	18
4	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	28.90	29.79	17
5	O'Brien, Kerry L	61	Walnut Creek Masters-38	29.95	30.93	16
6	Lloyd, John R	64	Uc38-38	31.78	32.10	15
7	Anderson, Robert L	63	Peninsula Community Center Mas-38	34.00	34.38	14
8	Pinto, Harlan A	61	Menlo Masters-38	34.27	34.81	13
9	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	38.00	36.27	12
10	Deltorchio, Fred	61	Cal Maritime Academy Masters-38	36.00	37.52	11
11	Mao, John	60	Walnut Creek Masters-38	1:10.00	50.07	10

Men 60-64 100 LC Meter Freestyle

PAC: 59.66 # 12/31/2006 James R DeLacy

NATL: 57.79 \$ 6/14/2014 JACK GROSELLE

1	Druz, Loren	62	Walnut Creek Masters-38	1:02.20	1:03.29	21
2	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	1:04.92	1:04.01	19
3	Darlington, Taite	62	San Francisco Tsunami Masters-38	1:07.00	1:04.77	18
4	Ford, Kent P	64	University of San Francisco Ma-38	1:15.00	1:15.11	17
5	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	1:08.00	1:16.23	16
6	Citron, Jeffrey M	63	Uc38-38	1:15.69	1:16.76	15
7	Pinto, Harlan A	61	Menlo Masters-38	1:15.27	1:18.36	14
8	Deltorchio, Fred	61	Cal Maritime Academy Masters-38	1:30.00	1:28.29	13
9	Lapin, Donald J	62	University of San Francisco Ma-38	1:50.00	1:28.34	12
10	Faitos, Ernest D	61	University of San Francisco Ma-38	1:45.00	1:38.55	11

Men 60-64 200 LC Meter Freestyle

PAC: 2:13.32 # 12/31/2006 James R DeLacy

NATL: 2:07.68 \$ 8/6/2017 DAN STEPHENSON

1	Volpp, Bryan D	61	Walnut Creek Masters-38	NT	2:22.73	
2	Evans, Mark E	60	Davis Aquatic Masters-38	NT	2:34.13	

Men 60-64 200 LC Meter Freestyle

PAC: 2:13.32 # 12/31/2006 James R DeLacy

NATL: 2:07.68 \$ 8/6/2017 DAN STEPHENSON

1	Morales, John R	60	Santa Rosa Masters-38	2:26.00	2:24.09	21
	1:09.95		2:24.09 (1:14.14)			
2	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	2:26.63	2:24.43	19
	1:10.94		2:24.43 (1:13.49)			
3	Druz, Loren	62	Walnut Creek Masters-38	2:24.00	2:26.26	18
	1:12.02		2:26.26 (1:14.24)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****(Men 60-64 200 LC Meter Freestyle)**

4	O'Brien, Kerry L	61	Walnut Creek Masters-38	2:25.07	2:29.23	17
	1:13.08	2:29.23 (1:16.15)				
5	Citron, Jeffrey M	63	Uc38-38	2:42.58	2:47.45	16
	1:21.09	2:47.45 (1:26.36)				
6	Coad, David	60	University of San Francisco Ma-38	2:40.00	2:47.97	15
	1:20.27	2:47.97 (1:27.70)				
7	Pinto, Harlan A	61	Menlo Masters-38	2:48.61	2:50.21	14
	1:20.28	2:50.21 (1:29.93)				
8	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	3:15.00	3:05.08	13
	1:28.99	3:05.08 (1:36.09)				
9	Young, Stephen L	60	University of San Francisco Ma-38	7:00.00	3:53.57	12
	1:50.45	3:53.57 (2:03.12)				

Men 60-64 400 LC Meter Freestyle**PAC: 4:51.99 # 8/7/2013 Michael G McCaffe****NATL: 4:36.85 \$ 8/4/2017 DAN STEPHENSON**

1	Evans, Mark E	60	Davis Aquatic Masters-38	NT	5:14.49	
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Men 60-64 400 LC Meter Freestyle**PAC: 4:51.99 # 8/7/2013 Michael G McCaffe****NATL: 4:36.85 \$ 8/4/2017 DAN STEPHENSON**

1	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	5:19.97	5:14.00	21
	1:17.83	2:38.80 (1:20.97)	3:58.71 (1:19.91)	5:14.00 (1:15.29)		
2	O'Brien, Kerry L	61	Walnut Creek Masters-38	5:22.00	5:24.84	19
	1:18.53	2:43.61 (1:25.08)	4:07.76 (1:24.15)	5:24.84 (1:17.08)		
3	Anderson, Robert L	63	Peninsula Community Center Mas-38	5:55.00	5:51.28	18
	1:21.22	2:52.18 (1:30.96)	5:51.28 (2:59.10)			
4	Citron, Jeffrey M	63	Uc38-38	5:55.39	6:03.31	17
	1:23.35	2:54.89 (1:31.54)	4:29.97 (1:35.08)	6:03.31 (1:33.34)		
5	Hektner, Eric W	60	Tri Valley Masters-38	6:05.37	6:07.45	16
	1:22.95	2:55.80 (1:32.85)	4:31.81 (1:36.01)	6:07.45 (1:35.64)		
6	Deltorchio, Fred	61	Cal Maritime Academy Masters-38	6:00.00	7:25.96	15
	1:42.13	3:37.23 (1:55.10)	5:35.68 (1:58.45)	7:25.96 (1:50.28)		
7	Faitos, Ernest D	61	University of San Francisco Ma-38	9:00.00	8:16.98	14
	1:59.10	4:10.66 (2:11.56)	6:14.89 (2:04.23)	8:16.98 (2:02.09)		
8	Young, Stephen L	60	University of San Francisco Ma-38	16:00.00	10:30.41	13
	1:53.56	4:05.83 (2:12.27)	6:16.67 (2:10.84)	10:30.41 (4:13.74)		

Men 60-64 800 LC Meter Freestyle**PAC: 10:01.23 # 8/7/2013 Michael G McCaffe****NATL: 9:35.50 \$ 8/12/2012 JIM MC CONICA**

1	Morales, John R	60	Santa Rosa Masters-38	10:33.33	10:43.58	21
	1:15.92	2:36.48 (1:20.56)	3:58.15 (1:21.67)	5:20.28 (1:22.13)		
	6:42.03 (1:21.75)	8:03.21 (1:21.18)	9:24.46 (1:21.25)	10:43.58 (1:19.12)		
2	Anderson, Robert L	63	Peninsula Community Center Mas-38	12:40.00	12:10.04	19
				6:01.94 ()		
	7:33.78 (1:31.84)		10:38.96 ()	12:10.04 (1:31.08)		
3	Pinto, Harlan A	61	Menlo Masters-38	12:12.61	12:28.71	18
	1:25.37	2:58.96 (1:33.59)	4:31.65 (1:32.69)	6:05.36 (1:33.71)		
	7:39.36 (1:34.00)	9:15.69 (1:36.33)	10:53.86 (1:38.17)	12:28.71 (1:34.85)		
4	Citron, Jeffrey M	63	Uc38-38	12:41.27	12:29.53	17
	1:27.99	3:03.17 (1:35.18)	4:37.35 (1:34.18)	6:13.22 (1:35.87)		
	7:47.27 (1:34.05)	9:25.26 (1:37.99)	10:58.43 (1:33.17)	12:29.53 (1:31.10)		

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

(Men 60-64 800 LC Meter Freestyle)

5	Coad, David	60	University of San Francisco Ma-38	13:00.00	12:43.22	16
	1:28.33	3:03.63 (1:35.30)	4:41.22 (1:37.59)	6:19.61 (1:38.39)		
	7:58.44 (1:38.83)	9:35.99 (1:37.55)	11:12.80 (1:36.81)	12:43.22 (1:30.42)		
6	Deltorchio, Fred	61	Cal Maritime Academy Masters-38	12:00.00	15:21.52	15
	1:47.57	3:42.55 (1:54.98)	5:38.79 (1:56.24)	7:37.07 (1:58.28)		
	9:34.90 (1:57.83)	11:33.80 (1:58.90)	13:30.79 (1:56.99)	15:21.52 (1:50.73)		
7	Young, Stephen L	60	University of San Francisco Ma-38	32:00.00	17:47.63	14
	2:01.47	4:20.23 (2:18.76)	6:37.07 (2:16.84)	8:49.47 (2:12.40)		
	11:04.15 (2:14.68)	13:19.75 (2:15.60)	15:36.23 (2:16.48)	17:47.63 (2:11.40)		

Men 60-64 800 LC Meter Freestyle

PAC: 10:01.23 # 8/7/2013 Michael G McCaffe

NATL: 9:35.50 \$ 8/12/2012 JIM MC CONICA

1	Evans, Mark E	60	Davis Aquatic Masters-38	NT	10:42.52	
2	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	NT	10:56.61	

Men 60-64 1500 LC Meter Freestyle

PAC: 19:06.93 # 8/7/2013 Michael G McCaffe

NATL: 18:12.09 \$ 6/6/2010 JIM MC CONICA

1	Evans, Mark E	60	Davis Aquatic Masters-38	20:30.00	20:11.68	21
	1:14.54	2:34.13 (1:19.59)	3:54.54 (1:20.41)	5:14.49 (1:19.95)		
	6:36.98 (1:22.49)	7:58.66 (1:21.68)	9:20.65 (1:21.99)	10:42.52 (1:21.87)		
	12:05.06 (1:22.54)	13:27.19 (1:22.13)	14:49.18 (1:21.99)	16:11.50 (1:22.32)		
	17:33.62 (1:22.12)	18:54.02 (1:20.40)	20:11.68 (1:17.66)			
2	Morales, John R	60	Santa Rosa Masters-38	20:20.20	20:17.29	19
	1:18.02	2:39.77 (1:21.75)	4:01.28 (1:21.51)	5:23.70 (1:22.42)		
	6:46.00 (1:22.30)	8:08.47 (1:22.47)	9:30.13 (1:21.66)	10:51.88 (1:21.75)		
	12:13.51 (1:21.63)	13:35.22 (1:21.71)	14:55.50 (1:20.28)	16:16.87 (1:21.37)		
	17:37.74 (1:20.87)	18:58.48 (1:20.74)	20:17.29 (1:18.81)			
3	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	20:40.01	20:26.39	18
	1:18.77	2:41.38 (1:22.61)	4:03.86 (1:22.48)	5:26.49 (1:22.63)		
	6:48.95 (1:22.46)	8:11.65 (1:22.70)	9:34.43 (1:22.78)	10:56.61 (1:22.18)		
	12:18.93 (1:22.32)	13:40.69 (1:21.76)	15:02.88 (1:22.19)	16:24.71 (1:21.83)		
	17:46.13 (1:21.42)	19:07.91 (1:21.78)	20:26.39 (1:18.48)			
4	O'Brien, Kerry L	61	Walnut Creek Masters-38	23:00.00	21:49.10	17
	1:20.97	2:47.71 (1:26.74)	4:15.19 (1:27.48)	5:42.31 (1:27.12)		
	7:09.87 (1:27.56)	8:37.81 (1:27.94)	10:06.18 (1:28.37)	11:34.60 (1:28.42)		
	13:03.13 (1:28.53)	14:31.61 (1:28.48)	15:59.95 (1:28.34)	17:28.89 (1:28.94)		
	18:57.47 (1:28.58)	20:25.74 (1:28.27)	21:49.10 (1:23.36)			
5	Spellberg, Geoff	62	Tamalpais Aquatic Masters-38	22:45.00	22:06.11	16
	1:25.89	2:56.32 (1:30.43)	4:26.31 (1:29.99)	5:56.38 (1:30.07)		
	7:26.81 (1:30.43)	8:56.92 (1:30.11)	10:26.69 (1:29.77)	11:55.46 (1:28.77)		
	13:24.71 (1:29.25)	14:53.34 (1:28.63)	16:21.66 (1:28.32)	17:50.27 (1:28.61)		
	19:18.05 (1:27.78)	20:44.55 (1:26.50)	22:06.11 (1:21.56)			
6	Anderson, Robert L	63	Peninsula Community Center Mas-38	24:20.00	23:22.65	15
	1:29.53	3:02.95 (1:33.42)	4:37.15 (1:34.20)	6:10.32 (1:33.17)		
	7:44.74 (1:34.42)	9:19.64 (1:34.90)	10:53.92 (1:34.28)	12:29.08 (1:35.16)		
	14:03.61 (1:34.53)	15:39.19 (1:35.58)	17:13.35 (1:34.16)	18:45.22 (1:31.87)		
	20:19.50 (1:34.28)	21:53.17 (1:33.67)	23:22.65 (1:29.48)			
7	Coad, David	60	University of San Francisco Ma-38	25:30.00	24:24.68	14
	1:24.72	2:57.96 (1:33.24)	4:33.51 (1:35.55)	6:11.53 (1:38.02)		
	7:50.05 (1:38.52)	9:28.65 (1:38.60)	11:07.38 (1:38.73)	12:47.20 (1:39.82)		
	14:27.60 (1:40.40)	16:07.91 (1:40.31)	17:48.39 (1:40.48)	19:29.03 (1:40.64)		
	21:09.47 (1:40.44)	22:49.37 (1:39.90)	24:24.68 (1:35.31)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

(Men 60-64 1500 LC Meter Freestyle)

8	Burke, Bill	64	University of San Francisco Ma-38	34:00.00	35:33.13	13
	2:04.38	4:19.12 (2:14.74)	6:36.91 (2:17.79)	8:54.86 (2:17.95)		
	11:14.77 (2:19.91)	13:36.33 (2:21.56)	15:56.92 (2:20.59)	18:22.66 (2:25.74)		
	20:48.55 (2:25.89)	23:16.25 (2:27.70)	25:46.26 (2:30.01)	28:14.04 (2:27.78)		
	30:41.61 (2:27.57)	33:09.08 (2:27.47)	35:33.13 (2:24.05)			
9	Young, Stephen L	60	University of San Francisco Ma-38	50:00.00	35:50.82	12
	2:02.01	4:20.08 (2:18.07)	6:39.49 (2:19.41)	8:58.77 (2:19.28)		
	11:18.22 (2:19.45)	13:42.41 (2:24.19)	16:04.14 (2:21.73)	18:27.65 (2:23.51)		
	20:59.30 (2:31.65)	23:26.39 (2:27.09)	25:56.45 (2:30.06)	28:29.87 (2:33.42)		
	30:58.70 (2:28.83)	33:26.83 (2:28.13)	35:50.82 (2:23.99)			

Men 60-64 50 LC Meter Backstroke

PAC: 32.11 # 12/31/2003 Richard Burns

NATL: 31.33 \$ 8/18/2016 ANDRE STEYNBERG

1	Patocchi, Robert J	62	Cal Maritime Academy Masters-38	34.70	35.61	21
2	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	35.00	36.47	19
3	Darlington, Taite	62	San Francisco Tsunami Masters-38	40.00	36.87	18
4	Gass, Matthew E	61	Tuolumne County Aquatic Master-38	38.07	38.31	17
5	Spellberg, Geoff	62	Tamalpais Aquatic Masters-38	42.42	42.51	16
6	Citron, Jeffrey M	63	Uc38-38	42.08	43.50	15
7	Pinto, Harlan A	61	Menlo Masters-38	46.31	47.96	14

Men 60-64 100 LC Meter Backstroke

PAC: 1:11.48 # 8/7/2013 Fred Ferroggiaro

NATL: 1:07.85 \$ 7/31/2016 TOM BARTON

1	Darlington, Taite	62	San Francisco Tsunami Masters-38	1:16.00	1:15.46	21
2	Volpp, Bryan D	61	Walnut Creek Masters-38	1:19.20	1:16.22	19
3	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	1:16.56	1:16.43	18
4	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	1:20.00	1:19.35	17
5	Ford, Kent P	64	University of San Francisco Ma-38	1:20.00	1:19.77	16
6	Gass, Matthew E	61	Tuolumne County Aquatic Master-38	1:25.84	1:26.70	15
---	Lapin, Donald J	62	University of San Francisco Ma-38	2:40.00	DQ	

Men 60-64 100 LC Meter Backstroke

PAC: 1:11.48 # 8/7/2013 Fred Ferroggiaro

NATL: 1:07.85 \$ 7/31/2016 TOM BARTON

1	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	NT	1:17.24	
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Men 60-64 200 LC Meter Backstroke

PAC: 2:33.09 # 8/7/2013 Fred Ferroggiaro

NATL: 2:28.37 \$ 7/30/2016 TOM BARTON

1	Volpp, Bryan D	61	Walnut Creek Masters-38	2:48.00	2:43.89	21
	1:21.20	2:43.89 (1:22.69)				
2	Darlington, Taite	62	San Francisco Tsunami Masters-38	2:45.00	2:44.13	19
	1:21.31	2:44.13 (1:22.82)				
3	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	2:49.51	2:44.81	18
	1:21.52	2:44.81 (1:23.29)				
4	Morales, John R	60	Santa Rosa Masters-38	2:47.77	2:47.71	17
	1:21.83	2:47.71 (1:25.88)				
5	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	2:56.48	3:11.05	16
	1:34.63	3:11.05 (1:36.42)				
6	Gass, Matthew E	61	Tuolumne County Aquatic Master-38	3:05.00	3:12.44	15
	1:33.30	3:12.44 (1:39.14)				

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****(Men 60-64 200 LC Meter Backstroke)**

7	Citron, Jeffrey M	63	Uc38-38	3:21.63	3:18.82	14
	1:38.45		3:18.82 (1:40.37)			

Men 60-64 50 LC Meter Breaststroke

PAC:	33.41	#	12/31/2008	Robert Strand
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NATL:	32.87	\$	6/13/2012	TIMOTHY SHEAD
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1	Volpp, Bryan D	61	Walnut Creek Masters-38	37.70	36.48	21
2	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	38.00	38.43	19
3	Swenor, Gary D	64	Davis Aquatic Masters-38	38.20	39.05	18
4	Seligmann, William R	62	Santa Cruz Masters Aquatics-38	39.80	40.40	17
5	Coad, David	60	University of San Francisco Ma-38	45.00	40.90	16
6	Anderson, Robert L	63	Peninsula Community Center Mas-38	41.00	43.30	15
7	Mao, John	60	Walnut Creek Masters-38	1:10.00	54.12	14
8	Young, Stephen L	60	University of San Francisco Ma-38	2:30.00	1:17.43	13

Men 60-64 100 LC Meter Breaststroke

PAC:	1:15.42	#	12/31/2008	Robert Strand
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NATL:	1:13.38	\$	8/8/2013	RICK COLELLA
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1	Volpp, Bryan D	61	Walnut Creek Masters-38	1:24.45	1:23.73	21
2	Hektner, Eric W	60	Tri Valley Masters-38	1:35.00	1:32.30	19
3	Anderson, Robert L	63	Peninsula Community Center Mas-38	1:40.00	1:32.49	18
4	Spellberg, Geoff	62	Tamalpais Aquatic Masters-38	1:44.00	1:36.34	17
5	Woodruff, David L	62	Davis Aquatic Masters-38	1:30.00	1:37.08	16
6	Williams, Syd	63	University of San Francisco Ma-38	2:10.00	1:44.68	15
7	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	2:15.00	1:57.09	14
8	Young, Stephen L	60	University of San Francisco Ma-38	6:00.00	2:52.80	13

Men 60-64 200 LC Meter Breaststroke

PAC:	2:50.77	#	12/31/2008	Robert Strand
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NATL:	2:40.46	\$	8/17/2014	RICK COLELLA
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1	Volpp, Bryan D	61	Walnut Creek Masters-38	3:05.00	3:06.63	21
	1:30.28		3:06.63 (1:36.35)			
2	Anderson, Robert L	63	Peninsula Community Center Mas-38	3:40.00	3:35.76	19
	1:48.14		3:35.76 (1:47.62)			
3	Faitos, Ernest D	61	University of San Francisco Ma-38	6:00.00	4:55.80	18
	2:21.12		4:55.80 (2:34.68)			
4	Young, Stephen L	60	University of San Francisco Ma-38	10:00.00	6:13.12	17
	3:00.41		6:13.12 (3:12.71)			

Men 60-64 50 LC Meter Butterfly

PAC:	28.58	#	8/9/2014	Steve Baxter
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NATL:	27.85	\$	8/6/2017	TRIP HEDRICK
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1	Druz, Loren	62	Walnut Creek Masters-38	31.00	30.61	21
2	Heath, Robert H	61	Manatee Aquatic Masters Inc-38	29.69	31.06	19
3	Van Boer, Eric D	64	Rolling Hills Mud Sharks-38	32.00	32.32	18
4	O'Brien, Kerry L	61	Walnut Creek Masters-38	31.00	32.56	17
5	Seligmann, William R	62	Santa Cruz Masters Aquatics-38	34.50	35.59	16
6	Ford, Kent P	64	University of San Francisco Ma-38	35.89	36.38	15
7	Gass, Matthew E	61	Tuolumne County Aquatic Master-38	37.96	37.09	14

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 60-64 100 LC Meter Butterfly****PAC: 1:09.11 # 12/31/2006 James R DeLacy****NATL: 1:03.03 \$ 8/15/2005 RICHARD ABRAHAMS**

1	O'Brien, Kerry L	61	Walnut Creek Masters-38	1:11.02	1:11.71	21
2	Morales, John R	60	Santa Rosa Masters-38	1:12.55	1:13.31	19
3	Spellberg, Geoff	62	Tamalpais Aquatic Masters-38	1:15.00	1:13.87	18
4	Gass, Matthew E	61	Tuolumne County Aquatic Master-38	1:29.00	1:29.58	17
5	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	2:00.00	1:47.10	16

Men 60-64 200 LC Meter Butterfly**PAC: 2:42.84 # 8/6/2016 Peter M Guadagni****NATL: 2:29.05 \$ 8/6/2011 LAWRENCE DAY**

1	Ford, Kent P	64	University of San Francisco Ma-38	3:15.00	3:15.09	21
				1:32.24	3:15.09 (1:42.85)	
2	Gass, Matthew E	61	Tuolumne County Aquatic Master-38	3:42.31	3:34.68	19
				1:47.85	3:34.68 (1:46.83)	
3	Pinto, Harlan A	61	Menlo Masters-38	3:26.87	3:39.50	18
				1:42.61	3:39.50 (1:56.89)	
4	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	4:45.00	4:22.48	17
				2:00.59	4:22.48 (2:21.89)	

Men 60-64 200 LC Meter IM**PAC: 2:32.63 # 12/31/2011 Tim Broderick****NATL: 2:21.99 \$ 8/17/2014 RICK COLELLA**

1	Volpp, Bryan D	61	Walnut Creek Masters-38	2:44.00	2:42.53	21
				1:16.14	2:42.53 (1:26.39)	
2	Cutting, Steve	61	Manatee Aquatic Masters Inc-38	2:45.66	2:46.79	19
				1:17.46	2:46.79 (1:29.33)	
3	Waters, Steve	61	San Ramon Valley Aquatics Mast-38	3:10.00	3:20.41	18
				1:33.02	3:20.41 (1:47.39)	
4	Swenor, Gary D	64	Davis Aquatic Masters-38	3:14.36	3:23.93	17
				1:43.84	3:23.93 (1:40.09)	
5	Citron, Jeffrey M	63	Uc38-38	3:21.77	3:31.57	16
				1:45.18	3:31.57 (1:46.39)	
6	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	4:00.00	3:53.81	15
				1:47.00	3:53.81 (2:06.81)	

Men 60-64 400 LC Meter IM**PAC: 5:37.64 # 12/31/2010 Jim Clemmons****NATL: 5:08.20 \$ 8/15/2014 RICK COLELLA**

1	Volpp, Bryan D	61	Walnut Creek Masters-38	5:58.00	5:48.35	21
2	Morales, John R	60	Santa Rosa Masters-38	5:59.99	5:52.54	19
3	Pinto, Harlan A	61	Menlo Masters-38	6:59.18	7:20.27	18
				1:36.88	3:40.72 (2:03.84)	
					5:40.09 (1:59.37)	
					7:20.27 (1:40.18)	
4	Tsugawa, Peter	60	Marcia's Enthusiastic Masters-38	8:40.00	7:57.19	17
				1:55.04	4:06.67 (2:11.63)	
					6:17.62 (2:10.95)	
					7:57.19 (1:39.57)	
---	Williams, Syd	63	University of San Francisco Ma-38	9:00.00		DQ
				2:06.01	4:15.73 (2:09.72)	
					6:22.62 (2:06.89)	
					DQ (1:56.13)	

Men 65-69 50 LC Meter Freestyle**PAC: 27.38 # 7/24/2016 Tate Holt****NATL: 26.33 \$ 8/12/2010 RICHARD ABRAHAMS**

1	Holt, Tate	67	Tamalpais Aquatic Masters-38	28.00	27.80	21
2	Sapirstein, Julian B	69	University of San Francisco Ma-38	32.00	31.08	19

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3	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	33.99	31.80	18
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Men 65-69 100 LC Meter Freestyle

PAC:	1:01.69	#	7/24/2016	Tate Holt
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NATL:	1:00.38	\$	8/12/2010	RICHARD ABRAHAMS
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1	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	1:13.99	1:10.49	21
2	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	1:19.85	1:14.17	19
3	Upshaw, Bob B	69	Walnut Creek Masters-38	1:24.00	1:19.29	18

Men 65-69 200 LC Meter Freestyle

PAC:	2:18.51	#	7/24/2016	Tim Broderick
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NATL:	2:09.39	\$	8/6/2017	RICK COLELLA
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1	Sapirstein, Julian B	69	University of San Francisco Ma-38	2:45.00	2:37.41	21
	1:15.93		2:37.41 (1:21.48)			
2	Virtue, Paul A	67	University of San Francisco Ma-38	2:41.84	2:39.17	19
	1:18.46		2:39.17 (1:20.71)			
3	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	2:50.25	2:41.83	18
	1:18.21		2:41.83 (1:23.62)			
4	Jester, Mal	69	Walnut Creek Masters-38	3:00.00	2:52.33	17
	1:24.08		2:52.33 (1:28.25)			
5	Moore, Michael W	68	University of San Francisco Ma-38	3:59.00	4:00.16	16
	1:52.50		4:00.16 (2:07.66)			
6	Boland, John L	69	University of San Francisco Ma-38	4:00.00	4:32.67	15
	2:14.53		4:32.67 (2:18.14)			

Men 65-69 400 LC Meter Freestyle

PAC:	5:06.67	#	6/29/2004	Joel R Wilson
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NATL:	4:37.70	\$	8/4/2017	RICK COLELLA
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1	Ferroggiaro, Fred	65	The Olympic Club-38	5:12.00	5:24.63	21
	1:18.49		2:41.69 (1:23.20)	4:04.03 (1:22.34)	5:24.63 (1:20.60)	
2	Sapirstein, Julian B	69	University of San Francisco Ma-38	6:30.00	5:56.10	19
	1:21.74		2:55.92 (1:34.18)	4:28.49 (1:32.57)	5:56.10 (1:27.61)	
3	Jester, Mal	69	Walnut Creek Masters-38	6:40.00	6:10.43	18
	1:28.25		3:04.90 (1:36.65)	4:39.44 (1:34.54)	6:10.43 (1:30.99)	
4	Ridinger, Kim S	67	University of San Francisco Ma-38	7:00.00	6:19.04	17
	1:28.13		3:02.80 (1:34.67)	6:19.04 (3:16.24)		
5	Cort, Doug A	68	Cal Maritime Academy Masters-38	6:54.14	6:33.90	16
	1:34.96		3:17.83 (1:42.87)	5:01.21 (1:43.38)	6:33.90 (1:32.69)	
6	Moore, Michael W	68	University of San Francisco Ma-38	8:16.07	8:06.10	15
	1:57.03		4:03.60 (2:06.57)	6:08.09 (2:04.49)	8:06.10 (1:58.01)	

Men 65-69 800 LC Meter Freestyle

PAC:	10:47.65	#	8/9/2014	Mike Sherrill
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NATL:	10:11.30	\$	6/14/2015	JIM MC CONICA
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1	Ferroggiaro, Fred	65	The Olympic Club-38	10:40.00	10:47.51 #	21
	1:20.31		2:42.58 (1:22.27)	4:04.38 (1:21.80)	5:25.98 (1:21.60)	
	6:46.94 (1:20.96)		8:08.45 (1:21.51)	9:29.42 (1:20.97)	10:47.51 (1:18.09)	
2	Nelson, John P	65	Jellies Aquatic Masters of Mon-38	10:56.00	10:56.47	19
	1:18.10		2:40.05 (1:21.95)	4:03.75 (1:23.70)	5:26.73 (1:22.98)	
	6:50.25 (1:23.52)		8:12.91 (1:22.66)	9:36.28 (1:23.37)	10:56.47 (1:20.19)	
3	Bell, Gordon E	66	Walnut Creek Masters-38	12:00.00	11:23.08	18
	1:27.56		2:56.93 (1:29.37)	4:23.87 (1:26.94)	5:50.01 (1:26.14)	
	7:15.29 (1:25.28)		8:39.45 (1:24.16)	10:01.90 (1:22.45)	11:23.08 (1:21.18)	

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(Men 65-69 800 LC Meter Freestyle)

4	Sapirstein, Julian B	69	University of San Francisco Ma-38	13:00.00	12:34.34	17
	1:28.09	3:05.24 (1:37.15)	4:41.66 (1:36.42)	6:18.97 (1:37.31)		
	7:55.76 (1:36.79)	9:32.19 (1:36.43)	11:05.84 (1:33.65)	12:34.34 (1:28.50)		
5	Jester, Mal	69	Walnut Creek Masters-38	13:00.00	12:38.51	16
	1:30.40	3:07.21 (1:36.81)	4:44.61 (1:37.40)	6:20.69 (1:36.08)		
	7:58.17 (1:37.48)	9:34.73 (1:36.56)	11:08.50 (1:33.77)	12:38.51 (1:30.01)		
6	Cort, Doug A	68	Cal Maritime Academy Masters-38	13:58.14	13:53.94	15
	1:43.52	3:27.90 (1:44.38)	5:11.98 (1:44.08)	6:58.40 (1:46.42)		
	8:45.54 (1:47.14)	10:32.24 (1:46.70)	12:17.71 (1:45.47)	13:53.94 (1:36.23)		
7	Mortimer, Niland B	67	University of San Francisco Ma-38	16:30.00	14:44.15	14
	1:37.35	3:29.14 (1:51.79)	5:21.31 (1:52.17)	7:15.05 (1:53.74)		
	9:07.85 (1:52.80)	11:01.24 (1:53.39)	12:54.78 (1:53.54)	14:44.15 (1:49.37)		
8	Kunihara, Daniel S	67	University of San Francisco Ma-38	24:00.00	15:59.63	13
	1:53.66	3:54.08 (2:00.42)	5:54.39 (2:00.31)	7:55.64 (2:01.25)		
	9:57.38 (2:01.74)	11:59.09 (2:01.71)	14:00.08 (2:00.99)	15:59.63 (1:59.55)		
9	Boreyko, Valeriy A	65	University of San Francisco Ma-38	24:00.00	17:24.87	12
	2:10.62	4:24.75 (2:14.13)	6:39.91 (2:15.16)	8:53.50 (2:13.59)		
	11:03.83 (2:10.33)	13:11.54 (2:07.71)	15:20.61 (2:09.07)	17:24.87 (2:04.26)		

Men 65-69 1500 LC Meter Freestyle

PAC: 20:29.63 # 8/7/2013 Joel R Wilson

NATL: 19:33.36 \$ 6/14/2015 JIM MC CONICA

1	Ferroggiaro, Fred	65	The Olympic Club-38	20:04.73	20:31.16	21
	1:20.69	2:44.62 (1:23.93)	4:08.24 (1:23.62)	5:31.12 (1:22.88)		
	6:53.88 (1:22.76)	8:16.04 (1:22.16)	9:38.33 (1:22.29)	11:00.88 (1:22.55)		
	12:23.15 (1:22.27)	13:45.14 (1:21.99)	15:07.36 (1:22.22)	16:28.62 (1:21.26)		
	17:50.29 (1:21.67)	19:11.87 (1:21.58)	20:31.16 (1:19.29)			
2	Virtue, Paul A	67	University of San Francisco Ma-38	22:01.01	22:03.00	19
	1:24.81	2:53.57 (1:28.76)	4:22.83 (1:29.26)	5:52.02 (1:29.19)		
	7:20.71 (1:28.69)	8:49.41 (1:28.70)	10:17.72 (1:28.31)	11:46.18 (1:28.46)		
	13:14.47 (1:28.29)	14:42.96 (1:28.49)	16:11.57 (1:28.61)	17:39.91 (1:28.34)		
	19:08.50 (1:28.59)	20:36.78 (1:28.28)	22:03.00 (1:26.22)			
3	Upshaw, Bob B	69	Walnut Creek Masters-38	24:31.00	23:18.63	18
	1:28.24	3:01.58 (1:33.34)	4:35.01 (1:33.43)	6:08.50 (1:33.49)		
	7:41.24 (1:32.74)	9:14.69 (1:33.45)	10:48.32 (1:33.63)	12:21.68 (1:33.36)		
	13:55.72 (1:34.04)	15:29.87 (1:34.15)	17:03.79 (1:33.92)	18:38.42 (1:34.63)		
	20:13.48 (1:35.06)	21:47.46 (1:33.98)	23:18.63 (1:31.17)			
4	Kahn, Stuart L	65	Davis Aquatic Masters-38	26:51.00	23:33.94	17
	1:32.36	3:11.58 (1:39.22)	4:48.56 (1:36.98)	6:25.91 (1:37.35)		
	8:02.68 (1:36.77)	9:39.16 (1:36.48)	11:13.33 (1:34.17)	12:48.65 (1:35.32)		
	14:23.05 (1:34.40)	15:56.97 (1:33.92)	17:30.36 (1:33.39)	19:03.05 (1:32.69)		
	20:35.00 (1:31.95)	22:04.78 (1:29.78)	23:33.94 (1:29.16)			
5	Sapirstein, Julian B	69	University of San Francisco Ma-38	25:00.00	24:04.05	16
	1:30.10	3:06.74 (1:36.64)	4:44.88 (1:38.14)	6:22.61 (1:37.73)		
	8:00.62 (1:38.01)	9:38.01 (1:37.39)	11:15.69 (1:37.68)	12:51.92 (1:36.23)		
	14:29.05 (1:37.13)	16:06.74 (1:37.69)	17:44.85 (1:38.11)	19:21.39 (1:36.54)		
	20:59.21 (1:37.82)	22:34.18 (1:34.97)	24:04.05 (1:29.87)			
6	Winterrowd, Dan	68	Sierra Marlins Masters-38	24:42.85	24:32.19	15
	1:32.81	3:11.45 (1:38.64)	4:49.62 (1:38.17)	6:27.79 (1:38.17)		
	8:05.39 (1:37.60)	9:44.17 (1:38.78)	11:22.75 (1:38.58)	13:01.35 (1:38.60)		
	14:40.38 (1:39.03)	16:20.89 (1:40.51)	18:01.38 (1:40.49)	19:40.53 (1:39.15)		
	21:17.76 (1:37.23)	22:55.16 (1:37.40)	24:32.19 (1:37.03)			

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7	Mortimer, Niland B	67	University of San Francisco Ma-38	28:30.00	27:56.94	14
	1:42.57	3:35.41 (1:52.84)	5:27.86 (1:52.45)	7:20.85 (1:52.99)		
	9:14.92 (1:54.07)	11:08.34 (1:53.42)	13:01.65 (1:53.31)	14:53.38 (1:51.73)		
	16:46.13 (1:52.75)	18:39.15 (1:53.02)	20:31.15 (1:52.00)	22:23.09 (1:51.94)		
	24:15.13 (1:52.04)	26:08.12 (1:52.99)	27:56.94 (1:48.82)			
8	Boreyko, Valeriy A	65	University of San Francisco Ma-38	45:00.00	34:16.72	13
				8:50.49 ()		
	11:06.26 (2:15.77)	13:23.97 (2:17.71)	15:42.08 (2:18.11)	18:04.03 (2:21.95)		
	20:24.13 (2:20.10)	22:47.12 (2:22.99)	25:10.72 (2:23.60)	27:29.41 (2:18.69)		
		32:11.27 ()	34:16.72 (2:05.45)			
9	Boland, John L	69	University of San Francisco Ma-38	40:00.00	40:05.52	12
	2:29.02	5:11.13 (2:42.11)	7:54.73 (2:43.60)	10:38.81 (2:44.08)		
	13:25.60 (2:46.79)	16:08.63 (2:43.03)	18:50.71 (2:42.08)	21:33.17 (2:42.46)		
	24:14.64 (2:41.47)	26:56.74 (2:42.10)	29:37.90 (2:41.16)	32:18.34 (2:40.44)		
	34:57.76 (2:39.42)	37:36.66 (2:38.90)	40:05.52 (2:28.86)			

Men 65-69 50 LC Meter Backstroke

PAC: 30.95 # 12/31/2012 Hugh Wilder

NATL: 30.95 \$ 7/12/2012 HUGH WILDER

1	Ferroggiaro, Fred	65	The Olympic Club-38	35.00	36.54	21
2	Kahn, Stuart L	65	Davis Aquatic Masters-38	37.50	37.38	19
3	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	42.99	40.85	18
4	Upshaw, Bob B	69	Walnut Creek Masters-38	43.00	42.92	17
5	Sapirstein, Julian B	69	University of San Francisco Ma-38	48.00	46.52	16
6	Andrews, Bryan W	67	University of San Francisco Ma-38	55.00	47.20	15
7	Sutton-Beattie, Eric L	66	Rolling Hills Mud Sharks-38	1:00.00	50.86	14
8	Kennedy, James B	67	Cal Maritime Academy Masters-38	52.00	53.19	13
9	Kunihara, Daniel S	67	University of San Francisco Ma-38	1:15.00	57.83	12

Men 65-69 100 LC Meter Backstroke

PAC: 1:09.79 # 12/31/2012 Hugh Wilder

NATL: 1:09.79 \$ 7/8/2012 HUGH WILDER

1	Ferroggiaro, Fred	65	The Olympic Club-38	1:14.00	1:15.49	21
2	Kahn, Stuart L	65	Davis Aquatic Masters-38	1:22.55	1:25.91	19
3	Upshaw, Bob B	69	Walnut Creek Masters-38	1:37.00	1:28.66	18
4	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	1:33.33	1:33.94	17
5	Kennedy, James B	67	Cal Maritime Academy Masters-38	1:45.00	1:48.43	16
6	Andrews, Bryan W	67	University of San Francisco Ma-38	2:05.00	1:50.61	15

Men 65-69 200 LC Meter Backstroke

PAC: 2:41.76 # 12/31/2009 Richard Burns

NATL: 2:37.16 \$ 6/16/2018 LAWRENCE DAY

1	Ferroggiaro, Fred	65	The Olympic Club-38	2:38.00	2:41.49 #	21
	1:19.92	2:41.49 (1:21.57)				
2	Upshaw, Bob B	69	Walnut Creek Masters-38	3:15.00	3:08.10	19
	1:32.58	3:08.10 (1:35.52)				
3	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	3:25.29	3:21.70	18
	1:38.52	3:21.70 (1:43.18)				
4	Andrews, Bryan W	67	University of San Francisco Ma-38	4:30.00	3:57.87	17
	1:58.01	3:57.87 (1:59.86)				
5	Kunihara, Daniel S	67	University of San Francisco Ma-38	5:30.00	4:24.65	16
	2:11.78	4:24.65 (2:12.87)				

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6	Moore, Michael W	68	University of San Francisco Ma-38	5:59.99	4:56.41	15
	2:27.64		4:56.41 (2:28.77)			

Men 65-69 50 LC Meter Breaststroke

PAC: 35.00 # 12/31/2009 Kenneth A Frost

NATL: 33.30 \$ 8/19/2016 RICK COLELLA

1	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	46.99	43.25	21
2	Kennedy, James B	67	Cal Maritime Academy Masters-38	49.00	45.92	19
3	Ridinger, Kim S	67	University of San Francisco Ma-38	1:00.00	47.08	18
4	Upshaw, Bob B	69	Walnut Creek Masters-38	54.00	48.09	17
5	Boreyko, Valeriy A	65	University of San Francisco Ma-38	1:20.00	49.99	16
6	Kunihara, Daniel S	67	University of San Francisco Ma-38	1:30.00	55.26	15

Men 65-69 100 LC Meter Breaststroke

PAC: 1:18.11 # 12/31/2009 Kenneth A Frost

NATL: 1:14.77 \$ 8/5/2017 RICK COLELLA

1	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	1:37.43	1:35.95	21
2	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	1:45.99	1:37.57	19
3	Kahn, Stuart L	65	Davis Aquatic Masters-38	1:37.93	1:39.88	18
4	Kennedy, James B	67	Cal Maritime Academy Masters-38	1:45.00	1:46.08	17
5	Upshaw, Bob B	69	Walnut Creek Masters-38	1:50.00	1:47.95	16
6	Kunihara, Daniel S	67	University of San Francisco Ma-38	3:05.00	2:02.02	15
7	Boreyko, Valeriy A	65	University of San Francisco Ma-38	3:00.00	2:03.80	14
8	Andrews, Bryan W	67	University of San Francisco Ma-38	2:40.00	2:25.27	13

Men 65-69 200 LC Meter Breaststroke

PAC: 2:59.54 # 12/31/2009 Kenneth A Frost

NATL: 2:41.54 \$ 8/21/2016 RICK COLELLA

1	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	3:38.49	3:32.02	21
	1:43.06		3:32.02 (1:48.96)			
2	Kahn, Stuart L	65	Davis Aquatic Masters-38	3:40.00	3:37.20	19
	1:45.98		3:37.20 (1:51.22)			
3	Jester, Mal	69	Walnut Creek Masters-38	3:50.00	3:38.57	18
	1:46.55		3:38.57 (1:52.02)			
4	Kennedy, James B	67	Cal Maritime Academy Masters-38	3:46.00	3:53.55	17
	1:51.81		3:53.55 (2:01.74)			
5	Kunihara, Daniel S	67	University of San Francisco Ma-38	6:45.00	4:35.12	16
	2:14.06		4:35.12 (2:21.06)			
6	Boreyko, Valeriy A	65	University of San Francisco Ma-38	7:25.00	4:35.64	15
	2:24.83		4:35.64 (2:10.81)			

Men 65-69 50 LC Meter Butterfly

PAC: 30.13 # 12/31/2009 Robert H Olson

NATL: 28.68 \$ 8/16/2008 KEEFE LODWIG

1	Levine, Arnold W	65	Oakland Barracuda Masters-38	33.56	34.66	21
2	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	36.99	36.11	19
3	Cort, Doug A	68	Cal Maritime Academy Masters-38	37.12	36.62	18
4	Kennedy, James B	67	Cal Maritime Academy Masters-38	46.00	43.14	17
5	Andrews, Bryan W	67	University of San Francisco Ma-38	1:05.00	52.83	16

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1	Andow, Larry T	65	Uc38-38	1:40.00	1:35.47	21
2	Cort, Doug A	68	Cal Maritime Academy Masters-38	1:38.50	1:50.36	19
---	Kennedy, James B	67	Cal Maritime Academy Masters-38	1:46.00	DQ	

Men 65-69 200 LC Meter Butterfly**PAC: 2:49.73 # 7/26/2015 Joel R Wilson****NATL: 2:33.40 \$ 6/12/2016 LAWRENCE DAY**

1	Ferroggiaro, Fred	65	The Olympic Club-38	3:00.00	3:04.59	21
				1:29.84	3:04.59 (1:34.75)	
2	Andow, Larry T	65	Uc38-38	3:50.00	3:48.57	19
				1:47.27	3:48.57 (2:01.30)	
3	Kunihara, Daniel S	67	University of San Francisco Ma-38	8:30.00	5:02.01	18
				2:20.21	5:02.01 (2:41.80)	
4	Boreyko, Valeriy A	65	University of San Francisco Ma-38	10:00.00	5:35.87	17
				2:50.36	5:35.87 (2:45.51)	

Men 65-69 200 LC Meter IM**PAC: 2:41.20 # 8/9/2014 Alek I Shestakov****NATL: 2:25.22 \$ 8/19/2016 RICK COLELLA**

1	Bernard, Alan D	69	Tamalpais Aquatic Masters-38	3:14.99	3:07.58	21
				1:33.07	3:07.58 (1:34.51)	
2	Kahn, Stuart L	65	Davis Aquatic Masters-38	3:30.00	3:10.42	19
				1:33.08	3:10.42 (1:37.34)	
3	Small, Stephen A	66	Marcia's Enthusiastic Masters-38	3:21.10	3:19.85	18
				1:35.30	3:19.85 (1:44.55)	
---	Andrews, Bryan W	67	University of San Francisco Ma-38	4:30.00	DQ	
				1:54.83	DQ (2:07.42)	

Men 65-69 400 LC Meter IM**PAC: 5:50.98 # 8/9/2014 Alek I Shestakov****NATL: 5:13.36 \$ 8/3/2017 RICK COLELLA**

1	Edwards, Wes	65	Oregon Masters-37	6:25.00	6:52.80	21
				1:38.23	3:19.42 (1:41.19)	
					5:20.20 (2:00.78)	
					6:52.80 (1:32.60)	
2	Kahn, Stuart L	65	Davis Aquatic Masters-38	8:10.00	7:12.20	19
				1:48.56	3:39.77 (1:51.21)	
					5:41.89 (2:02.12)	
					7:12.20 (1:30.31)	
3	Andrews, Bryan W	67	University of San Francisco Ma-38	10:00.00	9:00.12	18
				2:15.83	4:30.73 (2:14.90)	
					7:03.51 (2:32.78)	
					9:00.12 (1:56.61)	

Men 70-74 50 LC Meter Freestyle**PAC: 28.55 # 5/9/2013 James E Elder****NATL: 27.71 \$ 8/7/2015 RICHARD ABRAHAMS**

1	McPherson, Andrew M	71	Davis Aquatic Masters-38	31.00	30.28	21
2	DeLacy, James R	72	Walnut Creek Masters-38	31.00	30.98	19
3	Dennis, D Craig	72	Walnut Creek Masters-38	34.65	32.28	18
4	Smyers, Jesse B	72	Walnut Creek Masters-38	33.88	34.07	17
5	Dahlin, Duke	70	San Francisco Tsunami Masters-38	33.64	36.12	16
6	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	37.00	38.28	15
7	Flickinger, Tom R	71	Walnut Creek Masters-38	45.00	40.53	14
8	Gurdin, J. Barry	71	University of San Francisco Ma-38	2:00.00	2:16.33	13

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Men 70-74 100 LC Meter Freestyle

PAC: 1:04.85 # 8/7/2013

Richard Burns

NATL: 1:03.32 \$ 8/8/2015

DAVID QUIGGIN

1	DeLacy, James R	72	Walnut Creek Masters-38	1:12.00	1:09.65	21
2	McPherson, Andrew M	71	Davis Aquatic Masters-38	1:10.55	1:09.99	19
3	Ashford, Wes	70	Peninsula Community Center Mas-38	1:08.59	1:11.84	18
4	Dennis, D Craig	72	Walnut Creek Masters-38	1:13.93	1:17.14	17
5	Smyers, Jesse B	72	Walnut Creek Masters-38	1:20.50	1:19.05	16
6	Fitschen, Gary T	73	Manatee Aquatic Masters Inc-38	1:25.00	1:21.51	15
7	Flickinger, Tom R	71	Walnut Creek Masters-38	1:45.00	1:36.67	14
8	Wiscomb, Lance	73	University of San Francisco Ma-38	2:00.00	1:45.72	13

Men 70-74 200 LC Meter Freestyle

PAC: 2:27.83 # 8/7/2013

Richard Burns

NATL: 2:24.41 \$ 8/15/2014

DAVID QUIGGIN

1	DeLacy, James R	72	Walnut Creek Masters-38	2:45.00	2:38.30	21
	1:18.80		2:38.30 (1:19.50)			
2	Dahlin, Duke	70	San Francisco Tsunami Masters-38	4:00.00	3:22.39	19
	1:36.45		3:22.39 (1:45.94)			
3	Flickinger, Tom R	71	Walnut Creek Masters-38	3:50.00	3:29.27	18
	1:41.60		3:29.27 (1:47.67)			

Men 70-74 400 LC Meter Freestyle

PAC: 5:28.21 # 8/4/2017

Edward Rudloff

NATL: 5:12.05 \$ 5/4/2001

GRAHAM JOHNSTON

1	Ashford, Wes	70	Peninsula Community Center Mas-38	5:30.55	5:43.09	21
	1:18.81		2:46.63 (1:27.82)	4:17.04 (1:30.41)	5:43.09 (1:26.05)	
2	DeLacy, James R	72	Walnut Creek Masters-38	7:00.00	5:52.45	19
	1:25.04		2:56.40 (1:31.36)	4:26.36 (1:29.96)	5:52.45 (1:26.09)	
3	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	7:00.00	7:09.65	18
	1:39.40		3:31.66 (1:52.26)	5:22.30 (1:50.64)	7:09.65 (1:47.35)	

Men 70-74 800 LC Meter Freestyle

PAC: 11:27.87 # 4/21/2017

Edward Rudloff

NATL: 10:45.92 \$ 3/24/2002

GRAHAM JOHNSTON

1	DeLacy, James R	72	Walnut Creek Masters-38	14:30.00	12:56.05	21
			3:10.05 ()	4:49.26 (1:39.21)	6:28.90 (1:39.64)	
	8:05.92 (1:37.02)		9:44.01 (1:38.09)	11:21.69 (1:37.68)	12:56.05 (1:34.36)	
2	Piazza, Michael S	72	Walnut Creek Masters-38	14:30.00	13:37.16	19
	1:36.29		3:20.42 (1:44.13)	5:04.83 (1:44.41)	6:48.39 (1:43.56)	
	8:32.49 (1:44.10)		10:15.56 (1:43.07)	11:58.78 (1:43.22)	13:37.16 (1:38.38)	
3	Ensor, Richard E	71	University of San Francisco Ma-38	22:00.00	21:55.56	18
	2:28.20		5:16.75 (2:48.55)	8:06.72 (2:49.97)	10:54.52 (2:47.80)	
	13:42.39 (2:47.87)		16:33.57 (2:51.18)	19:18.64 (2:45.07)	21:55.56 (2:36.92)	

Men 70-74 800 LC Meter Freestyle

PAC: 11:27.87 # 4/21/2017

Edward Rudloff

NATL: 10:45.92 \$ 3/24/2002

GRAHAM JOHNSTON

1	DeLacy, James R	72	Walnut Creek Masters-38	NT	13:33.75	
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2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 70-74 1500 LC Meter Freestyle****PAC: 22:08.38 # 8/2/2017 Edward Rudloff****NATL: 20:36.56 \$ 8/16/2001 GRAHAM JOHNSTON**

1	DeLacy, James R	72	Walnut Creek Masters-38	27:30.00	25:22.38	21
	1:33.99	3:16.34 (1:42.35)	4:58.96 (1:42.62)	6:42.21 (1:43.25)		
	8:24.83 (1:42.62)	10:06.94 (1:42.11)	11:50.45 (1:43.51)	13:33.75 (1:43.30)		
	15:16.59 (1:42.84)	16:59.79 (1:43.20)	18:42.08 (1:42.29)	20:24.99 (1:42.91)		
	22:06.75 (1:41.76)	23:46.62 (1:39.87)	25:22.38 (1:35.76)			
2	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	28:00.00	27:48.45	19
	1:40.97	3:34.36 (1:53.39)	5:28.55 (1:54.19)	7:22.65 (1:54.10)		
	9:15.06 (1:52.41)	11:08.19 (1:53.13)	13:01.61 (1:53.42)	14:53.08 (1:51.47)		
	16:46.68 (1:53.60)	18:38.65 (1:51.97)	20:29.59 (1:50.94)	22:21.81 (1:52.22)		
	24:14.36 (1:52.55)	26:06.19 (1:51.83)	27:48.45 (1:42.26)			
3	McCarty, Thomas E	73	The Olympic Club-38	28:30.00	28:39.43	18
	1:50.78	3:46.77 (1:55.99)	5:41.65 (1:54.88)	7:37.06 (1:55.41)		
	9:31.35 (1:54.29)	11:26.25 (1:54.90)	13:21.66 (1:55.41)	15:17.67 (1:56.01)		
	17:12.42 (1:54.75)	19:08.17 (1:55.75)	21:03.74 (1:55.57)	22:59.43 (1:55.69)		
	24:55.00 (1:55.57)	26:49.92 (1:54.92)	28:39.43 (1:49.51)			
4	Flickinger, Tom R	71	Walnut Creek Masters-38	30:00.00	29:09.95	17
	1:53.35	3:52.61 (1:59.26)	5:50.45 (1:57.84)	7:47.87 (1:57.42)		
	9:45.90 (1:58.03)	11:42.62 (1:56.72)	13:38.67 (1:56.05)	15:35.43 (1:56.76)		
	17:33.16 (1:57.73)	19:30.28 (1:57.12)	21:27.30 (1:57.02)	23:25.22 (1:57.92)		
	25:22.46 (1:57.24)	27:17.30 (1:54.84)	29:09.95 (1:52.65)			
5	Bent, David	71	Uc38-38	30:36.00	30:14.76	16
	1:42.54	3:39.47 (1:56.93)	5:38.97 (1:59.50)	7:39.36 (2:00.39)		
	9:41.73 (2:02.37)	11:44.48 (2:02.75)	13:47.93 (2:03.45)	15:50.79 (2:02.86)		
	17:55.95 (2:05.16)	20:00.71 (2:04.76)	22:04.50 (2:03.79)	24:07.82 (2:03.32)		
	26:10.55 (2:02.73)	28:14.16 (2:03.61)	30:14.76 (2:00.60)			
6	Crockett, Robert J	70	Menlo Masters-38	33:00.00	33:42.01	15
	2:03.80	4:16.70 (2:12.90)	6:31.26 (2:14.56)	8:46.39 (2:15.13)		
	11:01.46 (2:15.07)	13:17.92 (2:16.46)	15:33.12 (2:15.20)	17:50.14 (2:17.02)		
	20:08.52 (2:18.38)	22:26.06 (2:17.54)	24:43.93 (2:17.87)	27:00.54 (2:16.61)		
	29:16.39 (2:15.85)	31:30.33 (2:13.94)	33:42.01 (2:11.68)			
7	Wiscomb, Lance	73	University of San Francisco Ma-38	35:00.00	33:42.22	14
	2:08.07		6:40.45 ()	8:56.80 (2:16.35)		
	11:12.80 (2:16.00)	13:30.97 (2:18.17)	15:46.35 (2:15.38)	18:03.98 (2:17.63)		
	20:21.12 (2:17.14)	22:38.68 (2:17.56)	24:54.07 (2:15.39)	27:10.57 (2:16.50)		
	29:26.71 (2:16.14)	31:40.72 (2:14.01)	33:42.22 (2:01.50)			
8	Ensor, Richard E	71	University of San Francisco Ma-38	39:00.00	42:49.80	13
	2:28.91	5:16.25 (2:47.34)	8:05.64 (2:49.39)	10:51.54 (2:45.90)		
	13:43.46 (2:51.92)	16:36.68 (2:53.22)	19:31.94 (2:55.26)	22:23.02 (2:51.08)		
	25:18.97 (2:55.95)	28:13.75 (2:54.78)	31:10.96 (2:57.21)	34:05.98 (2:55.02)		
	37:03.59 (2:57.61)	40:00.58 (2:56.99)	42:49.80 (2:49.22)			

Men 70-74 50 LC Meter Backstroke**PAC: 33.59 # 8/7/2013 Richard Burns****NATL: 33.58 \$ 8/4/2017 HUGH WILDER**

1	Dahlin, Duke	70	San Francisco Tsunami Masters-38	38.20	38.04	21
2	McPherson, Andrew M	71	Davis Aquatic Masters-38	39.50	38.57	19
3	Piazza, Michael S	72	Walnut Creek Masters-38	48.00	44.45	18
4	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	45.00	45.51	17
5	Gurdin, J. Barry	71	University of San Francisco Ma-38	2:00.00	2:02.56	16
---	Dennis, D Craig	72	Walnut Creek Masters-38	41.35	DQ	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 70-74 100 LC Meter Backstroke****PAC: 1:15.13 # 6/15/2013 Richard Burns****NATL: 1:13.49 \$ 8/6/2017 HUGH WILDER**

1	Dennis, D Craig	72	Walnut Creek Masters-38	1:29.35	1:31.55	21
2	Wiscomb, Lance	73	University of San Francisco Ma-38	2:30.00	2:47.19	19

Men 70-74 200 LC Meter Backstroke**PAC: 2:44.59 # 8/7/2013 Richard Burns****NATL: 2:44.59 \$ 8/9/2013 RICHARD BURNS**

1	Dahlin, Duke	70	San Francisco Tsunami Masters-38	3:12.25	3:11.50	21
	1:34.86		3:11.50 (1:36.64)			
2	Dennis, D Craig	72	Walnut Creek Masters-38	3:20.43	3:27.02	19
	1:41.21		3:27.02 (1:45.81)			
3	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	4:00.00	3:48.76	18
	1:54.51		3:48.76 (1:54.25)			
4	Ensor, Richard E	71	University of San Francisco Ma-38	5:30.00	6:16.51	17
	3:06.26		6:16.51 (3:10.25)			

Men 70-74 50 LC Meter Breaststroke**PAC: 37.34 # 8/31/2000 Kenneth A Frost****NATL: 36.68 \$ 8/19/2016 ROBERT STRAND**

1	Fitschen, Gary T	73	Manatee Aquatic Masters Inc-38	45.00	41.20	21
2	McPherson, Andrew M	71	Davis Aquatic Masters-38	44.00	41.93	19
3	Smyers, Jesse B	72	Walnut Creek Masters-38	42.77	42.13	18
4	Dennis, D Craig	72	Walnut Creek Masters-38	49.95	44.21	17
5	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	47.00	50.73	16
6	Wiscomb, Lance	73	University of San Francisco Ma-38	1:30.00	1:09.61	15

Men 70-74 100 LC Meter Breaststroke**PAC: 1:23.65 # 8/17/2014 Kenneth A Frost****NATL: 1:23.63 \$ 8/18/2016 ROBERT STRAND**

1	Fitschen, Gary T	73	Manatee Aquatic Masters Inc-38	1:32.46	1:29.46	21
2	Smyers, Jesse B	72	Walnut Creek Masters-38	1:43.00	1:43.68	19

Men 70-74 200 LC Meter Breaststroke**PAC: 3:07.93 # 8/9/2014 Kenneth A Frost****NATL: 3:07.26 \$ 8/21/2016 ROBERT STRAND**

1	Fitschen, Gary T	73	Manatee Aquatic Masters Inc-38	3:22.96	3:14.06	21
	1:33.51		3:14.06 (1:40.55)			

Men 70-74 50 LC Meter Butterfly**PAC: 31.20 # 8/9/2015 Richard Burns****NATL: 30.06 \$ 8/9/2015 RICHARD ABRAHAMS**

1	McPherson, Andrew M	71	Davis Aquatic Masters-38	34.00	33.02	21
2	DeLacy, James R	72	Walnut Creek Masters-38	34.00	34.24	19
3	Pierce, Donald A	73	Rolling Hills Mud Sharks-38	42.00	44.59	18

Men 70-74 100 LC Meter Butterfly**PAC: 1:12.43 # 8/6/2017 Andrew M McPherso****NATL: 1:12.43 \$ 8/6/2017 ANDREW MCPHERSON**

1	McPherson, Andrew M	71	Davis Aquatic Masters-38	1:17.50	1:19.48	21
2	Dahlin, Duke	70	San Francisco Tsunami Masters-38	1:30.14	1:25.91	19

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1	Dahlin, Duke	70	San Francisco Tsunami Masters-38	3:12.32	3:07.60	21
	1:28.33	3:07.60 (1:39.27)				
2	McPherson, Andrew M	71	Davis Aquatic Masters-38	3:05.63	3:09.96	19
	1:29.38	3:09.96 (1:40.58)				
3	Fitschen, Gary T	73	Manatee Aquatic Masters Inc-38	3:25.00	3:20.55	18
	1:40.51	3:20.55 (1:40.04)				
4	Dennis, D Craig	72	Walnut Creek Masters-38	3:20.43	3:22.22	17
	1:41.44	3:22.22 (1:40.78)				
5	Wiscomb, Lance	73	University of San Francisco Ma-38	4:30.00	4:56.57	16
	2:29.55	4:56.57 (2:27.02)				

Men 70-74 400 LC Meter IM**PAC: 6:33.40 # 8/3/2017 Edward Rudloff****NATL: 6:24.55 \$ 5/29/2016 DOUGLAS SPRINGER**

1	Dahlin, Duke	70	San Francisco Tsunami Masters-38	7:05.63	7:09.06	21
	1:31.85	3:21.69 (1:49.84)	5:25.46 (2:03.77)	7:09.06 (1:43.60)		

Men 75-79 50 LC Meter Freestyle**PAC: 30.82 # 12/31/2009 Donald Hill****NATL: 30.28 \$ 7/11/2009 DAVID RADCLIFF**

1	Burns, Richard	75	Tamalpais Aquatic Masters-38	32.00	31.43	21
2	Leuten, Bob	75	San Mateo Masters-38	41.50	36.47	19

Men 75-79 100 LC Meter Freestyle**PAC: 1:13.84 # 12/31/1995 Ray Taft****NATL: 1:06.63 \$ 7/12/2009 DAVID RADCLIFF**

1	Gildea, David R	75	Menlo Masters-38	1:19.00	1:22.88	21
2	Silvey, Rick	76	Walnut Creek Masters-38	1:59.76	1:53.91	19

Men 75-79 200 LC Meter Freestyle**PAC: 2:46.56 # 12/31/2009 Donald Hill****NATL: 2:25.66 \$ 6/6/2009 DAVID RADCLIFF**

1	Snape, William J	75	University of San Francisco Ma-38	7:30.00	6:08.45	21
	2:58.50	6:08.45 (3:09.95)				

Men 75-79 400 LC Meter Freestyle**PAC: 6:17.55 # 8/20/2016 Murray L McLachla****NATL: 5:17.77 \$ 3/7/2009 DAVID RADCLIFF**

1	Gildea, David R	75	Menlo Masters-38	6:55.00	6:54.07	21
	1:39.50	3:28.25 (1:48.75)	5:11.69 (1:43.44)	6:54.07 (1:42.38)		

Men 75-79 400 LC Meter Freestyle**PAC: 6:17.55 # 8/20/2016 Murray L McLachla****NATL: 5:17.77 \$ 3/7/2009 DAVID RADCLIFF**

1	Lane, Ed V	79	Walnut Creek Masters-38	NT	7:38.69	
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Men 75-79 800 LC Meter Freestyle**PAC: 12:58.14 # 12/31/1995 Ray Taft****NATL: 11:07.90 \$ 7/10/2009 DAVID RADCLIFF**

1	Lane, Ed V	79	Walnut Creek Masters-38	NT	15:26.64	
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2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Men 75-79 1500 LC Meter Freestyle

PAC: 24:53.76 # 12/31/1995 Ray Taft

NATL: 21:03.06 \$ 7/10/2009 DAVID RADCLIFF

1	Lane, Ed V	79	Walnut Creek Masters-38	29:54.54	29:21.93	21
	1:46.34	3:43.14 (1:56.80)	5:41.95 (1:58.81)	7:38.69 (1:56.74)		
	9:38.58 (1:59.89)	11:34.82 (1:56.24)	13:32.43 (1:57.61)	15:26.64 (1:54.21)		
	17:27.55 (2:00.91)	19:25.87 (1:58.32)	21:25.14 (1:59.27)	23:25.51 (2:00.37)		
	25:26.84 (2:01.33)	27:25.38 (1:58.54)	29:21.93 (1:56.55)			
2	Freeman, Dale C	75	University of San Francisco Ma-38	40:00.00	39:23.28	19
	2:24.51		7:45.77 ()	10:25.08 (2:39.31)		
	13:02.35 (2:37.27)	15:37.88 (2:35.53)	18:12.39 (2:34.51)	20:49.73 (2:37.34)		
	23:26.74 (2:37.01)	26:05.73 (2:38.99)	28:46.10 (2:40.37)	31:25.54 (2:39.44)		
	34:06.42 (2:40.88)	36:49.06 (2:42.64)	39:23.28 (2:34.22)			
3	Scovel, Tom S	79	Walnut Creek Masters-38	43:30.00	41:56.82	18
	2:36.34	5:22.38 (2:46.04)	8:11.24 (2:48.86)	10:58.57 (2:47.33)		
	13:47.09 (2:48.52)	16:37.05 (2:49.96)	19:28.69 (2:51.64)	22:15.98 (2:47.29)		
	25:07.20 (2:51.22)	27:55.98 (2:48.78)	30:46.53 (2:50.55)	33:37.69 (2:51.16)		
	36:27.57 (2:49.88)	39:17.56 (2:49.99)	41:56.82 (2:39.26)			

Men 75-79 50 LC Meter Backstroke

PAC: 39.49 # 12/31/1994 Ray Taft

NATL: 36.14 \$ 8/16/2008 YOSHI OYAKAWA

1	Gildea, David R	75	Menlo Masters-38	42.90	45.53	21
2	Snape, William J	75	University of San Francisco Ma-38	1:50.00	1:27.88	19

Men 75-79 100 LC Meter Backstroke

PAC: 1:29.52 # 12/31/1995 Ray Taft

NATL: 1:20.98 \$ 6/14/2009 BURWELL JONES

1	Burns, Richard	75	Tamalpais Aquatic Masters-38	1:21.00	1:20.13 \$	21
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Men 75-79 200 LC Meter Backstroke

PAC: 3:15.00 # 12/31/1994 Ray Taft

NATL: 2:57.72 \$ 6/13/2010 BURWELL JONES

1	Burns, Richard	75	Tamalpais Aquatic Masters-38	2:58.00	2:53.75 \$	21
	1:26.12	2:53.75 (1:27.63)				
2	Leuten, Bob	75	San Mateo Masters-38	3:45.50	3:46.50	19
	1:49.69	3:46.50 (1:56.81)				
3	Gildea, David R	75	Menlo Masters-38	3:55.00	3:48.69	18
	1:52.31	3:48.69 (1:56.38)				
4	Snape, William J	75	University of San Francisco Ma-38	8:30.00	7:05.21	17
	3:30.76	7:05.21 (3:34.45)				

Men 75-79 50 LC Meter Breaststroke

PAC: 44.34 # 12/31/2008 Ashley K Jones

NATL: 38.89 \$ 6/5/2016 MIKE FRESHLEY

1	Gildea, David R	75	Menlo Masters-38	41.50	42.76 #	21
2	Burns, Richard	75	Tamalpais Aquatic Masters-38	50.00	43.50 #	19

Men 75-79 100 LC Meter Breaststroke

PAC: 1:38.21 # 12/31/2006 Ashley K Jones

NATL: 1:27.74 \$ 8/18/2016 MIKE FRESHLEY

1	Gildea, David R	75	Menlo Masters-38	1:35.00	1:34.71 #	21
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2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 75-79 200 LC Meter Breaststroke**

PAC: 3:37.64 # 12/31/2006 Ashley K Jones

NATL: 3:13.93 \$ 8/21/2016 MIKE FRESHLEY

1	Gildea, David R	75	Menlo Masters-38	3:30.00	3:35.51 #	21
	1:47.04	3:35.51 (1:48.47)				

Men 75-79 50 LC Meter Butterfly

PAC: 36.06 # 12/31/2006 Ashley K Jones

NATL: 33.83 \$ 8/21/2016 SMITH\FRESHLEY

1	Burns, Richard	75	Tamalpais Aquatic Masters-38	34.50	33.59\$	21
2	Silvey, Rick	76	Walnut Creek Masters-38	59.76	58.91	19

Men 75-79 100 LC Meter Butterfly

PAC: 1:41.04 # 12/31/2006 Ashley K Jones

NATL: 1:31.89 \$ 5/1/2010 BURWELL JONES

1	Burns, Richard	75	Tamalpais Aquatic Masters-38	1:22.00	1:20.68\$	21
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Men 75-79 200 LC Meter IM

PAC: 3:24.38 # 12/31/1994 Ray Taft

NATL: 2:59.01 \$ 8/7/2016 MIKE FRESHLEY

1	Burns, Richard	75	Tamalpais Aquatic Masters-38	3:00.00	3:02.57 #	21
	1:22.77	3:02.57 (1:39.80)				

Men 80-84 50 LC Meter Freestyle

PAC: 35.29 # 8/31/2000 Donald Hill

NATL: 32.18 \$ 7/1/2017 JEFF FARRELL

1	Morner, Stan F	84	Walnut Creek Masters-38	58.36	46.23	21
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Men 80-84 100 LC Meter Freestyle

PAC: 1:23.68 # 12/31/2000 Ray Taft

NATL: 1:11.82 \$ 8/23/2014 DAVID RADCLIFF

1	Van Horn, William G	80	The Olympic Club-38	1:19.00	1:22.27 #	21
2	Norris, Robert F	80	Davis Aquatic Masters-38	1:47.50	1:45.91	19
3	Morner, Stan F	84	Walnut Creek Masters-38	2:00.01	1:50.88	18

Men 80-84 200 LC Meter Freestyle

PAC: 3:09.70 # 12/31/1999 Ray Taft

NATL: 2:40.22 \$ 8/24/2014 DAVID RADCLIFF

1	Morner, Stan F	84	Walnut Creek Masters-38	4:15.95	3:49.58	21
	1:55.88	3:49.58 (1:53.70)				

Men 80-84 400 LC Meter Freestyle

PAC: 6:42.86 # 12/31/1999 Ray Taft

NATL: 5:45.21 \$ 8/23/2015 DAVID RADCLIFF

1	Norris, Robert F	80	Davis Aquatic Masters-38	7:50.03	7:57.83	21
	1:56.64	3:58.92 (2:02.28)	5:59.97 (2:01.05)	7:57.83 (1:57.86)		
2	Fasbender, Barry A	81	Oregon Masters-37	8:06.71	7:59.34	19
	1:58.83	4:05.27 (2:06.44)	6:07.57 (2:02.30)	7:59.34 (1:51.77)		
3	Morner, Stan F	84	Walnut Creek Masters-38	8:45.11	8:08.50	18
	1:57.25	4:06.13 (2:08.88)	6:09.95 (2:03.82)	8:08.50 (1:58.55)		

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 80-84 800 LC Meter Freestyle****PAC: 14:19.22 # 12/31/1999 Ray Taft****NATL: 11:49.29 \$ 8/22/2014 DAVID RADCLIFF**

1	Norris, Robert F	80	Davis Aquatic Masters-38	16:45.69	16:29.22	21
	1:57.84	4:02.27 (2:04.43)	6:07.67 (2:05.40)	8:14.98 (2:07.31)		
	10:22.94 (2:07.96)	12:30.71 (2:07.77)	14:31.10 (2:00.39)	16:29.22 (1:58.12)		
2	Morner, Stan F	84	Walnut Creek Masters-38	17:35.95	17:09.10	19
	2:05.53	4:16.55 (2:11.02)	6:28.12 (2:11.57)	8:38.61 (2:10.49)		
	10:50.32 (2:11.71)	13:00.27 (2:09.95)	15:08.94 (2:08.67)	17:09.10 (2:00.16)		

Men 80-84 1500 LC Meter Freestyle**PAC: 26:52.93 # 12/31/1999 Ray Taft****NATL: 22:16.90 \$ 5/31/2014 DAVID RADCLIFF**

1	Norris, Robert F	80	Davis Aquatic Masters-38	31:41.89	31:44.13	21
	1:55.07	3:58.20 (2:03.13)	6:06.72 (2:08.52)	8:15.18 (2:08.46)		
	10:23.60 (2:08.42)	12:33.31 (2:09.71)	14:42.36 (2:09.05)	16:52.90 (2:10.54)		
	19:02.19 (2:09.29)	21:10.75 (2:08.56)	23:20.65 (2:09.90)	25:32.10 (2:11.45)		
	27:43.06 (2:10.96)	29:47.10 (2:04.04)	31:44.13 (1:57.03)			
2	Fleming, Jack C	83	University of San Francisco Ma-38	35:27.59	36:23.74	19
	2:06.25	4:35.90 (2:29.65)	7:02.37 (2:26.47)	9:30.58 (2:28.21)		
	11:57.57 (2:26.99)	14:23.46 (2:25.89)	16:49.73 (2:26.27)	19:13.37 (2:23.64)		
	21:40.56 (2:27.19)	24:09.55 (2:28.99)	26:36.17 (2:26.62)	29:07.47 (2:31.30)		
	31:36.20 (2:28.73)	34:01.55 (2:25.35)	36:23.74 (2:22.19)			

Men 80-84 50 LC Meter Backstroke**PAC: 42.49 # 12/31/1999 Ray Taft****NATL: 39.18 \$ 8/8/2015 YOSHI OYAKAWA**

1	Norris, Robert F	80	Davis Aquatic Masters-38	50.96	48.69	21
2	Fasbender, Barry A	81	Oregon Masters-37	52.12	54.72	19
3	Pedder, Stan	83	Walnut Creek Masters-38	2:00.00	1:31.96	18

Men 80-84 100 LC Meter Backstroke**PAC: 1:35.36 # 12/31/1999 Ray Taft****NATL: 1:29.06 \$ 8/6/2017 DAVID COSTILL**

1	Van Horn, William G	80	The Olympic Club-38	1:38.00	1:41.14	21
2	Norris, Robert F	80	Davis Aquatic Masters-38	1:48.39	1:50.75	19

Men 80-84 200 LC Meter Backstroke**PAC: 3:31.36 # 12/31/1999 Ray Taft****NATL: 3:15.04 \$ 8/5/2017 DAVID COSTILL**

1	Norris, Robert F	80	Davis Aquatic Masters-38	3:59.13	3:58.68	21
	1:58.78	3:58.68 (1:59.90)				
2	Fasbender, Barry A	81	Oregon Masters-37	4:18.31	4:18.32	19
	2:11.51	4:18.32 (2:06.81)				

Men 80-84 50 LC Meter Breaststroke**PAC: 47.37 # 8/19/2016 Jack C Fleming****NATL: 44.41 \$ 5/20/2012 BOB BEST**

1	Fleming, Jack C	83	University of San Francisco Ma-38	1:05.94	51.91	21
2	Van Horn, William G	80	The Olympic Club-38	51.00	52.23	19
3	Morner, Stan F	84	Walnut Creek Masters-38	1:15.20	1:01.88	18

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

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Results

Men 80-84 100 LC Meter Breaststroke

PAC: 1:47.10 # 12/31/1998 Aldo da Rosa

NATL: 1:40.90 \$ 8/5/2017 DAVID COSTILL

1	Fleming, Jack C	83	University of San Francisco Ma-38	1:52.88	2:08.45	21
2	Morner, Stan F	84	Walnut Creek Masters-38	2:50.60	2:28.29	19

Men 80-84 200 LC Meter Breaststroke

PAC: 3:57.94 # 12/31/2011 Ashley K Jones

NATL: 3:43.98 \$ 8/4/2017 DAVID COSTILL

1	Fleming, Jack C	83	University of San Francisco Ma-38	4:52.20	4:38.59	21
				2:11.20	4:38.59 (2:27.39)	
2	Fasbender, Barry A	81	Oregon Masters-37	4:59.24	5:12.89	19
				2:34.90	5:12.89 (2:37.99)	

Men 80-84 50 LC Meter Butterfly

PAC: 42.89 # 12/31/1999 Ray Taft

NATL: 38.75 \$ 6/8/2013 CLARKE MITCHELL

1	Fleming, Jack C	83	University of San Francisco Ma-38	1:05.81	54.83	21
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Men 80-84 100 LC Meter Butterfly

PAC: 1:53.89 # 8/18/2016 Jack C Fleming

NATL: 1:38.45 \$ 8/6/2017 DAVID COSTILL

1	Fleming, Jack C	83	University of San Francisco Ma-38	1:53.89	2:08.95	21
2	Fasbender, Barry A	81	Oregon Masters-37	2:24.68	2:31.58	19

Men 80-84 100 LC Meter Butterfly

PAC: 1:53.89 # 8/18/2016 Jack C Fleming

NATL: 1:38.45 \$ 8/6/2017 DAVID COSTILL

1	Fasbender, Barry A	81	Oregon Masters-37	NT	2:25.35	
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Men 80-84 200 LC Meter Butterfly

PAC: 4:31.44 # 12/31/1998 Aldo da Rosa

NATL: 3:54.51 \$ 8/10/2006 THOMAS MAINE

1	Fleming, Jack C	83	University of San Francisco Ma-38	5:49.02	5:11.13	21
				2:35.42	5:11.13 (2:35.71)	

Men 80-84 200 LC Meter IM

PAC: 3:43.19 # 12/31/2000 Ray Taft

NATL: 3:24.82 \$ 6/17/2017 DAVID COSTILL

1	Van Horn, William G	80	The Olympic Club-38	3:55.00	3:51.05	21
				1:53.16	3:51.05 (1:57.89)	

Men 80-84 400 LC Meter IM

PAC: 8:05.14 # 12/31/1999 Ray Taft

NATL: 7:17.96 \$ 8/3/2017 DAVID COSTILL

1	Fasbender, Barry A	81	Oregon Masters-37	9:22.84	9:28.59	21
				2:25.35	4:50.80 (2:25.45)	
					7:31.06 (2:40.26)	
					9:28.59 (1:57.53)	

Men 85-89 50 LC Meter Freestyle

PAC: 40.28 # 12/31/2003 William Johnston

NATL: 35.77 \$ 8/15/1998 WOODY BOWERSOCK

1	Galvin, Barry T	85	Marcia's Enthusiastic Masters-38	50.00	53.21	21
2	Danielson, Bob D	88	University of San Francisco Ma-38	1:05.00	1:03.25	19
3	Anderson, Paul N	85	Rinconada Masters-38	1:15.00	1:07.33	18

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Results

Men 85-89 100 LC Meter Freestyle

PAC: 1:39.13 # 12/31/2003 William Johnston

NATL: 1:23.25 \$ 6/6/2010 FRANK PIEMME

1	Cook, Robert	86	Uc38-38	1:43.00	1:39.99	21
2	Mayo, Robert W	85	Walnut Creek Masters-38	1:56.00	1:45.06	19
3	Galvin, Barry T	85	Marcia's Enthusiastic Masters-38	2:00.00	2:25.48	18
4	Danielson, Bob D	88	University of San Francisco Ma-38	2:25.00	2:39.18	17

Men 85-89 200 LC Meter Freestyle

PAC: 3:35.73 # 12/31/2002 Aldo da Rosa

NATL: 3:07.03 \$ 6/26/2016 GRAHAM JOHNSTON

1	Mayo, Robert W	85	Walnut Creek Masters-38	4:15.00	3:52.60	21
				1:53.53	3:52.60 (1:59.07)	
2	Cook, Robert	86	Uc38-38	4:24.00	3:59.89	19
				1:54.25	3:59.89 (2:05.64)	
3	Nieman, Frank B	86	Walnut Creek Masters-38	5:50.70	6:09.38	18

Men 85-89 400 LC Meter Freestyle

PAC: 7:59.07 # 12/31/2003 Aldo da Rosa

NATL: 6:38.87 \$ 6/26/2016 GRAHAM JOHNSTON

1	Mayo, Robert W	85	Walnut Creek Masters-38	8:56.00	8:32.95	21
				2:08.86	4:21.04 (2:12.18)	
					6:29.81 (2:08.77)	
					8:32.95 (2:03.14)	

Men 85-89 800 LC Meter Freestyle

PAC: 16:27.23 # 12/31/2002 Aldo da Rosa

NATL: 14:23.39 \$ 7/9/2016 GRAHAM JOHNSTON

1	Mayo, Robert W	85	Walnut Creek Masters-38	18:10.00	17:30.41	21
				2:07.21	4:21.18 (2:13.97)	
					6:33.00 (2:11.82)	
					8:49.47 (2:16.47)	
				11:04.55 (2:15.08)	13:14.22 (2:09.67)	
					17:30.36 (4:16.14)	
					17:30.41 (0.05)	

Men 85-89 1500 LC Meter Freestyle

PAC: 31:17.64 # 12/31/2002 Aldo da Rosa

NATL: 27:50.01 \$ 7/29/2016 GRAHAM JOHNSTON

1	Mayo, Robert W	85	Walnut Creek Masters-38	32:20.00	32:28.35	21
				1:59.42	4:08.93 (2:09.51)	
					6:17.88 (2:08.95)	
					8:26.66 (2:08.78)	
				10:34.62 (2:07.96)	12:42.61 (2:07.99)	
					14:53.15 (2:10.54)	
					17:04.41 (2:11.26)	
				19:18.50 (2:14.09)	21:32.31 (2:13.81)	
					23:41.17 (2:08.86)	
					25:54.19 (2:13.02)	
				28:04.13 (2:09.94)	30:16.88 (2:12.75)	
					32:28.35 (2:11.47)	
2	Cook, Robert	86	Uc38-38	35:00.00	35:11.20	19
				2:08.13	4:30.88 (2:22.75)	
					6:53.17 (2:22.29)	
					9:15.71 (2:22.54)	
				11:33.36 (2:17.65)	13:57.86 (2:24.50)	
					16:22.99 (2:25.13)	
					18:46.79 (2:23.80)	
				21:10.57 (2:23.78)	23:31.21 (2:20.64)	
					25:55.51 (2:24.30)	
					28:15.88 (2:20.37)	
				30:36.68 (2:20.80)	32:56.93 (2:20.25)	
					35:11.20 (2:14.27)	

Men 85-89 50 LC Meter Backstroke

PAC: 44.52 # 12/31/2006 Fred Van Dyke

NATL: 42.04 \$ 6/17/2017 CLARKE MITCHELL

1	Soroka, Donald	86	Rolling Hills Mud Sharks-38	1:02.59	1:09.30	21
2	Danielson, Bob D	88	University of San Francisco Ma-38	1:05.00	1:12.65	19
3	Galvin, Barry T	85	Marcia's Enthusiastic Masters-38	1:30.56	1:16.82	18

Men 85-89 100 LC Meter Backstroke

PAC: 1:49.54 # 12/31/2002 Aldo da Rosa

NATL: 1:38.07 \$ 6/17/2017 CLARKE MITCHELL

1	Mayo, Robert W	85	Walnut Creek Masters-38	2:05.00	1:52.84	21
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2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

(Men 85-89 100 LC Meter Backstroke)

2	Soroka, Donald	86	Rolling Hills Mud Sharks-38	2:16.34	2:27.42	19
3	Danielson, Bob D	88	University of San Francisco Ma-38	2:20.00	2:40.63	18

Men 85-89 200 LC Meter Backstroke

PAC: 4:07.72 # 12/31/2002 Aldo da Rosa

NATL: 3:51.72 \$ 7/1/2017 CLARKE MITCHELL

1	Mayo, Robert W	85	Walnut Creek Masters-38	4:28.00	4:12.04	21
2	Danielson, Bob D	88	University of San Francisco Ma-38	5:20.00	6:02.03	19
				2:54.26	6:02.03 (3:07.77)	

Men 85-89 50 LC Meter Breaststroke

PAC: 52.39 # 12/31/2002 Aldo da Rosa

NATL: 49.49 \$ 7/24/2010 FRANK PIEMME

1	Galvin, Barry T	85	Marcia's Enthusiastic Masters-38	1:05.00	1:07.98	21
2	Soroka, Donald	86	Rolling Hills Mud Sharks-38	1:00.75	1:12.60	19
3	Danielson, Bob D	88	University of San Francisco Ma-38	1:20.00	1:22.13	18

Men 85-89 100 LC Meter Breaststroke

PAC: 2:00.89 # 12/31/2003 Aldo da Rosa

NATL: 1:51.79 \$ 7/24/2010 FRANK PIEMME

1	Soroka, Donald	86	Rolling Hills Mud Sharks-38	2:27.37	2:55.43	21
2	Danielson, Bob D	88	University of San Francisco Ma-38	2:47.00	3:09.67	19

Men 85-89 200 LC Meter Breaststroke

PAC: 4:25.31 # 12/31/2003 Aldo da Rosa

NATL: 4:10.75 \$ 7/22/2012 AL CRAIG

1	Cook, Robert	86	Uc38-38	5:37.00	5:48.92	21
				2:45.27	5:48.92 (3:03.65)	
2	Nieman, Frank B	86	Walnut Creek Masters-38	6:15.20	6:17.62	19
---	Galvin, Barry T	85	Marcia's Enthusiastic Masters-38	6:00.00	DQ	
				2:49.74	DQ (2:58.62)	

Women 72-99 200 LC Meter Freestyle Relay

PAC: 1:57.34 # 12/31/2011 TVM

N Doi, V Espiritu, L Rowe, C Schneider

NATL: 1:53.83 \$ 8/8/2009 FT LAUDERDALE AQUATICS

N PIKE, M BRESNAHAN, K ALYABYEVA, J MARTIN

1	University of San Francisco Ma-38	A	2:10.00	2:07.68	42
	1) Schallert, Lia W28	2) Lane, Julia W24	3) Vidano, Laura W21	4) Chu, Christine W25	
				1:02.51	2:07.68 (1:05.17)

Women 72-99 400 LC Meter Medley Relay

PAC: 5:07.42 # 12/31/1992 SAC

Wright, Christo, Lowrie, Nicholas

NATL: 4:52.87 \$ 7/24/2010 LAS VEGAS MASTERS

S PEARSON, C SMITH, M KELLEY, S COLAVITO

1	University of San Francisco Ma-38	A	5:05.00	5:21.74	42
	1) Schallert, Lia W28	2) Lane, Julia W24	3) Vidano, Laura W21	4) Chu, Christine W25	
				1:16.07	2:46.70 (1:30.63)
				4:07.23 (1:20.53)	5:21.74 (1:14.51)

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

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Women 100-119 200 LC Meter Freestyle Relay

PAC: 1:53.61 # 12/31/2006 TOC

NATL: 1:50.04 \$ 7/30/2011

McCall Dorr, von Hartitzsch, Katie Lyons, Tamayo

ARIZONA MASTERS

K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS

1	University of San Francisco Ma-3:	A	2:03.00	2:00.35	42
	1) Torres, Erika W25	2) Dove, Jeanette W26	3) Petrakis, Danae W26	4) Petrakis, Kristina W29	
	1:02.74	2:00.35 (57.61)			

Women 100-119 400 LC Meter Freestyle Relay

PAC: 4:09.42 # 7/11/2010 TOC

NATL: 4:19.02 \$ 7/19/2009

F O'Donnell-McCar, C L Reilly, C Davidoff, M Gi

WOODLANDS MASTERS SWIM TEAM

L KOCH DAVIS, J KENLINE, A BERGFELD, R ARMSTRONG

1	University of San Francisco Ma-3:	B	4:35.00	4:25.13	42
	1) Dove, Jeanette W26	2) Siegel, Kathryn I W24	3) Petrakis, Kristina W29	4) Petrakis, Danae W26	
	1:03.55	2:10.20 (1:06.65)	3:20.78 (1:10.58)	4:25.13 (1:04.35)	
2	University of San Francisco Ma-3:	A	5:25.00	4:51.95	38
	1) Chu, Christine W25	2) Schallert, Lia W28	3) Torres, Erika W25	4) Hosking, Paige E W26	
	1:12.75	2:21.84 (1:09.09)	3:37.72 (1:15.88)	4:51.95 (1:14.23)	

Women 100-119 200 LC Meter Medley Relay

PAC: 2:05.68 # 12/31/2006 TOC

NATL: 2:01.91 \$ 7/31/2011

Diamond, von Hartitzsch, McCall Dorr, Katie Lyons

ARIZONA MASTERS

K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS

1	University of San Francisco Ma-3:	A	2:25.00	2:09.84	42
	1) Dove, Jeanette W26	2) Petrakis, Danae W26	3) Siegel, Kathryn I W24	4) Petrakis, Kristina W29	
	1:08.74	2:09.84 (1:01.10)			
---	University of San Francisco Ma-3:	B	2:40.00	DQ	
	1) Schallert, Lia W28	2) Chu, Christine W25	3) Torres, Erika W25	4) Hosking, Paige E W26	
	1:16.82	DQ (1:09.68)			

Women 100-119 400 LC Meter Medley Relay

PAC: 4:55.59 # 12/31/1992 WCM

NATL: 4:49.16 \$ 8/8/2009

Boscovich, Tallman, Debbie Flansburg, Ingraham

YMCA INDY SWIMFIT

B TAFLINGER, C HINE, J WEAVER, M SOBECKI

1	University of San Francisco Ma-3:	A	5:15.00	5:02.52	42
	1) Torres, Erika W25	2) Petrakis, Danae W26	3) Dove, Jeanette W26	4) Petrakis, Kristina W29	
	1:24.14	2:42.91 (1:18.77)	3:54.42 (1:11.51)	5:02.52 (1:08.10)	

Women 120-159 200 LC Meter Freestyle Relay

PAC: 1:55.13 # 12/31/2012 TOC

NATL: 1:50.53 \$ 6/9/2013

N Watanabe, L Welting, K Houston, M Gill

N CAROLINA MASTERS SWIMMING

RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN

1	Walnut Creek Masters-38	A	2:00.00	2:01.07	42
	1) Lawrence, Laura A W38	2) Gaudinier, Lindsay E W29	3) Tiernan, Heather W35	4) Hwang, Jenn W26	
	1:01.13	2:01.07 (59.94)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 120-159 400 LC Meter Freestyle Relay****PAC: 4:17.94 # 12/31/1994 STAN**

NATL: 4:17.94 \$ 7/31/1994
McKinney, Chichester, Danielle Ogier, Shibuya
STANFORD MASTERS SWIMMING
M MC KINNEY, C CHICHESTER, D OGIER, K SHIBUYA

1	University of San Francisco Ma-3:	A	5:40.00	5:03.49	42
	1) Alwon-Mount, Georgia W33	2) Arnold, Malisa W32	3) Arnold, Sarina W30	4) Stewart, Heather W31	
	1:17.73	2:29.10 (1:11.37)	3:49.59 (1:20.49)	5:03.49 (1:13.90)	
2	University of San Francisco Ma-3:	B	8:30.00	6:21.09	38
	1) Harris, Meghan E W27	2) Andrews, Elizabeth W54	3) Squyer, Michelle P W50	4) Behm, Meredith W27	
	1:18.20	3:22.38 (2:04.18)	5:07.76 (1:45.38)	6:21.09 (1:13.33)	

Women 120-159 800 LC Meter Freestyle Relay**PAC: 9:43.49 # 12/31/1997 WCM**

NATL: 9:41.97 \$ 7/24/1999
Thompson, Vidal, Lisa Ward, Leach
GOLD COAST MASTERS
T MOLL, G DERKS-GARDNER, J HERRINGTON, C VICTORIA

1	Walnut Creek Masters-38	A	10:20.00	10:10.65	42
	1) Lawrence, Laura A W38	2) Rogers, Rebecca C W33	3) Tiernan, Heather W35	4) Gaudinier, Lindsay E W29	
	1:13.36	2:30.11 (2:30.11)	3:47.82 (1:17.71)	5:05.30 (2:35.19)	
	6:18.90 (1:13.60)	7:37.58 (2:32.28)	8:51.87 (1:14.29)	10:10.65 (2:33.07)	
2	University of San Francisco Ma-3:	A	12:00.00	10:57.03	38
	1) Petrakis, Kristina W29	2) Nishimoto, Amber D W40	3) Chu, Christine W25	4) Petrakis, Danae W26	
	1:13.61	2:38.37 (2:38.37)	4:06.32 (1:27.95)	5:43.77 (3:05.40)	
	7:03.40 (1:19.63)	8:31.61 (2:47.84)	9:41.39 (1:09.78)	10:57.03 (2:25.42)	

Women 120-159 200 LC Meter Medley Relay**PAC: 2:10.15 # 12/31/2010 TOC**

NATL: 2:04.19 \$ 8/23/1998
J Schriger, L Welting, M Gill, E Reilly
GOLD COAST MASTERS
B GARDNER, S GEYER, T MOLL, J HERRINGTON

1	University of San Francisco Ma-3:	A	2:55.00	2:31.59	42
	1) Alwon-Mount, Georgia W33	2) Arnold, Malisa W32	3) Arnold, Sarina W30	4) Stewart, Heather W31	
	1:19.31	2:31.59 (1:12.28)			
2	Walnut Creek Masters-38	A	2:45.00	2:37.38	38
	1) Tiernan, Heather W35	2) Abbott, Bridget W37	3) Lawrence, Laura A W38	4) Peoples, Katie W26	
	1:31.86	2:37.38 (1:05.52)			

Women 160-199 200 LC Meter Freestyle Relay**PAC: 1:55.89 # 12/31/2006 WCM**

NATL: 1:48.44 \$ 8/8/2006
Hanley, Paula Roemer, McNamara, Alison Zamanian
TEAM TYR
C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

1	Santa Rosa Masters-38	A	2:20.00	2:08.45	42
	1) Rueda, Marcela W36	2) Walts, Merrie E W58	3) Jones, Sara H W50	4) Carlstrom, Erin W35	
	1:04.76	2:08.45 (1:03.69)			
2	Davis Aquatic Masters-38	A	2:16.00	2:19.46	38
	1) Tannehill, Aimee A W45	2) Mohn, Jennifer L W27	3) Sprouse, Cecily W62	4) Belluomini, Melanie C W41	
	1:09.84	2:19.46 (1:09.62)			
3	University of San Francisco Ma-3:	A	2:50.00	2:30.97	36
	1) Cooper, Carla W51	2) Schachter, Amelia W24	3) Squyer, Michelle P W50	4) Maze, Ghislaine W44	
	1:05.66	2:30.97 (1:25.31)			

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Women 160-199 400 LC Meter Freestyle Relay

PAC: 4:33.74 # 12/31/2006 WCM

D Santos, M Curran, C McNamara, P Roemer

NATL: 4:06.90 \$ 6/14/2015

NORTH CAROLINA MASTERS

E BRAUN, J STRINGER, A UHL, K LINDAUER

1	University of San Francisco Ma-3:	A	6:15.00	5:33.74	42
	1) Stoner, Stephanie W43	2) Jeong, Michelle W49	3) Nishimoto, Amber D W40	4) Maze, Ghislaine W44	
	1:14.88	2:42.20 (1:27.32)	4:05.17 (1:22.97)	5:33.74 (1:28.57)	
2	Walnut Creek Masters-38	A	5:20.00	5:33.79	38
	1) Ongerth, Ann Michelle W44	2) Peoples, Katie W26	3) Dibley, Allison M W56	4) Taylor, Catherine W W55	
	1:26.67	2:41.95 (1:15.28)	4:12.89 (1:30.94)	5:33.79 (1:20.90)	

Women 160-199 200 LC Meter Medley Relay

PAC: 2:09.95 # 12/31/2006 STAN

Jody Smith, Gelman, Jane Worden, Still

NATL: 2:04.75 \$ 8/8/2006

TEAM TYR

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

1	Walnut Creek Masters-38	A	3:45.00	2:38.26	42
	1) Darling, Colleen M W44	2) Hwang, Jenn W26	3) Boone, Danielle W53	4) Ongerth, Ann Michelle W44	
	1:26.48	2:38.26 (1:11.78)			
2	University of San Francisco Ma-3:	A	3:10.00	2:45.13	38
	1) Stoner, Stephanie W43	2) Jeong, Michelle W49	3) Nishimoto, Amber D W40	4) Maze, Ghislaine W44	
	1:26.80	2:45.13 (1:18.33)			

Women 160-199 400 LC Meter Medley Relay

PAC: 4:56.95 # 12/31/2009 WCM

Lisa Ward, Debbie Santos, Sandi Easton, BJ Henry

NATL: 4:41.71 \$ 6/13/2015

NORTH CAROLINA MASTERS

E BRAUN, K LINDAUER, A UHL, J STRINGER

1	Santa Rosa Masters-38	A	5:40.00	5:34.25	42
	1) Jones, Sara H W50	2) Rueda, Marcela W36	3) Carlstrom, Erin W35	4) Walts, Merrie E W58	
	1:28.84	3:01.42 (1:32.58)	4:16.74 (1:15.32)	5:34.25 (1:17.51)	
2	University of San Francisco Ma-3:	A	7:00.00	7:23.83	38
	1) Squyer, Michelle P W50	2) Schachter, Amelia W24	3) Maze, Ghislaine W44	4) Cooper, Carla W51	
	2:50.82	4:09.43 (1:18.61)	5:54.90 (1:45.47)	7:23.83 (1:28.93)	

Women 200-239 200 LC Meter Freestyle Relay

PAC: 2:00.50 # 12/31/2006 WCM

L Crittendem, R Brittingham, C O'Brien, S Heim-Bo

NATL: 1:57.21 \$ 8/8/2006

PACIFIC NORTHWEST AQUATICS

L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD

1	Davis Aquatic Masters-38	A	2:20.00	2:24.42	42
	1) Russell, Jane E W55	2) Kahn, Mary W58	3) Crow, Joan A W54	4) Phalen, Jennifer R W54	
	1:07.70	2:24.42 (1:16.72)			
2	Walnut Creek Masters-38	A	2:30.00	2:27.61	38
	1) Darling, Colleen M W44	2) Taylor, Catherine W W55	3) Ongerth, Ann Michelle W44	4) Dibley, Allison M W56	
	1:14.26	2:27.61 (1:13.35)			
3	Manatee Aquatic Masters Inc-38	A	2:25.00	2:37.39	36
	1) Maidenberg, Eve G W42	2) Palmer, Teddy W64	3) Chachkin, Myra W50	4) Cox, Juliet E W50	
	1:16.91	2:37.39 (1:20.48)			
4	Marcia's Enthusiastic Masters-38	A	2:35.00	2:37.67	34
	1) Rafkin, Louise W60	2) Benjamin, Marcia W61	3) Espinosa, Rebecca W48	4) Shu, Vicki W50	
	1:12.71	2:37.67 (1:24.96)			

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(Women 200-239 200 LC Meter Freestyle Relay)

5	Albany Armada Aquatic Masters-	A	3:14.07	3:13.98	32
	1) Klensch, Sabine A W38	2) Carroll, Leah A W57	3) Pabon, Elizabeth W58	4) Nip, Carol J W61	
	1:36.09	3:13.98 (1:37.89)			

Women 200-239 400 LC Meter Freestyle Relay

PAC: 4:53.21 # 12/31/2012 MELO

NATL: 4:26.53 \$ 7/6/2014

L Sheeper, B Breen, M Armstrong, B Jones

UCLA BRUIN MASTERS

E STEBBINS, C CIRAULO, V HIBBEN, L DODD

1	University of San Francisco Ma-3i	A	6:30.00	5:33.27	42
	1) McNamara, Kathleen A W58	2) Juson, Justine W50	3) Bohnel Buch, Suzanne W43	4) Ogilvie, Carol M W63	
	1:18.30	2:39.29 (1:20.99)	4:11.80 (1:32.51)	5:33.27 (1:21.47)	
2	Walnut Creek Masters-38	A	6:00.00	6:41.65	38
	1) Abbott, Bridget W37	2) Asta, Lisa M W53	3) Darling, Colleen M W44	4) Crooks, Marni W39	
	1:31.91	3:34.47 (2:02.56)	5:17.00 (1:42.53)	6:41.65 (1:24.65)	

Women 200-239 800 LC Meter Freestyle Relay

PAC: 10:44.68 # 12/31/2009 TOC

NATL: 9:37.01 \$ 7/6/2014

M Meyer, A Felton, P Quinn, L Welting

UCLA BRUIN MASTERS

E STEBBINS, C CIRAULO, V HIBBEN, L DODD

1	Walnut Creek Masters-38	A	11:15.00	11:19.26	42
	1) Ward, Lisa A W54	2) Cannon, Lindsey A W52	3) Curran, Margee M W57	4) Boone, Danielle W53	
	1:17.56	2:36.83 (2:36.83)	3:49.52 (1:12.69)	5:05.31 (2:28.48)	
	6:44.50 (1:39.19)	8:28.48 (3:23.17)	9:51.74 (1:23.26)	11:19.26 (2:50.78)	
2	Davis Aquatic Masters-38	A	11:25.00	11:39.00	38
	1) Sprouse, Cecily W62	2) Russell, Jane E W55	3) Garforth, Emma W50	4) Mohn, Jennifer L W27	
	1:29.72	3:12.97 (3:12.97)	4:32.29 (1:19.32)	5:59.08 (2:46.11)	
	7:23.63 (1:24.55)	8:50.09 (2:51.01)	10:11.01 (1:20.92)	11:39.00 (2:48.91)	

Women 200-239 200 LC Meter Medley Relay

PAC: 2:15.21 # 12/31/2006 WCM

NATL: 2:10.98 \$ 8/17/2008

P Landers, L Crittenden, S Heim-Bowen, T

OREGON MASTERS

K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI

1	Davis Aquatic Masters-38	A	2:44.00	2:36.99	42
	1) Kahn, Mary W58	2) Garforth, Emma W50	3) Russell, Jane E W55	4) Sprouse, Cecily W62	
	1:24.82	2:36.99 (1:12.17)			
2	University of San Francisco Ma-3i	A	3:15.00	2:51.94	38
	1) McNamara, Kathleen A W58	2) Juson, Justine W50	3) Ogilvie, Carol M W63	4) Bohnel Buch, Suzanne W43	
	1:27.40	2:51.94 (1:24.54)			

Women 200-239 400 LC Meter Medley Relay

PAC: 6:09.54 # 12/31/2009 USF

NATL: 4:58.86 \$ 7/30/2016

Diane Smith, Cathy Huang, Gwen Dornan, Mary Saal

NORTH TEXAS LONESTARS

S STONE, K MACCURDY, M REA, K HENDERSON

1	Manatee Aquatic Masters Inc-38	A	6:00.00	7:07.74	42
	1) Cox, Juliet E W50	2) Palmer, Teddy W64	3) Maidenberg, Eve G W42	4) Chachkin, Myra W50	
	1:21.44	3:45.05 (2:23.61)	7:07.74 (3:22.69)		
2	Marcia's Enthusiastic Masters-38	A	7:40.00	7:07.75	38
	1) Espinosa, Rebecca W48	2) Rafkin, Louise W60	3) Shu, Vicki W50	4) Benjamin, Marcia W61	
	2:22.80	4:17.03 (1:54.23)	5:43.10 (1:26.07)	7:07.75 (1:24.65)	

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3	Walnut Creek Masters-38	A	7:30.00	7:29.00	36
	1) Darling, Colleen M W44	2) Cannon, Lindsey A W52	3) Asta, Lisa M W53	4) Dibley, Allison M W56	
	1:36.62	3:28.08 (1:51.46)	5:56.70 (2:28.62)	7:29.00 (1:32.30)	
---	Albany Armada Aquatic Masters-	A	8:21.00	DQ	
	1) Klensch, Sabine A W38	2) Ewing, Nancy H W71	3) Carroll, Leah A W57	4) Pabon, Elizabeth W58	
	1:47.43	4:02.95 (2:15.52)	6:01.41 (1:58.46)	DQ (2:17.56)	

Women 240-279 400 LC Meter Freestyle Relay**PAC: 5:43.36 # 12/31/2012 MAM****Ruth Shaps, Susie Caso, Peg McPartland, Juliet Cox****NATL: 4:49.89 \$ 7/20/2014 PLANO WETCATS****J COLE, K MACCURDY, C MCKELVEY, L MORRISON**

1	Walnut Creek Masters-38	A	4:55.50	5:28.06 #	42
	1) Bilich, Bonnie M W60	2) Fox-Yoder, Kimberly W62	3) Newacheck, Pamela K W63	4) O'Brien, Charlene W61	
	1:13.38	2:46.08 (1:32.70)	4:12.98 (1:26.90)	5:28.06 (1:15.08)	
2	Rolling Hills Mud Sharks-38	A	6:10.00	6:10.07	38
	1) Houts, Jennifer W53	2) Hepworth, Linda W65	3) Coholan, Annette M W70	4) Tevis, Maggie H W70	
	1:16.89	2:44.33 (1:27.44)	4:25.83 (1:41.50)	6:10.07 (1:44.24)	

Women 240-279 800 LC Meter Freestyle Relay**PAC: 13:28.86 # 12/31/1992 WCM****B Barabash, J Alexander, A Pisciotta, B Jordan****NATL: 10:49.07 \$ 6/12/2016 PALM BEACH MASTERS****D LAFOUNTAIN, F HARE, L SAMUELSON, C WENZEL**

1	Marcia's Enthusiastic Masters-38	A	14:00.00	14:49.82	42
	1) Shu, Vicki W50	2) Rafkin, Louise W60	3) Benjamin, Marcia W61	4) Robben, Barbara W84	
	1:24.16	2:50.86 (2:50.86)	4:21.02 (1:30.16)	5:59.51 (3:08.65)	
	7:32.19 (1:32.68)	9:13.62 (3:14.11)	11:53.44 (2:39.82)	14:49.82 (5:36.20)	

Women 240-279 200 LC Meter Medley Relay**PAC: 2:53.08 # 12/31/2012 MAM****Juliet Cox, Susie Caso, Ruth Shaps, Peg McPartland****NATL: 2:24.95 \$ 8/7/2014 NEW ENGLAND MASTERS****D UUSTAL, B ESTEL, L DELOREY, J HIRSTY**

1	Walnut Creek Masters-38	A	2:50.00	2:42.85 #	42
	1) Newacheck, Pamela K W63	2) Fox-Yoder, Kimberly W62	3) O'Brien, Charlene W61	4) Taylor, Catherine W W55	
	1:30.86	2:42.85 (1:11.99)			

Women 280-319 200 LC Meter Freestyle Relay**PAC: 2:10.65 # 7/16/2017 TAM****B Jordan, D Monroe, M Kraetzer, A Hirsch****NATL: 2:29.97 \$ 8/15/2014 VIRGINIA MASTERS SWIM TEAM****J DETRICK, B SCHREINER, T SUE GAULT, M BARRY**

1	Manatee Aquatic Masters Inc-38	A	2:57.00	3:00.58	42
	1) Mc Partland, Peg K W76	2) Caso, Susie A W72	3) Stanton, Susan G W66	4) Shaps, Ruth Y W71	
	1:31.25	3:00.58 (1:29.33)			
2	Walnut Creek Masters-38	A	4:00.00	3:43.48	38
	1) Thursby, Nancy L W71	2) Morton, Judith L W79	3) Ackerman, Dolly J W77	4) Boettler, Lori D W72	
3	Davis Aquatic Masters-38	A	3:13.00	3:43.81	36
	1) Norris, Roswita D W76	2) Iwamoto, Mizuho W70	3) Westergaard, Leslie M W75	4) Hornof, Kristine T W71	
	1:51.58	3:43.81 (1:52.23)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Women 280-319 400 LC Meter Freestyle Relay****PAC: 7:01.16 # 6/28/2014 WCM****A Hirsch, D Ackerman, M Hill, M Alexander****NATL: 5:45.80 \$ 6/22/2013 VIRGINIA MASTERS SWIM TEAM****M BARRY, J DETRICK, L WALKER, S LOFTUS-CHARLEY**

1	Manatee Aquatic Masters Inc-38	A	7:30.00	6:52.14 #	42
	1) Caso, Susie A W72	2) Stanton, Susan G W66	3) Mc Partland, Peg K W76	4) Shaps, Ruth Y W71	
	1:49.80	3:44.42 (1:54.62)	5:29.69 (1:45.27)	6:52.14 (1:22.45)	
2	Davis Aquatic Masters-38	A	7:40.00	7:40.60	38
	1) Hornof, Kristine T W71	2) Iwamoto, Mizuho W70	3) Munn, Susan L W80	4) Westergaard, Leslie M W75	
	1:45.20	3:50.22 (2:05.02)	5:20.74 (1:30.52)	7:40.60 (2:19.86)	
3	Walnut Creek Masters-38	A	8:00.00	9:09.70	36
	1) Thursby, Nancy L W71	2) Ackerman, Dolly J W77	3) Morton, Judith L W79	4) Rothrock, Gretchen A W69	
	2:15.43	9:09.70 (6:54.27)			

Women 280-319 200 LC Meter Medley Relay**PAC: 3:08.14 # 7/15/2017 MAM****P McPartland, D Barnea, R Shaps, T Picchi****NATL: 2:53.85 \$ 8/21/2016 OREGON MASTERS****J WARD, J GETTLING, S ROUSSEAU, R KAY**

1	Walnut Creek Masters-38	A	3:45.00	3:51.04	42
	1) Rothrock, Gretchen A W69	2) Kloos, Michelle D W68	3) Boettler, Lori D W72	4) Ackerman, Dolly J W77	
	2:07.95	3:51.04 (1:43.09)			
2	Davis Aquatic Masters-38	A	5:10.00	4:47.00	38
	1) Munn, Susan L W80	2) Hornof, Kristine T W71	3) Norris, Roswita D W76	4) Iwamoto, Mizuho W70	
	2:05.97	4:47.00 (2:41.03)			
---	Manatee Aquatic Masters Inc-38	A	4:00.00	DQ	
	1) Shaps, Ruth Y W71	2) Caso, Susie A W72	3) Stanton, Susan G W66	4) Mc Partland, Peg K W76	
	1:44.96	DQ (1:45.55)			

Women 280-319 400 LC Meter Medley Relay**PAC: 7:35.67 # 7/16/2017 MAM****P McPartland, D Barnea, R Shaps, S Caso****NATL: 6:31.16 \$ 8/26/2017 OREGON MASTERS****J WARD, G PIERSON, J GETTLING, M TOPPEL**

1	Manatee Aquatic Masters Inc-38	A	6:05.00	8:19.48	42
	1) Mc Partland, Peg K W76	2) Caso, Susie A W72	3) Shaps, Ruth Y W71	4) Stanton, Susan G W66	
	2:01.84	4:13.04 (2:11.20)	6:12.74 (1:59.70)	8:19.48 (2:06.74)	

Men 72-99 200 LC Meter Freestyle Relay**PAC: 1:41.14 # 12/31/1993 TOC****Antonick, Tarbell, Goth, Murray****NATL: 1:38.83 \$ 7/14/2013 UNIVERSITY SAN FRANCISCO****J DILLANE, N VIZCARRA, D ROTHBERG, J WANG**

1	University of San Francisco Ma-3	A	2:10.00	1:48.82	42
	1) Leber, Nathan M26	2) Brillhante, Andre M24	3) Vu, Erin K M24	4) Munoz, Kyle R M20	
	53.98	1:48.82 (54.84)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 72-99 400 LC Meter Freestyle Relay****PAC: 3:41.87 # 6/28/2014****SMM****E Rennspiess, A Navarro, C Sanchez, K Tan****NATL: 3:41.87 \$ 6/28/2014****SAN MATEO MASTER MARLINS****E RENNSPIESS, A NAVARRO, C SANCHEZ, K TAN**

1	University of San Francisco Ma-3:	A	5:15.00	4:21.51	42
	1) Leber, Nathan M26	2) Liberman, David M24	3) Vu, Erin K M24	4) Kassianik, Paul M19	
	1:02.21	2:11.01 (1:08.80)	3:15.09 (1:04.08)	4:21.51 (1:06.42)	

Men 72-99 800 LC Meter Freestyle Relay**PAC: 8:38.99 # 12/31/2003****WCM****Brown, Russell Mikuni, Aaron Mikuni, Andy Nonaka****NATL: 8:12.62 \$ 8/6/2016****GOLDEN ROAD AQUATICS****A ACEINO, N KORTH, N POPOV, F WENDEL**

1	University of San Francisco Ma-3:	A	11:00.00	11:26.73	42
	1) Leber, Nathan M26	2) Liberman, David M24	3) Lung, Leo M28	4) Munoz, Kyle R M20	
	1:07.18	2:20.15 (2:20.15)	3:44.57 (1:24.42)	5:28.18 (3:08.03)	
	7:00.11 (1:31.93)	8:37.64 (3:09.46)	9:57.95 (1:20.31)	11:26.73 (2:49.09)	

Men 72-99 200 LC Meter Medley Relay**PAC: 1:49.35 # 12/31/1996****TOC****Colley, Patrick, Budney, Gary Larson****NATL: 1:49.35 \$ 8/27/1995****THE OLYMPIC CLUB****M COLLEY, J PATRICK, B BUDNEY, G LARSON**

1	University of San Francisco Ma-3:	A	2:25.00	2:12.95	42
	1) Leber, Nathan M26	2) Liberman, David M24	3) Vu, Erin K M24	4) Kassianik, Paul M19	
	1:13.92	2:12.95 (59.03)			

Men 72-99 400 LC Meter Medley Relay**PAC: 4:14.28 # 7/12/2013****SMM****Alex Navarro, Al Andaluz, Masa Oto, Evan Navarro****NATL: 4:11.46 \$ 7/18/1999****GREATER INDIANA****D PETTE, B CHRISTOFFEL, G COMER, A DAWKINS**

1	University of San Francisco Ma-3:	A	5:30.00	5:02.79	42
	1) Leber, Nathan M26	2) Liberman, David M24	3) Vu, Erin K M24	4) Munoz, Kyle R M20	
	1:13.86	2:46.99 (1:33.13)	3:59.91 (1:12.92)	5:02.79 (1:02.88)	

Men 100-119 200 LC Meter Freestyle Relay**PAC: 1:34.24 # 8/7/2013****TOC****K Ferguson, T Holsman, S Greenwood, C Talbott****NATL: 1:34.24 \$ 8/10/2013****THE OLYMPIC CLUB****K FERGUSON, T HOLSMAN, S GREENWOOD, C TALBOTT**

1	University of San Francisco Ma-3:	A	2:00.00	1:53.63	42
	1) Fuzellier, Matthieu M38	2) Lung, Leo M28	3) Brady, James M26	4) Kassianik, Paul M19	
	55.87	1:53.63 (57.76)			

Men 100-119 400 LC Meter Freestyle Relay**PAC: 3:39.63 # 12/31/1994****SCSC****S Mariniuk, J Parrack, M Moore, F Mortensen****NATL: 3:37.49 \$ 8/8/2009****YMCA INDY SWIMFIT****C CLARKE, D MICHAEL, G WIECZOREK, B CHRISTOFFEL**

1	University of San Francisco Ma-3:	B	4:15.00	4:05.46	42
	1) Gouvea, Arthur M30	2) Brillhante, Andre M24	3) Brady, James M26	4) Vizcarra, Nathan M31	
	1:09.66	2:06.79 (57.13)	3:10.06 (1:03.27)	4:05.46 (55.40)	

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Sanction #: 388-S011

Results

(Men 100-119 400 LC Meter Freestyle Relay)

2	University of San Francisco Ma-31	A	6:30.00	5:34.53	38
	1) Donlon, Kevin H M40	2) Arias, Bernard M49	3) Mai, Ping M48	4) Robinson, John S M53	
	1:05.99	2:22.69 (1:16.70)	3:53.20 (1:30.51)	5:34.53 (1:41.33)	

Men 100-119 200 LC Meter Medley Relay

PAC: 1:49.60 # 12/31/2006 TOC

NATL: 1:48.46 \$ 8/20/1990

Holsman, Lee Wanie, Brown, Greenwood
HOUSTONION CLUB
C BRITT, D PUTTERMAN, R KILLEEN, J PRINGLE

1	University of San Francisco Ma-31	A	2:20.00	2:05.73	42
	1) Gouvea, Arthur M30	2) Berry, Raymond M31	3) Brady, James M26	4) Vizcarra, Nathan M31	
	1:09.57	2:05.73 (56.16)			

Men 100-119 400 LC Meter Medley Relay

PAC: 4:11.09 # 7/12/2013 USF

NATL: 4:06.58 \$ 8/8/2009

D Rothberg, I Litvak, J Wang, N Vizcarra
YMCA INDY SWIMFIT
G WIECZOREK, B CHRISTOFFEL, D MICHAEL, W MERKLE

1	University of San Francisco Ma-31	A	5:30.00	4:46.99	42
	1) Fuzellier, Matthieu M38	2) Lung, Leo M28	3) Brady, James M26	4) Kassianik, Paul M19	
	1:07.71	2:32.44 (1:24.73)	3:42.10 (1:09.66)	4:46.99 (1:04.89)	

Men 120-159 200 LC Meter Freestyle Relay

PAC: 1:37.49 # 12/31/1986 TOC

NATL: 1:34.82 \$ 7/26/2009

F Hubbell, B Barthold, B Placak, J Griffith
SOUTHERN CAL AQUATIC MASTERS
M CORNUE, E HOCHSTEIN, E TOLMACHOFF, C BEACH

1	Rolling Hills Mud Sharks-38	A	1:50.00	1:53.02	42
	1) Mercurio, Thomas M24	2) Tevis, Nick M36	3) Castro Abrams, Kenneth M23	4) Erickson, Douglas B M46	
	55.49	1:53.02 (57.53)			

Men 120-159 400 LC Meter Freestyle Relay

PAC: 3:44.37 # 12/31/2006 TOC

NATL: 3:34.83 \$ 8/8/2009

Lee Wanie, Davie, Gaggero, Gary Larson
MICHIGAN MASTERS
K DOAK, A MULL, C MULL, P SAUCEDO

1	University of San Francisco Ma-31	A	4:30.00	4:23.20	42
	1) Fuzellier, Matthieu M38	2) Lim, Hubert M37	3) Lung, Leo M28	4) Samotyj, John M37	
	1:01.12	2:21.86 (1:20.74)	3:25.14 (1:03.28)	4:23.20 (58.06)	
2	Rolling Hills Mud Sharks-38	A	4:10.00	4:24.44	38
	1) Mercurio, Thomas M24	2) Castro Abrams, Kenneth M23	3) Laudenslager, Greg L M57	4) Erickson, Douglas B M46	
	1:01.78	2:03.93 (1:02.15)	3:13.52 (1:09.59)	4:24.44 (1:10.92)	

Men 120-159 200 LC Meter Medley Relay

PAC: 1:49.98 # 12/31/2006 WCM

NATL: 1:46.23 \$ 8/8/2009

Jones, Roque Santos, Rendick, Brown
MICHIGAN MASTERS
K DOAK, P SAUCEDO, C MULL, A MULL

1	Rolling Hills Mud Sharks-38	A	2:14.00	2:07.32	42
	1) Van Boer, Eric D M64	2) Mercurio, Thomas M24	3) Castro Abrams, Kenneth M23	4) Erickson, Douglas B M46	
	1:08.70	2:07.32 (58.62)			
2	Manatee Aquatic Masters Inc-38	A	2:20.00	2:07.79	38
	1) Dunlap, Ryan M36	2) Law, David M33	3) Nisenbaum, Adam M41	4) Boden, Alexander M M45	

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Results

(Men 120-159 200 LC Meter Medley Relay)

3	University of San Francisco Ma-31	B	2:17.00	2:08.49	36
	1) Fuzellier, Matthieu M38	2) Lim, Hubert M37	3) Samotyj, John M37	4) Brillhante, Andre M24	
	1:16.30	2:08.49 (52.19)			

Men 160-199 200 LC Meter Freestyle Relay

PAC: 1:40.32 # 12/31/1994 TOC

B Placak, B Barthold, J Griffith, K Vander Bogart

NATL: 1:36.28 \$ 8/8/2006 TEAM TYR

M EISENHUTH, J SMITH, R SAEGER, P SMITH

1	University of San Francisco Ma-31	A	2:17.00	2:09.20	42
	1) Paris, Lorenzo M52	2) Ewing, Jack M58	3) Coad, David M60	4) Liberman, David M24	
	1:06.89	2:09.20 (1:02.31)			

Men 160-199 400 LC Meter Freestyle Relay

PAC: 3:52.36 # 12/31/2002 TSUN

Geoff Glaser, Fitzgibbons, McDermott, Oaks

NATL: 3:38.60 \$ 7/3/2011 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, C ECKERMAN

1	Manatee Aquatic Masters Inc-38	A	4:20.00	4:09.95	42
	1) Boden, Alexander M M45	2) Dunlap, Ryan M36	3) Cutting, Steve M61	4) Nisenbaum, Adam M41	
	1:01.58	2:04.56 (1:02.98)	3:08.26 (1:03.70)	4:09.95 (1:01.69)	
2	Marcia's Enthusiastic Masters-38	A	5:40.00	4:47.71	38
	1) Jegers, Daniel M48	2) Hertzler, Keith M45	3) Lehnert, Ahren E M45	4) Song, James C M35	
	1:06.38	3:35.43 ()	4:47.71 (1:12.28)		

Men 160-199 800 LC Meter Freestyle Relay

PAC: 8:46.21 # 12/31/2005 STAN

Kemp, Matt Kanzler, Tim Broderick, Ken Shilling

NATL: 8:15.15 \$ 7/16/2006 TEAM TYR

R SAEGER, P SMITH, M RUFFNER, D WEGNER

1	Walnut Creek Masters-38	A	9:10.00	9:24.85	42
	1) Lemke, Zebbron J M38	2) Tiernan, Robert M M35	3) Boatwright, David M57	4) Flakoll, Jonathan D M44	
	1:09.15	2:19.27 (2:19.27)	3:26.23 (1:06.96)	4:36.05 (2:16.78)	
	5:44.00 (1:07.95)	6:55.42 (2:19.37)	8:07.27 (1:11.85)	9:24.85 (2:29.43)	
2	University of San Francisco Ma-31	A	13:00.00	11:55.18	38
	1) Bucy, John S M40	2) Mai, Ping M48	3) Renko, John R M44	4) Mc Bride, Patrick F M49	
	1:32.42	3:09.72 (3:09.72)	4:50.68 (1:40.96)	6:40.05 (3:30.33)	
	7:51.92 (1:11.87)	9:08.63 (2:28.58)	10:28.30 (1:19.67)	11:55.18 (2:46.55)	

Men 160-199 200 LC Meter Medley Relay

PAC: 1:52.30 # 12/31/2006 STAN

Rick Gould, Scottoline, Phelan, Lundberg

NATL: 1:47.72 \$ 8/8/2006 TEAM TYR

R SAEGER, G RHODENBAUGH, P SMITH, J SMITH

1	Walnut Creek Masters-38	A	2:17.00	2:09.41	42
	1) Tiernan, Robert M M35	2) Flakoll, Jonathan D M44	3) Sway, David A M45	4) Stahl, Stephen A M53	
	1:10.03	2:09.41 (59.38)			
2	Marcia's Enthusiastic Masters-38	A	3:00.00	2:27.73	38
	1) Hertzler, Keith M45	2) Song, James C M35	3) Jegers, Daniel M48	4) Lehnert, Ahren E M45	
	1:22.23	2:27.73 (1:05.50)			
3	University of San Francisco Ma-31	A	4:00.00	2:57.09	36
	1) Donlon, Kevin H M40	2) Arias, Bernard M49	3) Mai, Ping M48	4) Robinson, John S M53	
	1:32.30	2:57.09 (1:24.79)			

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Men 160-199 400 LC Meter Medley Relay

PAC: 4:36.07 # 12/31/2002 TSUN

Robinson, Chappell, McDermott, Fitzgibbons

NATL: 4:02.07 \$ 5/10/2015 STAN

RICK GOULD, BJ JOHNSON, DARREN PHELAN, MIKE PYLE

1	Rolling Hills Mud Sharks-38	A	4:55.00	4:52.53	42
	1) Van Boer, Eric D M64	2) Mercurio, Thomas M24	3) Castro Abrams, Kenneth M23	4) Laudenslager, Greg L M57	
	1:19.66	2:34.90 (1:15.24)	3:41.75 (1:06.85)	4:52.53 (1:10.78)	

Men 200-239 200 LC Meter Freestyle Relay

PAC: 1:44.06 # 12/31/2006 BAC

Whatley, McAweeney, Finch, Butler

NATL: 1:38.24 \$ 8/8/2006

COLORADO MASTERS

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMAS

1	Walnut Creek Masters-38	A	1:52.00	1:49.28	42
	1) Stahl, Stephen A M53	2) Nootbaar, Tom T M55	3) Boatwright, David M57	4) Tiernan, Robert M M35	
	56.18	1:49.28 (53.10)			
2	Manatee Aquatic Masters Inc-38	A	1:58.00	2:02.34	38
	1) Heath, Robert H M61	2) Fitschen, Gary T M73	3) Cutting, Steve M61	4) Dunlap, Ryan M36	
	1:03.74	2:02.34 (58.60)			
3	Cal Maritime Academy Masters-3	A	2:36.00	2:18.67	36
	1) Manipis, William M42	2) Deltorchio, Fred M61	3) Kennedy, James B M67	4) Cort, Doug A M68	
	1:07.86	2:18.67 (1:10.81)			
4	University of San Francisco Ma-3	A	3:30.00	2:46.27	34
	1) Young, Stephen L M60	2) Faitos, Ernest D M61	3) Gendreau, David P M58	4) Kennedy, Jeff M M55	
	1:29.31	2:46.27 (1:16.96)			

Men 200-239 400 LC Meter Freestyle Relay

PAC: 4:05.19 # 6/28/2014 SMM

M Coquillard, T Reudy, J Baker, M Kiedel

NATL: 3:52.34 \$ 8/12/2012

LONGHORN AQUATICS

M VAROZZA, J SAUER, D GUTHRIE, A RASMUSSEN

1	Walnut Creek Masters-38	A	4:30.00	4:09.25	42
	1) Boatwright, David M57	2) Boone, Jon M55	3) Flakoll, Jonathan D M44	4) Sway, David A M45	
	1:00.36	2:07.36 (1:07.00)	3:09.08 (1:01.72)	4:09.25 (1:00.17)	
2	Walnut Creek Masters-38	B	5:00.00	4:56.14	38
	1) Carter, Paul A M50	2) Potter, Donald R M53	3) King, Ian E M56	4) Stahl, Stephen A M53	
	1:15.44	2:29.76 (1:14.32)	3:42.10 (1:12.34)	4:56.14 (1:14.04)	
3	Cal Maritime Academy Masters-3	A	5:50.00	5:27.93	36
	1) Manipis, William M42	2) Deltorchio, Fred M61	3) Kennedy, James B M67	4) Cort, Doug A M68	
	1:12.55	2:40.29 (1:27.74)	4:09.76 (1:29.47)	5:27.93 (1:18.17)	

Men 200-239 800 LC Meter Freestyle Relay

PAC: 9:22.12 # 12/31/2007 WCM

R Santos, P Guadagni, D Galine, K O'Brien

NATL: 8:41.77 \$ 6/8/2012

ARIZONA MASTERS

J UTSCH, K DICKSON, S SHAKE, B ROTH

1	Marcia's Enthusiastic Masters-38	A	12:00.00	11:28.52	42
	1) Jegers, Daniel M48	2) Lehnert, Ahren E M45	3) Tsugawa, Peter M60	4) Small, Stephen A M66	
	1:12.99	2:29.06 (2:29.06)	3:57.71 (1:28.65)	5:29.94 (3:00.88)	
	7:03.40 (1:33.46)	8:42.39 (3:12.45)	10:01.58 (1:19.19)	11:28.52 (2:46.13)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Men 200-239 200 LC Meter Medley Relay****PAC: 1:57.72 # 12/31/2005 RHMS****P Djang, L Rider, B Adkison, E van Boer****NATL: 1:50.83 \$ 8/8/2006 COLORADO MASTERS****S WOOD, J GROSELLE, T HEDRICK, R ABRAHAM**

1	Walnut Creek Masters-38	A	2:22.22	2:30.33	42
	1) King, Ian E M56	2) Carter, Paul A M50	3) O'Brien, Kerry L M61	4) Potter, Donald R M53	
	1:24.47	2:30.33 (1:05.86)			
2	Cal Maritime Academy Masters-3	A	2:55.00	3:07.89	38
	1) Kennedy, James B M67	2) Cort, Doug A M68	3) Manipis, William M42	4) Deltorchio, Fred M61	
	1:51.66	3:07.89 (1:16.23)			

Men 200-239 400 LC Meter Medley Relay**PAC: 4:38.46 # 12/31/1994 TOC****Tim Birnie, Bob Strand, Rich Bassi, Jim Elder****NATL: 4:13.76 \$ 8/11/2012 LONGHORN AQUATICS****A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

1	Manatee Aquatic Masters Inc-38	A	5:16.00	5:21.37	42
	1) Cutting, Steve M61	2) Law, David M33	3) Dunlap, Ryan M36	4) Fitschen, Gary T M73	
	1:17.24	2:40.99 (1:23.75)	3:57.97 (1:16.98)	5:21.37 (1:23.40)	
2	Cal Maritime Academy Masters-3	A	6:43.00	6:48.57	38
	1) Kennedy, James B M67	2) Cort, Doug A M68	3) Manipis, William M42	4) Deltorchio, Fred M61	
	1:51.78	3:43.29 (1:51.51)	5:15.04 (1:31.75)	6:48.57 (1:33.53)	
3	University of San Francisco Ma-3	A	10:00.00	8:05.32	36
	1) Young, Stephen L M60	2) Faitos, Ernest D M61	3) Kennedy, Jeff M M55	4) Gendreau, David P M58	
	2:35.08	4:48.74 (2:13.66)	6:14.84 (1:26.10)	8:05.32 (1:50.48)	

Men 240-279 200 LC Meter Freestyle Relay**PAC: 1:48.79 # 8/7/2013 TAM****Richard Burns, Alan Bernard, Tate Holt, Greg Tull****NATL: 1:42.40 \$ 8/19/2016 SARASOTA Y SHARKS****S WOOD, D MARTIN, T HEDRICK, J GROSELLE**

1	University of San Francisco Ma-3	B	2:32.00	2:15.66	42
	1) Ford, Kent P M64	2) Ridinger, Kim S M67	3) Mc Bride, Patrick F M49	4) Mortimer, Niland B M67	
	1:08.66	2:15.66 (1:07.00)			
2	Marcia's Enthusiastic Masters-38	A	2:45.00	2:34.89	38
	1) Small, Stephen A M66	2) Lehnert, Ahren E M45	3) Jegers, Daniel M48	4) Galvin, Barry T M85	
	1:09.15	2:34.89 (1:25.74)			

Men 240-279 400 LC Meter Freestyle Relay**PAC: 4:01.34 # 12/31/2012 SMM****J Sweeney, R Brown, S Finch, T Reudy****NATL: 4:07.77 \$ 8/15/2015 VENTURA COUNTY MASTERS****H KERNS, G GRUBER, M BLATT, M SHAFFER**

1	Walnut Creek Masters-38	A	4:30.00	4:28.43	42
	1) Volpp, Bryan D M61	2) O'Brien, Kerry L M61	3) Remmert, Greg A M56	4) Druz, Loren M62	
	1:09.99	2:18.85 (1:08.86)	3:23.87 (1:05.02)	4:28.43 (1:04.56)	
2	University of San Francisco Ma-3	B	5:45.00	5:24.19	38
	1) Andrews, Bryan W M67	2) Coad, David M60	3) Sapirstein, Julian B M69	4) Gregor, Eugene C M58	
	1:42.30	2:56.89 (1:14.59)	4:15.34 (1:18.45)	5:24.19 (1:08.85)	

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Men 240-279 800 LC Meter Freestyle Relay

PAC: 1:03.51 # 7/2/2003 SMM

NATL: 9:09.92 \$ 7/22/2016

S Finch, T Watley, J Tom Reudy, J Sweeney

STANFORD MASTERS SWIMMING

T BRODERICK, S STRONG, J KEMP, D PHELAN

1	Walnut Creek Masters-38	A	10:15.00	10:41.22	42
	1) O'Brien, Kerry L M61	2) Jester, Mal M69	3) Nootbaar, Tom T M55	4) Boone, Jon M55	
	1:16.00	2:36.59 (2:36.59)	4:04.40 (1:27.81)	5:35.61 (2:59.02)	
	6:44.89 (1:09.28)	7:59.39 (2:23.78)	9:18.93 (1:19.54)	10:41.22 (2:41.83)	

Men 240-279 200 LC Meter Medley Relay

PAC: 2:02.72 # 12/31/2012 TAM

NATL: 1:57.46 \$ 8/21/2016

Richard Burns, Kenneth Frost, Greg Tull, Tate Holt

SARASOTA Y SHARKS

S WOOD, J GROSELLE, T HEDRICK, D MARTIN

1	Walnut Creek Masters-38	A	2:25.00	2:18.79	42
	1) Volpp, Bryan D M61	2) Jester, Mal M69	3) Tittle, Kenneth W M55	4) Endres, Paul D M55	
	1:19.86	2:18.79 (58.93)			
2	University of San Francisco Ma-3:	B	3:00.00	2:36.87	38
	1) Andrews, Bryan W M67	2) Gregor, Eugene C M58	3) Coad, David M60	4) Sapirstein, Julian B M69	
	1:27.76	2:36.87 (1:09.11)			
3	University of San Francisco Ma-3:	A	4:45.00	3:38.27	36
	1) Boreyko, Valeriy A M65	2) Moore, Michael W M68	3) Williams, Syd M63	4) Young, Stephen L M60	
	2:02.49	3:38.27 (1:35.78)			

Men 240-279 400 LC Meter Medley Relay

PAC: 5:31.14 # 12/31/1991 RINC

NATL: 4:40.96 \$ 8/7/2016

G, A da Rosa, D Levinson, E Kerswill

VENTURA COUNTY MASTERS

J MC CONICA, H KERNS, M SHAFFER, G GRUBER

1	University of San Francisco Ma-3:	B	6:00.00	5:54.48	42
	1) Ford, Kent P M64	2) Ridinger, Kim S M67	3) Mc Bride, Patrick F M49	4) Mortimer, Niland B M67	
	1:23.57	3:08.94 (1:45.37)	4:27.50 (1:18.56)	5:54.48 (1:26.98)	
2	University of San Francisco Ma-3:	A	12:08.00	7:09.00	38
	1) Andrews, Bryan W M67	2) Ewing, Jack M58	3) Boreyko, Valeriy A M65	4) Coad, David M60	
	1:51.78	3:26.89 (1:35.11)	5:55.43 (2:28.54)	7:09.00 (1:13.57)	
3	Marcia's Enthusiastic Masters-38	A	7:20.00	7:36.75	36
	1) Small, Stephen A M66	2) Lehnert, Ahren E M45	3) Tsugawa, Peter M60	4) Galvin, Barry T M85	
	1:35.25	3:17.85 (1:42.60)	5:11.23 (1:53.38)	7:36.75 (2:25.52)	

Men 280-319 200 LC Meter Freestyle Relay

PAC: 2:08.47 # 12/31/2012 WCM

NATL: 1:56.91 \$ 8/15/2014

J DeLacy, R Olson, J Smyers, N Stupfel

GOLD COAST MASTERS

D QUIGGIN, D PAINTER, K LODWIG, L CHILDS

1	Walnut Creek Masters-38	A	2:12.50	2:13.33	42
	1) DeLacy, James R M72	2) Dennis, D Craig M72	3) Upshaw, Bob B M69	4) Smyers, Jesse B M72	
	1:02.51	2:13.33 (1:10.82)			
2	Davis Aquatic Masters-38	A	2:22.00	2:25.59	38
	1) Kahn, Stuart L M65	2) Norris, Robert F M80	3) Swenor, Gary D M64	4) McPherson, Andrew M M71	
	1:17.39	2:25.59 (1:08.20)			

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1	Walnut Creek Masters-38	A	5:00.00	5:15.43 #	42
	1) Upshaw, Bob B M69	2) Jester, Mal M69	3) Dennis, D Craig M72	4) DeLacy, James R M72	
	1:20.22	2:40.96 (1:20.74)	4:05.01 (1:24.05)	5:15.43 (1:10.42)	
2	Walnut Creek Masters-38	B	5:20.00	5:36.18	38
	1) Piazza, Michael S M72	2) Flickinger, Tom R M71	3) Smyers, Jesse B M72	4) Bell, Gordon E M66	
	1:26.40	3:00.91 (1:34.51)	4:24.39 (1:23.48)	5:36.18 (1:11.79)	
3	Davis Aquatic Masters-38	A	5:30.00	5:48.43	36
	1) Kahn, Stuart L M65	2) McPherson, Andrew M M71	3) Norris, Robert F M80	4) Stoner, Gregory M66	
	1:10.50	2:22.32 (1:11.82)	4:08.32 (1:46.00)	5:48.43 (1:40.11)	
4	Rolling Hills Mud Sharks-38	A	6:20.00	6:39.65	34
	1) Van Boer, Eric D M64	2) Sutton-Beattie, Eric L M66	3) Pierce, Donald A M73	4) Soroka, Donald M86	
	1:12.59	2:34.73 (1:22.14)	6:39.82 (4:05.09)	6:39.65 ()	

Men 280-319 200 LC Meter Medley Relay**PAC: 2:26.93 # 12/31/2012 WCM****J DeLacy, J Smyers, R Olson, N Stupfel****NATL: 2:16.74 \$ 8/9/2009 SAN DIEGO SWIM MASTERS****V VAN BAALEN, P ANDERSEN, K LODWIG, D HUBBARD**

1	Walnut Creek Masters-38	A	2:37.00	2:30.66	42
	1) Upshaw, Bob B M69	2) Smyers, Jesse B M72	3) DeLacy, James R M72	4) Dennis, D Craig M72	
	1:25.61	2:30.66 (1:05.05)			
2	Davis Aquatic Masters-38	A	2:58.00	2:57.52	38
	1) Kahn, Stuart L M65	2) Stoner, Gregory M66	3) McPherson, Andrew M M71	4) Norris, Robert F M80	
	1:37.75	2:57.52 (1:19.77)			

Men 320-359 200 LC Meter Freestyle Relay**PAC: 3:14.31 # 12/31/2006 TOC****Jones, Frank Grannis, Moretto, Frankel****NATL: 2:24.56 \$ 8/19/2016 OREGON MASTERS****J FERRAZ, W LAMB, F PHILIPPS, D RADCLIFF**

1	Walnut Creek Masters-38	A	3:55.50	3:00.97 #	42
	1) Bledsoe, Dennis M79	2) Mayo, Robert W M85	3) Silvey, Rick M76	4) Morner, Stan F M84	
	1:27.54	3:00.97 (1:33.43)			

Men 320-359 400 LC Meter Freestyle Relay**PAC: 7:11.40 # 7/11/2010 AAM****H S Goldsmith, A Motmans, P Hathaway, A O Jones****NATL: 5:43.81 \$ 7/30/2017 MICHIGAN MASTERS****J LOCKWOOD, K OLZMANN, R MARTIN, W JEFFRIES**

1	Walnut Creek Masters-38	A	7:50.00	9:42.84	42
	1) Pedder, Stan M83	2) Mayo, Robert W M85	3) Nieman, Frank B M86	4) Morner, Stan F M84	
	3:00.30	4:57.21 (1:56.91)	7:50.67 (2:53.46)	9:42.84 (1:52.17)	

Men 320-359 800 LC Meter Freestyle Relay**NATL: 13:00.32 \$ 7/30/2017 MICHIGAN MASTERS****W JEFFRIES, R MARTIN, J LOCKWOOD, K OLZMANN**

1	Walnut Creek Masters-38	A	18:00.00	21:00.09	42
	1) Pedder, Stan M83	2) Nieman, Frank B M86	3) Mayo, Robert W M85	4) Morner, Stan F M84	
	3:31.88	6:49.01 (6:49.01)	12:45.63 (5:56.62)		
	14:48.53 (2:02.90)	16:55.34 (4:09.71)	18:55.85 (2:00.51)	21:00.09 (4:04.75)	

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PAC: 1:43.11 # 7/11/2010 TOC

F O'Donnell-McCar, T T Holsman, E P Reilly, S C

NATL: 1:43.11 \$ 7/11/2010 THE OLYMPIC CLUB

O'DONNELL-MCCARTH, T HOLSMAN, E REILLY, S GREENWOOD

1	Davis Aquatic Masters-38	A	2:03.00	2:01.90	42
	1) Crow, Vivian A W21	2) Castano-Aguado, Ignacio M38	3) Martinez-Canton, Cristina L W34	4) Iwamoto, Satori M32	
	1:01.37	2:01.90 (1:00.53)			

Mixed 100-119 400 LC Meter Freestyle Relay

PAC: 3:50.59 # 7/23/2016 MEMO

T Gregory, R Ward, P Yamauchi, C Breed

NATL: 3:54.81 \$ 7/25/2009 SOUTHERN CAL AQUATIC MASTERS

N JANOS, J CORCORAN, A YEARWOOD, E TOLMACHOFF

1	Davis Aquatic Masters-38	A	4:28.00	4:30.52	42
	1) Blumberg, Marc A M25	2) Deer, LillyBelle K W25	3) Mohn, Jennifer L W27	4) Docken, Steffen S M30	
	57.84	2:05.60 (1:07.76)	3:24.30 (1:18.70)	4:30.52 (1:06.22)	

Mixed 100-119 200 LC Meter Medley Relay

PAC: 1:55.34 # 12/31/2011 TOC

F O'Donnell-McCar, J W Dorr, E P Reilly, S C Gr

NATL: 1:55.34 \$ 7/9/2011 THE OLYMPIC CLUB

O'DONNELL-MCCARTH, J DORR, E REILLY, S GREENWOOD

1	Davis Aquatic Masters-38	A	2:10.00	2:20.07	42
	1) Docken, Steffen S M30	2) Mohn, Jennifer L W27	3) Blumberg, Marc A M25	4) Deer, LillyBelle K W25	
	1:21.89	2:20.07 (58.18)			

Mixed 100-119 400 LC Meter Medley Relay

PAC: 4:18.23 # 7/24/2016 MEMO

P Yamauchi, D Banks, C Breed, Z Zlotoff

NATL: 4:36.14 \$ 7/22/1990 WALNUT CREEK MASTERS

P BOSCOVICH, J JACQUES, K O'BRIEN, P ROEMER

1	Davis Aquatic Masters-38	A	4:53.00	5:23.71	42
	1) Iwamoto, Satori M32	2) Mohn, Jennifer L W27	3) Docken, Steffen S M30	4) Martinez-Canton, Cristina L W34	
	1:11.02	2:52.07 (1:41.05)	4:04.12 (1:12.05)	5:23.71 (1:19.59)	

Mixed 120-159 200 LC Meter Freestyle Relay

PAC: 1:43.44 # 12/31/2008 TOC

T Holsman, S Guzman, L Welting, S Greenwood

NATL: 1:42.65 \$ 8/23/1998 GOLD COAST MASTERS

T PACE, T MOLL, J HERRINGTON, K WIENANTS

1	Marcia's Enthusiastic Masters-38	A	2:20.00	2:14.07	42
	1) Song, James C M35	2) Flynn, Elizabeth A W39	3) Reilly, Marley O W36	4) Hertzner, Keith M45	
	1:08.15	2:14.07 (1:05.92)			

Mixed 120-159 400 LC Meter Freestyle Relay

PAC: 3:58.19 # 12/31/2009 TOC

K Lyons, M Gill, P Carter, S Greenwood

NATL: 3:56.36 \$ 3/5/2011 MOVY MASTERS

T STEWART, C FUCHS, J STOVER, A DIERS

1	Walnut Creek Masters-38	A	4:30.00	4:18.77	42
	1) Tiernan, Robert M M35	2) Tiernan, Heather W35	3) Gaudinier, Lindsay E W29	4) Carpenter, Weston M22	
	1:01.99	2:14.97 (1:12.98)	3:22.46 (1:07.49)	4:18.77 (56.31)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

(Mixed 120-159 400 LC Meter Freestyle Relay)

2	Davis Aquatic Masters-38	A	4:44.00	4:48.63	38
	1) Iwamoto, Satori M32	2) Tannehill, Aimee A W45	3) Belluomini, Melanie C W41	4) Waterson, Kevin M39	
	1:00.36	2:17.82 (1:17.46)	3:36.87 (1:19.05)	4:48.63 (1:11.76)	

Mixed 120-159 200 LC Meter Medley Relay

PAC: 1:59.68 # 12/31/1997 WCM

NATL: 1:50.77 \$ 7/8/2012

Hartnett, Gary Patterson, Steve Stahl, Vidal

PHOENIX SWIM CLUB

N INADA, J COMMINGS, M HYMAN, J PONCE

1	Davis Aquatic Masters-38	A	2:21.00	2:27.23	42
	1) Chow, Jackie I W40	2) Waterson, Kevin M39	3) Iwamoto, Satori M32	4) Belluomini, Melanie C W41	
	1:22.73	2:27.23 (1:04.50)			

Mixed 120-159 400 LC Meter Medley Relay

PAC: 4:40.74 # 12/31/1992 RINC

NATL: 4:29.03 \$ 8/8/2009

Ken Fattler, Baxter, Kirk Koslowski, Elsbach

FORT LAUDERDALE AQUATICS

C FERNANDEZ, K LEGASPI, L GALVAN-SARABIA, J MARTIN

1	Marcia's Enthusiastic Masters-38	A	6:00.00	5:48.63	42
	1) Flynn, Elizabeth A W39	2) Song, James C M35	3) Hertzler, Keith M45	4) Reilly, Marley O W36	
	1:34.33	3:00.51 (1:26.18)	4:29.06 (1:28.55)	5:48.63 (1:19.57)	

Mixed 160-199 200 LC Meter Freestyle Relay

PAC: 1:49.12 # 12/31/2002 TOC

NATL: 1:42.27 \$ 8/8/2006

M Meyer, L Welting, T Holsman ..

TEAM TYR

J SMITH, R SAEGER, C SAPPEY, S HART

1	Walnut Creek Masters-38	A	2:02.50	2:06.38	42
	1) O'Brien, Kerry L M61	2) O'Brien, Charlene W61	3) Boone, Danielle W53	4) Boone, Jon M55	
	1:04.96	2:06.38 (1:01.42)			
2	University of San Francisco Ma-38	A	2:32.00	2:22.91	38
	1) Berry, Raymond M31	2) Wiesmann, Nicky C W48	3) Niccolls, Dorothy J W65	4) Samotyj, John M37	
	1:01.24	2:22.91 (1:21.67)			

Mixed 160-199 800 LC Meter Freestyle Relay

PAC: 9:15.91 # 12/31/1995 TOC

NATL: 8:50.20 \$ 8/15/2015

M Keck, M Meyer, B Strand, D Ogier

ROCKWELL AQUATIC MASTERS

S STONE, S CARPENTER, R ELDRIDGE, S CARROLL

1	Manatee Aquatic Masters Inc-38	A	9:40.00	9:45.16	42
	1) Dunlap, Ryan M36	2) Cox, Juliet E W50	3) Maidenberg, Eve G W42	4) Cutting, Steve M61	
	1:05.28	2:19.35 (2:19.35)	3:32.92 (1:13.57)	4:51.60 (2:32.25)	
	6:02.55 (1:10.95)	7:20.37 (2:28.77)	8:30.24 (1:09.87)	9:45.16 (2:24.79)	
2	University of San Francisco Ma-38	A	13:00.00	11:26.54	38
	1) Tilds, Katrina W41	2) Berry, Raymond M31	3) Samotyj, John M37	4) Juson, Justine W50	
	1:32.03	3:14.06 (3:14.06)	3:43.05 (28.99)	4:26.37 (1:12.31)	
	6:01.06 (1:34.69)	8:13.86 (3:47.49)	9:47.88 (1:34.02)	11:26.54 (3:12.68)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Mixed 160-199 200 LC Meter Medley Relay****PAC: 2:00.53 # 12/31/2004 TOC****J Schriger, S Corliss, L Welting, M****NATL: 1:58.35 \$ 8/10/2006 TEAM TYR****M MCCUE, M RUFFNER, R SMIT, S VON DER LIPPE**

1	Walnut Creek Masters-38	A	2:20.00	2:14.79	42
	1) Carpenter, Weston M22	2) Gaudinier, Lindsay E W29	3) Nootbaar, Tom T M55	4) Curran, Margee M W57	
	1:12.50	2:14.79 (1:02.29)			

Mixed 160-199 400 LC Meter Medley Relay**PAC: 4:30.50 # 12/31/2006 STAN****Jody Smith, Becker, Preston, Kemp****NATL: 4:26.15 \$ 8/7/2016 NORTH CAROLINA MASTERS****V FLETCHER, T TORRES, E BRAUN, K LINDAUER**

1	Walnut Creek Masters-38	A	5:15.00	5:29.72	42
	1) Tiernan, Heather W35	2) Ongerth, Ann Michelle W44	3) Tiernan, Robert M M35	4) Stahl, Stephen A M53	
	1:21.73	3:17.24 (1:55.51)	4:22.28 (1:05.04)	5:29.72 (1:07.44)	

Mixed 200-239 200 LC Meter Freestyle Relay**PAC: 1:48.33 # 12/31/2005 WCM****S Heim-Bowen, L Crittenden, J DeLacy, D Boatwright****NATL: 1:44.96 \$ 8/10/2006 COLORADO MASTERS****T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS**

1	Walnut Creek Masters-38	A	2:02.50	2:01.88	42
	1) Volpp, Bryan D M61	2) Bilich, Bonnie M W60	3) Ward, Lisa A W54	4) Druz, Loren M62	
	1:01.85	2:01.88 (1:00.03)			
2	Rolling Hills Mud Sharks-38	A	2:23.00	2:16.58	38
	1) Laudenslager, Greg L M57	2) Houts, Jennifer W53	3) Sutton-Beattie, Eric L M66	4) Hepworth, Linda W65	
	1:03.55	2:16.58 (1:13.03)			
3	Walnut Creek Masters-38	B	2:20.00	2:23.70	36
	1) Cannon, Lindsey A W52	2) Griest, Kelley W61	3) Potter, Donald R M53	4) King, Ian E M56	
	1:20.68	2:23.70 (1:03.02)			
4	University of San Francisco Ma-3	A	3:30.00	2:43.27	34
	1) McNamara, Kathleen A W58	2) Mai, Ping M48	3) Macleod, Pascale W54	4) Lapin, Donald J M62	
	1:16.19	2:43.27 (1:27.08)			

Mixed 200-239 400 LC Meter Freestyle Relay**PAC: 4:25.37 # 12/31/2009 WCM****M Curran, C O'Brien, K O'Brien, L Druz****NATL: 4:02.62 \$ 6/20/2015 ILLINOIS MASTERS****D SIMS, A BLOCK, L DILLMANN, J TUCHLER**

1	Santa Rosa Masters-38	A	4:55.00	4:29.68	42
	1) Riblet, Jean-Philippe M M55	2) Walts, Merrie E W58	3) Carlstrom, Erin W35	4) Morales, John R M60	
	1:02.46	2:13.43 (1:10.97)	3:21.05 (1:07.62)	4:29.68 (1:08.63)	
2	Walnut Creek Masters-38	A	4:40.00	4:44.18	38
	1) Tittle, Kenneth W M55	2) Ward, Lisa A W54	3) Boone, Danielle W53	4) Nootbaar, Tom T M55	
	1:07.81	2:26.01 (1:18.20)	3:40.91 (1:14.90)	4:44.18 (1:03.27)	
3	Manatee Aquatic Masters Inc-38	A	5:10.00	4:45.15	36
	1) Maidenberg, Eve G W42	2) Fitschen, Gary T M73	3) Cox, Juliet E W50	4) Law, David M33	
	1:09.61	2:30.20 (1:20.59)	3:41.76 (1:11.56)	4:45.15 (1:03.39)	
4	Davis Aquatic Masters-38	A	4:48.00	4:56.13	34
	1) McAdam, Samuel T M53	2) Krovetz, Ted M52	3) Russell, Jane E W55	4) Phalen, Jennifer R W54	
	1:06.58	2:15.56 (1:08.98)	3:31.58 (1:16.02)	4:56.13 (1:24.55)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Mixed 200-239 800 LC Meter Freestyle Relay****PAC: 9:34.66 # 7/14/2017 WCM****S. Heim-Bowen, S. Keeler, D. Sway, B. Volpp****NATL: 9:19.01 \$ 6/28/2015 CONNECTICUT MASTERS****J SARGENT, A REUL, T MICHAEL, G RINALDI**

1	University of San Francisco Ma-3i	A	17:00.00	14:27.81	42
	1) Cohn, Darcy C W67	2) Bohnel Buch, Suzanne W43	3) Young, Stephen L M60	4) Gregor, Eugene C M58	
	2:00.82	4:11.68 (4:11.68)	5:54.89 (1:43.21)	7:45.40 (3:33.72)	
	9:36.18 (1:50.78)	11:38.66 (3:53.26)	13:00.12 (1:21.46)	14:27.81 (2:49.15)	

Mixed 200-239 200 LC Meter Medley Relay**PAC: 2:04.32 # 12/31/2009 WCM****Lisa Ward, Gary Patterson, Sandi Easton, Bob Olson****NATL: 2:01.98 \$ 8/20/2016 OREGON MASTERS****V JENKINS, K GROTE, G DUUS, K ANDRUS-HUGHES**

1	Santa Rosa Masters-38	A	2:25.00	2:17.41	42
	1) Riblet, Jean-Philippe M M55	2) Rueda, Marcela W36	3) Morales, John R M60	4) Jones, Sara H W50	
	1:12.90	2:17.41 (1:04.51)			
2	Manatee Aquatic Masters Inc-38	A	2:35.00	2:27.12	38
	1) Cutting, Steve M61	2) Fitschen, Gary T M73	3) Cox, Juliet E W50	4) Maidenberg, Eve G W42	
	1:17.45	2:27.12 (1:09.67)			
3	Menlo Masters-38	A	2:37.00	2:33.53	36
	1) Couch, Stephanie D W54	2) Gildea, David R M75	3) Furbershaw, Josie W24	4) Pinto, Harlan A M61	
	1:25.51	2:33.53 (1:08.02)			
4	Rolling Hills Mud Sharks-38	A	2:50.00	2:42.11	34
	1) Hepworth, Linda W65	2) Laudenslager, Greg L M57	3) Tevis, Nick M36	4) Tevis, Maggie H W70	
	1:24.14	2:42.11 (1:17.97)			
5	Davis Aquatic Masters-38	A	2:32.00	2:42.72	32
	1) McAdam, Samuel T M53	2) Phalen, Jennifer R W54	3) Woodruff, David L M62	4) Gill, Kathy W64	
	1:21.76	2:42.72 (1:20.96)			

Mixed 200-239 400 LC Meter Medley Relay**PAC: 4:51.55 # 12/31/1998 TAM****R Burns, P Jonckheer, L Val, N Ridout****NATL: 4:33.17 \$ 6/20/2015 ILLINOIS MASTERS****J TUCHLER, D SIMS, A BLOCK, L DILLMANN**

1	Walnut Creek Masters-38	A	5:21.00	4:58.10	42
	1) Bilich, Bonnie M W60	2) Volpp, Bryan D M61	3) Nootbaar, Tom T M55	4) Gaudinier, Lindsay E W29	
	1:17.41	2:41.60 (1:24.19)	3:52.08 (1:10.48)	4:58.10 (1:06.02)	
2	Rolling Hills Mud Sharks-38	A	5:55.00	6:16.49	38
	1) Hepworth, Linda W65	2) Erickson, Douglas B M46	3) Houts, Jennifer W53	4) Sutton-Beattie, Eric L M66	
	1:43.72	3:12.34 (1:28.62)	4:53.00 (1:40.66)	6:16.49 (1:23.49)	
3	University of San Francisco Ma-3i	A	10:45.00	7:24.60	36
	1) McNamara, Kathleen A W58	2) Macleod, Pascale W54	3) Mai, Ping M48	4) Lapin, Donald J M62	
	1:33.20	3:50.86 (2:17.66)	4:17.03 (26.17)	7:24.60 (3:07.57)	

Mixed 240-279 200 LC Meter Freestyle Relay**PAC: 1:56.00 # 12/31/2011 TAM****R Burns, L Val, B Wheeler, T Holt****NATL: 1:54.54 \$ 8/20/2016 SARASOTA Y SHARKS****D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK**

1	University of San Francisco Ma-3i	A	3:50.00	3:03.08	42
	1) Cohn, Darcy C W67	2) Dunn, Audrey J W65	3) Kuniyama, Daniel S M67	4) Rolando, Franco M47	
	1:35.95	3:03.08 (1:27.13)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Mixed 240-279 400 LC Meter Freestyle Relay****PAC: 4:32.62 # 12/31/2011 TAM****Laura Val, Judy A Eisenman, Tate Holt, Rich Burns****NATL: 4:24.45 \$ 6/15/2014 SARASOTA Y SHARKS****J GROSELLE, L GROSELLE, N KRYKA, B COUCH**

1	University of San Francisco Ma-3i	A	9:00.00	7:09.90	42
	1) Dunn, Audrey J W65	2) Aho, Kirsti M W59	3) Kuniyama, Daniel S M67	4) Mortimer, Niland B M67	
	1:48.30	4:04.04 (2:15.74)	5:44.58 (1:40.54)	7:09.90 (1:25.32)	

Mixed 240-279 800 LC Meter Freestyle Relay**PAC: 10:09.67 # 7/11/2010 TAM****R Burns, B C Wheeler, L B Val, K A Frost Jr****NATL: 9:54.42 \$ 6/11/2017 SARASOTA Y SHARKS****J GROSELLE, R WALKER, L GROSELLE, K PARKER PALACE**

1	Walnut Creek Masters-38	A	10:12.00	10:20.22	42
	1) Volpp, Bryan D M61	2) Bilich, Bonnie M W60	3) O'Brien, Kerry L M61	4) Druz, Loren M62	
	1:09.39	2:22.73 (2:22.73)	3:36.79 (1:14.06)	4:57.36 (2:34.63)	
	6:18.14 (1:20.78)	7:43.04 (2:45.68)	8:06.82 (23.78)	10:20.22 (2:37.18)	
2	University of San Francisco Ma-3i	A	12:15.00	11:31.02	38
	1) McNamara, Kathleen A W58	2) Virtue, Paul A M67	3) Ogilvie, Carol M W63	4) Coad, David M60	
	1:26.20	3:01.76 (3:01.76)	4:21.86 (1:20.10)	5:45.24 (2:43.48)	
	7:12.72 (1:27.48)	8:46.60 (3:01.36)	10:05.05 (1:18.45)	11:31.02 (2:44.42)	
3	Rolling Hills Mud Sharks-38	A	13:48.79	13:54.19	36
	1) Van Boer, Eric D M64	2) Pierce, Donald A M73	3) Coholan, Annette M W70	4) Tevis, Maggie H W70	
	1:23.38	2:52.96 (2:52.96)	4:37.44 (1:44.48)		
	6:24.22 ()	8:08.94 ()	11:55.75 (3:46.81)	13:54.19 (5:45.25)	

Mixed 240-279 200 LC Meter Medley Relay**PAC: 2:09.06 # 12/31/2009 TAM****Rich Burns, Ken Frost, Laura Val, Barbara Wheeler****NATL: 2:08.11 \$ 8/20/2016 PUGET SOUND MASTERS****L DAHL, R COLELLA, D GRAHAM, C DAVIS**

1	Walnut Creek Masters-38	A	2:20.00	2:25.90	42
	1) Bilich, Bonnie M W60	2) Ward, Lisa A W54	3) Bell, Gordon E M66	4) Druz, Loren M62	
	1:20.07	2:25.90 (1:05.83)			
2	University of San Francisco Ma-3i	A	5:05.00	3:30.43	38
	1) Dunn, Audrey J W65	2) Andrews, Elizabeth W54	3) Kuniyama, Daniel S M67	4) Mortimer, Niland B M67	
	2:09.07	3:30.43 (1:21.36)			

Mixed 240-279 400 LC Meter Medley Relay**PAC: 4:51.95 # 12/31/2009 TAM****Rich Burns, Ken Frost, Laura Val, Barb Wheeler****NATL: 4:51.95 \$ 8/8/2009 TAMALPAIS AQUATIC MASTERS****R BURNS, K FROST, L VAL, B WHEELER**

1	University of San Francisco Ma-3i	A	8:30.00	8:17.90	42
	1) Cohn, Darcy C W67	2) Rolando, Franco M47	3) Kuniyama, Daniel S M67	4) Dunn, Audrey J W65	
		4:17.59 ()	6:53.90 (2:36.31)	8:17.90 (1:24.00)	

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018

Sanction #: 388-S011

Results

Mixed 280-319 200 LC Meter Freestyle Relay

PAC: 2:10.65 # 7/16/2017 TAM

R. Burns, N. Rideout, L. Val, T. Holt

NATL: 2:05.58 \$ 8/18/2017

TAMALPAIS AQUATIC MASTERS

RICHARD BURNS, LAURA VAL, NANCY RIDOUT, TATE HOLT

1	University of San Francisco Ma-3i	A	5:15.00	3:35.61	42
	1) Chaitkin, Lauren E W74	2) Andrews, Bryan W M67	3) Hewitt, Susan W70	4) Wiscomb, Lance M73	
	1:47.65	3:35.61 (1:47.96)			
2	Rolling Hills Mud Sharks-38	A	4:10.00	3:58.72	38
	1) Pierce, Donald A M73	2) Coholan, Annette M W70	3) Soroka, Donald M86	4) Barry, Marty W86	
	1:16.22	3:58.72 (2:42.50)			

Mixed 280-319 400 LC Meter Freestyle Relay

PAC: 5:03.30 # 7/23/2016 TAM

L Val, N Ridout, R Meyerhoff, R Burns

NATL: 5:03.30 \$ 7/23/2016

TAMALPAIS AQUATIC MASTERS

L VAL, N RIDOUT, R MEYERHOFF, R BURNS

1	Marcia's Enthusiastic Masters-38	A	10:30.00	7:37.46	42
	1) Galvin, Barry T M85	2) Small, Stephen A M66	3) Shu, Vicki W50	4) Robben, Barbara W84	
		3:43.57 ()	5:02.35 (1:18.78)	7:37.46 (2:35.11)	
2	University of San Francisco Ma-3i	A	15:00.00	12:35.47	38
	1) Gurdin, J. Barry M71	2) Snape, William J M75	3) Cohn, Darcy C W67	4) Chaitkin, Lauren E W74	
		8:32.82 ()	10:29.02 (1:56.20)	12:35.47 (2:06.45)	

Mixed 280-319 800 LC Meter Freestyle Relay

PAC: 11:18.04 # 7/14/2017 TAM

R Burns, L Val, N Ridout, A. Bernard

NATL: 11:18.04 \$ 7/14/2017

TAMALPAIS AQUATIC MASTERS

R BURNS, L VAL, N RIDOUT, A BERNARD

1	University of San Francisco Ma-3i	B	20:30.00	16:31.78	42
	1) Hagiwara, Tanako W80	2) Sapirstein, Julian B M69	3) Boland, John L M69	4) Dunn, Audrey J W65	
	2:25.92	4:55.49 (4:55.49)	6:26.66 (1:31.17)	8:02.34 (3:06.85)	
	10:23.29 (2:20.95)	12:46.74 (4:44.40)	14:37.64 (1:50.90)	16:31.78 (3:45.04)	
2	University of San Francisco Ma-3i	A	24:00.00	18:44.37	38
	1) Short, Laura J W69	2) Chaitkin, Lauren E W74	3) Williams, Syd M63	4) Snape, William J M75	
	2:24.21	4:44.80 (4:44.80)	6:52.58 (2:07.78)	9:11.04 (4:26.24)	
	10:57.67 (1:46.63)	12:45.41 (3:34.37)	15:39.95 (2:54.54)	18:44.37 (5:58.96)	

Mixed 280-319 200 LC Meter Medley Relay

PAC: 2:45.03 # 12/31/2006 WCM

D Brown, A Hirsch, D Bledsoe, M Kraetzer

NATL: 2:21.20 \$ 8/9/2015

TAMALPAIS AQUATIC MASTERS

L VAL, K FROST, R BURNS, N RIDOUT

1	Marcia's Enthusiastic Masters-38	A	4:45.00	3:54.02	42
	1) Benjamin, Marcia W61	2) Galvin, Barry T M85	3) Tsugawa, Peter M60	4) Robben, Barbara W84	
	1:56.52	3:54.02 (1:57.50)			
2	Rolling Hills Mud Sharks-38	A	4:00.00	4:05.51	38
	1) Barry, Marty W86	2) Soroka, Donald M86	3) Houts, Jennifer W53	4) Pierce, Donald A M73	
	2:46.44	4:05.51 (1:19.07)			
3	University of San Francisco Ma-3i	A	7:30.00	4:48.74	36
	1) Chaitkin, Lauren E W74	2) Snape, William J M75	3) Cohn, Darcy C W67	4) Ensor, Richard E M71	
	2:41.78	4:48.74 (2:06.96)			

2018 Pacific Masters LCM Championship - 7/8/2018 to 7/15/2018**Sanction #: 388-S011****Results****Mixed 280-319 400 LC Meter Medley Relay**

PAC: 5:28.17 # 5/10/2015 TAM

NATL: 5:28.17 \$ 5/10/2015

Ann Hirsch, Norm Stupfel, Jim DeLacy, Donna Monroe
TAMALPAIS AQUATIC MASTERS
R BURNS, K FROST, L VAL, N RIDOUT

1	Rolling Hills Mud Sharks-38	A	10:10.00	10:01.55	42
	1) Barry, Marty W86	2) Soroka, Donald M86	3) Pierce, Donald A M73	4) Coholan, Annette M W70	
	3:21.27	6:15.35 (2:54.08)	8:15.08 (1:59.73)	10:01.55 (1:46.47)	

Mixed 320-359 200 LC Meter Freestyle Relay

PAC: 2:59.22 # 7/26/2015 WCM

NATL: 2:35.97 \$ 8/20/2016

E Lane, N Stupfel, R Mayo, S Morner
OREGON MASTERS
R KAY, W LAMB, B FRID, D RADCLIFF

1	University of San Francisco Ma-3:	A	7:00.00	3:54.53	42
	1) Danielson, Bob D M88	2) Hagiwara, Tanako W80	3) Fleming, Jack C M83	4) Short, Laura J W69	
	2:03.15	3:54.53 (1:51.38)			

Mixed 320-359 400 LC Meter Freestyle Relay

PAC: 7:40.34 # 12/31/1995 SMMM

NATL: 6:07.33 \$ 8/26/2017

Joe Kaufman, Zada Taft, Ray Taft, Audrey Etienne
OREGON MASTERS
W LAMB, J WARD, J GETTLING, D RADCLIFF

1	University of San Francisco Ma-3:	A	14:30.00	10:10.13	42
	1) Danielson, Bob D M88	2) Hagiwara, Tanako W80	3) Fleming, Jack C M83	4) Short, Laura J W69	
	2:48.78	5:15.93 (2:27.15)	7:41.22 (2:25.29)	10:10.13 (2:28.91)	

Mixed 320-359 200 LC Meter Medley Relay

PAC: 3:57.45 # 12/31/1994 SMMM

NATL: 3:15.08 \$ 8/20/2016

J Kaufman, H Roumasset, R Taft, A Etienne
OREGON MASTERS
W LAMB, G PIERSON, B FRID, D RADCLIFF

1	University of San Francisco Ma-3:	A	8:00.00	4:55.30	42
	1) Danielson, Bob D M88	2) Hagiwara, Tanako W80	3) Fleming, Jack C M83	4) Short, Laura J W69	

Mixed 320-359 400 LC Meter Medley Relay

PAC: 8:54.71 # 12/31/2000 WCM

NATL: 7:17.49 \$ 8/27/2017

S Joy, J Howell, B Johnston, R Smith
OREGON MASTERS
W LAMB, G PIERSON, J WARD, D RADCLIFF

1	University of San Francisco Ma-3:	A	19:30.00	10:44.05	42
	1) Danielson, Bob D M88	2) Short, Laura J W69	3) Fleming, Jack C M83	4) Hagiwara, Tanako W80	
	2:58.67	5:44.73 (2:46.06)	8:16.79 (2:32.06)	10:44.05 (2:27.26)	