

UNIVERSITY OF SAN FRANCISCO MASTERS

2009 VALENTINE'S AFFAIR

Sanctioned by Pacific Masters Swimming Inc. for USMS Inc., Sanction # 38-09-03
Short Course Yards

Saturday, February 7, 2009

University of San Francisco, Koret Recreation Center

2926 Turk St, Corner of Turk and Parker Streets, San Francisco

Warm-up from 8:00 AM to 8:45 AM. Meet will start at 9:00 AM.

EVENTS (deck seeded slow to fast):

Odd = Women	Even = Men	
1	2	200 yd free
3	4	50 yd fly
5	6	200 yd breast
7	8	50 yd back
9	10	200 yd fly
	11	200 yd mixed medley relay
	12	200 yd mixed Centipede Relay*
13	14	50 yd breast
15	16	200 yd back
17	18	50 yd free
19	20	200 yd IM

* Special Event

CHECK IN: All pre-registered swimmers in the first two events must be checked in by 8:30 AM. Swimmers who deck enter the first two events must do so by 8:15 AM. Swimmers in later events must check in at least thirty minutes before the estimated start of the event. Check in upstairs at the Alumni Lounge between 7:30 AM and 9:00 AM. Check in on the pool deck after 9 AM.

ENTRIES:

Entries are limited to a maximum of 5 individual events, excluding relays. Individual event entries can be via on line; surface mail; or deck enter the day of the meet. Relays are deck entry only and must be on official yellow relay entry cards.

To enter on line:

- Enter this meet online by going to <http://usf.mastersswim.com/>. Online entries accepted until 11:59 pm Wed. February 4, 2009.

To enter via surface mail:

- Mailed entries must be on a completely filled out consolidated entry form and accompanied by a copy of the swimmer's 2009 USMS registration card. Failure to provide a copy of the USMS card will result in a \$3 look-up fee per PMS rules.
- Entry must be postmarked by Wed. January 28, 2009 or hand delivered to the Koret Center at USF by Fri. January 30, 2009. For hand delivery please put entry in an envelope addressed to: Cathy Huang.

- Make checks payable and mail to:

University of San Francisco Masters

Attn: E. Tosta

P.O. Box 330017

San Francisco, CA. 94133-0017

To Deck Enter:

- All deck entries must be completed no later than 45 minutes prior to the start of the entered event. Swimmers who deck enter the first two events must do so by 8:15 AM. *Every year we process a large number of deck entries. To help us start the meet on time, please preregister!*

FEES:

On line Entry Event Fee: \$4.00 Surcharge plus \$2.50 per event. The cost of the on line meet entry system is \$1.00 per swimmer plus 5% of the events fee, which is added to your total.

Mailed Entry Event Fee: \$5.00 Surcharge plus \$3.50 per event. Please note that a discount is offered for on line entry.

Deck/Late Entry: \$5.00 surcharge plus \$5.00 per event

Relays: \$4.00 per event, deck entry only

FACILITY: 25 yd by 50 m heated indoor pool. There will be 8 lanes for competition and 2 warm-up / warm-down lanes available throughout the meet. Electronic timing will be used.

DIRECTIONS:

Parking: Free parking available in the Koret Parking Lot, located at the corner of Turk and Parker Streets.

From the North Bay (Golden Gate Bridge): Take 19th Avenue exit. Turn right on Anza St., right on 14th Avenue, and right on Geary Blvd. Go east on Geary to Stanyan and turn right. Turn left on Turk. Parking lot entrance is on the right, just before the light at the intersection of Parker and Turk Streets.

From the East Bay (Bay Bridge): After crossing the Bay Bridge, follow signs to 101 North – Golden Gate Bridge. Take Octavia Blvd / Fell Street exit. Continue on Octavia Blvd, crossing Market Street. Left on Fell Street, and continue west on Fell St. for several miles. Right on Stanyan Street, and then right on Turk Street. Parking lot entrance is on the right immediately before the intersection of Turk and Parker Streets.

From the South Bay (101 North): Follow signs to 101 North – Golden Gate Bridge. Take Octavia Blvd / Fell Street exit. Continue on Octavia Blvd, crossing Market Street. Left on Fell Street and continue west on Fell St. for several miles. Right on Stanyan Street, and then right on Turk Street. Parking lot entrance is on the right immediately before the intersection of Turk and Parker Streets.

(280 North): Take the 19th Avenue exit, stay in left lanes. Go north on 19th Ave. approx. 3 miles, through Golden Gate Park (becomes Park Presidio Blvd). Make a right on Geary Blvd. Go east on Geary. Turn right on Stanyan. Turn left on Turk. Parking lot entrance is on the right, just before the light at the intersection of Parker and Turk Street.

RULES: 2009 USMS/PMS rules will govern the meet. All swimmers must be registered with USMS for 2009. All relay team members must be affiliated with the same currently

registered USMS club. Participants will be asked to assist in back up timing. Smoking is prohibited in the building.

AWARDS: Participation awards and goodie bags

MEET REFEREE: TBD

MEET DIRECTORS:

Duke Dahlin: ddahlin@pacific.edu (415) 929-6651

Matt Chappell: mdc1313@gmail.com (415) 648-7167

Information: Cathy Huang (415) 422-6247