

2005 TAM Postal 1650 Results

WOMEN

Women 19-24 *Julie Cho, 22, 2004, CRUZ, 19:57.24*

1	Stephanie Miller	22	CRUZ	18:35.70
2	Sarah Chinn	21	MAM	19:55.64
3	Alexia Valdes	23	CRUZ	24:03.04
4	Elizabeth Fandell	24	VACA	24:29.28

Women 25-29 *Julie Davis, 25, 1999, MVM, 18:59.02*

1	Kelly Newton	28	CRUZ	21:55.84
2	Michelle Robinson	25	TAM	22:00.46
3	Sara Bothwell	29	CRUZ	22:43.32
4	Virginia Justus	29	CRUZ	24:03.97
5	Veronica Kirk-Clausen	27	CRUZ	25:13.31

Women 30-34 *Nadine Day, 33, 2004, IM, 18:22.43*

1	Shannon Wolford	32	TAM	20:30.61
2	Heather Fortunati	31	MVM	22:50.59
3	Karla Rees	33	MVM	25:17.34
4	Robin Soares	31	MVM	26:05.70
5	Kelly Dambacher	30	TCAM	26:48.38
6	Alison Mazzola	33	SMMM	28:07.00
7	Meghan Hays	32	SMMM	30:08.00
8	Shannon Hildebrand	31	TCAM	31:50.56

Women 35-39 *Suzanne Heim, 38, 1997, TERA, 18:14.66*

1	Michele Guthrie	37	TCAM	24:34.54
2	Kari Wilkinson	39	DAM	25:30.00
3	Darci Scanlin	38	TCAM	25:35.79
4	Indi Young	39	TAM	26:59.48
5	Ruth Williams	36	TAM	28:41.21

Women 40-44 *Marguerite Meyer, 44, 2004, TOC, 19:21.23*

1	Marcia Cleveland	40	IM	21:22.49
2	Joan McCallum	41	CRUZ	21:47.00
3	Ann Cardoza	42	CRUZ	21:47.12
4	Denise Houchens	43	SMMM	22:08.00
5	Nancy Melrose	40	UNAT	22:20.26
6	Kristine Buckley	44	SERC	25:18.19

7 Terry Salvador	42 TCAM	26:50.12
8 Deanne Joshua	42 SMMM	28:49.57
9 Nancy Freedman	44 TCAM	33:23.85
10 Kietha Bryan	44 VACA	33:51.86
11 Trina Miguel	44 TCAM	34:07.47
12 Maria Neusa Da Silva	42 ECYM	46:27.00

Women 45-49 *Suzanne Heim-Bowen, 45, 2004, WCM, 18:06.78*

1 Marguerite Meyer	45 TOC	19:29.42
2 Barb Wheeler	47 TAM	21:39.52
3 Katheryn Morlan	45 VACA	21:59.00
4 Lynn Sullivan	47 MRCD	22:36.21
5 Martha Seaver	49 MVM	22:48.84
6 Irene Smith	46 MVM	22:50.05
7 Jessica Jakobi	46 TAM	23:29.42
8 Denise Spaith	49 TCAM	28:01.60
9 Christine Miller	45 MVM	28:24.34
10 Laurel Bowden	48 RHMS	28:33.00
11 Susan Miller	48 LNM	28:34.10
12 Cindy Baer	45 CRUZ	28:46.00
13 Erica Berg	46 CRUZ	29:19.43
14 Angie Scott	45 TCAM	29:53.73
15 Kathryn Cross	46 ECYM	30:31.00
16 Mitzi Pierce	47 UCPA	30:37.25
17 Kathy Kelly	49 CRUZ	31:39.00
18 Susanna Wrangell	48 CRUZ	33:02.40
19 Nancy Roddy	47 TCAM	36:20.71
20 Sue Moucha	47 BLUE	38:09.81

Women 50-54 *Laura Val, 53, 2005, TAM, 19:01.00 ** NEW RECORD***

1 Laura Val	53 TAM	19:01.00
2 Linda Locklin	51 CRUZ	21:47.22
3 Judy Eisenman	51 TAM	22:19.65
4 Cookie De Gennaro	53 TCAM	26:27.33
5 Jeanne Nash	51 TCAM	27:02.26
6 Christine Foote	51 TAM	28:31.40
7 Ellen Jasmer	52 TCAM	30:10.01
8 Robin Carter	53 TCAM	30:46.54
9 Mary Gates	51 UCPA	32:15.20
10 Barbara Mailloux	52 TCAM	32:33.48
11 Janet Schmidt	51 UNAT	34:42.00

12 Laurie Perry	50 TCAM	35:52.23
13 Jane Munger	53 TCAM	37:30.73
14 Dorothy Niccolls	51 USF	37:43.88
15 Colleen Garland	52 ETTALO	44:10.26

Women 55-59 *Nancy Ridout, 55, 1997, TAM, 22:08.60*

1 Ellen Rockholm	56 SMST	22:58.32
2 Alice Jones	55 SCAM	23:49.10
3 Sheila Monaghan	56 TCAM	25:47.14
4 Margaret Tevis	57 RHMS	27:44.00
5 Juliet Felkins	56 ARKM	29:50.00
6 Sheryl Parola	56 TCAM	33:17.88
7 Tracy Russell	59 TCAM	33:49.07
8 Judy Brown	55 ETTALO	34:12.91
9 Lynda Ann Thibault	59 TCAM	35:31.57
10 Connie Williams	58 TCAM	36:42.84

Women 60-64 *Nancy Ridout, 63, 2005, TAM, 24:19.70* ** NEW RECORD **

1 Nancy Ridout	63 TAM	24:19.70
2 Glenda Carroll	61 TAM	29:28.73
3 Gail Rodd	62 TCAM	32:09.80
4 Carolyn Banda	61 SMMM	34:54.00

Women 65-69 *Susan Munn, 65, 2004, DAM, 25:20.90*

1 Susan Munn	66 DAM	26:05.10
2 Helen Geoffrion	66 UCLA	28:42.72
3 Terry Morse	69 TAM	29:00.51
4 Miek McCubbin	69 SMMM	31:41.00
5 Patricia Durham	66 SMMM	33:20.00
6 Maggie Smith	65 TCAM	39:15.42

Women 70-74 *Margery Meyer, 74, 1997, TOC, 27:56.51*

1 Donna Monroe	71 WCM	30:37.67
2 Barbara Callison	72 RINC	30:55.00
3 Ann Lambertson	74 SMMM	38:25.00

Women 75-79 *Margery Meyer, 75, 1998, TOC, 28:03.79*

1 Bea Heim	79 TAM	38:36.91
2 Eloise Danto	77 MVM	40:01.06
3 Marilyn Mutzner	75 TCAM	40:22.16
4 Opal Eddy	79 ETTALO	43:48.77
5 Gloria Stupfel	78 SMMM	44:28.58

Women 80-84 *Margery Meyer, 82, 2005, TOC, 31:09.25* **NEW RECORD**

1 Margery Meyer	82 TOC	31:09.25
2 Nan Blackledge	80 RINC	33:48.00

10 Rick Bryan	45 VACA	29:03.88
11 Andy Miller	49 ECYM	29:41.00
12 Fred Church	49 ARKM	34:01.00

Men 50-54 *R. Todd Spieker, 51, 2000, TOC, 17:41.14*

1 Peter Seddes	51 AUSTRAL	21:41.02
2 James Tull	51 TAM	22:00.75
3 Ken Wagman	50 CRUZ	22:24.41
4 Jonathan Steiner	54 TAM	22:37.11
5 Paul Fairfield	54 TCAM	27:19.26
6 Charles Roome	52 ECYM	27:26.01
7 Thomas De Gennaro	54 TCAM	34:42.86

Men 55-59 *Joel Wilson, 56, 2005, CRUZ, 19:17.55 ** NEW RECORD***

1 Joel Wilson	56 CRUZ	19:17.55
2 Steve Hoberg	58 CRUZ	21:15.00
3 David Harmer	58 TCAM	22:33.58
4 Donald Pierce	59 RHMS	23:51.00
5 Michael Bullock	59 ECYM	24:42.00
6 Fred Stein	58 ECYM	25:11.14
7 Jim Stambolis	57 TAM	26:52.89
8 Richard Howell	59 TAM	27:09.00
9 Michael Sullivan	59 UNAT	28:53.47
10 Lawrence Carter	56 TCAM	29:55.45
11 James Fair	58 ECYM	30:16.25

Men 60-64 *Richard Burns, 61, 2005, TAM, 21:08.90 ** NEW RECORD***

1 Richard Burns	61 TAM	21:08.90
2 Kenneth Frost	60 TAM	21:48.03
3 Richard Todd	62 TCAM	22:27.25
4 Fred Pierce	61 MESC	23:46.92
5 Frank Helm	64 TCAM	24:32.58
6 Roland Crotts	62 TAM	24:43.25
7 Karl Kleman	64 TCAM	26:49.46
8 Steve Rudacille	64 BLUE	30:00.00
9 Vincent Shannon	62 ECYM	32:40.00
10 John Williams	64 TCAM	35:23.48
11 Lloyd Kearns	64 UNAT	38:27.34

Men 65-69 *Dick Peterson, 66, 2004, SMMM, 22:56.67*

1 Dave Fairfield	65 TCAM	24:01.16
2 Frank Helm	65 TCAM	24:43.01

3 Paul Wrangell	66 CRUZ	25:35.43
4 Dick Peterson	67 SMMM	26:40.00
5 Russell Thompson	68 ETTALO	27:13.09
6 Hank Russell	67 TCAM	32:32.89
7 Richard Criche	65 FMM	43:24.00

Men 70-74 *Ed Kerswill, 70, 1997, MVM, 24:55.44*

1 Robert Cook	72 TAM	27:48.02
2 John Cooper	71 TAM	29:30.60
3 William Grohe	71 USF	29:48.40
4 Edward Friel	74 TCAM	31:38.00

RELAYS

WOMEN

Women 25+ *Tamalpais Aquatic Masters, 2003, 1:29:33.70*

- 1 Tamalpais Aquatic Masters "A" 1:37:31.95
Robinson, Wolford, Young, Foote
- 2 Mountain View Masters "A" 1:37:38.89
Rees, Kletter, Soares, Fortunati

Women 45+ *Tamalpais Aquatic Masters, 2005, 1:26:29.59 ** NEW RECORD***

- 1 Tamalpais Aquatic Masters "B" 1:26:29.59
Wheeler, Eisenman, Val, Jakobi

Women 55+ *Tamalpais Aquatic Masters, 2005, 2:00:43.23 ** NEW RECORD***

- 1 Tamalpais Aquatic Masters "C" 2:00:43.23
Ridout, Carroll, Morse, Heim

MEN

Men 45+ *Tamalpais Aquatic Masters, 2001, 1:28:02.47*

- 1 Tamalpais Aquatic Masters "D" 1:30:33.02
Silva, Tull, Steiner, Mascheroni
- 2 El Camino YMCA Masters "C" 1:47:37.39
Bullock, Stein, Fair, Roome

Men 55+ *San Diego Swim Masters, 2002, 1:30:47.13*

- 1 Tamalpais Aquatic Masters "E" 1:34:32.09
Burns, Frost, Crotts, Stambolis
- 2 Toulumne County Aquatic 1:36:22.87
Helm, Kleman, Harmer, Todd
- 3 El Camino YMCA Masters "B" 1:52:50.39
Bullock, Stein, Fair, Shannon

Men 65+ *Toulumne County Aquatic Masters, 2005, 1:52:55.06 ** NEW RECORD***

- 1 Toulumne County Aquatic 1:52:55.06
Helm, Fairfield, Russell, Friel

Mixed

Mixed 35+ Tamalpais Aquatic Masters, 2004, 1:21:37.17

- 1 El Camino YMCA Masters "A" 1:26:50.14
Stein, Cross, Bullock, Da Silva
- 2 Mountain View Masters "B" 1:29:46.39
Smith, Seaver, LeRoy, Campbell
- 3 Mountain View Masters "C" 2:00:32.16
Miller, Danto, Case, Minihane

Mixed 45+ *Tamalpais Aquatic Masters, 2005, 1:24:38.24* ** NEW RECORD**

- 1 Tamalpais Aquatic Masters "F" 1:24:38.24
Silva, Tull, Val, Wheeler

Mixed 55+ *Tamalpais Aquatic Masters, 2005, 1:35:24.54* ** NEW RECORD**

- 1 Tamalpais Aquatic Masters "G" 1:35:24.54
Burns, Frost, Morse, Ridout