

**Santa Cruz Masters Aquatics
And The University Of California-Santa Cruz
Present The 2008 Pacific Masters
Long Course Swimming Championships
UCSC Swim Complex-Santa Cruz, California
July 11, 12, 13, 2008**

Sanctioned by Pacific Masters Swimming, Inc. for United States Masters. Swimming, Inc.
Sanction # 38-08-14

Referee: Leonard "Bud" Meyer

Meet Director: Joel Wilson: 831.425.5762; openwatr@got.net

Pool: One of Northern California's finest and fastest. Great locker and shower facilities. Spectacular view. Beautiful beaches, Boardwalk, Redwood parks. Seven lanes for competition and one lane for warm-up throughout the meet. Warm-up breaks during the meet.

Location: East Field House, UCSC Campus. Take Highway 1 (Mission St.) north from Highway 17 and Highway 1 interchange to Bay St. Turn right and follow Bay up the hill straight through campus entry. Turn left at Hagar Dr. and go up the hill (detailed map available at cruzswim.org). Drop off your passengers and gear at East Field House/Pool and return down Hagar to the big parking lot. Park and lock your car, stroll back up the hill along the path to the pool...about a 1/4 mile walk. Do not park at the pool on Friday!! Meters are closely monitored and non-meter zones are vigorously ticketed (\$30.00).

Time: Friday: Check-in and warm-up begin at 8:30 a.m. Meet starts at 9:30 a.m.
Saturday and Sunday: Check-in and warm-up at 7:00 a.m. Meet starts at 8:30 a.m. Please Note: You must check-in anew each day, and have checked in 45 minutes prior to the estimated start of your event or you will be scratched! However, the check-in deadline for the first event each day is 30 minutes before the scheduled start of the meet.

Rules: 2008 USMS Rules will govern this meet. You must be 2008 USMS registered.

Entries: Enter this meet online at <http://cruz.mastersswim.com>/ You may access mastersswim.com via the PMS web site or through the Santa Cruz Masters web site: cruzswim.org. Follow directions as given at this site. You may also snail mail a consolidated entry. Be sure to enclose photocopy of your 2008 registration card!! Maximum of 5 events per day, 7 events for three-day meet, excluding relays.

Fees: On-Line Entry: 1 event: \$10; 2-4 events: \$25; 5-7 events: \$30. Please note that a discount is offered for on-line entry. The cost of using the Online Meet Entry system is \$1.00 per swimmer + 5% of the events fee. Go to <http://cruz.mastersswim.com>/ to enter online. Excluding relays. Fee for RELAYS is \$4 per relay. All fees payable to "U.C. REGENTS".

Mailed Entry: 1 event, \$15; 2-4 events, \$30; 5-7 events, \$35. Please note that a discount is offered for on-line entry.

Deadline: Mail-in entries must be postmarked no later than Saturday, June 28, and/or received no later than Wednesday, July 2. Meet directors are forbidden to accept late entries so plan ahead! Enter now! ***** Mail your check, consolidated race entry, and USMS registration photocopy to:

PMS LONG COURSE CHAMPS, Box 8422 Santa Cruz, CA 95061

Make checks payable to U.C. Regents

***On-line entries must be submitted by Wednesday, July 2, midnight. No entries accepted after that time.

Snack Bar: Available all three days. Concessionaires will have quality goods for your shopping pleasure. Commemorative items will be offered for sale.

Age Groups: Individual events: 18-24, 25-29, etc. Relay events based on sum of the four swimmers' ages, 72-99, 100-119, 120-159, 160-199, etc. Age determined by your age on December 31, 2008.

Please Note: This meet is long course meters. To convert SC yards times to LC meters times conversion tables can be found at swiminfo.com.

Relays: Deck entered on yellow relay cards. Swimmers may swim only once in each relay event. Cards must show correct first and last names and correct age for each swimmer.

Seeding: Individual events will be deck seeded from slowest to fastest. We will swim events one-per-lane, including the 1500 meter freestyle, the 800 m freestyle, and the 400 m freestyle. Women and men will be seeded together for the 400, 800, and 1500 freestyle. **Please arrive early on Sunday morning as we expect the 400 freestyles to go quickly.** That way you won't miss check-in for your event, you can help time the 400's, and you will be able to warm up after the 400's.

Scoring: Individual events: 9-7-6-5-4-3-2-1 (eight places). Relays: 18-14-12-10-8-6-4-2 for each age group. *NOTE* Only two relay teams per club may score per age group of a relay.

Awards: Ribbons will be presented to first through eighth place finishers. High point awards for each sex and age group. Team trophies will be awarded to the top teams in each PMS team size division.

Program: Available for \$5 donation to UCSC Men's and Women's Swimming.

Timing: CRUZ Masters will provide one timer per lane during the meet. Swimmers from all teams are expected to assist with timing duties, too. Let's all be good sports and lend a hand.

Accommodations: Contact Meet Director for an incomplete email or fax list of accommodations.

Schedule of Events (odd # events for women, even # events for men):

FRIDAY, JULY 11

1--1500m mixed freestyle-- 2
3-- 800m mixed free relay
5-- 400m I.M.-- 6

SATURDAY, JULY 12

7--200 m freestyle--8
9--50 m backstroke--10
11--400 m free relay--12
13--200 m backstroke-14
15--100 m butterfly--16
17--100 m breaststroke--18
19--50 m freestyle--20
21--200 m medley relay--22
23--800 m mixed freestyle—24

SUNDAY, JULY 13

25--400 m mixed freestyle--26
27--200 m I.M.--28
29--50 m butterfly--30
31--200 m breaststroke--32
33--200 m mixed freestyle relay
35--100 m backstroke--36
37--200 m butterfly--38
39--50 m breaststroke--40
41--100 m freestyle--42
43--400 m mixed medley relay