

# Tri Valley Masters and the Walnut Creek Masters 2012 Pacific Masters Short Course Championships

Friday, Saturday, & Sunday, March 30 & 31, April 1, 2012  
Sanctioned by Pacific Master Swimming Inc. for USMS Inc., Sanction # 38-12-9

**Pool:** Soda Aquatic Center, Campolindo High School. 25 yd x 50 meter outdoor heated pool. Twenty lanes are available for competition. On Friday, March 30th the meet will begin at 1 pm (12 pm warm-ups). There will also be 8 lanes for warm up and cool down. Locker rooms and additional restrooms are available.

**Location:** 300 Moraga Road, Moraga, CA 94556.

**Directions:** 80 S, take Central Lafayette go R at the end off off ramp and then the first right, turn R onto Mt Diablo Blvd then L onto Moraga Rd.

**Time:** On Friday, check-in and warm-up at 12:00 p.m. Meet starts at 1:00 p.m. with the combined 1650 heats on all courses. On Saturday and Sunday meet starts at 8:30 a.m. with the women's heats on both courses. Warm-up will begin at 7:30 a.m.

**Check-In:** This is a Pre-Seeded meet. Swimmers are considered checked-in for all individual events with a distance of 200 yards and less. Online check-in will be available for the 1650 at [http://www.swimphone.com/mobile/meets/meet\\_menu.cfm?smid=3492](http://www.swimphone.com/mobile/meets/meet_menu.cfm?smid=3492) from 6:00 pm March 28 until 5:00 am March 30. In person check-in deadlines are as follows:

Events 1 & 2 1650 free 12:30 pm (noon)

Event 5 Women's 400 IM 2:00 pm

Event 6 Men's 400 IM 2:30 pm

Event 9 Women's 500 free 8:00 am

Event 10 Men's 500 free 8:30 am

Events 45 & 46 1000 free 12:00 pm

**Relays:** Deck entered on yellow relay cards. Fees for RELAYS are \$8.00 per relay. Swimmers may swim only once in each relay event. Cards must show correct first and last names and correct age for each swimmer. Relay swimmers not participating in individual events must sign a waiver and show proof of USMS membership. Team relay tabs are acceptable with a blank check payable to Walnut Creek Masters.

**Seeding:** Individual events will be seeded from slowest to fastest. Events 1 & 2 (1650 free) and 45 & 46 (1000 free) will be combined for seeding purposes and swum together regardless of gender. The last heat of the 1000 and 1650 will be swum in the first available course where all other heats have been completed

## TWO OPTIONS FOR MEET ENTRY:

**Option 1** – Online Meet Entry: (**deadline: midnight, Wednesday, March 21**). Enter at:

[https://www.clubassistant.com/club/meet\\_information.cfm?c=1301&smid=3492](https://www.clubassistant.com/club/meet_information.cfm?c=1301&smid=3492) to receive an immediate entry confirmation via email. The billing information email should be brought to the meet as proof of entry. This entry process will include a processing fee by Club Assistant and requires a credit card for payment. **The processing fee is included in the online entry fee.** Your credit card will be charged by "ClubAssistant.com Event Billing" for this meet.

**Option 2** – Traditional Mailed: (**Entries must be postmarked by Friday, March 16 and/or received by Monday, March 19, 5:00 PM**)

Entries must be on a Consolidated Entry Form. Mail your form with a copy of your 2011 USMS Card, and check payable to Walnut Creek Masters to Walnut Creek Masters, C/O Lisa Ward, 998 Village Oaks Dr, Martinez, CA, 94553 (925-726-5226) or hand delivered to Heather Farms Pool, c/o Kerry O'Brien. If you would like to confirm entry, please include a stamped envelope or post card.

**Note:** This is a cardless meet. **No late or deck entries will be accepted. No refunds will be made.** No fax entries will be accepted.

**Incomplete entries cannot be processed and will be returned.** Because this is a championship meet, NT (no time) entries are not allowed.

**Entry Fees:** \$18 for one event, \$38 for 2-4 events, and \$43 for 5-7 events.

**Deadline: Mailed entries** must be postmarked by Friday, March 16 and/or received by 5:00 PM Monday, March 19.

**Online entries** must be submitted by Wednesday, March 21, 11:59 pm.

Meet Directors are forbidden to accept late or incomplete entries!

**Relay Entry Fees:** \$8 for each relay. Relay entry fee is discounted to \$5 if submitted by 1 pm Friday, March 30.

**Snack Bar:** Available throughout the meet.

**Scoring:** Individual events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2 for each age group. \*NOTE\* Only two relay teams per club may score per age group of a relay.

**Awards:** Ribbons will be presented to first through eighth place finishers. High point awards for each sex and age group. Team trophies will be awarded to the top teams in each Pacific Masters team size division.

**Program:** Available for \$5.00

**Timing:** The Hosts will provide one timer per lane throughout the meet. Additional timers for all three days will be requested from those present.

**Head Referee:** TBD

**Meet Directors:** Lisa Ward, 925-726-5226, [lisaswimsback@sbcglobal.net](mailto:lisaswimsback@sbcglobal.net), and Adam Conway, 619-886-6365, [conway.adam@gmail.com](mailto:conway.adam@gmail.com)

**Schedule of Events:**

(Odd = Women, Even = Men):

**FRIDAY, MARCH 30**

- 1-2 1650 freestyle - W&M combined
- 3-4 800 freestyle relay
- 5-6 400 I.M.
- 7-8 200 freestyle

**SATURDAY, MARCH 31**

- 9-10 500 freestyle
- 11-12 50 backstroke
- 13-14 200 breaststroke
- 15-16 100 butterfly
- 17 200 mixed medley relay
- 19-20 100 IM
- 21-22 200 backstroke
- 23-24 50 fly
- 25 400 mixed freestyle relay

**SUNDAY, APRIL 1**

- 27-28 100 freestyle
- 29-30 50 breaststroke
- 31-32 200 butterfly
- 33-34 100 backstroke
- 35-36 200 freestyle relay
- 37-38 200 IM
- 39-40 50 freestyle
- 41-42 100 breaststroke
- 43-44 400 medley relay
- 45-46 1000 freestyle - W&M combined