

**Strawberry Canyon Aquatic Masters Spring Short Course Yards Meet
Sunday, March 4, 2012**

Sanctioned by Pacific Masters Swimming, Inc. for USMS, Inc. Sanction #: 38-12-06

Location: Spieker Aquatics Complex, 2301 Bancroft Way, UC Berkeley 94720.

Directions: From I-80 East or West, take University Ave. exit and head east. Continue on University Ave. until you reach Oxford Street. Take a right on Oxford, go past Bancroft Way (one way street), and take the next left onto Durant Avenue. Take another left on Ellsworth, cross to left on Bancroft Way.

Parking: Free parking is available on neighboring streets. Limited hourly indoor parking is available in the garage at Bancroft Way @ Ellsworth.

Course: Outdoor, 25-yard, 20-lane pool. Eight lanes will be used for competition, ten lanes for warm-ups.

Time: Warm-ups begin at 7:30 A.M. The 500 Free will begin at 8:30 A.M., and all other events will follow.

Check in: Check in begins at 7:00 A.M. No deck entries for the 500. All events will be deck seeded. All swimmers in the 500 Free must check in by 8:00 A.M. All others must check in at least 30 minutes prior to the expected starting time of their first event. Swimmers who do not check in will not be allowed to swim. The meet will be seeded slowest to fastest.

Entries: Swimmers are limited to five events. The 500 Free is limited to five heats each for men and women.

Fees (No Refunds):

Online entry event fees: \$7.00 meet entry plus \$4.00 per event.

Enter at: https://www.clubassistant.com/club/meet_information.cfm?c=1410&smid=3466 to receive immediate confirmation of acceptance via email. Online entry requires payment by credit card using our secure site. Your credit card will be charged by "ClubAssistant.com Event Billing" for this meet.

Mailed entry event fee: \$8.00 meet entry plus \$4.40 per event. Please note that a discount is offered for online entry. Make checks payable to UC Regents.

Deck/late entry: \$10.00 meet entry plus \$5.00 per event.

Mail: Consolidated entry form, a photocopy of your 2012 USMS registration card, and your entry fee made out to UC Regents and send to:

SCAM Swim Meet 2012
Cal Rec Club
2301 Bancroft Way
Berkeley, CA 94720-4420

Deadline: Online entries accepted until 11:59 P.M. Wed. February 29. Mailed entries must be postmarked no later than February 21 (or received by February 25). Please do not send mail requiring a signature.

Snack Bar: A full snack bar will be open during the meet beginning at 7:30. Coffee and bagels are provided at entry until supplies run out.

Meet Director: Ben Swiggett, email: ben.c.swiggett@gmail.com or call (510) 375-6016 (cell)

Referee: John King

Events: (Odd=Women; Even=Men)

1-2 500 yd Freestyle ((Men and Women heats will be combined and seeded by time))
3-4 200 yd Individual Medley
5-6 50 yd Butterfly
7-8 50 yd Backstroke
9-10 100 yd Freestyle
11-12 50 yd Breaststroke
13-14 100 yd Butterfly
15-16 200 yd Freestyle
17-18 100 yd Backstroke
19-20 100 yd Breaststroke
21-22 100 yd Individual Medley
23-24 50 yd Freestyle