

**The Olympic Club  
1500 SCM Swim Meet  
Saturday, January 16, 2010**

**Sanction:** Sanctioned by Pacific Masters Swimming, Inc., for USMS, Inc. Sanction # 38-10-03

**Location: The Olympic Club**  
665 Sutter Street  
San Francisco, CA 94102

**Directions:** [YAHOO MAPS.COM](http://YAHOO.MAPS.COM) or [MAPQUEST.COM](http://MAPQUEST.COM) (downtown San Francisco)

**Course:** Multi-lane, 25-meter heated indoor pool. Eight lanes will be used for competition. Warm-up / cool down lanes will be available throughout the meet. Electronic timing will be used.

**Time:** Warm-ups start at 8:00 am. The meet will start promptly at 9:00 am.

**Rules:** Current USMS and Pacific Masters Swimming rules will govern the meet. USMS warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. The heats will be seeded slowest to fastest, regardless of age.

**Restrictions:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.

**Eligibility:** All USMS swimmers must have a current 2010 USMS registration card and must enter the number on their entry forms. Swimmers who enter as "Pending" or "Applied For" must be prepared to present their card or register before being permitted to check-in, unless the Meet Director determines that they are validly pending. Swimmers may register at the meet.

**Check-In:** The meet will be pre-seeded and preliminary heat assignments will be made. **Heats 1-8 must check-in by 8:30 am; Heats 9-16 must check in by 11:30 am.**

**Entries:** Consolidated Entry Forms must be completely filled out including best short course meters time for the 1500 freestyle. "No Time" entries **will** be accepted. Entries must be postmarked by midnight, Wednesday, January 6, 2010. **No late entries will be accepted.** No refunds will be made. Entries will be limited to 100 total swimmers on a first received basis. Entries not accepted will be returned.

**Fees:** **Total entry fee is \$25.00.** Make check payable to **The Olympic Club** and send to:

The Olympic Club 1500  
524 Post Street  
San Francisco, CA 94102  
Attn. Laureen Welting

**Awards:** 1<sup>st</sup> thru 3<sup>rd</sup> in each division

**Officials:** Referee: TBD

**Meet Director:** Paul Carter [Pcarter@olyclub.com](mailto:Pcarter@olyclub.com) 415-345-5215