

**Sanction NO. OW10-15a
OW10-15b**

PMS Open Water Championship

Event Host: Redding Swim Team

Event Name: Whiskeytown Lake PMS Open Water Championship

Event Date: Sunday, September 12, 2010

Directions to Swim: All swims start at Brandy Creek Beach. Take central Redding / 299W / Eureka exit. Follow Hwy 299 west toward Eureka and just as you reach Whiskeytown Lake, turn left at the Tourist Information Center. Cross over the dam and continue until you reach Brandy Creek Beach. \$5.00 parking fee. Parking passes may be purchased at the visitors center or from a vending machine near the parking lot.

Course Description: 2 mile course is 6-turn course out of a cove and around two islands
 1 mile course is 5-turn course inside island
 Anticipated Water temp: 65-70 degrees

Special Course Conditions: Water grass in cove shallows

Registration & Check-in: Opens 8:00 AM race day. All swimmers must check in 45 minutes before the start of their event. Race day registration is available w/copy of USMS or USA Swimming card.

Race Start Times:	1 Mile Masters	10:30 AM
	2 Mile Pac Masters Championship	11:30 AM

Entries: Race announcement and entry form to be posted on reddingswimteam.com website. 1 mile \$25.00, 2 mile \$25.00, both 1 & 2 mile \$35.00, all postmarked by 9/02/10. Late or race day entries add \$10.00.

Payable to: Redding Swim Team

Send Entries to: Redding Swim Team
 C/O Patty Lennon
 11599 Fox Estates Ct. Redding, CA 96003

Awards: Pacific Masters will award the top five finishers in each age group of the 2-mile Championship event. Special awards will be given to male and female overall winners. Whiskeytown mugs will also be given for the top three male and female finishers in each of the age groups.

Contact for information: Kevin Lennon
 (530) 244-1994
 lennonkpg@aol.com or reddingswimteam@yahoo.com