

San Mateo Master Marlins
The 23rd Annual PMS Indoor Relays
Sunday, February 3, 2008

REGISTRATION DETAILS:

Specifications For The 2008 Pacifica Relay Meet:

- The '08 meet requires pre-registration of all swimmers entering the Relay Meet.
- Pre-registration must be received by January 28, 2008, via mail or email. No exceptions!
- We are specifically requesting e-registration (instructions below).
- By 8:30 AM on Race-Day, Teams may delete entrants from, but not add to, their pre-reg list.
- Entry fees per Team will be based on the (pre-reg) entrants present to swim on Race-Day.

E-Registration is specifically requested. Email a meet entry file (Hy-Tek format) of your swimmers to: smmmrelays@sanmateomarlins.org by the January 28 deadline.

Otherwise, download an Excel entry form from the Marlins website, sanmateomarlins.org, and email the completed file to us by January 28.

The entry items required for each swimmer are:

- Gender (m/f),
- Age (on February 3, 2008),
- Name (full last, full first), and
- 2008 PMS number (8n-nnnnn).

In addition to pre-registration, all Teams are still required to follow the usual procedures, namely, mail-in (by January 28) or hand-in three items by 8:30 AM, Race-Day:

- 1) entry fees for all attending swimmers,
- 2) a photocopy of each swimmer's 2008 PMS card, and
- 3) the paper **Team List** with each swimmer's signature and legibly printed name.

The **Team List** form is downloadable from the Marlins website, sanmateomarlins.org .

The three items can be mailed (by January 28) to:
San Mateo Master Marlins
2111 Kehoe Ave.
San Mateo, CA 94403
ATTN: Meet Director Cindy Lee

MEET DETAILS:

Date: Sunday, February 3, 2008

Sponsored by: San Mateo Master Marlins

Sanctioned by: Pacific Masters Swimming Inc., for USMS, Inc.

Sanction No. 38-08-06

Location: Oceana High School, 401 Paloma Ave., Pacifica.
From I-280, take Hwy 1 South. Exit on Paloma Ave. The high school is located on the east side of Hwy 1.

Pool: 25 yds by 8 lanes, indoor pool. Two additional lanes will be used for warm-ups. A snack bar offering snacks, fruit and drinks will be open throughout the meet.

Time: Warm-ups from 8 to 8:45 a.m. Hand paddles are not allowed in warm-ups. The Relays will start at 9 AM.

Rules: USMS/PMS rules will govern the meet. All swimmers must be registered with USMS for 2008. Relays with unregistered swimmers will not be allowed to participate. All events will be seeded slow-to-fast. Smoking and the sale or use of alcoholic beverages is prohibited on the pool deck, locker room, in spectator seating or standing areas or any area used by swimmers during the meet or warm-up period.

Entry Fees: \$15.00 pre-reg fee (by January 28) per swimmer allows entrants to compete in the relays – subject to the specifications for Events 1-3 & 15-17:

Each swimmer may enter ONE of Events 1, 2 or 3 and ONE of Events 15, 16 or 17.

Age Groups: 18+, 25+, 35+, etc. Mixed relays must be composed of two men and two women. Youngest swimmer determines the age group of each relay team.

Awards: Awards will be provided for the top three teams in the overall meet scoring.

In addition, the 2008 Relays will have awards for the top three teams entering <10 swimmers

Scoring: Points per relay will be scored 18-14-12-10-8-6-4-2.

Meet Director: Cindy Lee, SMMM

Referee: Harrison Race and Leon Kief

LIST of EVENTS			
Women	Men	Mixed	Event
1	2	3	800 Freestyle (4x200) *
5	6		200 Medley (4x50)
7	8		400 Freestyle (4x100)
9	10		100 Freestyle (4x25) **
		11	400 Medley (4x100)
		13	200 Freestyle (4x50)
15**	16**	17**	400 Pace Line * (See note below.)

*Events seeded together by time.

Each swimmer may enter ONE of Events 1, 2 or 3 and ONE of Events 15, 16 or 17.

** Special event.

PACE LINE RELAY: All 4 swimmers begin in the water, and when the race starts, they swim in-trail. After 50yds, the Lead swimmer pauses at the wall, allowing the 2nd swimmer to become the Lead, while he/she drops to 4th in line. This continues until all swimmers have swum twice as Lead. Final time is when the 4th swimmer finishes after 400yds.

RESULTS for the 2007 Relay Meet are posted on the Marlins website.

Event Results: [PDF](#)
Team Results: [PDF](#)