

Truckee Tahoe Swim Team

Hot August Chill

Donner Lake ½ mi., 1 mile & 500 yard

Sunday August 21, 2011

Sanction OW-11-10a, OW-11-10b, OW-11-10c

Location: West End Beach, Donner Lake, Truckee, CA.

Directions: From I-80, Donner Lake exit. Down to Donner Pass Road, turn right. Turn left on South Shore Drive. West End Beach on left. Special Events entrance. Parking limited. Car Pooling encouraged.

Course: ½, 1 mile, & fun 500 yard (*no PMS OW points for 500 yard*). Start & chute finish on sandy beach. Expected water temperature 60-70 degrees.

Elevation: appx. 6000'. PARTICIPANTS SHOULD BE ADEQUATELY TRAINED FOR HIGH ALTITUDE, COOL WATER.

Registration: Active.com

Pre-registered Swim Check-In: Opens at 7:30 am; Closes @ 8:30 for ½ mile; Closes @ 9:30 a.m. for 1 mile and 500 yard.

Same day Registration for ALL events CLOSSES @ 8:30 A.M.

No late check-In.

Swim Divisions / Swim Procedures:

½ mile Start: 9:00. Cut off 30 min;

1 mile Start: 10:00. Cut off 1 hr.

500 yard (no OW points) Start: 11:30. Cut Off 20 minutes.

Mandatory Pre-registration safety briefing immediately prior to start times.

Wave Starts with Master's and USA swimmers (male/female tbd).

Wetsuit / Full-suit / Non-textile suit division.

Instant disqualification for use of fins, pull buoys, or other swimming devices.

Soft hand paddles for prosthesis only, provided race director determines no safety hazard to other swimmers. Swimmers must wear provided swim caps and racing chips. Color of the swim cap will designate race. No individual escorts.

Awards/Ceremony: Medals for top 3 (male/female) by age group in each event awarded by awards table. "Super Chill" Trophies (for those who participate in all three events); "Extreme Chill" Trophies and Prizes (top male/female;

USA/Master's for lowest combined times in all three races), awarded in

ceremony with **Debbie Meyer (3x Olympic gold medalist): Master of Award Ceremonies.**

Fees: Swim, Hospitality, Park Entrance, & Entertainment:

One event: ½, 1 mile, or 500 yard: \$40. Each Add'l event: \$12/each.

BBQ: Pre-order online \$6; Event Day \$10.

Non-swimmers: Park Entrance \$3 (pre-order BBQ available on-line).

Late/Same Day Registration (after 8/14/11): Add'l \$12/ event; BBQ increases to \$10.

Hospitality Pre-Race. *Wild Thyme BBQ* Catering.

Pre & post swim Musical Entertainment.

Online Registration through **Active.Com**. *Bring copy of Pacific Masters or US Master's Swimming Membership Card to verify membership on event day;*

\$3 Look up fee will be charged if membership card is not presented.

Mail in Entries: Checks payable to TTST. Send entries & 2011 USA Swimming or USMS card to: TTST Hot August Chill, P.O. Box 9122, Truckee, CA 96162. If race cancels, refunds will be less \$5 processing. No other refunds.

T-Shirts/Sweatshirts: Pre-order available at **Active.com**. Ltd. Number/sizes available on race day. NOT in entry fee.

Contact: Race Director: Lydia Percin: 530-448-6244 or Percin@lto.com;

Reference: "HAC" to avoid SPAM. www.hotaugustchill.com.

Pre-register Deadline: August 14, 2011.